



OCTOBER MONTHLY SCHEDULE:

DAILY: Congregate Lunch

11:30 am

Please RSVP 24 hours prior.

MONDAY:

Exercise Class 9:00 am

Euchre 12:30 am

TUESDAY:

Bingo • Free • 10:15 am

Learn to play Bridge w/Al

12:00 pm

Clogging Group 3:00 pm

WEDNESDAY:

Exercise Class 9:00 am

THURSDAYS :

Chair Yoga 12:30 pm

FRIDAY:

Exercise Class 9:00 am

Bible Study 10:30 am

Bingo • Free • 10:15 am

Euchre Tables 12:00 pm

Line Dancing 1:00 pm

OCTOBER CALENDAR

NOTES

1ST, & 3RD Mondays by ap-
pointment SOLE SOLUTIONS foot-
care clinic

Wednesday, October 1st

CRAFTING w/SONYA 1pm

Wednesday, October 8th

Board Meeting 10:15pm

Wednesday, October 15th

S.A.L.T. Council 1pm

Tuesday, October 21st

Commodity Box Delivery 8am

Happy October and Pumpkin Show Month! We have a lot of good things coming this month!

We will be having our famous tenderloin sale on Friday, Oct 3 from 11 to 12:30 p.m. grilled by the one and only Harold Stevens. Please be sure to stop and grab a sandwich and support the center. Funds raised from this sale will go towards our activities fund. Cost is \$10 for a meal. Please RSVP as quantities are limited.

The holidays are right around the corner. We have scheduled a day trip to see the Christmas Lights at the Ark on Thursday, Dec. 18. The bus will depart at 10 a.m. and return at 10 p.m. The cost is \$180 and includes transportation, admission to the Ark and a buffet dinner. Please sign up by Nov. 18 if you would like to go! Call the center for more information.

We will be hosting a Halloween Costume Party on Friday, Oct. 31 at 11:30 a.m. There will be a chili cook off, costume contest, pumpkin painting contest, music, dancing and fun! I hope you can join us!

Reminder, The Center will be closed on Monday, Oct. 13 in observance of Columbus Day and again on Friday, Oct. 17 for The Pumpkin Show.

We hope to see you all at YOUR Senior Center!!

Holly Romine

Executive Director

Pickaway County Commission on Aging

BOARD OF DIRECTORS:

Sally Galecki	President
Ellery Elick	Vice President
Joy Ewing	Treasurer
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Dennis Bothel	Fiscal Officer
Robin Van Gundy	Secretary
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Jenna Logan	Andy Bull
Grant Davis	Harold Henson
Sheriff Matthew Hafey	

Pickaway County

Commissioners:

Jay Wippel
Gary Scherer
Harold Henson

MEETING: 2ND WEDNESDAYS

**SUGGESTED CONGREGATE
LUNCH DONATION IS \$4
FOR SENIORS 60+
ALL AGES ARE WELCOME!**

PLEASE RSVP THE DAY PRIOR

**PICKAWAY
SENIOR CENTER**

2105 Chickasaw Drive
Circleville OH 43113

pickawayseniors.org

Office	740-474-8831
Toll Free	888-397-7246
Fax	740-477-8114

**Office Hours:
Monday-Friday
8am — 4pm**

Services provided Monday ~ Friday

Adult Day Care:

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

**Services available
Tuesday—Thursday
9am—1pm.**

Transportation and lunch provided.



**Congregate
(Shared) Meals**

Hot lunch is served at the Pickaway Senior Center 11:30 am, Monday — Friday.



Meals on Wheels:

A hot, nutritious lunch delivered to your home five days a week.



Transportation

Transportation, for those over 60, residing and traveling within the County, is available by request for medical appointments, with grocery and other types of trips, as time allows.

**National Family
Caregiver Support
Program**

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The recipient of care must be over 60 years of age.

Supportive Services

Paperwork assistance related to Medicare & Medicaid, HEAP and Commodities.

PROVIDED MONTHLY

**Commodity
Supplemental Food
Program (CSFP)**

A federal program that provides eligible seniors with a monthly box of shelf-stable items. The box may include juice, cheese, cereal, pasta, peanut butter, canned goods, and more. Pick up on THIRD Tuesdays.



**O.S.H.I.P. WILL
BE HERE TO
ANSWER ALL OF
YOUR MEDICARE
QUESTIONS
10/15/25 9:30am**

**For additional
information on
any of these
services, call
Pickaway
Senior Center:**

740-474-8831

*We Are
here to
—help—*

**The Pickaway
Senior Center
is a non-profit
organization.**

**We are supported by
financial
contributions from:**

- Title III, as administered by Ohio Department of Aging
- Senior Levy monies, as approved by Pickaway voters
- Private donations and fundraisers

EQUAL



PROVIDER

OCTOBER BIRTHDAYS-HAPPY BIRTHDAY!



OCTOBER

1

Suellen Ott
Marty Mathers
Janet Fee
Steven Thomerson
Vickie Lamb
Becky Yates

2

Vicki Robinson
Kathleen Cameron
Barbara Hart
Julie McDonald
Bev Taman
Gary Wertman

3

Joyce Devors
Phillip Peloquin
Debbie Vaughn

4

Sheila Glee
Bill Miller
Sally West

5

Sandra Hill
James McGuire

6

Michael Dickason
Demaris Durgin
Dorothy Imler
Lisa Myers
Peg NewBerry

7

Pamela Peters
Jane Schneider
Kristi Walker

8

Francis Barnitz
Harry Styers
Susan Sark

9

Paul Ewing
James Davis
Rosemary Knight

10

Linda Sshultz
Ruth Cox
Nancy Dye
Terry Lambert

11

Sharon Noel
Tanya S Thompson
Michelle Townsend

12

Lois Keaton
Denise Marshall
Kathy Davis

13

Angie Finley
Betty Brown
Teresa Gebhart
Barbara Misko
Patsy Oldaker
Teresa Shaw
Nancy Harrow

14

Shirley Duncan
Karen Niedbalski
Jo Ann Swisher
Marjorie Foreman

15

Sylvia Christy
Ned Mogan
Linda Shultz

16

Ruth Tipton

17

Pamela Phipps
Bonnie Skaggs
Janet Stuller

18

Susan Sark
Pat Windon

19

Jeanette Gerhart
Richard Groff
Beth Snyder

20

Jim Gee

21

Betty Thomson

22

Julie McDonald
Donald Smith

23

Julie Imler
Sharon Imler

24

Linda Hardin

25

Toni Schein
Robert Clemons
Linda McFarland

26

Charles Hemming
Vanessa Boysel

27

Marily Bussert
Jerry Cook
Chuck Sims

28

Brenda Heeter
George Mason

29

Joe Goeller
David Mangione

30

James Simon

31

Gary Greene
Arlene Poling
Nancy Harrow
Leona Lowery
Jerry Lee Turnage

***SPECIAL
THANKS
EXERCISE
CLASS
DONATED
A GRAND
TOTAL OF
\$252
IN THE
MONTH OF
SEPTEMBER***



**S.A.L.T. Pickaway County
Council Meetings**

Come Join the Pickaway County
S.A.L.T. Council

WHEN: Every **Third**
Wednesday of the month

October 15th

WHERE: Pickaway Senior Center
2105 Chickasaw Dr

TIME: 1:00 pm

New Members

Monica Downs
 Lynda Houser
 William Rollinatis
 Janet Blair
 Judy Dingus
 Don Smallwood
 Shriley Cantrell
 Peggy Gibson
 John Morris
 Barbara Morris
 Ethel Carter
 Jim Cochenour
 Teresa Cochenour
 Trish Johnson
 Pamela Buskirk
 Rozanne (Gigi) Sexton
 Joyce Reeser
 John D. Serio
 Linda McFarland
 Pamela Leeson
 Charles McKenzie

Program Donations

Jeane Crider
 Sylvia Christy
 J.C. Lewis Peck
 Julie Imler
 Linda Harden
 Mary Shultheis
 Susan Patrick
 Dorothy Imler
 Pamela Buskirk
 John D. Serio
 Joann Leatherwood
 Susan Patrick
 Joan Savage

~~~~~  
*Your*  
*donations*  
 make a difference  
*in our*  
*Community!*  
 ~~~~~

Memorial/Honor of Donations

~~~~~  
 In Honor of  
 Linda and Louis  
 On their anniversary

Given by,  
 Your Little Friend

~~~~~  
 In Honor of
 Linda
 On her birthday

Given by,
 Your Little Friend

~~~~~  
 In Memory of  
 (Mom) Georgetta Dean  
 Jones sadly lost to  
 Alzheimers

Given by,  
 John & Larry Dean & Family  
 ~~~~~

THANK YOU
 for your generosity

Blood Pressure Clinic
 the last Tuesday of each month!



ALL ARE WELCOME!
 Tuesday, October 28, 10:30 am

In Memory or Honor of...

*Recognition Gifts are life-giving donations which support the wellbeing of seniors throughout the county. **THANK YOU.***

Enclosed is my gift of \$ _____

In: ☐ Memory of: or ☐ Honor of:

Occasion: ☐ Birthday ☐ Anniversary ☐ Other _____

Given by:

Please make checks payable to the Pickaway Senior Center. Mail gift to:
Pickaway Senior Center • 2105 Chickasaw Drive • Circleville OH 43113

REMEMBER YOUR MEMBERSHIP RENEWAL: Dues are \$10.00 per year per person. Thank You.
Renew your membership to ensure you continue to receive the newsletter.

NAME

ADDRESS

CITY/STATE/ZIP

EMAIL ADDRESS

TELEPHONE

BIRTH DATE

MEMBERSHIP(S): \$10 per person + DONATION to \$10 Fund = CHECK TOTAL \$_____

CHECKS PAYABLE: Pickaway Senior Center MAIL TO: 2105 Chickasaw Dr, Circleville OH 43113

Caregiver Support Group



Central Ohio Chapter



Presented By: Alzheimer's Association

Are you caring for someone living with Alzheimer's or another form of dementia and looking for support?

Next meeting Thursday, October 9th

Please join us on the 2nd Thursday of every month at 1pm.

Pickaway Senior Center
2105 Chickasaw Dr.
Circleville, OH 43113

Please call 800-272-3900 to register

Build a support system with people who understand.

Alzheimer's Association support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

• 614-457-6003 •

ALZHEIMER'S ASSOCIATION

• alz.org/centralohio •

PROMEDICA PRESENTS:



12:30PM EACH THURSDAY



CRAFTING WITH
Sonya
of Pickaway Manor

WEDNESDAY 10 • 01 • 1PM

RSVP • 740.474.8831



PLEASE JOIN US FOR
BIBLE STUDY
EVERY FRIDAY AT
10:15 AM

SOLE SOLUTIONS

Nurse Delivered Footcare



1ST & 3RD MONDAYS
of October
9am—1:30pm

BY APPOINTMENT ONLY

Call Kathy Maxson
614-361-5284
to set your appointment
\$40 FOR ½ HOUR



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All new 18 private
rehab Suites

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HALLOWEEN COSTUME PARTY

31 OCTOBER | AT 11:30AM

CHILD BOOK OF | COSTUME CONTEST
PUMPKIN PAINTING CONTEST, MUSIC,
DANCING & FUN! SPOOKY DESSERT WALK



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740-477-2514 • Fax: 740-477-7456

email: pmha@pickawaymha.com

TTY/TDD Customers:

Contact Ohio Relay Services at 711 or 1-800-750-0750

This institution is an equal opportunity provider and employer



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957 BECKS KNOB RD., LANCASTER, OH 43130

Christmas at The Ark

**THURSDAY DECEMBER 18
COST \$180 PER PERSON**

SEE THE FULL SIZE REPLICA OF NOAH'S ARK
GLAZING IN THE GLOW OF OVER A MILLION
TWINKLE LIGHTS. PACKAGE INCLUDES
TRANSPORTATION FROM THE FUN BUS, ADMISSION
TO THE MUSEUM, A DINNER BUFFET AT EMZARA'S
KITCHEN, AND LIGHT SHOW

DEPART THE PICKAWAY SENIOR CENTER AT 10AM
ARRIVE AT THE ARK ENCOUNTER 2PM
DINNER AT 5 PM
RETURN TO CIRCLEVILLE AT 10PM

OCTOBER 3rd 11am-12:30pm

Tenderloin sale

\$10

**Tenderloin sandwich
Pasta salad
Cookie & water**



**Limited quantity
call 740-474-8831 to
pre order today!**

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"Give us a call or stop by!"**

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RETURN SERVICE REQUESTED

Current Resident



DON'T MISS OUT

Check out upcoming
events and activities
at the Center!

Director's Desk.....p1
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OCTOBER STATISTICS

Transportation

38 people
262 transports
3847 miles

Adult Day Care

8 people
81 transports
690 miles

Hot Meals Delivered

8001 meals
7092miles

Meals Served In Person

541 congregate meals

Commodities Disbursed

113 families served



Your donations are
VITAL to daily
Center operations!

Donations received by the
10th of the month are includ-
ed in the newsletter; those re-
ceived after 10/11/25 will be
included in the September
newsletter

Thank you!

WE MAKE A
LIVING BY
WHAT WE GET.
WE MAKE A
LIFE BY WHAT
WE GIVE.

WINSTON CHURCHILL