

This is a list of agencies, organizations, community resources available to the stroke survivor and their caregiver. Please check with the post-stroke rehabilitation team about additional sources of assistance and support. Your local library, hospital, health department, senior/community center and support groups also can help you to locate the resources you need. You can also access these resources at Stroke Survivors Empowering Each Other's website [www.sseeo.org](http://www.sseeo.org) or 888-988-8047.

### **Disability Programs, Medical, Homecare and Prescription Services**

**Retail Savings Guide for People with Disabilities** – provides a walkthrough of discounts and special offers for individuals with disabilities. [https://www.couponchief.com/guides/savings\\_guide\\_for\\_those\\_with\\_disability](https://www.couponchief.com/guides/savings_guide_for_those_with_disability)

**Mayor's Office for People with Disabilities** – City of Chicago 312-744-7050

**Chicago Family Support Services & Dept. of Aging** – Senior services and centers throughout Chicago provide: legal, counseling, caregivers assistance, respite, and disability ride free cards 312-744-4016 [www.ci.chi.il.us](http://www.ci.chi.il.us)

**Illinois Dept. on Aging** – IL senior helpline for people with disabilities & for seniors over age 60 resources for medical, prescription, home maker services & transportation 800-252-8966 [www.state.il.us/aging](http://www.state.il.us/aging)

**Community Care Program** –Services for IL seniors who need nursing or home health care 800-252-8966 [www.state.il.us/aging/1athome/ccp.htm](http://www.state.il.us/aging/1athome/ccp.htm)

**Health & Disability Advocates** – promote technical assistance and training to expand health care eligibility, access and coverage, to improve employment outcomes, and to develop inclusive workforce policies. 312-223-9600 [www.hdadvocates.org/index.asp](http://www.hdadvocates.org/index.asp)

**Medicare** – Federal health care plans and prescription coverage 800-633-4227 [www.medicare.gov](http://www.medicare.gov)

**Social Security and Disability Resource Center** –**Information** on social security and disability benefits, applications and appeals [www.ssdrc.com](http://www.ssdrc.com)

**State of Illinois Health & Wellness** –IL healthcare programs for the disabled [www.health.illinois.gov](http://www.health.illinois.gov)

**Illinois Dept. of Healthcare & Family Services** – Medical and prescription programs, health benefits 866-468-754 [www.hfs.illinois.gov/programs](http://www.hfs.illinois.gov/programs)

**Needy Meds** –Assist people having trouble affording their medications [www.needymeds.com](http://www.needymeds.com)

**Adult Daycare** –Directory of adult day care centers 866-333-6002 [www.adultdaycare.org](http://www.adultdaycare.org)

**Home Health Care** –Resource for Medicare certified home care agencies and nurses [www.homehealthcareagencies.com](http://www.homehealthcareagencies.com)

**Senior Living Map** – Help in finding senior and assisted living [www.seniorlivingmap.org](http://www.seniorlivingmap.org)

**Property Tax**–Relief for persons with disabilities  
[www.revenue.state.il.us/localgovernment/propertytax/taxrelief.htm](http://www.revenue.state.il.us/localgovernment/propertytax/taxrelief.htm)

**Illinois Legal Aid** –Disabilities guidebook & State of Illinois disabled person identification card  
[www.illinoislegalaid.org](http://www.illinoislegalaid.org)

**Chicago Dental Society Foundation Clinic** – dental health care for low income residents’ [clinic@cdsfound.org](mailto:clinic@cdsfound.org)

**Illinois person with a disability identification card application** [www.cyberdriveillinois.com](http://www.cyberdriveillinois.com)

## **Rehabilitation**

**Midwest Brain Injury and Clubhouse, Chicago, IL** –A unique place where individuals can come to relearn skills through the work of the day 312-226-8720 [www.braininjuryclubhouse.org](http://www.braininjuryclubhouse.org)

**Synapse House, Elmhurst, IL** –Day program where members “report to work” and relearn skills and self-esteem 877-932-1120 [www.synapsehouse.org](http://www.synapsehouse.org)

**Adult Stroke Rehabilitation, Countryside, IL** – On-going rehabilitation post stroke 708-588-0833

## **Stroke Education and Support**

**Stroke Survivors Empowering Each Other, Inc., SSEEO** – stroke resources for stroke advocacy and support, lists of local support groups, telephone support phone calls and other stroke resources and programs 888-988-8047 [www.sseeo.org](http://www.sseeo.org)

**Rehabilitation Institute of Chicago Life Center** – stroke resource & education, housing/transportation, caregiver & stroke support, equipment, employment, etc. 312-238-5433 [lifecenter@ric.org](mailto:lifecenter@ric.org)

**American Stroke Association** stroke family support, caregiver 800-478-7653 [www.strokeassociation.org](http://www.strokeassociation.org)

**National Stroke Association** 800-767-6537 [www.stroke.org](http://www.stroke.org)

**Family Services of Lake County** – caregiver’s resource center 847-432-4981 X 110 [www.famservice.org](http://www.famservice.org)

**National Institute of Neurological Disorders and Stroke** 800-352-9424 [www.ninds.nih.gov](http://www.ninds.nih.gov)

**Brain Injury Association of Illinois** – brain injury education & resources 800-699-6443 [www.bial.org](http://www.bial.org)

**National Aphasia Association** – Aphasia support for families & patients 800-922-4622, [www.aphasia.org](http://www.aphasia.org)

**Retreat & Refresh Stroke Camp** 866-688-5450 [www.strokecamp.org](http://www.strokecamp.org)

## **Independent Living, Living Equipment & Job Training**

**National Rehabilitation Information Center** – Rehabilitation and adaptive devices and aides for patients 800-346-2742 [www.naric.com](http://www.naric.com)

**National Council on Independent Living** – provides info on independent living [www.ncil.org](http://www.ncil.org)

**New mobility** – magazine site with info on mobility aides & news [www.newmobility.com](http://www.newmobility.com)

**Eldercare Locator** – info & resources that enable seniors to live independently & safely in their homes 800-677-1116 [www.eldercare.gov](http://www.eldercare.gov)

**Easter Seals** – Assistive technology & rehab services vocational training & employment 800-221-6827 [www.easterseals.com](http://www.easterseals.com)

**Abledata** – assistive technology and rehab equipment information 800-227-0216 [www.abledata.com](http://www.abledata.com)

**Rehabilitation Institute of Chicago Life Center** – Stroke resources on housing, care giving & stroke support, equipment, stroke medical info, education & employment 312-238-5433 [lifecenter@ric.org](mailto:lifecenter@ric.org)

**Illinois Dept. on Aging** – IL senior helpline for people with disabilities & for seniors over age 60 resources for medical, prescription, home maker services & transportation 800-252-8966 [www.state.il.us/aging](http://www.state.il.us/aging)

**Elderwerks** –Equipment and lending closets 847-462-0885 [www.elderwerks.com](http://www.elderwerks.com)

**Suburban Resource Guide** – Equipment and lending closets [www.suburbanresourceguide.com](http://www.suburbanresourceguide.com)

## **Transportation**

**Illinois Dept. on Aging** – IL senior helpline for people with disabilities & for seniors over age 60 resources for medical, prescription, home maker services & transportation 800-252-8966 [www.state.il.us/aging](http://www.state.il.us/aging)

**Chicago Family Support Services & Dept. of Aging** – senior services & senior centers throughout Chicago provide: legal help, counseling, caregiving assistance and disability ride free cards 312-744-4016 [www.ci.chi.il.us](http://www.ci.chi.il.us)

**Regional Transportation Authority (RTA)** – provides ADA Para transit Services 312-663-4357

**Chicago Transit Authority** – accessible stations & buses 888-968-7282, [www.transitchicago.com](http://www.transitchicago.com)

**Open Doors** –Chicago based non-profit, founded for the purpose of creating a society in which persons with disabilities have the same consumer opportunities as non-disabled persons 773-388-8839 [www.opendoorsnfp.org](http://www.opendoorsnfp.org)

**Special Needs Chicago, Inc.** – Chicago transportation & suburbs 630-668-9999

[www.specialneedschicago.org](http://www.specialneedschicago.org)

**Metra** – 163 accessible stations, 312-322-6777, [www.metrarail.com](http://www.metrarail.com)

**PACE** – Pace buses are wheel chair accessible offering door to door service in Chicago & suburbs. To schedule pickups call 847-364-7223, [www.pacebus.com](http://www.pacebus.com). City of Chicago Pace services 800-606-1282. Suburban Pace services 847-364-5093

**Midway International Airport** – Wheelchair escorts, 773-838-0600

**O’Hare International Airport** – Wheelchair escorts, 773-686-2200

***Driver’s License Rehabilitation Programs - requires a physician’s order***

**Advocate Christ Medical Center**

Oak Lawn 708-684-5425

**Alexian Rehab Hospital**

Elk Grove 847-640-3119

**Centegra Medical Center**

Crystal Lake 815-356-2700

**Chicago Lighthouse**

Chicago 312-447-3236

**Ingalls Health System**

S. Holland 708-862-5500

**Loyola University Medical Center**

Maywood 708-216-9000

**Marian Joy**

Wheaton 630-909-8003

**North Shore University Health Sys.**

Evanston 847-570-1260

**Provena St. Joseph MC**

Joliet 815-741-7416

**Providence of Palos Heights**

Palos Heights 708-597-1000

**Rush University Medical Center**

Chicago 312-563-2454