

Food for Worms

Worms Consume:

Vegetables

Fruit & Fruit peels (no citrus)

Coffee Ground

Egg Shells

Bedding (peat moss, Paper, Cardboard)

Aged Manure (Rabbit, Cow, Horse, Deer)

Grains, Mash

Do not feed:

Dairy Products

Meat or Bones

Onions



Blue Collar Worms

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Worms That Work!



Building a Worm Bin

Easy Steps 1-2-3.

● Ph# 719-573-7624

Easy as 1-2-3!

1. Build a Worm Bin

The first step is assembling the bin. The needed items are the bin, bedding, and the composting worms. These components will create a happy home for your worms. The bin can be made of plastic, or wood, plastic is preferable for indoor use. The bedding can be shredded paper, peat moss or coconut coir. The bedding should not be packed down. Dechlorinated water should be added to the bedding, making it feel like a wrung out sponge. Add worms at a rate of one pound per square foot. The red wiggler worm is the best composting worm.



The worms pictured in a happy home.

2. Feed the Worms

Feed the worms half their weight in organic waste daily. They will enjoy produce and fruit alike. Chopping the feed into smaller pieces will allow them to consume the organic waste more quickly. Worms enjoy coffee grounds and crushed egg shells which aid in the digestion of organic waste. Dairy products, citrus fruit, and woody produce should be avoided. Bury the food just under the surface of the bedding to eliminate smell and avoid fruit flies.

3. Harvest the Bin

Time to reap the harvest! Sixty to ninety days is all that is needed to produce "black gold". The easy way to harvest your castings is feed at one end of the bin for two weeks then remove the opposite side. Refill the bin with fresh moist bedding.

Shaker and trommel harvesters work to separate the worms from the castings. The worms can be added to fresh moist bedding to start a new composting cycle.

Available Products

Composting Worms

Worm Castings

Prepared bedding

Worm bin (15 gal)

Harvesters

Complete Home Bins
(Bin, Bedding, Worms, Instructions)

[Please contact us for pricing.](#)



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