



# SUMMER JAR 2020



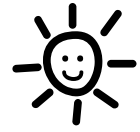
9 weeks of summer: Social Distance Style

## Arts AND crafts

1. A BLANK SLATE: Grab some poster paper and a pencil and some markers and create your own poster.
2. CAN MILK BE MAGIC? Grab the food colouring and let's find out.
3. DREAM. HOPE, STRIVE WISH! Which two words will you highlight in two separate Art Projects (one for July and one for August).
4. UP UP AND AWAY! I wish I could take you on a Hot Air Balloon Ride! If I ever win the lottery I will. Until then, let's make some Hot Air Balloon Art using oil pastels.
5. Q: WHAT DID ONE VOLCANO SAY TO THE OTHER? A: I LAVA YOU! Guess what? I lava you! Let's create lemon volcanoes since I know you lava lemons a lot.
6. READY, SET, FIT! Make your own fitness challenge by writing down 5 to 10 exercises and record how many you can do in 30 seconds. Try this again three times in the next week and see if you can beat your record.
7. KINDNESS ROCKS! Make some Rocks with messages of Kindness and Encouragement during these difficult times, then lets go for a walk and set them out for others to find them.
8. CULTURE CLUB: Let's work together to come up with some Italian Themed Crafts to learn about a new country.
9. MAMA MIA, HOW DO YOU SAY THAT? Let's learn how to speak a little bit of Italian today...just the basics.



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Treats to Eat AND Drink

1. A TASTE OF ITALY PART 1: A Biscotti is a twice-baked cookie. Let's try to make this treat and then enjoy one while learning about Italy online.
2. What does Arnold Schwarzenegger say before eating pasta? PASTA LA VISTA BABY. It's time for a taste of Italy PART 2: Pasta!
3. ARE YOU A TRIPLE THREAT? Let's make a Triple Citrus Cheesecake and find out!
4. Q: WHICH is BETTER POPCORN OR A MOVIE? A: POPCORN; It's so much BUTTER!!!! Good thing you don't have to choose between popcorn or a movie. You can do both! Make some Caramel Corn and munch away while you watch a movie of your choice.
5. AUGUST 3<sup>rd</sup> is NATIONAL WATERMELON DAY, but any day is a good day to make Watermelon Lemonade.
6. WHAT HAPPENS WHEN YOU SOCIAL DISTANCE AND YOU GET TOO COLD? A: YOU'RE TOTALLY ICE-OLATED! Make an icy treat like some popsicles.
7. TRY NOT TO SNAP AT YOUR BROTHER! Make gingersnap cookies instead
8. IF THERE'S CHEESE ON THE MOON, BRING THE CRACKERS: is it possible to make our own cheesy crackers? Let's find out.
9. COCO FOR CANDY BARS: Make your own Chocolate Peanut Butter Cups! Easy and delicious!
10. MESSAGE FROM THE HEART: I love you soooooo much! Go and claim a hug and then put this back in the jar for another hug on another day. DRAW AGAIN.