

MAP COVID-19 HEALTH POLICY (updated 1.6.2022 – This replaces the policy found in the 2021-2022 MAP Family Handbook)

COVID-19 has had a wide range of symptoms ranging from mild to severe. Symptoms may appear 2-14 days after exposure to the virus.

Individuals with these symptoms may have COVID-19 and must not come to MAP:

- **Fever (temp 100° or greater) or Chills**
- **Difficulty breathing or shortness of breath**
- **Muscle or body aches**
- **New loss of taste or smell**

The following symptoms on their own will not require that a child be excluded from care, unless observed in combination with any symptoms from the list above

- **Cough** (not due to other known cause)
- **Sore throat**
- **Nausea, vomiting, or diarrhea**
- **Headache**
- **Fatigue**
- **Nasal congestions or runny nose** (not due to other known causes such as allergies)

If a child exhibits any of these symptoms while at MAP their parent/guardian will be contacted and asked to pick their child up immediately. If a staff person exhibits any of these symptoms they will be asked to leave the program immediately.

MAP will create a designated space at each program to isolate sick or symptomatic children. A staff person will wait with the child until the child can be picked up from the program.

*It is **IMPORTANT** that families let MAP know about any exposures/close contacts and/or positive cases of COVID-19.*

When an **individual tests positive for COVID-19** (vaccinated or unvaccinated) they must:

- Self-isolate for a minimum of 5 days after symptom onset or after a positive test if asymptomatic. Individuals must also mask for an additional 5 days when around others.
- Return to MAP:
 - After at least 5 days, and
 - after they have been fever-free for 24 hours without taking fever reducing medications, and
 - experienced improvement in other symptoms,
 - OR they received clearance from a health care provider or the school nurse.

In the event that MAP experiences a positive case of COVID-19, per MAP's licensing requirements, the following will be notified:

- Families & Employees (names will not be released to protect confidentiality)
- Local Board of Health
- Department of Early Education and Care

Families will be notified immediately should MAP be required to close.

CLOSE CONTACTS: Families must notify MAP if their child is a close contact. A close contact is

defined as being within 6 ft of a positive COVID-19 individual while indoors for 15 minutes during a 24-hour period. The at-risk exposure time begins 48 hours prior to the onset of symptoms (or time of positive test if asymptomatic) and continues until the time that the COVID-19 positive individual is isolated.

MAP will notify families and staff by email regarding the exposure (close contact) to an individual who tested positive for COVID-19.

Unvaccinated individuals and any close contacts presenting with symptoms should follow testing & quarantine response protocols. A PCR or Rapid Antigen test is recommended for symptomatic individuals.

Fully vaccinated individuals (2 weeks after second shot) should follow the testing & quarantine response protocols if they are experiencing the following symptoms: **fever (temp 100° or greater), chills, shortness of breath or difficulty breathing, new muscle or body aches, new loss of taste or smell.**

Asymptomatic, fully vaccinated close contacts are exempt from testing and quarantine protocols.

A **Close Contact that has been diagnosed with COVID-19 within the past 90 days** is exempt from testing and quarantine protocols if the exposure happened within 90 days of their own illness and is recovered and remains without COVID-19 symptoms.

Unvaccinated children who are considered to be close contacts and are participating in the school “Test & Stay” program are allowed to attend MAP as long as the child continues to test negative and exhibits no symptoms. Please be sure to let MAP know the start date. Extra precautions for eating and masking will be taken with children who are close contacts.

Unvaccinated individuals that are not participating in the “Test & Stay” program must stay home if they have had close contact with someone known to be infected with COVID-19. An individual may return to MAP on day 6 as long as they remain asymptomatic, receive a negative COVID-19 PRC or rapid antigen test on day 5, and continue to monitor symptoms through day 10.

MASK POLICY

- When entering the MAP buildings or spaces, all children, staff, parents, guardians, caregivers, and siblings must wear a face mask covering their nose and mouth.
- We strongly recommend that everyone wear masks that are multi-layered to provide greater protection.
- When outside, children and staff may remove their masks. Individuals considered to be close contacts must wear a mask outside during the test and stay period.
- Everyone should arrive at MAP wearing a mask from home.
- Children are encouraged to keep an extra clean mask in a zip lock bag, labeled with their name in their backpack.
- Mask breaks will be taken outside when possible. Indoor mask breaks will be allowed when there is at least 10 feet of physical distance.
- In the event a child or staff member’s mask becomes soiled or damaged, MAP will have disposable masks available.