

2019 VIRGINIA MILITARY 4-H PARTNERSHIP Annual Corporate Report Summary



virginia4-hmilitaryclubs.org

GOAL: *Military readiness through 4-H positive youth development for youth, families, and communities*



A collaboration of military and land grant university partners



As military families continue to move frequently and experience difficulties surrounding deployment and reintegration, the Virginia 4-H Military Partnership provides a 4-H support network across the state that has predictable programming and a safe nurturing environment. The 4-H Club projects and activities implemented aid in strengthening resiliency of military-connected youth by providing opportunities to practice life skills needed to succeed in life and career.

2,153 + **289** = **2,442**

On Installation

Geographically Dispersed Living in Communities

Military-Connected Youth
Enrolled in 4-H Clubs

63 VIRGINIA COUNTIES & CITIES WITH MILITARY- CONNECTED YOUTH

The 63 counties & cities had youth who identified themselves as being a part of a military family. Additional local 4-H programs may have military youth 4-H participants who were not identified on a group enrollment form.

26 GEOGRAPHICALLY DISPERSED MILITARY-CONNECTED YOUTH PARTICIPATED IN STATE 4-H CONGRESS OR 4-H CAMP

One youth who served as a teen counselor at 4-H camp said, *"I have become a stronger leader and friend."* As a result of participation in their 4-H event, a survey revealed 100% or 13 youth respondents indicated Strongly Agree or Agree, *"I am someone who wants to help others."*



5 MILITARY BRANCHES REPRESENTED BY YOUTH (Active Duty / Reserve / Guard)

Air Force, Army, Navy, Marine Corps, and Coast Guard

**Virginia
Cooperative
Extension**
Virginia Tech • Virginia State University
www.ext.vt.edu



Military 4-H Partnerships are supported by the U.S. Department of Agriculture, National Institute of Food and Agriculture, 4-H National Headquarters; U.S Army Child & Youth Services; U.S. Air Force Child and Youth Programs; U.S. Navy Child and Youth Programs; and Virginia Cooperative Extension 4-H Program (Virginia Tech and Virginia State University) through grant funding at Kansas State University.

VIRGINIA 4-H MILITARY CLUBS

11 INSTALLATIONS WITH 14 SITES

Air Force	2 Sites	538 Youth
Army	3 Sites	800 Youth
Navy	9 Sites	815 Youth

150 CYP STAFF PARTICIPATED IN PROFESSIONAL DEVELOPMENT OPPORTUNITIES

9 LOCAL COUNTY/CITY 4-H PROGRAMS PROVIDED SUPPORT TO CYP PROFESSIONALS

PROGRAM FOCUS:

Science, Technology, Engineering & Math (STEM); Healthy Living & Civic Engagement



Youth were provided multiple hands-on experiences to practice life skills.

INTENTIONAL PROGRAMMING TARGETED DEVELOPMENT OF LIFE SKILLS:

Critical Thinking	Decision Making	Effective Teamwork	Engaging Peers
Engaging Family	Goal Setting	Leadership	Problem Solving
Responsibility	Seek Active Answers to Their Own Questions, Issues & Concerns		

PROGRAM FOCUS IMPACTS

The key **Civic Engagement** project, College/Career Readiness, helps youth to make informed decisions about careers and college paths. **133** youth gained skills in goal setting. **228** youth sought their own answers to their career questions using a variety of methods to include the internet and presenters. *“Youth learned that each job came with responsibilities and requirements that each would have to work towards.” - CYP Professional*

Healthy Living programs help youth understand the importance of eating right, physical fitness and being active. **413** youth practiced nutrition life skills by participating in one or more healthy living projects. **350** youth gained knowledge on how to use MyPlate to eat a daily balanced diet. **304** youth practiced food sanitation and safety while preparing simple recipes. **306** youth prepared or shared recipes with parents and reported back. As a result of participating in 4-H Healthy Living programs, a survey of **122** youth revealed 70% or **86** youth Strongly Agree or Agree, “I eat more fruits and vegetables.”

4-H Science programs provide 4-H youth the opportunity to learn about STEM through fun, hands-on activities and projects. The intentional learning experiences enabled youth to gain life skills in effective teamwork, responsibility, critical thinking, and problem solving skills. **195** youth implemented the NYSD experiment, *Code Your World*. **503** youth practiced life skills while participating in STEM projects such as filmmaking, gardening and robotics.

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