

CCI COVID-19 Update 2020-7-1

This Week's Resources for COVID-19



Have a Happy and Safe Fourth of July!

America may be independent of her British oppressors, but we're still ruled by COVID-19. Last week, La Plata County saw a large uptick in positive cases, mostly resulting from one party where people weren't practicing social distancing and masking. As a result, public health officials are recommending <u>continued</u> <u>precautions</u>, including:

· Avoid close contact with others

- Keep at least 6 feet from other people
- Remember that some people without symptoms may be able to spread the virus
- Try to avoid gatherings with others outside of your own household
- Wear face coverings when around others
 - Stay home if you are sick
 - Wash hands frequently or use hand sanitizer if unable to wash hands
 - Clean and disinfect frequently touched surfaces daily
 - Monitor your health
 - Be alert for symptoms. Watch for fever, cough, shortness of breath, or <u>other</u> <u>symptoms</u> of COVID-19





Need PPE?

Community Connections recently received a donation of some PPE from the Global Down Syndrome Foundation and the Arc Thrift Store. We have cotton masks, surgical masks, and gloves. If you need PPE, especially face masks, please let us know! Call 970-259-2464 or cci@cci-colorado.org. We have you covered!

Day Program Redesign

COVID-19 is encouraging us to take a deep look at how our Day Program services at Pine Street and Holly House Community Centers are designed. It might be a long while before having a large group of people with IDD gathering in one building is a good idea. While virtual Day Programming is filling some needs, we need a variety of options to support people during this time. Our Adult Services teams are currently working on plans for alternative ways to provide skill building and socialization in the community with smaller groups and individuals selecting from a menu of options. We are working on logistics, so more details will be available later. In the meantime, we have some increased services in the works for clients who are interested. And we'd love to hear your ideas, too! How we can meet people's goals and social needs while protecting everyone from this deadly virus? As always, contact us at 970-259-2464 or <u>cci@cci-colorado.org</u> with questions or to contact a member of the administration. Stay healthy and safe!

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