



**Tuscaloosa Ballroom Dance Club**

**eNewsletter August 2025**

## ***Denim and Diamonds Dance***

**at McAbee Center**

**(3801 Loop Road; 35404)**

**Saturday, August 16, 2025**

**Music: *5 of a Kind***

**7:00 p.m. - 10:00 pm**

**ADMISSION (cash, check, or venmo)**

**Members: \$8**

**Non-members: \$15 (\$25/couple)**

**Students: \$8**

**Sustaining, Bronze, Silver, Gold, & Platinum Members: *Prepaid!***

**Members and guests must be at least 18 years of age.**

**Attire: Theme Attire or Dressy Casual**

**Co-sponsored by PARA4Life @ McAbee Center**

## Denim and Diamonds Dance: Saturday, August 16, 2025

It's time to pull out your denim and diamonds! 'Don't have diamonds? No worries . . . rhinestones will do. Like a Rhinestone Cowboy! 'Don't have denim? No worries . . . dressy casual will work! 'Just be sure to come and join in the fun as TBDC and PARA4Life present the Denim and Diamonds Dance. Decorations will be created by Tuscaloosa's very talented artist, Tricia Schuster. Music will be provided by the incredible band Five of a Kind. We hope to see you there!

Doors open at 6:30 p.m. Dancing begins at 7:00 p.m. and ends at 10:00 p.m.

**Attire:** Theme Attire or Dressy Casual

**Admission (cash, check, or venmo):** \$8/TBDC member, \$15 non-member (\$25/couple), \$8/student. TBDC's sustaining members are prepaid!

**Bring a wrap:** Most dance clubs keep their dance spaces a few degrees cooler than normal for the comfort and well-being of their active dancers. So, if you are cold-natured or tend not to dance as much as others, please bring a wrap to all TBDC dances.

**Snacks.** Water is provided. TBDC invites our regular dancers to bring an item for the snack table.

**McAbee Center (3801 Loop Road; Tuscaloosa, 35404):** The entrance to McAbee Center's parking lot is at the intersection of Loop Road and Veterans Memorial Parkway. (The VA Hospital is located behind and to the right of McAbee Center.) There is no access to McAbee Center's parking lot from the hospital campus, so please avoid the hospital's main entrance. For a map, click here: [Map](#).

**From Birmingham,** take interstate Exit 79 for University Blvd. At the end of the exit ramp, bear right onto University Blvd. After 4.6 miles, turn left at the traffic light onto Veterans Memorial Pkwy. In ½ mile, turn left onto Loop Rd and immediately turn left again to access McAbee Center's parking lot.

## Picnic Dance

The verdict is in. TBDC's first potluck Picnic Dance was a great success. Attendees showed up early with a delicious assortment of side dishes and desserts to accompany the many yummy hot dogs cooked by Club President Regina Noland. Everyone enjoyed the bountiful spread. There was even "homemade" ice cream for dessert. Thank you to everyone for bringing the scrumptious dishes! A special thank you goes to Bruce Evans for the perfect picnic decorations, complete with red and white checkered tablecloths and wildflowers. Yogi and Boo-Boo were on hand, along with various "wild" animals. There were even some ants, but they were of the harmless variety. Everyone had a wonderful time dancing to the inimitable sounds of the Drew White Orchestra. In short, a good time was had by all . . . and no one left hungry!!

Door prizes were won by two lucky guests. Thank you to Barkley Buick GMC Cadillac and a club member for your donations.

Thank you also to these amazing people who help with each and every dance:

Lewis Cotton - publicist and special photographer,

Kathy Cotton - attendance table manager, and

Kim Brown - venue manager.

## **TBDC's introductory dance lessons return on Tuesday, September 2, 2025!**

On Tuesdays, starting September 2, 2025, TBDC will offer a series of twelve introductory ballroom dance classes that cover basic patterns for six dances: Slow Dance, Hustle, Rumba, Single-Step Swing, Foxtrot, and Waltz. Scott and Nita Hestevold, will teach the classes, assisted by Regina and Butch Noland.

***Time and place.*** Beginning on September 2, 2025, the classes will meet on consecutive Tuesdays at McAbee Center, 3801 Loop Road, Tuscaloosa, 35404. Times will be announced in subsequent newsletters.

***Do I need a dance partner to attend these classes?*** Having a dance partner is preferred but not required; TBDC volunteers will assist those without partners.

***How much do the lessons cost?*** The cost is \$30 for students, \$45 for current TBDC members, and \$70 for non-members. For non-members, the course fee includes membership in TBDC through the end of 2025.

***May I take TBDC's introductory lessons a second time?*** Yes! Taking TBDC's introductory classes a second or third time is not uncommon for those seeking more confidence with the basic ballroom patterns.

***Do you need additional information?*** Contact Regina Noland by texting her at (205) 242-7485.

## **Thursday and Friday Dances at the Northport Community Center**

Dance! Dance! Dance! holds dances every Thursday and Friday from 6:30 p.m. to 9:15 p.m. The Country Gold Band plays on Thursdays and the Over the Hill Band plays on Fridays. *Attire:* casual. *Admission:* \$7/person.

## ***Looking ahead: National Dance Day Celebration on Friday, September 19, 2025***

Please plan to join the TBDC as we celebrate National Dance Day! It's the perfect way to show our appreciation for dancing. It will be a time to move to the melodious music provided by DJ Richard Richards. Let's gather with friends and feel the joy that dance brings to life. You won't want to miss this one.

## TBDC's 2025 Dance Schedule

	Band/CD	Theme	Decorators
Jan 18 (Sat)	5 of a Kind	January Frost Dance	Diana Secor
Feb 15 (Sat)	Drew White	Love in Bloom Ball	Carol and Tom Russell
Mar 22 (Sat)	5 of a Kind	Sock Hop	Regina and Butch Noland
Apr 26 (Sat)	Ain't Misbehavin'	Arbor Day Dance	Nita and Scott Hestevold
May 17 (Sat)	DJRR	Birds of a Feather Dance	Ken Lee
Jun 21 (Sat)	5 of a Kind	Blue Hawaii Dance	Janet and John Weber
Jul 19 (Sat)	Drew White	Picnic Dance	Bruce Evans
Aug 16 (Sat)	5 of a Kind	Denim and Diamonds Dance	Tricia Schuster
Sep 19 (Fri)	DJRR	National Dance Day Dance	Nita and Scott Hestevold
Oct 17 (Fri) Location - TBD	Drew White	Autumn Leaves Dance	Regina and Butch Noland
Nov 21 (Fri) Location - TBD	5 of a Kind	Stardust Dance	Janet and John Weber
Dec 13 (Sat)	Drew White	Nutcracker Ball	Kathy and Lewis Cotton

*Attire:* “Ball” designates a dressy event (with semi-formal wear or formal wear invited), and “Dance” designates a dressy-casual or theme event.

### **In Case of Severe Weather...**

When a severe-weather alert has been issued for the evening of any TBDC event, TBDC will decide by 4 p.m. whether to proceed with or cancel the event. By 4:30 p.m., TBDC will notify friends and members by email and with a post on its Facebook page. *Note:* As a rule, TBDC cancels events only when tornadic or winter weather poses a serious safety concern; a mere rainstorm does not stop the sun from shining on the dance floor!

## TBDC's 2025 Sponsors

### **Ruby Sponsors (\$100-299)**

#### **Emerald Sponsors (\$300-499)**

**Barkley Buick GMC Cadillac:** 3575 Skyland Boulevard East, Tuscaloosa, AL 35405  
<http://www.barkleygmc.com>

#### **Sapphire Sponsors (\$500-999)**

**Budget Mini-Storage, in memory of Don Wright:** 9331 Hwy 69, Northport, AL 35473  
(205) 330-9098

**SWEN Chinese Restaurant:** 1130 University Boulevard, Suite B2, Tuscaloosa, AL 35401  
(205) 391-9887 and 3420 Hwy 69 N, Northport, AL 35473 (205) 333-8886  
Facebook: [Sven Chinese Restaurant](#).

## TBDC's 2025 Sustaining Members

**Sustaining Members:** Pat Atkins; Carolyn and Gary Bishop; Bruce Evans; Bryan Fair; Bonnie and Scott Porter; Diana Secor; Janet and John Weber; and Dr. Albert and Anna White.

**Bronze Members:** Kathy and Lewis Cotton; Carolyn and Jim Hill; Garry Pearson and Angie Summerlin; and Carol and Tom Russell.

**Silver Members:** Nita and Scott Hestevold.

**Gold Members:** Regina and Butch Noland.

**Platinum Members:** Melody and Wayne Roberts.

## **Monthly Listings...TBDC: Facebook, Website, and Email**

- **TBDC's email address:** [TBDC.91@gmail.com](mailto:TBDC.91@gmail.com)
- **Facebook:** For announcements, last-minute information, and photos, visit TBDC's Facebook page [Tuscaloosa Ballroom Dance Club – Community Organization]. In the top box, click "Like" to be notified by Facebook when information and photos are posted.
- **TBDC's website:** [www.tbdc.org](http://www.tbdc.org) [webmaster: Lewis Cotton]
- **Instagram:** tusc\_ballroom\_dance\_club
- **Tuscaloosa Patch:** Look for our announcements.

Janet Weber  
[TBDC.91@gmail.com](mailto:TBDC.91@gmail.com)