

Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069
 Hours 9:00am to 4:00pm

COME JOIN US!!!
Lunch Served
Monday Thru Friday
11:00am TO 12:30Pm



March 2026

Suggested meal contribution: \$3.00. No one 60 or older will be denied a meal for inability to contribute. Those under 60 must pay a fee.

SUN	MON	TUE	WED	THU	FRI	SAT
Saltshaker indicates a higher sodium meal. Low-fat milk served with every meal. 	2 Turkey Sausage, Hash Browns, French Toast, Yogurt, Applesauce & V-8 	3 Oven Fried Chicken, Mashed Potatoes, Steamed Carrots, WW Roll & Pears	4 Turkey and Cheese Sandwich on WW Bread, Split Pea Soup & Oranges	5 Cheeseburger on a WW Bun, Macaroni Salad, Baked Beans & Peaches	6 Beef and Bean Chili, Green Salad, Corn Bread & Pineapple Cup	7 Menu is Subject To Change Without Notice
8 Menu is Subject To Change Without Notice	9 Orange Chicken, Whole Grain Brown Rice, Steamed Broccoli & Mandarin Oranges	10 Beef Lasagna, Italian Squash, Garlic Bread & Peaches	11 Cheese Enchilada, Spanish Rice, Black Beans & Tropical Fruit Cup	12 Chicken Cacciatore, Italian Green Beans, WW Pasta & Pineapple Cup	13 Minestrone Soup, Cheesy Garlic Bread, WW Cracker, Cottage Cheese, Green Salad & Banana	14
15	16 Roast Turkey, Sweet Potatoes, Capri Mixed Vegetable WW Roll & Peach Cup	17 Beef Irish" Stew, Corn Bread, Tossed Salad, Peaches & Shamrock Cookie	18 Chicken Noodle Soup, Egg Salad Sandwich on WW Bread, Pear Cup & V-8 Juice	19 Bean and Cheese Burrito, Spanish Rice, Fiesta Corn & Pineapple cup	20 Cheese or Pepperoni Pizza, Green Salad, & Peach Cup	21 
22 	23 BBQ Chicken, Scalloped Potatoes, WW Roll & Tropical Fruit Cup	24 Beef Stroganoff, Brussel Sprouts & Banana	25 Chicken Pot Pie, Biscuit & Pineapple Cup	26 Vegetarian Chili, Tossed Salad, Corn Bread & Fresh Fruit	27 Happy Birthday Salisbury Steak, Mashed Potatoes W/Gravy, Mixed Vegetable, WW Roll & Fruit Juice	28
29	30 Cheeseburger on a WW Bun, Macaroni Salad, Baked Beans & Peaches	31 Turkey Sausage, Hash Browns, French Toast, Yogurt, Applesauce & V-8 				Senior Legal Service 464-3069 1-800-972-0002 X304 1-707-445-0866 X304