# **Chronic Pain Screening and Monitoring Tools**

This section of the toolkit provides a list of Risk Assessment Tools and Ongoing Assessment and monitoring tools.



# Safe Pain Medicine Prescribing in Emergency Departments and Urgent Care Centers:

# **Chronic Pain Screening and Monitoring Tools**

## **Chronic Pain Screening and Monitoring Tools**

Below are lists of Risk Assessment Tools and Ongoing Assessment and Monitoring Tools from <a href="www.opioidrisk.com">www.opioidrisk.com</a>. Most are paper-based, and some are duplicative with the resources referenced above.

# Risk Assessment Tools: ORT, DIRE, SOAPP, SOAPP-R, and SISAP

#### **ORT: Opioid Risk Tool**

http://www.opioidrisk.com/node/884

ORT assesses risk of aberrant behaviors when patients are prescribed opioids for chronic pain; administered by self report; intended for primary care use; high degree of sensitivity and specificity for determining which individuals are at risk for opioid abuse; preferable to SOAPP in low-risk populations; 5 items, less than 1 minute to administer and score; copyrighted.

# DIRE: Diagnosis, Intractability, Risk, Efficacy

http://www.opioidrisk.com/node/942

DIRE assesses risk of opioid abuse and suitability of candidates for long-term opioid therapy; administered by patient interview; specifically designed for primary care use; 7 items, less than 2 minutes to administer and score; unclear copyright status.

#### SOAPP: Screener and Opioid Assessment for Patients with Pain

http://www.opioidrisk.com/node/940

SOAPP assesses patients at high risk for opioid abuse prior to treatment; administered by self report; intended for primary care use; preferable to ORT in high-risk populations; available in three formats: 5, 14 and 24 items, 5-10 minutes to administer and score; copyrighted.

# SOAPP-R: Screener and Opioid Assessment for Patients in Pain - Revised

http://www.opioidrisk.com/node/941

SOAPP-R assesses risk of opioid abuse in chronic pain patients; administered by self report; intended for primary care use; may be an improvement over the original version (SOAPP) in screening risk potential for deviant medication-related behavior among chronic pain patients; 14 items; 5 minutes to administer and score; copyrighted.

## SISAP: Screening Instrument for Substance Abuse Potential

http://www.opioidrisk.com/node/895

SISAP assesses patients at risk for opioid abuse, particularly those individuals with a history of substance abuse and aids in proper pain management by focusing on appropriate use of opioid therapy for both high risk and low risk patients; administered by patient interview; intended for primary care use; 5 items, less than 1 minute to administer and score; no copyright.

# Ongoing Assessment and Monitoring Tools: COMM, ABC, PMQ, and PDUQ

# **COMM: Current Opioid Misuse Measure**

http://www.opioidrisk.com/node/946

COMM assesses aberrant medication-related behaviors of chronic pain patients; administered by self report; intended for primary care use; 17 items, less than 10 minutes to administer and score; copyrighted.

#### **ABC: Addiction Behaviors Checklist**

http://www.opioidrisk.com/node/947

ABC assesses characteristic addictive behaviors in chronic pain patients prescribed opioid medications; administered by patient interview; intended for primary care use; 20 items, about 10 minutes to administer and score; copyrighted.

# PMQ: Pain Medication Questionnaire

http://www.opioidrisk.com/node/943

PMQ assesses characteristic addictive behaviors in chronic pain patients prescribed opioid medications; administered by self report; intended for primary care use; 26 items, about 10 minutes to administer and score; copyrighted.

#### PDUQp: Prescription Drug Use Questionnaire Self-Report

http://www.opioidrisk.com/node/945

PDUQp assesses problematic opioid medication use in chronic pain patients; administered by self report; intended for primary care use and to be used when abuse of pain medication is suspected; 42 yes/no items, about 20 minutes to administer and score; unclear copyright status.