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July 2017 Vol 8, Issue 7

Mr Sunil Shah and others with Indian Prime Minister Narendra Modi on his recent visit to US
See page 12



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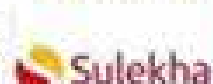
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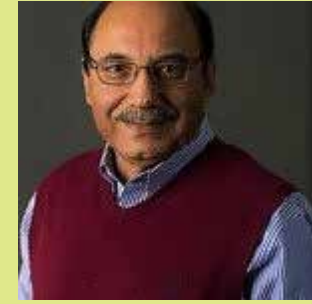
Iftekhar Shareef



Sunil Shah



Syed Hussaini



Talat Rashid



Waliuddin



Nasir Jahangir



Mahijit Viridi

**Telangana to celebrate Engineers Day on July 11th
Honoring Ali Nawaz Bahadur**

Nawab Ali Nawaz Jung was the first chief engineer of the Hyderabad state.

During his tenure as Chief Engineer, large irrigation works including Osman Sagar, Himayat Sagar etc. were conceived, launched and executed. Nawab Saheb was responsible for construction of several buildings and bridges including major bridges over the Godavari and the Manjira. Extension of telephone service to the districts was due to his initiative. He was responsible for large irrigation projects viz., Wyra, Paler, and the Fateh Nahar. One of his prize design projects was the Nizam Sagar dam.

Mir Ahmed Ali, Nawab Ali Nawaz Jung Bahadur, was born in Hyderabad on 11th of July, 1877. His father, Mir Wahid Ali, was Assistant Secretary of Daftar-e-Mulki. He studied at St. George's Grammar School, Madrasa-i-Aliya and then joined Nizam College. In 1896 he was sent to England on State scholarship to the famous engineering college of Coopers Hill where he had an exceptionally brilliant career, topping the list of successful candidates and gained several scholarships in various branches of engineering.

He returned to Hyderabad in 1899 and joined the Public Works Department as an Assistant Engineer. In 1913 he was made the Secretary to the Government P.W.D. and Telephones Department. In 1918, he became Chief Engineer and Secretary. In 1929, he was invited by the Bombay Government to report in collaboration with Sir M. Visveshwaraya on the financial and technical aspects of Sukkur Barrage, and his services were acknowledged by the



Bombay Government.

In recognition to his services, the famous Ali Sagar of Nizamabad was named after him. Every year on July 11 on the occasion his birth anniversary engineers' day is celebrated across Telangana, but no official ceremony is held. Now that the Telangana is a separate state he should be remembered on grand level and several places can be named after him.

Mohammed Riyaz Ahmed



EID CELEBRATIONS



Mirza K. Baig and friends in New York



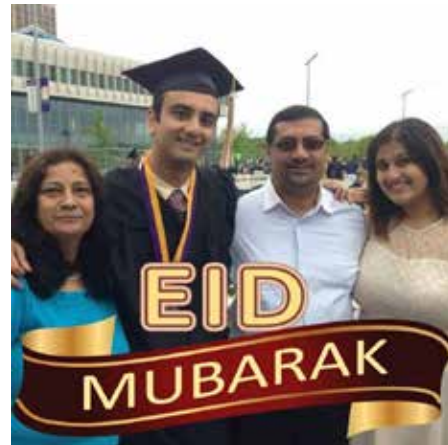
Iqbal Memon with distinguished Imam who came all the way from Egypt to lead the Tarahwee Salah at the Islamic Center of Irving , Dallas, Texas!



Eid with Hajj Buddies, Alhamdulillah — with Hina Qadri, Khalid Sidd, Faisal Afzaal, Rafiq Wazir Ali, Lubna Siddiqui, Asif Ali, Qaisar Q Imam and Almas Karim Afzaal.



Mohammed Shafi and friends



Frank Poonawala and family



Mohsin Mandavia at Eid prayer hall



Ch Zaheer Akbar Nafriyan with Shahbaz Khawer and others



Mohammad Nasim Gilgiti Eid celebration in New York



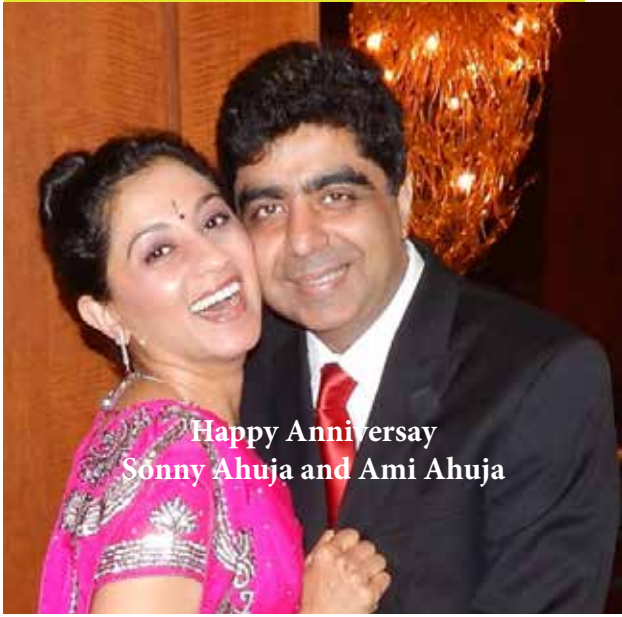
Haroon Malik and family



Mayor Houston Sylvester Turner extends greetings on this auspicious occasion of Eid-ul-Fitar to the Muslim community at wonderful Eid millan party hosted by prominent community personality Dr Asim Shah at his residence. More than 300 prominent personalities including counsel general Pakistan Aisha Farooqui, Business tycoon Tahir Javaid, Zafar Tahir, Dr Ali Gardezi and elected representatives were also present on this occasion



Mr and Mrs Rafee Kidwai with friends



Happy Anniversary
Sonny Ahuja and Ami Ahuja



Dallas: Syed Azhar Shahriyar bukhari with Aslam Farshori who is visiting US from Hyderabad



Dr. Umar Farooq With Sabahat Farooq.



Arif Ahmad

YARA

Out in the wilderness, and this feeling
The rhythm, and this something
All around in them all being
With no beginning,
or end
My own though inevitable, impending

Miracles large and small
Here nothing on show is in my control
So much life so full of life
Silver exuding moon, sun pouring gold
The umpteen shades of green
Smiling for no reason, crazy I ain't

Still that presence
One calming influence
Feel it at times
Besides my weight in sins

Yes
Yara
Bandeya
Bulleya
What is Taqwa?
Is this Khuda?

Footnote:
Khuda is God.
Taqwa is God consciousness.
Bulleya is Bulleh Shah, a Sufi, poet, philosopher
of the yester years.
Bandeya a person, a creation of the Divine.
Yara is an informal close friend.



Hanif 'Mo' Islam with Usman Islam, New York



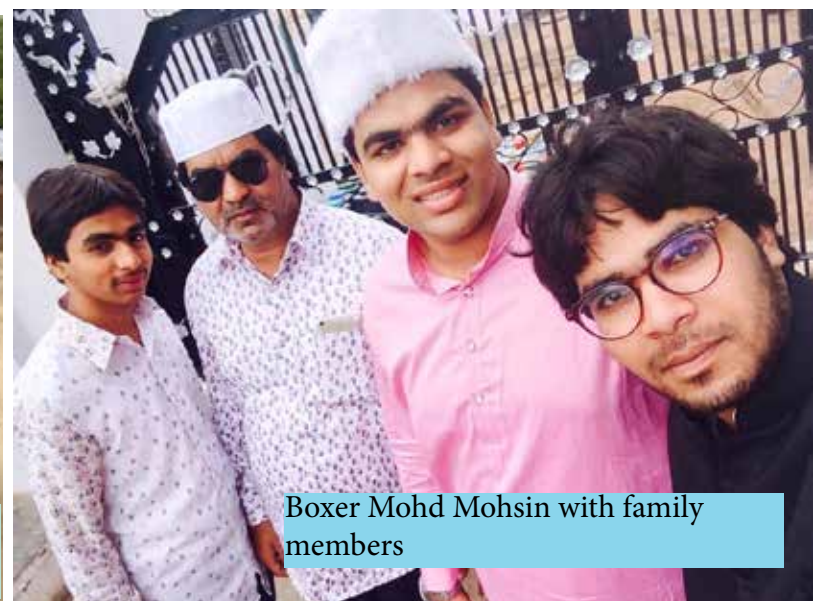
Bharat Garodia welcoming Madhur Bhandarkar in New York



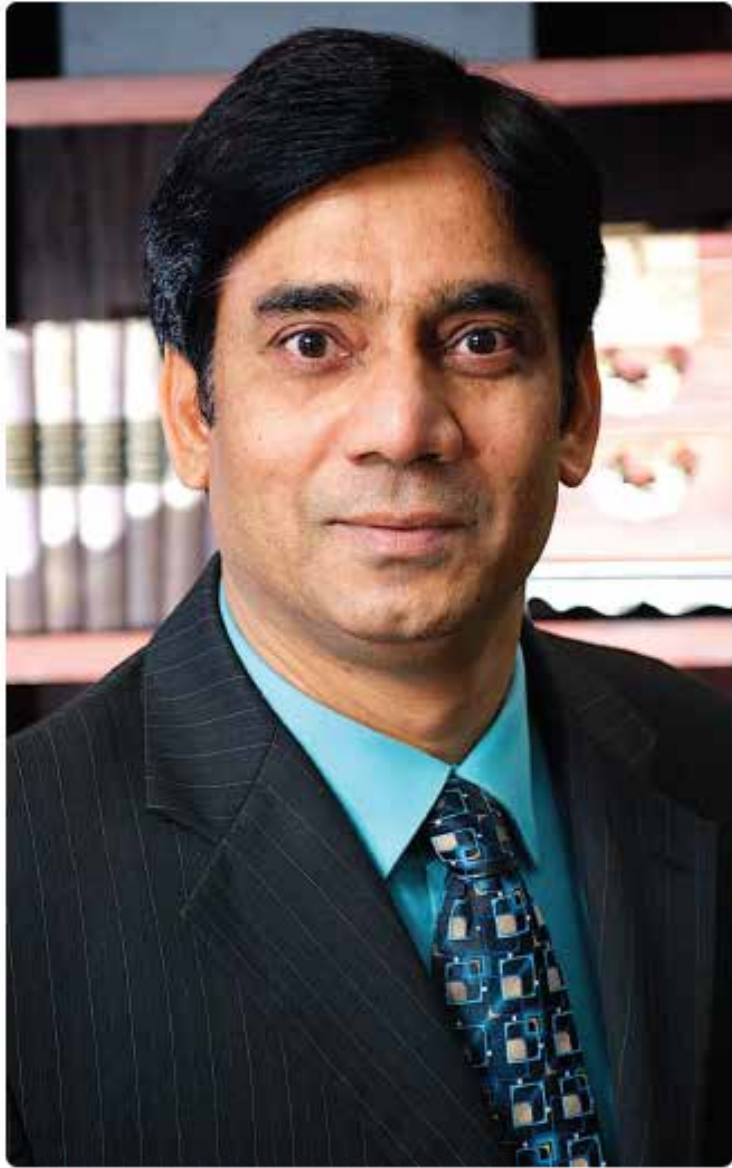
Dignitaries from the middle east who visited home city to celebrate Eid.



Saleem AR with Mohammed Hassan Rafeeq, Imran Saleem and M A Raheem Rafeeq.



Boxer Mohd Mohsin with family members



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MEET ABDUL EL-SAYED, Democratic Candidate for Governership of Michigan

Abdul El-Sayed was born and raised in Michigan. His family reflects the diversity of our state, including immigrants who left Egypt in pursuit of greater opportunity in America, and farmers, teachers, and small-business owners who have lived in Gratiot County, Michigan for generations. Abdul is a product of Michigan public schools. He captained his high-school football, wrestling, and lacrosse teams, and went on to play lacrosse for the University of Michigan. He graduated in 2007, where he was honored to deliver the student commencement speech alongside President Bill Clinton.

Abdul went on to become a Rhodes Scholar, earning a doctorate from Oxford University and a medical degree from Columbia University. As a public health professor, Abdul became an internationally recognized expert in health policy and health inequalities.

At 30, Abdul became the youngest health official of a major American city when he was brought home by Mayor Mike Duggan to rebuild Detroit's Health Department after it was privatized during the city's bankruptcy. As Health Director, he was responsible for the health and safety of over 670,000 Detroiters, working tirelessly to ensure government accountability and transparency, promote health, and reduce cross-generational poverty.

After witnessing the systematic failures of government

only a few miles away in Flint, Abdul worked hard to ensure that children attending Detroit schools and daycares were drinking lead-free water. He has also served expectant mothers and women by creating programs aimed at reducing infant mortality and unplanned pregnancy. He built a program to give schoolchildren across the city glasses if they needed them. Abdul also stood up for children with asthma by taking on corporations that wanted to pump more harmful pollutants into our air, working with them to reduce emissions and invest in parks.

Though the work continues, under Abdul's leadership, the Detroit Health Department has become a state and national leader in public health innovation and environmental justice, in one of the fastest municipal public health turnarounds in American history.

Abdul is called to public service by a core belief in people. He believes that all people can thrive when we value each other and our communities, we seek to protect and defend our vulnerable, and when we create the kinds of opportunities that empower people to dream for a better future.



Abdul lives in Detroit with his wife, Sarah, a mental health doctor. He loves water sports, working out, good biographies, coffee, and Michigan sports.

DALLAS-HOUSTON PAGES

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DALLAS-HOUSTON PAGES



Azhar Pasha of Rahbar Foundation with Team at departing Lunch at Chilis to see off one of the team member.



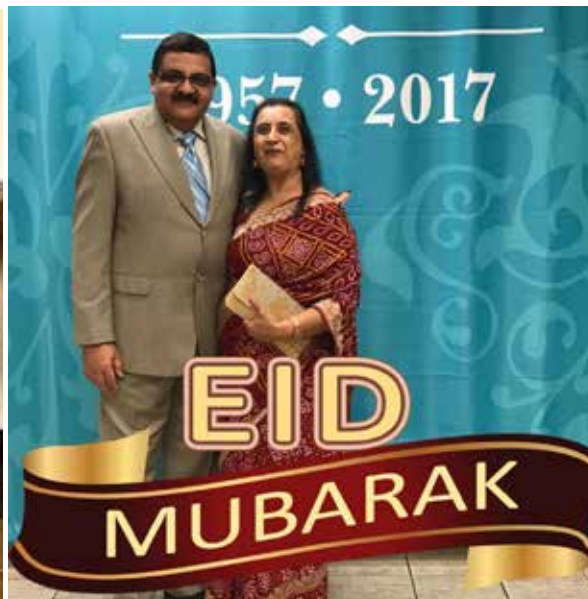
Arshad Mahmood Choudhry With Naheed Khan renowned politician And was political secretary Benazir Bhutto,s at New York



Dr. Rao Kamran Ali hosted potential Lieutenant Governor of California Dr. Asif Mahmood



Sreedhar Gudala: Telangana State Formation Day Celebrations in NJ-USA

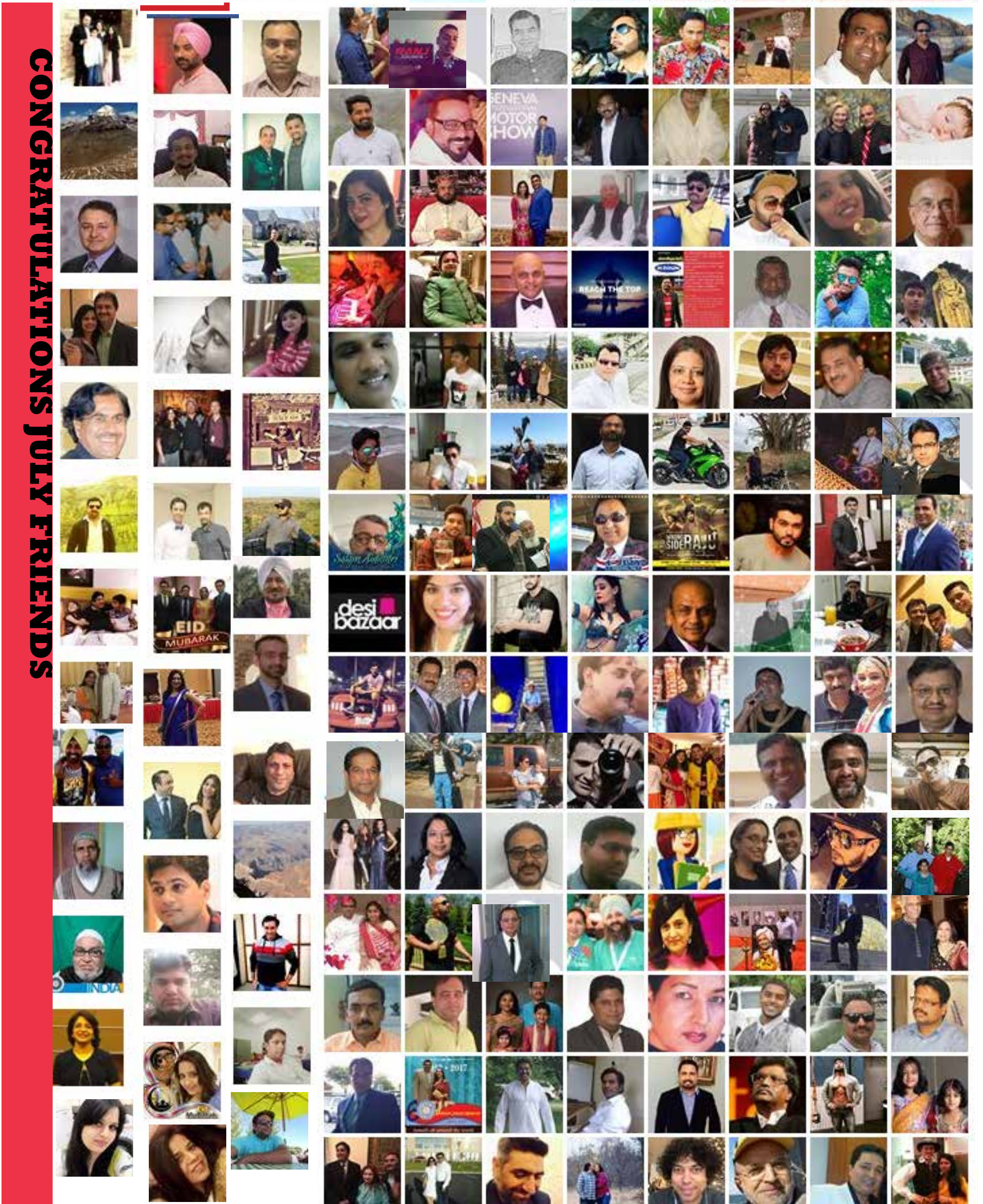


Siraj Hirani with Shahnaz Hirani - Dallas

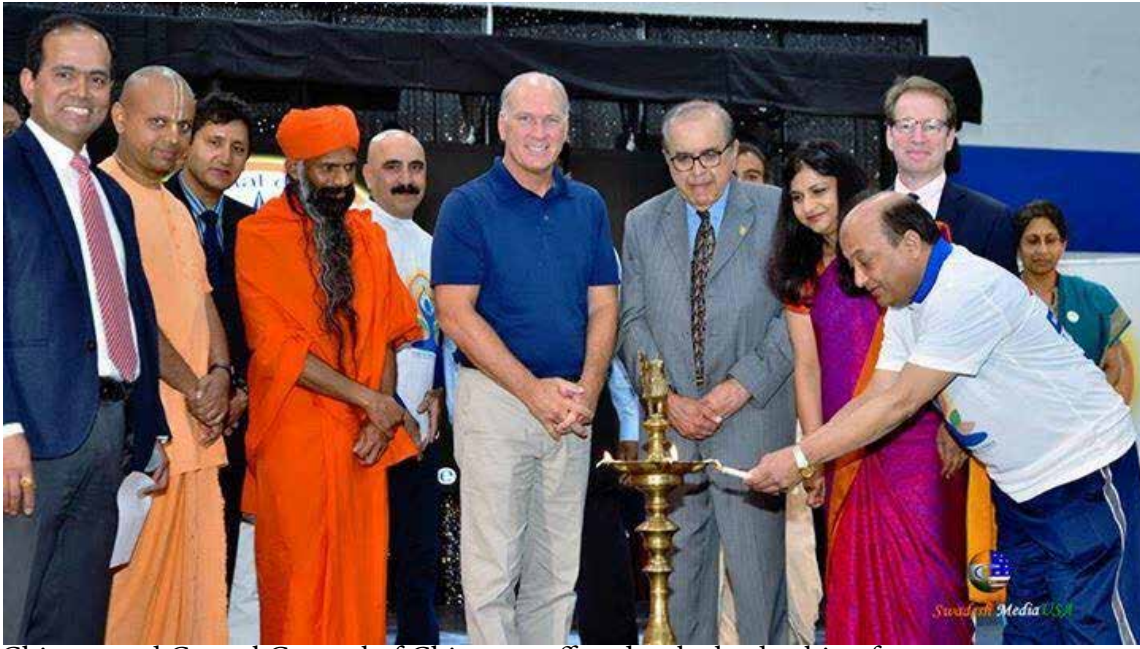
Jigna Thakkar



HAPPY BIRTHDAY JULY FRIENDS



CONGRATULATIONS JULY FRIENDS



Chicago and Consul General of Chicago staff under the leadership of Ms. Neeta Bhushan ji for a successful Yoga day event in Chicago where over 3000 people participated



Ashwani Kumar Whitetiger with Iftekhar Shareef

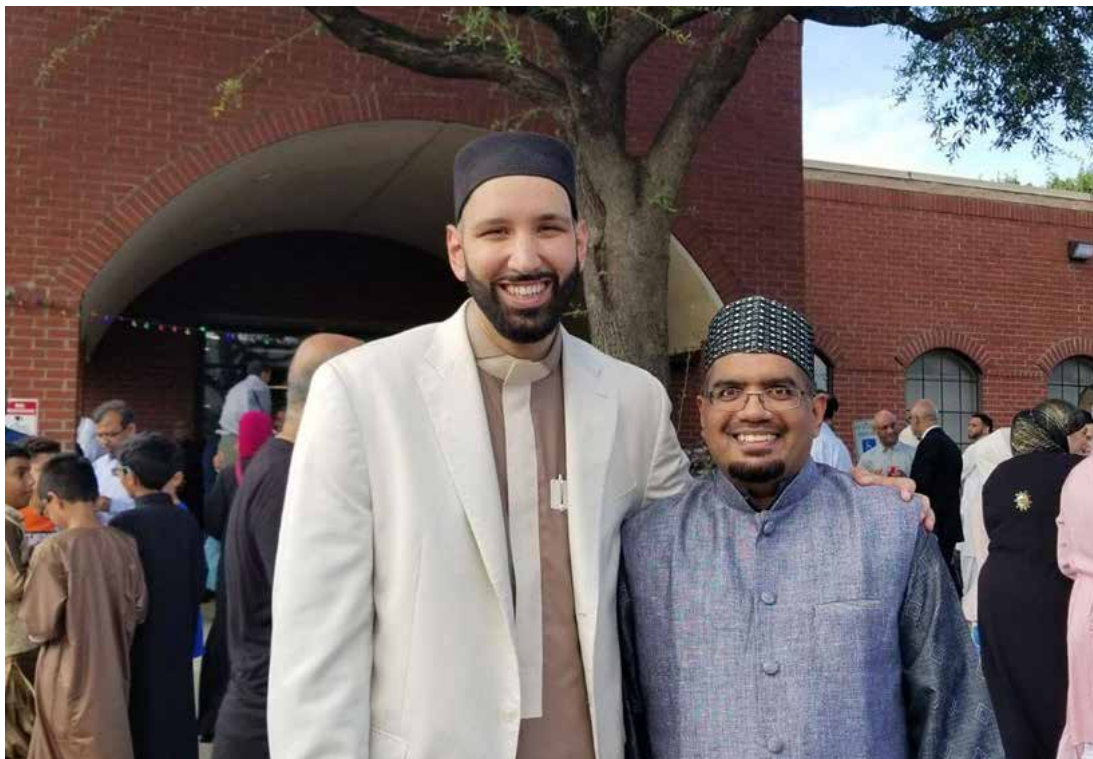


EID CELEBRATIONS



Pic#1 Dr. Zaid Dr. Zeeshan Qureshi Dr. Adeel Khan. Pic#2 Dr. Zeeshan Qureshi Dr. Shamsa Qureshi Dr. Iram Qureshi and Dr. Adeel Khan

Mr Waliuddin and Roshan Waliuddin enjoying the Eid



Shaikh Omar Suleiman and Azeem A. Quadeer of Asia Times after Eid prayers in Irving Texas



Mizan Rahman With Raihan Rahman.



Ghulam Idrees and sons from Columbus, Ohio



Hassan Butt: Nabeel Ahmed Butt after graduation with Aminah Childress Momin at Selam Academy, Richardson



Dr Saif Khan





Chicago delegates at Ritz Carlton, McLean, VA at the reception of Indian PM Narendra Modi includes Sunil Shah, Anil Shah, Ashfaq Hussain, Mir Ali, Mukesh Shah, Hina Trivedi and others. PM was on a short visit to US and met President Trump in Washington. A host of strategic issues were discussed during the bilateral talks between the two leaders of the world's largest democracies, including defence cooperation, boosting economic ties, discussions on the civil nuclear deal, cooperation on combating terrorism, security cooperation in the Indo-Pacific region and India's concerns over the H-1B work visa.



Venkat Aekka with Congressman Raja Krishnamoorthi and others.



Bhartiya Senior Citizens of Chicago

BLOOMINGDALE, ILLINOIS, June 25, 2017 - The June 2017 Bhartiya Senior Citizens of Chicago (BSC) Program was organized to highlight massive issue of blindness in India and to engage BSC members to help needy blind people in India. In addition, to empower our younger generation, two educational topics were discussed. These three topics were delivered by Dr. Manu Vora, President of Blind Foundation for India (BFI) and Fulbright Specialist appointed by the U. S. Department of State's Bureau of Educational & Cultural Affairs. Deputy Counsel General, Shri O. P. Meena was Chief Guest at the Program. There were around 500 people in attendance including about 12-15 youngsters. The Program was well received by all the attendees.

Dr. Vora highlighted the plight of over 15 million blind people in India which translates to one out of every three blind people in the world. He also shared exponential power of prevention such as \$1 of Vitamin A drops administered from age 4-6, prevents the child from going blind. Also, in India it costs only \$20 per Cataract operation, compared to \$4,000 in the US, a multiplier of 200. With the lead from Haribhai Patel, President of BSC, there was an outpouring support to BFI resulting in a generous collection of \$20,000 during the Program towards donation of a Medical Mobile Van in India.

The first education presentation focused on how to get admission at Elite Schools (Ivy League). Dr. Vora shared a roadmap to follow to successfully secure an admission at an Elite School. This includes eight key areas comprising: 1) Most Difficult Course Work Available, 2) High

School GPA, 3) Class Rank, 4) SAT I Score, 5) SAT II Subject Scores (English, Math, Science, etc.), 6) Customized Letter of Recommendations, 7) Essays (Authenticity and Love of Learning), and 8) Community Service (Within and Outside School). If these issues are planned well in high school, they may open doors for scholarship for an undergraduate study.

In the second education presentation Dr. Vora provided tips on how to succeed at an University. He focused on the importance of proper planning and selection of a branch of study based on individual interests and strengths. He gave a peek into the power of Theory of Strength and how it can aid in a successful journey at an university and in professional careers. He emphasized critical skills needed to succeed in the 21st Century and how to shore up soft skills. Clearly, the guidance he provided is useful for having a fulfilling, meaningful, and successful professional careers.

After three presentations, Dr. Prataprai Kabariya entertained the audience with his Kathiawadi Diaro. Haribhai Patel, Rakshika Anjaria, Dr. Pratima Shah, Parashottam Pandya, and Jayanti Oza felicitated Deputy Counsel General Shri O. P. Meena and Dr. Manu Vora. A delicious dinner was enjoyed by all

the attendees at the end.





Mr. Krishna Bansal and others with India's Prime Minister Narendra Modi during his visit to Washington DC

Late Dr. Sadiq Naqvi, a famous Poet-Historian from India

Dr Sadiq Naqvi passed away in Chicago on June 20, 2017. He was an author, a teacher, a poet, a sportsman and a historian it is amazing that all these are the attributes of one man. Dr. Sadiq Naqvi is expert in all these fields.

He as a historian had attended many international seminars. During his visit to U.A.E, he had attended an international conference on Indo-Arab relations in Ras Al Khaima. There he was the Indian representative. He had also presented a paper on his views in the conference, which was widely printed in both Arabic and Urdu.

Dr.Sadiq Naqvi was born in Hyderabad, India in an educated family who has done a great service to the community. His grand father (maternal) was a great poet. His poetry was always on Islam. Dr. Sadiq's mother Sakina Begum "Iffat" was a poet too. Her book on Nawha "Subut-e-Najaath" is still famous. Dr. Sadiq's father late Syed Ahmed Hussein Naqvi was a famous lecturer at Govt. City College, Hyderabad. Dr. Sahib's uncle a journalist Syed Badshah Naqvi has published a book on Urdu dramas "Urdu Me Drama Nigari". It was the first of its kind and still has its value. It is included in the reference books. Syed Badshah Naqvi has a hand in the upbringing of Dr. Sahib and his education as his father was busy in the playing field. To show his gratitude Dr. Sadiq dedicated his book "Roshan Zawiee" to his uncle.

Dr. Sadiq Naqvi was lucky to inherit his flair for poetry from his mother and sportsmanship from his father. Dr. Sadiq Naqvi started writing poetry in 1955. At that time he was still a student. He was impressed by a great Urdu poet Allama Najm Afandi of India and Pakistan and was his student. After Afandi Sabib's migration to Pakistan and later his death, Dr. Naqvi did not have any teacher and started writing poems on his own.

Dr. Sadiq's life as a youth was spend on the sports ground. He was the Captain of Table Tennis Team at City College, Hyderabad and was in the Cricket Team too. After school he joined Nizam College, Hyderabad for further studies. There he was a team member of Football Team and also Athletics. In the year 1958 he represented Inter University Football tournament (Osmania University, Hyderabad). He was member of two famous Hyderabad clubs "Hyderabad Rovers Club" "Hyderabad Arsenal Club" and played lots of tournaments on their behalf throughout India.

In the year 1959 he achieved the B.Sc. Degree and started his career as a teacher at All Saints High School Hyderabad. He use to teach Mathematics and was also given the job of coaching students for cricket. In 1962 he joined Sainik School Vishakapatnam (A.P). There too he was in charge of the sports and N.C.C sections. In 1971 he was transferred to Hyderabad Public School Begumpet.

In the year 1978 he was assigned to Osmania University as a lecturer of History. Later he was promoted to Reader. Apart from being busy with his career he continued his studies. In 1965, he completed his M.A in History from Aligarh Muslim University, along with this he did Diploma from National Institute of Patiala in Football. Then in 1970 in spite of being busy in his career he did his Master of Philosophy and also took two months coaching to join N.C.C, Army and Navy. In 1978, he took Persian Language Special Diploma and PhD Degree. His thesis for the PhD was "Muslim Religious Institutions and their role during the Qutb Shahi Period".

When he joined Osmania University he said good-bye to sports. The pen which was always in his hand started its work more swiftly. He is an expert in the medieval history and has published more than 26 articles in history in Urdu and English. He compiled many valuable books in English and Urdu which are as follows:



- 1- Qutb Shahi Ashur Khanas of Hyderabad.
 - 2- Muslim Religious Institutions and their role during the Qutb Shahi Period
 - 3- The Iran-Deccan Relations
 - 4- Azadari Its Spread and Impact On Dakhni Culture
 - 5- Tareek Aur Adab Ka Bahami Rabt(The Interaction between History and Literature)
 - 6- Roshan Lakeerain (collection of Urdu poetry)
 - 7- Roshan Zawiee (collection of Urdu poetry)
 - 8- Jazb-e-Sadiq ((collection of Urdu poetry)
 - 9- Ashk-e-Sadiq (collection of Urdu poetry)
 - 10- Fikr-e-Sadiq (collections of poems in the praise of Holy Prophet of Islam (S.A.W.).
- After his retirement from Osmania University as a professor Dr. Sadiq Naqvi is regularly invited to various national and international seminars. He is also invited to recite his poems in the distinguished literary gatherings in India and abroad. He is an active member of a literary institution in Hyderabad known as "Bab-Ul-Ilm Society". He is also the publisher, printer and editor of an Islamic Research Journal in English "The Noor" which is distributed worldwide.



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Blind Foundation for India (BFI) Musical Evening Fundraiser



NAPERVILLE, ILLINOIS, June 19, 2017 - Recently, the 7th Annual Music Program to benefit the Blind Foundation for India (BFI) was organized by Dr. Dipak Shah and Dr. Sheela Shah at the Avery Coonley School's Performing Arts Center, Downers Grove, Illinois. Over 200 people enjoyed the musical evening with melodious songs by Dr. Dipak Shah and Dr. Sheela Shah. Dinkar Mehta, a comedy king from India entertained the audience with his one liners. Mr. Hitesh Master from the Sa Re Ga Ma Orchestra kept the audience engaged throughout the evening. Pratibha Jairath served as an Emcee and a guest artist for

the evening. Steve Bynum, Senior Producer, WBEZ 91.5 FM Chicago was the Chief Guest. He stressed the need to open the heart and wallet to help the needy visually challenged people in India. Through the Music Program, BFI raised over \$18,000 which will fund a medical van for the Ramkrishna Mission, Chandigarh, India. Dr. Manu Vora, President of BFI highlighted the plight of over 15 million blind people in India which translates to one out of every three blind people in the world. He also shared exponential power of prevention such as \$1 of Vitamin A drops administered from age 4-6, prevents the child



from going blind. Also, in India it costs only \$20 per Cataract operation, compared to \$4,000 in the US, a multiplier of 200. BFI was established in 1989 with a mission to prevent and cure blindness, and educate and rehabilitate permanently blind people in India. Over the years, BFI team has raised over 4 million US dollars to examine eyesight of over a million people. So far, BFI has conducted over 175,000 free Cataract operations, donated 122 medical vans to transport doctors and patients, and distributed over 10,000 Braille Kits to blind children for their education. The current BFI focus is on prevention of blindness through

Child Sight Projects. Over 750,000 school children have been examined for their eyesight and given necessary glasses, eye drops, Vitamin A, and in rare cases Cataract operations. Steve Bynum and Dr. Vora felicitated Platinum Sponsors, Diamond Sponsors, Media Sponsors, Special Program Support people, and BFI Directors. Delicious Indian food was generously donated by the Saffron of Westmont, Sai Saffron Chat House, Shree Indian Restaurant, and Big Suchir. The generosity of all the Gold and Silver sponsors and attendees for this worthy cause was acknowledged and is appreciated.

US Brahma Kumaris Welcomes Sister Shivani to a Tour on "Awakening"

Asian Media USA ©

Chicago IL: Sister Shivani, an internationally renowned inspirational speaker, begins a 14-city speaking tour of North America with the theme of "Awakening." Sister Shivani presents spiritual solutions to the complex problems of contemporary life through a TV program called Awakening with Brahma Kumaris and a YouTube channel with over 33 million views and over 160,000 subscribers.

Sister Mohini, Regional Coordinator of the Brahma Kumaris for the Americas, explains the focus of the tour: "These programs are about spiritual awakening that is, awakening to the true self. We all have an inner potential which we are unaware of. When we awaken to it, we can use it in life. Spirituality is the process of awakening to our inner peace, our inner strength, and our purpose in life. Awakening to our spiritual resources brings clarity and comfort about what is in front of us now and what our future will bring." The tour is intended to encourage people to discover and develop their inner resources to resolve conflicts and improve relationships and performance. A spiritual "awakening" can open doorways to new types of solutions and higher levels of freedom and satisfaction.

Sister Shivani practices Raja Yoga Meditation as taught by the Brahma Kumaris (brahmakumaris.us). She became a popular presenter on the "Awakening"

Kumaris TV show by applying Raja Yoga to the common challenges of life. Her unique blend of common sense practicality and unarguable spiritual principles has endeared her to an international audience thirsty for solutions that really work.

Sister Shivani has travelled throughout India, UK, Asia Pacific, Africa and Middle East to conduct lectures, workshops, and TV and radio shows on themes such as emotional intelligence, leadership skills, parenting and relationships, self-realization and the practical technique of Raja Yoga Meditation. If you are not familiar with Sister Shivani, this YouTube link can show how she brings a spiritual lens to practical issues:

Sister Shivani holds a degree in Electrical Engineering as a Gold Medalist from Pune University. She received ASSOCHAM's Woman of the Decade award and is a good-



will ambassador of the World Psychiatry Association.

The Brahma Kumaris are hosting free public programs in 14 cities of the US and Canada. Free tickets and information on these programs are available at bkawakening2017.org.

The Brahma Kumaris World Spiritual Organization in the US is part of a worldwide network of learning and retreat centers dedicated to transformation through meditation leading to self-mastery. We offer instruction in meditation and spiritual living, free of charge as a community service.



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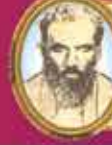


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150 ஆவது ஆண்டு விழா

சூலை 1 ஆம் தேதி - சிறப்பு நிகழ்ச்சி

Presented by **Aachi**
The Mother of Good Tastes

மருதநாயகம்

- மரபு நாடகம்
நாடக வடிவம் / இயக்கம்



பேராசிரியர் ராஜு
பாண்டிச்சேரி பல்கலைக்கழகம்

இசை
முருகவேல்
கதை மூலம்

தமிழறிஞர் நா.வானமாமலை
அவர்கள் தொகுத்த கதைப்பாட்டு



சூலை 2 ஆம் தேதி - இன்னிசை நிகழ்ச்சி

 S. சீரவிசுவாமி (நாடக அறிஞர், கவிஞர்)	 S. சீரவிசுவாமி (நாடக அறிஞர், கவிஞர்)	 S. சீரவிசுவாமி (நாடக அறிஞர், கவிஞர்)	 S. சீரவிசுவாமி (நாடக அறிஞர், கவிஞர்)	 S. சீரவிசுவாமி (நாடக அறிஞர், கவிஞர்)
 S. சீரவிசுவாமி (நாடக அறிஞர், கவிஞர்)	 S. சீரவிசுவாமி (நாடக அறிஞர், கவிஞர்)	 S. சீரவிசுவாமி (நாடக அறிஞர், கவிஞர்)	 S. சீரவிசுவாமி (நாடக அறிஞர், கவிஞர்)	 S. சீரவிசுவாமி (நாடக அறிஞர், கவிஞர்)
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பின்னணி பாடகர் ஆண்டிரியா
பின்னணி பாடகர் ஜெயமூர்த்தி
'நெருப்பு' புகழ் அருண் ராஜா



சூப்பர் சிங்கர் நிரஞ்சனா
சூப்பர் சிங்கர் ராஜகணபதி
சூப்பர் சிங்கர் ஸ்ரீதா

மக்களிசை / மரபுக்கலைகள் சிறப்பு நிகழ்ச்சி - சூலை 1



மக்களிசை பாடகர் மதுவை சித்தன் ஜெயமூர்த்தி
ராமச்சந்திரன் (நாகசுரம்)
சிலம்பரசன் (தவில்)
சக்தி (பறை)

- சிறப்பு நிகழ்ச்சிகள்**
- உறுப்பினர் தமிழ்ச்சங்கங்கள் முதன்முறையாக பங்கேற்கும் மக்களிசை நிகழ்ச்சி - சூலை 1 ஆம் தேதி
 - உறுப்பினர் சங்கங்கள் வழங்கும் சிறப்பு நிகழ்ச்சிகள்
 - உறுப்பினர் சங்கங்களின் பேரணி - சூலை 2 ஆம் தேதி
 - இளையோருக்கான குறள் தேன்
 - இளையோருக்கான தமிழ்த் தேன், வினாடி வினா
 - லைக்கிய வினாடி வினா
 - அனைத்து விருந்தினர்களுடன் கொடையாளர்கள் சந்திப்பு மற்றும் இரவு உணவு - சூன் 30 ஆம் தேதி
 - சிறப்பு விருந்தினர்களுடன் லைக்கிய கூட்டம் - சூலை 3 ஆம் தேதி
 - தமிழறிஞர் விபுலானந்த அடிகள் - ஆவணப் படம் வெளியீடு - முனைவர்.மு.இளங்கோவன்

- இணையரங்க நிகழ்வுகள்**
- தமிழ் தொழில் முனைவோர் கருத்தரங்கு (TEFCON 2017)
 - மருத்துவ தொடர் கல்வி கருத்தரங்கு (CME)
 - திருமண ஒருங்கிணைப்பு
 - தமிழ்க்கல்வி கருத்தரங்கு
 - அமெரிக்கத் தமிழ் முன்னோடி விருதுகள் 2017 (TAP)
 - நாடு தழுவிய தமிழ் அமைப்புகளின் ஆண்டு கூட்டங்கள்
 - பல்கலைக்கழக முன்னாள் மாணாக்கர் கூட்டங்கள்
 - குடியேற்ற சட்ட மாற்றங்கள் கருத்தரங்கு - கவிதா ராமசாமி
 - பண்ணிசை பயிற்சி பட்டறை - பேரா. நல்லசிவம்
 - அமெரிக்க இளைய தமிழரின் தமிழிசை கச்சேரி - சூன் 30
 - திரைப்பட, குறும்பட, தயாரிப்பு பயிற்சி பட்டறை - இயக்குனர் மில்லின் & பேரா. கவர்ணவேல்
 - பேலியோ டப்ட் கருத்தரங்கம் - நியாண்டர் செல்வன்
 - சித்த மருத்துவ கருத்தரங்கம் - மருத்துவர் அருள் அமுதன்
 - திருமூலர் நிர்ணயாபாடம் கருத்தரங்கம், பயிற்சி - சுந்தரவாடிவேல்
 - விருந்தினர்களுடன் சந்திப்பு உரையாடல், சந்திப்பு இணையரங்க நிகழ்வில் - ஓசிரா பாலு, வொன்றாஜ், சேனாதிபதி

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FeTNA President - 980 939 5001
president@fetna.org



ITServe Chicago

Ramesh Thumu



Happy to share the with lot of good work from our core team members that ITServe Chicago Monthly Meet on June 2nd with Raja Krishnamoorthi and Satish Nannapaneni was a success with good participation from local members and some detroit members. Thanks to Satish Nannapaneni coming from Houston to attend our monthly meeting and initiate the policy advocacy fund mobilization initiative and would like to thank murugesh kasilingam / sivasankar moopnar for bringing in raja krishnamoorthi for our itserve meeting.

Appreciate and thanks to the following pledges towards the policy advocacy fund.

ITServe Policy Advocacy Fund Pledges (ITServer Chicago Chapter, 6/3/2017)

- Senryo Technologies, Dinkar Karumuri
- Dynamic Enterprise Solutions, Lokesh Kosaraju
- Alrek Business Solutions, Praveen Goud
- Raiser Technologies, Ramaraj Mudunuru
- Thoughtwave Software and Solutions Inc, Ramesh Thumu
- IVar Solutions, Ravi Gourineni
- Rylee Technologies, Ravi Srikakulam
- Libsys Inc, Shree/Shiva Yerramsetti
- Edify Technologies, Siva Moopnar
- Evolutyz, Sreeny Arasada
- Etek IT Services, Venkat Sudheer Chakka and
- Vensar Technologies, Srinivas Pidikiti

Appreciate the following donors for Raja Krishnamoorthi on June 2nd and contributing generously for raja on the same day Ramesh Thumu, Siva Moopnar, Vasu Addagarla, Srinivas Arasada, Lokesh Kosaraju, Ajay



Sunkuru, Shree Yarmashetty, Sudhir Chakka, Ravi Srikakulam, Murugesh Kasilingam, Ravi (I Var Solutions), Pandu Yelamanchili, Siva Tripuraneni, Bob Ghai, Ravi Ramnath, Praveen Goud, Venkata Majeti, Shiva (Sierra Consulting), Vijay Proddhatur, Rao Achanta, Raj Mudunuru, dinkar karumuri and Satish Nannapaneni.



Mahijit Viridi of Asia Times Advisory Board and Bindaas



Wishing Happy Birthday to Babu Varma

MAFS Seniors enthrall the audience at Mini Fund Raiser

Asian Media USA ©

Chicago IL: Over 300 seniors and prominent community members attended Metropolitan Asian Family Service's Mini Fundraising dinner on May 20, 2017 at 1421 S. Roselle Road Schaumburg, IL 60193. The celebration started with the Ribbon Cutting Ceremony of the Schaumburg Adult Day Care location by Congressman Raja Krishnamurthy & State Rep. Ms. Mussman. This was followed by Lighting of the auspicious Deep by prominent leaders of the community like Congressman Raja Krishnamurthy, Vipran Wadhwa President of Hari Om Mandir, Krishna Bansal Outreach Coordinator Naperville Village, Jay D'Mello MB Financial, Syed Mohammed, manager, US Bank, Cameel Mohammed, Private Banker, Chase Bank, Dr Firdaus Jafri President MAFS, Neil Patel, Owner, MedStar and Mrs. Santosh Kumar Executive Director MAFS.



Asian Media USA

In his opening remarks the Chief Guest, Congressman Raja Krishnamurthy spoke about the importance of such community services provide to the seniors which also helps their children to continue to work without stress and worry. He also commended the MAFS team for serving the community on all fronts for over 3 decades. Keynote Speaker State Rep. Michelle Mussman recognized the efforts Executive Director Mrs. Santosh Kumar has made to help the community and provide services to as many people as possible in Chicagoland area.

Mr. Krishna Bansal in his opening statement said that he counts himself as part of MAFS family and urged the community to come forward and join in MAFS mission of serving and caring. Mr. O.P. Meena In-

dian Consul, Chicago appreciated the services provided by MAFS and spoke very high about MAFS's efforts to make Yoga Day, a big success and invited the whole community to join the upcoming Yoga day being held in Naperville, IL on June 24, 2017. Guest speaker Executive Director of CLESE Marta Pereyra spoke about the years she has been associated with MAFS and congratulated MAFS for its extra ordinary efforts to serve the community in spite of budget cut for social services.

In her speech Executive Director Mrs. Kumar said that due to the recent budget impasse we are at the threshold of our limits and Community members should understand these facts and come forward

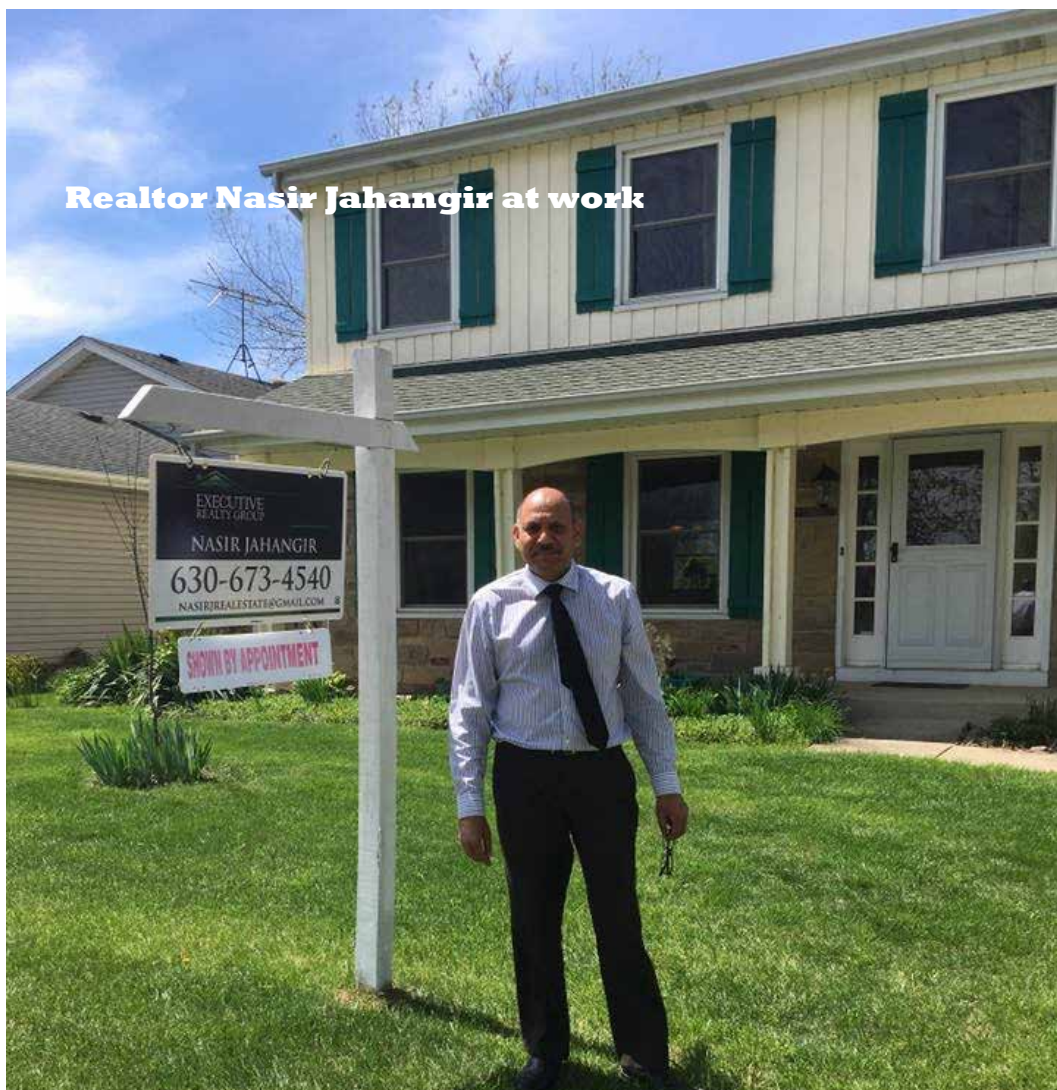
to support these programs if we are to continue to serve our seniors now and in the future. She thanked all the dignitaries for their presence and support. She also thanked to all the seniors for showcasing such a heartwarming programs that made everyone laugh and remember their own hay days. She appreciated MB Financial Bank for donating \$1000 for the good cause of MAFS. Mrs. Kumar also remarked that she feels an inner sense of satisfaction when she sees the seniors dancing, singing and enjoying themselves now vis-a-vis when they had joined the center in a sad and depressed condition.

She Thanked Board president Dr. Jafri as a pillar of the organization, other board

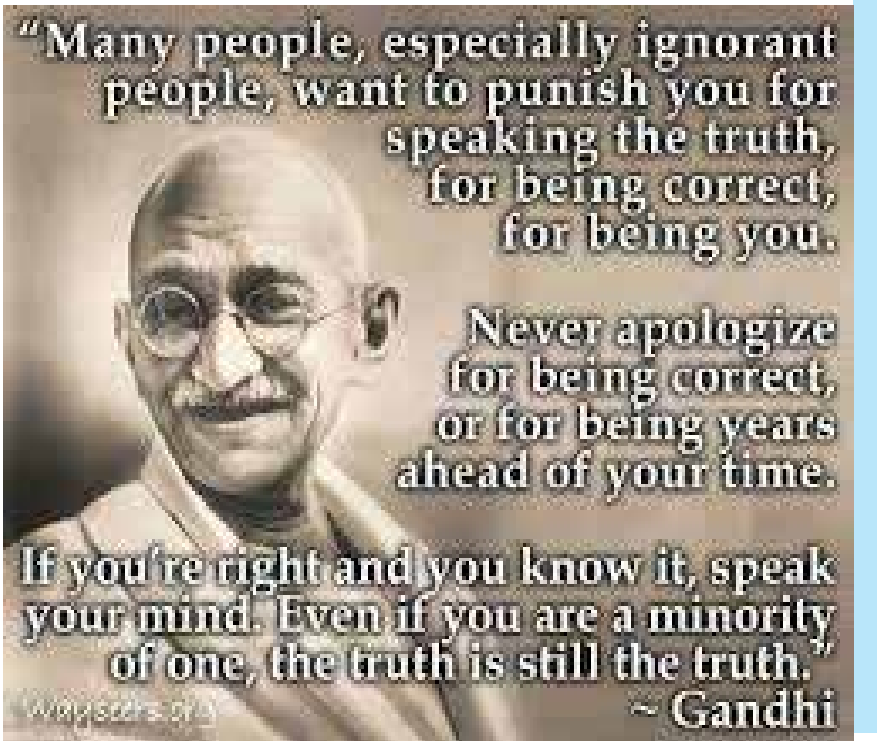
members, staff members, managers, ADS staff, who are working in front and behind the scene to make MAFS a well reputed social service organization. She also showcased few key staff members from the public benefit program Ms. Connie Dogaru, Ms. Meenu Jethi and Mr. Harish Mahajan for their exemplary work for the community.

The entertainment program began with Ganesh Pushpanjali by Kalapadma Dance Academy choreographed by Ruth Varghese and performed by Anjali Varghese, Jenish Bulsara, Eshana Patel, Shreya Rawal, Maya Patel and Krishna Shah. The Seniors' performances began with a rocking show by Niles ADS seniors performing

on "Woh Ladki Hai Kaha". Schaumburg ADS seniors followed by showcasing "Zindagi Zinda Dili Ka Naam Hai" ably introduced with a speech from ADS senior Jayesh Desai. Not to be left behind Naperville ADS senior Tabassum Rabbini received a standing ovation after performing on "Inhi Logo Nein" from the movie "Pakeezah". Naperville ADS seniors gave another Dhamakedar dance performance with "Bollywood Ka Safar", a medley of songs from the black and white era of 1960 to the colored times of today. The performances were ably ended by Chicago ADS seniors showing their various talents (Hoonar) and demonstrating "Unity in Diversity" by their costumes from different states of India.



Realtor Nasir Jahangir at work





Asian Media USA

American Telangana Association (ATA) celebrated 3rd Telangana Formation Day at Ramada Inn banquet hall, Chicago, IL with more than 500 telanganites and telugu families from all over USA.

The day was full of activities that unfurled with major decisions taken by American Telangana Association Board.

Day started at 9 AM with American Telangana Association Board meeting in Renaissance hotel conference room, Schaumburg, IL to appoint new board, elect new office bearers (EC) and finalize location for the upcoming 2nd Telangana World conference.

Meeting started with Ganesh prayer and Observed one minute of silence in condolences to late Sri. Madhava Reddy garu, Sri Vidya Sagar Rao garu and Sri Palwai Govardan Reddy garu.

Secretary, Ravi Upad started the meeting with quorum present. ATA Board approved the last board meeting minutes and requested the team to share their experiences and inputs on the previous conference which would help taking steps to improve next conference.

President Ram Mohan Konda, conference convener Vinod Kuknoor, Co-Convenor Nagedra Aytha, President elect Satya Kandimalla, Founding Directors Karun Madhavaram, Narendar Chemarla, Srinivas Chada, Kalyan Anandula and Trustees shared their experiences, thoughts and thanked each and every individual who helped and supported the memorable first Telangana World Conference in Detroit on July 10th, 2016. Some of the suggestions and recommendations from trustees and guests was to celebrate one or two signature ATA events in all the cities across USA in association with local organizations, improvise ATA-helpline by appointing more number of coordinators and volunteers in each city.

ATA Founding directors dissolved the entire current board of trustees to give opportunity for new leadership to take shape. The new board was constituted to include passionate and enthusiastic young and dynamic members. The board thanked all trustees who voluntarily exited from the board for giving the opportunity to inject new blood in the organization.

The outgoing President, Rammo-han Konda, handed over the Gavel to the incoming President, Satyanarayana Kandimalla. The new board has taken Oath to protect the organization constitution, bylaws, and promote its vision and mission.

The new Board unanimously elected the following office bearers Vishnu Madhavaram (Secretary) Prathap Chintalapani (Treasurer) Raghuvier Maripeddi (Joint Secretary) Mahidhar Reddy (Joint Treasurer)

After electing new office bearers the board elected Vinod Kukunoor as president-elect and Karunakar Madhavaram as BOD Chairman (July-2017 to Dec-2020). Board also appointed Narendar Chemarla as Executive Director and Anil Dhannapuneni as National Coordinator. The new board discussed the Agenda for the next two years on ATA activities. In his inaugural speech, President Satyanarayana Kandimalla thanked the outgoing board and EC for their efforts in transforming the organization into one of the most dynamic and vibrant national organizations in the country.

Three cities Chicago, Dallas and Houston had given the presentations to host 2nd Telangana World Conference in 2018. Houston was selected to host the conference from June 29th to July 1st. Bangar Reddy Aaloori was unanimously elected as the Conference Convener.

Bangar Reddy along with Texas hosting team thanked the board for the opportunity and welcomed everyone to the Convention. An amount of \$500,000 was raised for the convention on the spot out of which 200,000 was raised from Houston by Sreedhar Kanchanakuntla, board of trustee.

The next board meeting will be held in the Convention City, Houston, on September 9th 2018.

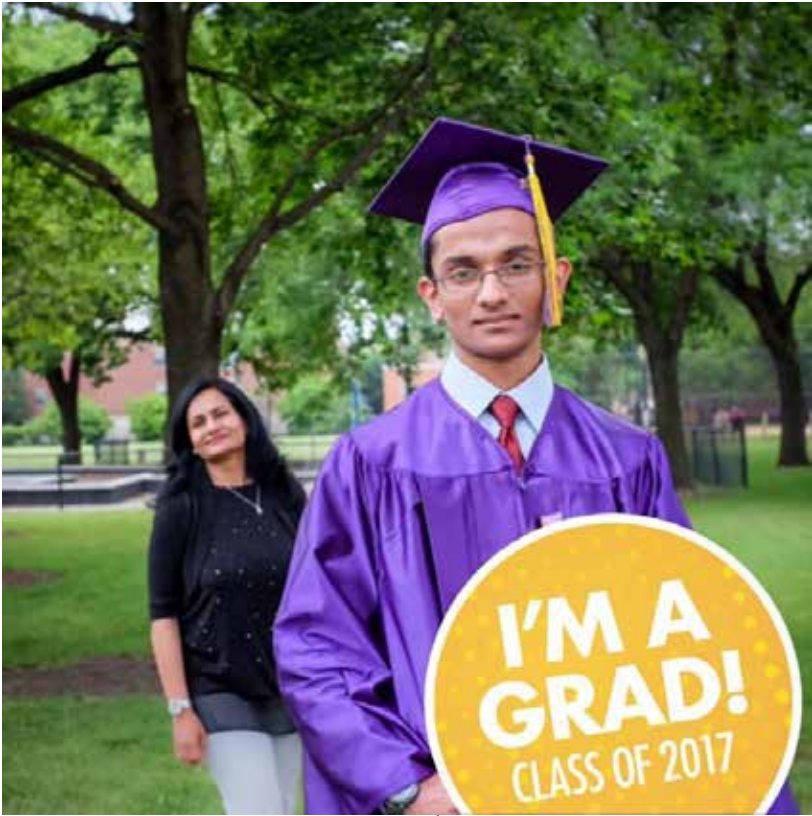
In the evening 3rd Telangana Formation Day Event



started with a welcome address by Narendar Chemarla. Lighting of the lamp by Satyanarayana Kandimalla, Karunakar Madhavaram, Vinod Kukunoor, Bangar Reddy and Srinivas Reddy Gajji which was followed by a Ganesh prayer by Teja and Abhigna. Two minutes of silence was observed by the guests in remembrance of founding father Sri. Madhava Reddy Bobbili garu, Telangana State water board advisor Sri. Vidya Sagar Rao garu and veteran congress leader and Rajyasabha member Sri. Palwai Govardhan Reddy garu.

Cultural Performances for folk, Tollywood, Bollywood songs by local talent and musical night was led by renowned singer in Chicago land, Praveen Jaligama, Singer Janardhan from Atlanta, Mani Raju and Madhu Gandhi from Columbus, OH. They entertained the guests with diversified and upbeat songs on Telangana. A special dance was performed by David who came from Columbus. ATA team recognized all the performers with plaques and certificates. Children outperformed the cultural segment. ATA thanked Media partners TV5, ManaTV, YOYO, V6, T-News, NTV, TV9 and Swadesh Media.

ATA Chicago team thanked Telangana state government Tourism and Cultural departments for their support, all the guests who attended 3rd Telangana formation day and all the volunteers who relentlessly worked hard to make the event a great success.



Congrats to Dr Naveen Aman and son



Mayor Gopal Lalimalani with Mukesh Shah, Sunil Shah, Umang Patel, and many other community leaders, who flocked to Washington DC to be with India's Prime Minister Narendra Modi.



Mr Waliuddin offering his book "Adha Memon Adha Hyderabad" to Dr Farooq Sattar



Fashn-e-CC2017

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Homeopathy- A Natural Cure

by Dr. Iqbal Nazir

German Doctor Samuel Hahnemann discovered homeopathy in 1799. Homeopathy is a science and a form of alternative medicine which treats the individual with highly diluted substances with the aim of triggering the body's own natural system of healing.

The basic principle of homeopathy is "like cures like." For example, if a patient goes to a homeopathic doctor complaining of insomnia, the homeopath will look for the remedy which causes the same symptoms in a healthy person—in this case, caffeine. In large doses, caffeine causes insomnia, but in extremely small doses it will induce sleep. Onion normally causes watery eyes, therefore, a person experiencing watery, itchy eyes will likely be prescribed alum sepia (red onion) as the cure.

The majority of homeopathic medicines are taken sublingually and absorb directly into the bloodstream through mucous membranes in the mouth. Unlike conventional medicines, they have no preservatives, fillers, binders, dyes or other toxic chemicals.

Homeopathy was officially practiced in the U.S. from 1821 to 1935; in 1900 there were 20 percent homeopathic physicians practicing with the least mortality rates in the states of New York, New Jersey, Connecticut, Massachusetts and California. Dr. John S. Heller and Dr. William Boerick were the pioneers of homeopathy in the U.S. Due to the influence of big pharmaceutical companies, homeopathy began to diminish, with only Connecticut, Arizona and Nevada continuing to have licensed homeopathic doctors. Today, the State of Florida authorizes homeopathy as an alternate medicine according to Senate Bill 1324. It is practiced in 54 countries throughout the world, chiefly in Germany, France, UK, Sweden, Australia, India, Pakistan, Bangladesh and many South American countries.

In conventional medicine, doctors suppress the symptoms of disease with the emphasis on disease management/control rather than cure: diabetes under control, cholesterol under control, arthritis under control, thyroid under control, acid reflux under control, etc. Homeopathy cures the problem rather than simply managing it.

When a patient goes to his primary care physician with complaints of uncontrollable headaches, ulcers, arthritis, shortness of breath, severe back pain, urinary bladder problems and kidney problems, he will be referred to a neurologist, GI doctor, rheumatologist, pulmonologist, orthopedist, urologist and nephrologist. These specialists will prescribe medications with each of the prescription drugs causing side effects and exacerbating the conditions. Now, this patient has more problems.



Homeopathy does not treat the disease—it cures it. If the same patient had gone to a homeopathic doctor, he likely would be cured. In acute and chronic conditions, homeopathy should be sought for its effectiveness in diagnosing the root cause and eradicating it.

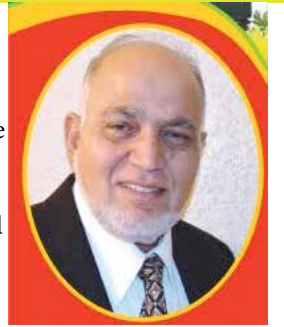
Dr. Iqbal Nazir grew up in India with homeopathy, natural remedies and herbal treatments being the lifestyle. He holds a Bachelor's in Physiology, Bachelor's with Honors in Chemistry, Master's in Biochemistry and a degree in Pharmacy from the University of Karachi.

In the U.S., Nazir enrolled in a doctorate program, received Certification in Clinical Chemistry from the American Society of Clinical Chemists, Chicago, and holds a Supervisor License from the Clinical Chemistry Department of Professional Regulation, State of Florida, since 1980. He worked in the world renowned critical care teaching hospital, Columbia Presbyterian Hospital, in New York. He also worked in Jackson Memorial Hospital, Miami, affiliated to the School of Medicine, University of Miami. Over the past 35 years, Nazir has combined his cultural experience in natural and herbal medicine with his formal clinical education and knowledge in pharmacy and biochemistry to help hundreds of people cure themselves of illness and disease the safe, natural way. Whereas pharmaceutical drugs often present side effects necessitating other drugs to offset them, homeopathy and natural remedies are safe and have no side effects. Nazir presents a calm, peaceful demeanor when discussing symptoms and treatments with his patients; that positive energy is the beginning on the path to natural healing. He successfully treats a variety of ailments, conditions and diseases ranging from the common cold, inflammation, acid reflux and allergies to anxiety, depression and tobacco and alcohol addiction.

Homeopathy and natural treatments may be used alone or in conjunction with doctor-prescribed medications. Nazir arms his patients with information and options which allow them to be instrumental in determining how to best proceed.

Dr. Nazir's office is located at 12900 NW 6th St., Pembroke Pines. For more information and appointments, call 954-226-3652 and/or visit HomeopathTreatment.com. See ad page 48.

You should not use this information as a means of diagnosing a health problem or disease, or as a means of determining treatment, or as a substitute for professional medical advice. Consult your licensed health care provider for any individual medical advice.



Observing World Day against Child Labor By: Qundeel Aymen

Sometimes ignorance is better than thoughtless education. People get heaps of degrees, but merely a piece of paper can't measure the worth of life. People do what they have observed, not what they have experienced.

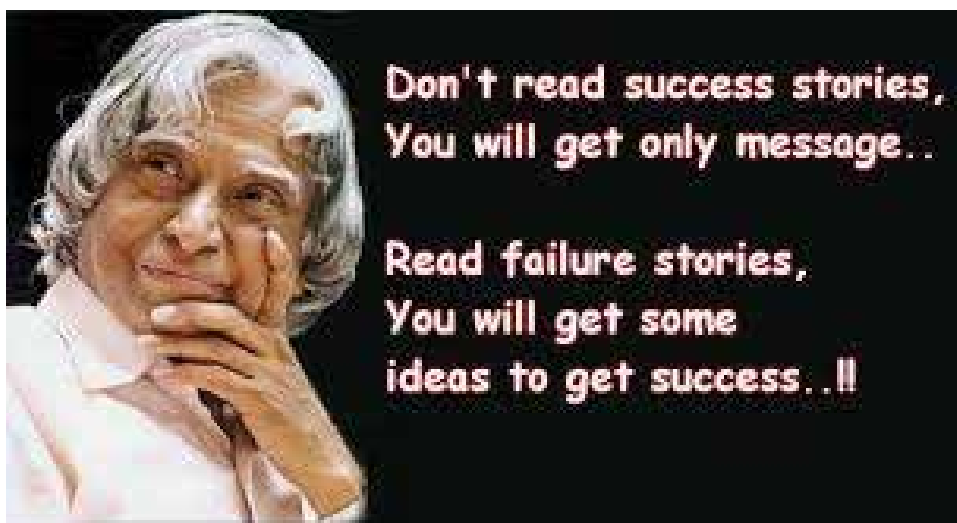
Child Labor is the global issue. Every time, Slogans are raised and soon get vanished. Everyone knows that Child Labor is not a good practice. It is an open violation of basic human rights, but still people prefer to employ children as workers in various countries.

To promote education is a key wheel to

regulate the system of any government. Most probably, different régime in this world of ours are also introducing educational policies to get rid of child abusers. No doubt Child Labor can be ended by attaining such educational standards. Perhaps the purpose of Life is to feed the stomach – from a newborn baby to adults. Since the real cause of Child Labor is poverty – we can say its extreme poverty which may lead any child to indulge in it and sometime, parents are forced to employ their children, just for a loaf of the bread.

Child Labor, observed in numerous forms such as Beggars, domestic servants, mine workers, brick maker, debt bondage and selling pretty items on traffic signals. Normally, children are compelled to work at low wages. This is another sort of exploitation, and it's now a day to day phenomenon. Children are the assets of any nation. If they will ruin their prime time in toiling for some pennies, just think then What will be the future of that nation? To be born poor is not a sin, but to die poor is a curse.

Imagine the little fingers which must have pencils all the time, they have the tools to work on a regularly basis. In the sunny days, where children usually play, they are doomed to face the darting rays of the sun. Those little eyes having mischiefs, now are filled with tears.



'How could they hate us so much': Family in shock after 16-year-old Muslim boy stabbed to death on train

Junaid and Hashim attained the title of a "Hafiz" after investing over three years to memorize the Quran by heart and got Rs 1500 as a reward from their mother. It was their first Eid after becoming a Hafiz and they wanted to look their best. To celebrate and shop, they planned a visit to Delhi's Jama Masjid and promised to return before sundown. One of the two could not. Junaid was allegedly stabbed to death and four others were injured on board a Mathura-bound train when an argument over a seat turned into religious slurs and triggered a mob attack on family members

returning home from Eid shopping. The incident took place between Okhla and Asoti in Haryana, a distance of about 60 km. The four injured told Hindustan Times at Khaddawli, a small village in Haryana's Faridabad district, the attackers repeatedly called them "anti-nationals" and "beef eaters", threw their skull caps on the floor, caught their beards and taunted them with terms such as "mulla". Junaid was so happy that he will be formally felicitated for their achievement on Eid. Since Ramzan started, he and Hashim had been reciting the Quran everyday at the mosque. They wanted to look good, so

they specially went to purchase a new set of clothes to Jama Masjid. Their mother asked them to fetch the best sewaiyan and sweets to be served on the festival. He promised to reach home early, but what reached home was his dead body. How could those men be so cruel to have pierced my son's body like that," Jallaluddin, Junaid's father, said. "He was a child. He was just 16. How could they hate us so much to have killed him so brutally? When I reached the spot, my son Hashim was sitting on the station with Junaid's body soaked in blood in his lap," he added, even as he was being consoled intermittently by fellow villagers in Khaddawli, Haryana. Jallaluddin had reached Ballabgarh station to pick up his sons so that they could go to open the fast together, but when he reached the train had already left.

he also did not take the call. Junaid and Hashim too did not pick. I thought the boys must have left. What did I know that they were fighting for their life," he said. Saira, Junaid's mother, was oblivious to the news of her son's death. Till Friday morning she was not informed about it. When the women from the village started visiting her to console her, she wondered why they were there. "Women kept coming and asking me about Junaid. I wondered why they were referring to him in the past tense. No one ever told me that he was no more. How could they hide it from me," she said, fighting back her tears. "I got to know only when his body returned home this morning. When he did not reach home last night, I kept asking his father about his whereabouts but no one answered me," she said. Saira said she will never be able to celebrate the festival of Eid. "This time it was special. My sons became the Hafiz. The preservers. And a day later I lost him. How can this be justified. How am I to cope up with this loss?"

Family members lament Junaid's death. "Sakir (Junaid's elder brother who boarded the train at Ballabgarh after being informed about the attack) called me saying that he was going to the station to pick up the boys. He asked me to come to the station as well. He never told me that there was a problem. When I reached the station, the train had already left. When I could not locate the boys I called Sakir,



Who is moving to the Lone Star State?

AUSTIN (KXAN) — People are moving to Texas in droves and if it feels like you're meeting more transplants from California, you're not alone. According to a study by the Texas Association of Realtors, more people from California are moving to Texas than any other state. In 2015, 65,546 people left California to settle in the Lone Star State. On the flip side, California is also the top state for outgoing Texans, with nearly 42,000 Texans moving there in 2015. The report shows most of the Californians coming to Texas are leaving the Los Angeles area. "The data in this report came as no surprise to Texans, especially those who have transplanted from California," said Attorney General Paxton in a press release. "I talk to people almost every day who made the trek from California to Texas, and without fail, they tell me their move is due

to either greater job opportunities, much lower-priced housing, an escape from a left-coast political climate, or just a better quality of culture and life." In the same year, Texas experienced a net gain of out-of-state residents with more than 107,000 people moving to the state than Texas residents moving out of state. At the county level, Harris County led the state with a net gain of approximately 19,000 residents relocating to the country from out of state. Travis County ranked fifth, behind Tarrant County. So where are Travis County residents moving to? The report shows Williamson County gained more than 4,800 people from Travis County in 2015; followed by Hays



County with 2,733 people. While Texas is popular, Florida actually ranked first in the number of people moving to its state.

How Illinois became America's failed state

Natasha Korecki

Illinois has compiled \$14.6 billion in unpaid bills. It's running a deficit of \$6 billion, and its pension liability has soared to \$130 billion. That's not the worst of it. The state's nearly two-year failure to pass a budget has sent its bond ratings careening toward junk level, downgraded a staggering eight notches below most other states.

With university enrollments plummeting,

large-scale social service agencies shuttering and the Chicago Public Schools forced to borrow just to stay open through the end of this school year, Illinois is beginning to devolve into something like a banana republic — and it's about to have the most expensive election the state has ever seen. Democrats have flooded the primary to challenge GOP Gov. Bruce Rauner, with billionaire J.B. Pritzker among them. Pritz-

ker has already poured \$14 million into his campaign for a general election that's still 15 months away. "Illinois is operating in a way 49 other states would never try to operate," said Laurence Msall, president of the Civic Federation, a nonpartisan fiscal watchdog group. "There is permanent damage that is being done that will take decades to repair." The devastation of the state's finances

has taken its toll on Rauner politically, despite his investing heavily on TV, digital and robocall messaging — in 2016 alone, Rauner contributed more than \$50 million to his upcoming campaign. In March, 58 percent of those polled reported having an unfavorable view of the Republican, according to a poll conducted by the Paul Simon Public Policy Institute, up from 32 percent in 2015.

Top Causes of Unintentional Injury and Death in Homes and Communities

According to Injury Facts 2017, about 146,571 people died from unintentional injury-related deaths in 2015. That's 146,571 times someone's ordinary day turned tragic.

These deaths are at an all-time high. Often, these tragedies happen when least expected – during a vacation, while doing chores at home or while driving across town – and they are all preventable. NSC encourages everyone to be aware of hazards related to leisure and recreational activities and take proper safety precautions. Here, in order, are the top causes of unintentional injury and death in homes and communities.

#1: Poisoning

In 2011, poisonings overtook motor vehicle crashes for the first time as the leading cause of unintentional-injury-related death for all ages combined. Poisoning deaths are caused by gases, chemicals and

other substances, but prescription drug overdose is by far the leading cause. Learn more about this epidemic and other poisons in the home.

#2: Motor Vehicle Crashes

No one wakes up thinking they will lose a loved one in a car crash, but motor vehicle crashes are the second leading cause of unintentional-injury-related death overall. Impaired driving, distracted driving, speeding and inexperience can cause a life to be cut short in the blink of an eye. Everyone has a role in making our roads safer.

#3: Falls

More than 33,000 people died in falls in 2015. Falling is the third leading cause of unintentional-injury-related death over all age groups, but it's the #1 cause of death for those 65 and older, according to Injury Facts 2017 The good news: Aging, itself,

does not cause falls. Learn what you can do to help protect older loved ones.

#4: Choking and Suffocation

Suffocation is the fourth leading cause of unintentional injury-related death over all age groups, and choking on food or other objects is a primary cause. Suffocation is the second leading cause of unintentional injury death for people 87 and older. Mechanical suffocation is the #1 cause of death for infants. Learn prevention and rescue tips.

#5: Drowning

Not including boating incidents, about 10 people drown every day. It's the fifth leading cause of unintentional-injury-related death over all ages, and the #1 cause of death for children ages 1 to 4, mostly due to children falling into pools or being left alone in bathtubs. Learn how to keep yourself and your family safe.

#6: Fires and Burns

Fire is the sixth leading cause of unintentional-injury-related death over all ages. About 2,646 deaths were caused by burns and injuries related to fire in 2015. Often fires start at night, when family members are asleep. A working smoke alarm will cut the chances of dying in a fire in half. Learn more fire safety tips here.

#7: Natural and Environmental Incidents

Disasters are front-page news even though lives lost are relatively few compared to other unintentional-injury-related deaths. Weather-related disasters claim hundreds of lives per year. NSC encourages families to learn all they can about emergency preparedness, and always have an emergency kit on hand.

After 2 Deaths, Millionaire Pressured to End Search for Hidden \$2 Million Treasure

The eccentric millionaire who triggered a deadly treasure hunt for \$2 million in gold is under mounting pressure to bring the search to an end.

Two men have died in remote areas of New Mexico while on a quest to find a chest of gold that millionaire Forest Fenn claims he buried somewhere in the mountains.

The latest victim was 52-year-old Paris Wallace, a pastor from Colorado. His death was announced earlier this week. New Mexico Police Chief Peter Kassetas confronted Fenn on Good Morning America, imploring him to stop the treasure hunt. You had talked about giving more clues, providing more clues to help people better find your treasure and again, I call for you to pull it," Kassetas told Fenn over Fenn replied: "I am not going to give a clue so people find the treasure. I am going to give a clue to keep them out of

trouble to make them safer."I want Mr. Fenn to retrieve the treasure or call off the hunt," Kassetas told ABC News. "It's solely based in the interest of public safety."Fenn is an 86-year-old art and antiques dealer who made millions in the 1980s while selling Indian artifacts. An amazing 65,000 people are believed to be looking for the buried treasure in a vast area stretching from Montana to New Mexico and they are working from tantalizing clues contained in a poem in Fenn's 2011 book, The Thrill of the Chase. Fenn told Inside Edition it's not his fault people are risking their lives, saying, "In the summertime we jump in the swimming pool. If someone drowns in the swimming pool should we drain the pool or teach people to swim? That's the way I feel about it."But Linda Bilyeu, whose ex-husband Randy died last year while searching for the gold, says she doesn't believe there is any treasure.

I think this whole thing is a hoax. There has been no proof whatsoever that the treasure actually exists," she told Inside Edition. "I think he should end the search. Produce the chest or say it's a hoax do what he has to do just to say it's over. There comes a time when you have to just

let it go."But Fenn claims the gold is real, telling Inside Edition, "There is a treasure out there."Fenn says he is now speaking to friends about reevaluating the treasure hunt.

After return to India, Uzma Ahmed calls Pakistan 'a death trap'

NEW DELHI: Uzma Ahmed, the Indian woman who alleged she was forced to marry a Pakistani man at gunpoint, painted a grim picture of her ordeal in Pakistan. "It's easy to enter Pakistan. But it's nearly impossible to leave. Pakistan is a death trap. I've seen women who go there after arranged marriages. They're miserable and living in terrible circumstances. There're two, three, even four wives in every house," a visibly emotional Uzma said at a press conference on Thursday. Uzma, who returned to India earlier in



the day after crossing the Wagah border near Amritsar, revealed there were many women like her still trapped in the town of Buner, Pakistan

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Main floor Area: 8,318 square feet

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New Masjid in Lethbridge, AB

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Funds needed: 700,000 CAD

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Lethbridge Muslim Association's Representative:

Br. Shejil Kunhuran

Phone: 1-403-929 3631

Email: shajil@shaw.ca

Please Donate for the Masjid

End Times and Cracking Nuts - Dr. Navaneet Panduranga

Sometimes, the smarter monkeys that live in African forests die sooner than their counterparts. Why is that? The reason is, the intelligent ones may sometimes learn how to crack the poisonous nuts better than the average monkey.

Einstein's equation $e=mc^2$ is less than an inch long, and yet, it can generate enormous amount of energy from tiny amounts of matter. In 1945, the first atom bomb was dropped in Japan leading to enormous destruction, making it equivalent to smart monkeys learning how to crack the poisonous nuts. This technology was released seventy years ago, in the infancy of nuclear science. The latest technology may have the potential to turn the earth into a fiery surface. By design of these systems, more power is given to a handful of political authorities, meaning that a single button press or decision can bring about the end of the world. Both heroes and villains may meet the same fate.

Understandably, many religious traditions worry about the end of days (Bible and Hinduism). All religions mention creation (flood story in west or first Vishnu avatar in east) and the end (Judgment day in west or middle east or Kali-Yuga in eastern culture).

Noah's ark story was an escape plan through a boat.

A similar story exists in Hinduism as first avatar of lord Vishnu and is referred to in the Quran (Nuh). These plans were was a mark of great ancient intelligence. About 65 million ago, the majority of dinosaurs did not survive the meteoric impact or volcanic eruptions. They didn't have the capacity to formulate an escape plan.

Human species transitioned from an animal stage into a religious and civilized society. But this religiosity was still rife with rituals such as animal sacrifices and Vedic/Bible human sacrifices/body part mutilations/superstitions. Science is sometimes considered as a direct threat to religious tradition, but it is actually necessary for spiritual enrichment and self-realization. Traditional religious concepts have been sufficient for survival in the current planet so far, before humans have started cracking new poisonous nuts (atom bombs, next world war).

Humans must transform from being primitive and religious to reaching a compassionate and spiritual stage. AneKantaVada is a Jain concept of many-sidedness truth and can be illustrated through the parable of the "blind men and an elephant". Humanity should strive to develop a AneKantaVada type of tolerance. Swami Vivekandanda once said "As different rivers, taking their start from different mountains, running straight or crooked, at last come into

the ocean". Think about rivers as different ideologies and religions merging into a truth of singularity. Only illusion of maya makes us view them as different - but in reality, they are different versions of the same truth. A popular Indian guru Sadhguru says "I refuse to recognize people as Muslims, Christians, or Hindus. I see human beings as human beings". We are different rivers carrying same water to the world of ocean.

A famous George Santayana quote is "Those who cannot remember the past are condemned to repeat it. Paleontological records serve as a lesson, as the majority of dinosaurs exist today only as fossils. Humans must learn the lessons from "End Times" references in the ancient cultures and modern biological studies to save life and humanity. Even more importantly, we must strive towards spirituality and be accepting of everyone around us.

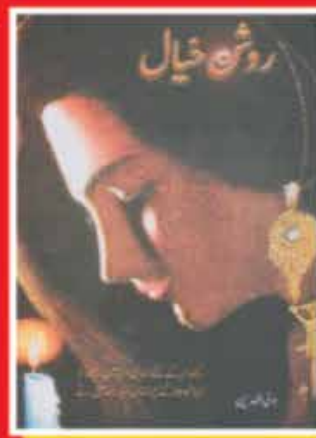


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Your vehicle MAY be involved in a safety recall and MAY create a safety risk for you or your passengers. If left unrepaired, a potential safety defect could lead to injury or even death. Safety defects must be repaired by a dealer at no cost to you.

NHTSA Recall ID Number : 17V330
 Manufacturer : Columbia Northwest, Inc.
 Subject : LP Gas Bottle Trays Attached with Wrong Fasteners

Make Model Model Years
 COLUMBIA ALINER ASCAPE 2017-2018

NHTSA Recall ID Number : 17V343
 Manufacturer : Gulf Stream Coach, Inc.
 Subject : Incorrect Axle Capacity Information/Part 567

Make Model Model Years
 GULF STREAM CRUISER VN23BHS 2018

NHTSA Recall ID Number : 17V344
 Manufacturer : Gulf Stream Coach, Inc.
 Subject : Incorrect Tire information on Label/FMVSS 567

Make Model Model Years
 GULF STREAM VINTAGE CRUISER 2016-2018
 GULF STREAM VISTA CRUISER 2015-2017

NHTSA Recall ID Number : 17V347
 Manufacturer : KZRV, L.P.
 Subject : Rubber Gas Hose Connected to Pilot Light

Make Model Model Years
 KZRV VENOM 2016-2018

NHTSA Recall ID Number : 17V353
 Manufacturer : Terex Advance Mixer, Inc.
 Subject : Water Tank Filler Neck Seam may Burst

Make Model Model Years
 TEREX ADVANCE FRONT DISCHARGE CONCRETE 2017

NHTSA Recall ID Number : 17V360
 Manufacturer : Motor Coach Industries
 Subject : Front Air Brake Hoses may Leak/FMVSS 121

Make Model Model Years
 MCI J4500 2014-2017

NHTSA Recall ID Number : 17V362
 Manufacturer : Thor Motor Coach
 Subject : Mislocated or Possibly Missing Generator Exhaust

Make Model Model Years
 THOR CHALLENGER 37YT 2017

NHTSA Recall ID Number : 17V363
 Manufacturer : Eldorado Mobility
 Subject : Rear Suspension Air Bags may Fail

Make Model Model Years
 ELDORADO AMERIVAN 10 2010-2017

NHTSA Recall ID Number : 17V367
 Manufacturer : Vactor Manufacturing
 Subject : Parking Brake may not Hold Vehicle

Make Model Model Years
 VACTOR JETTER 2015-2017

NHTSA Recall ID Number : 17V368
 Manufacturer : Porsche Cars North America, Inc.
 Subject : Camshaft Controllers may Loosen and Fail

Make Model Model Years
 PORSCHE CAYENNE S 2011
 PORSCHE CAYENNE TURBO 2011
 PORSCHE PANAMERA 2011-2012
 PORSCHE PANAMERA 4 2011-2012
 PORSCHE PANAMERA 4S 2010-2012
 PORSCHE PANAMERA S 2010-2012
 PORSCHE PANAMERA TURBO 2010-2012

NHTSA Recall ID Number : 17V369
 Manufacturer : Supreme Corporation
 Subject : Rear Reflectors may be Too High/FMVSS 108

Make Model Model Years
 SUPREME KOLD KING 2007-2017
 SUPREME SIGNATURE VAN 2007-2017

NHTSA Recall ID Number : 17V370

Manufacturer : Volvo Car USA LLC
 Subject : Seatbelt Component may Detach and Enter the Cabin

Make Model Model Years
 VOLVO XC90 2017

NHTSA Recall ID Number : 17V371
 Manufacturer : Chrysler (FCA US LLC)
 Subject : Power Inverter Module Failure Due to Overvoltage

Make Model Model Years
 CHRYSLER PACIFICA HYBRID 2017

NHTSA Recall ID Number : 17V375
 Manufacturer : Chrysler (FCA US LLC)
 Subject : Incorrect Seating Capacity Tire Placards/FMVSS 110

Make Model Model Years
 CHRYSLER PACIFICA HYBRID 2017

NHTSA Recall ID Number : 17V376
 Manufacturer : Chrysler (FCA US LLC)
 Subject : Inadvertent Air Bag Deployment due to Chafed Wire

Make Model Model Years
 DODGE GRAND CARAVAN 2011-2012
 NHTSA Recall ID Number : 17C002
 Synopsis : Britax Child Safety, Inc. (Britax) is recalling certain B-Safe 35, B-Safe 35 Travel Systems, B-Safe 35 Elite, B-Safe 35 Elite Travel Systems and BOB B-Safe rear-facing infant child safety seats, model numbers

E1A183F, E1A185M, E1A185P, E1A186R, E1A203F, E1A205M, E1A205P, E1A206X, E1A206Z, E1A207E, E9LU65V, E9LU66X, E9LU66Z, E9LU67D, E9LU67E, EXA185M, S02063600, S02063700, S03803400, S03803500, S03803700, S03803800, S03803900, S04144400, S04144500, S04144600, S04145000, S04402800, S04884200, S04884300, S04975600, S04978900, S05260200, S06020300, S06020400, S06020500, S06020600, S06020700, S06020800, S06020900, S06147100, S921800, E1A215T, E1A215U, E1A216P, E1A221Q, E1A225C, E1A225U, E1A226L, E9LS51Q, E9LS56C, E9LS56L, E9LS57F, E9LS57G,

E9LS57H, EXA216L, S01298600, S02063800, S02063900, S02064000, S04281200, S04281300, S04628500, S06018800, S06020000, S06020200, S923700, E9LT34A, E9LT34C, E9LT35X and EXLT34A. The affected child safety seats have a center tab on the chest clip marked "ABS" that may break. The broken tab may present a choking hazard to an infant in the car seat, increasing the risk of injury. Britax will notify owners and will provide a replacement chest clip marked "PC", free of charge. The recall is expected to begin June 21, 2017. Owners may contact Britax at 1-833-474-7016 or visit www.bsafes35clip.com.

NHTSA Recall ID Number : 17V377
 Manufacturer : BMW of North America, LLC
 Subject : Incorrect Engine Cooler Oil Line Installed

Make Model Model Years
 BMW M760LI 2017-2018

NHTSA Recall ID Number : 17V378
 Manufacturer : Newmar Corporation
 Subject : Starter may Overheat

Make Model Model Years
 NEWMAR ESSEX 2012-2015
 NEWMAR KING AIRE 2012-2015

NHTSA Recall ID Number : 17V379
 Manufacturer : BMW of North America, LLC
 Subject : Incorrect Left Rear Assembly Lamp/FMVSS 108

Make Model Model Years
 BMW 740I 2013-2015
 BMW 740LI 2013-2015
 BMW 740LXI 2013-2015
 BMW 750I 2013-2015
 BMW 750LI 2013-2015
 BMW 750LXI 2013-2015
 BMW 750XI 2013-2015
 BMW ACTIVEHYBRID 7 2014

NHTSA Recall ID Number : 17V382
 Manufacturer : General Motors LLC
 Subject : Loss of Electric Power Steering Assist

Make Model Model Years
 CHEVROLET SS 2014-2016

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Stress relief tips for older adults

Stress in adults, especially older adults, has many causes. You may experience it as a result of managing chronic illness, losing a spouse, being a caregiver, or adjusting to changes due to finances, retirement, or separation from friends and family. Fortunately, there are plenty of things you can do for stress relief.

Tailor the treatment

The type of stress relief that works best depends on what someone is experiencing. For example, if insomnia is a considerable source of stress in adults, a special type of cognitive behavioral therapy designed to treat insomnia, called CBT-i, may help. It aims to correct ingrained patterns of self-defeating behavior and negative thoughts that can rob you of sufficient amounts of sleep. In fact, the American College of Physicians now recommends CBT-i over medications as the first-line treatment for

weight day after day. And that puts a strain on your heart, your joints, and more. Shedding those added pounds can end joint pain, reduce

insomnia.

If disability is a source of stress, changes in your home may help you live more independently. Turn to your doctor, a geriatrician, an occupational therapist, or a staff member at your local council on aging for guidance.

Fixes for all

General stress in adults may be reduced with some of the following ideas, as reported in the Harvard Special Health Report Stress Management:

Engage in regular physical activity. If you are infirm, ask your doctor whether you might benefit from certain types of exercise, such as tai chi, which enhances balance. Many other kinds of physical activity improve your health, lift your mood, and reduce stress, too.

Consider whether you might benefit from a course in assertiveness training that

would help you state your wishes and handle conflicts. Join a support group if you are dealing with bereavement. Think about getting a pet—both the pluses and minuses. Several studies support the stress-lowering effects of having a dog, cat, or other animal companion. But don't forget to take into consideration the physical and financial challenges of pet ownership. Attend a mind-body program. These can help at any age. Some are specifically designed for seniors. Others may focus on chronic pain or specific ailments, such as heart disease.

Don't ignore symptoms

The symptoms of stress in adults may show up in many forms, such as tension headaches

back pain
indigestion

heart palpitations

poor concentration

indecisiveness

crying

irritability

edginess.

But don't wait to seek stress relief. Chronic stress in adults increases the risk of heart disease, heartburn, and many other health problems. "Stress increases blood sugar and can make diabetes worse. It can create high blood pressure and cause insomnia. It can also make people become anxious, worried, depressed, or frustrated," says Dr. Ann Webster, a health psychologist at the Benson-Henry Institute for Mind Body Medicine at Harvard-affiliated Massachusetts General Hospital.

With so much at stake, it's best to seek stress relief as soon as you suspect that stress may be a problem.

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Weight loss that works: A true story

Many people struggle with being overweight, or even obese. It's a common topic at office visits. As a doctor, I know that excess weight is associated with potentially serious health conditions — high blood pressure, high blood sugar, high cholesterol — not to mention sleep apnea, fatty liver disease, and back and knee problems, among other things. Patients may also worry about their appearance. Whether a patient is at risk for medical problems due to being overweight, or if it's a personal health goal, then it's my job to provide counseling. In my experience, most patients consider weight loss drugs or surgery only as a last resort. "I want to lose weight naturally," they say. Once we screen for (and treat) any contributing medical problems that could be causing weight gain (low thyroid function, polycystic ovarian syndrome, prediabetes, among others), or psychological issues (bulimia, binge-eating disorder, depression, anxiety), I encourage a diet-and-lifestyle approach for many reasons, among them my own personal experience. A real-life weight loss story

A few years ago, I embarked on a personal weight loss journey. I had had two pregnancies back-to-back, and had gained considerable weight, to the point where my own body mass index was over 30 (obesity range). I was many months postpartum, and realized that the "baby weight" wasn't going anywhere. As a matter of fact, I had gained even more weight since my daughter was born. At that point, I had a quandary many people can identify with: I was one of two working parents, with two kids under two. How on earth does one tackle weight loss when one is busy and distracted? What I did was fairly basic, and there is research to back up this approach: Here's what worked for me: I resigned myself to the fact that, hey, it

took me 18+ months to put on the weight, so it would probably take 18+ months to lose it. As much as I knew about nutrition, I felt like I needed guidance. So I researched a bunch of popular diets and philosophies.

I chose a well-rounded, nutritious diet plan consisting of a wide variety of fruits, vegetables, lean proteins, and healthy fats (and also very low in carbohydrates). It was a popular commercial diet, which I modified to suit my preferences (most of the diets out there are fairly similar). I never bought any of their prepared foods, and used their menu only as a guide, substituting what I liked or had in the pantry where necessary. I got a small pocket notebook, and started keeping track of everything that I ate. Each page represented a day's intake, and I counted calories, as best I could. Once a week, I weighed myself, and jotted that down as well. Exercise in those early days consisted of only a few minutes of sit-ups, pushups, and other in-place calisthenics at nighttime, after the kids had gone to sleep (and before they woke up again overnight). Yes, I had the occasional slice of cake, glass of wine, chunk of chocolate, piece of baklava (a major downfall), or other treats. I forgave myself those indiscretions, as well as any "vacations" from my dieting, logging, and exercising. I would just pick up where I left off and keep going. And going. There were stops and starts, and the scale went up and down, but over time, the pounds slowly, slowly came off. As the months went on, I was able to rejoin my gym and add once or twice-weekly workout sessions. As my muscle tone increased, so did my metabolism, and the weight came off faster. It took over two years, but I lost 50 pounds. In the three years since, I've maintained that weight loss within five pounds. What does

the science say about my approach? Let's take a look. Diet and weight loss

Studies have shown that just about any diet will result in weight loss, if it's one that someone can follow.^{1,2} Esteemed Yale physician and nutrition expert David Katz examined over 58 popular diets and found that the most successful in terms of both weight loss and nutrition consist of "real food." By that he means plants, whole grains, nuts and seeds, as well as meat (ideally, from animals that ate plants). Basically, foods closer to nature. The other key is minimizing processed foods, including sugars and flours.³ Without realizing it, I followed Katz's advice: I ate mostly fruits and vegetables, nuts, seeds, and dairy. I occasionally had whole grains like quinoa or farro, even rice or corn chips. And, of course, an occasional treat. But I had sworn off sugars and flours, for the most part. Behavior change and weight loss

It's hard to keep track of how much we eat. But a lot of research shows that when we keep track of intake, we eat less. This is called self-monitoring, and why writing down what I ate and weighed helped me.^{4,5,6} There are so many ways to do this nowadays: from the old-school paper-and-pencil method, to apps like MyFitnessPal, or the Weight Watchers points system.⁷ Another key approach: forgive your failures. Studies show that people who "mess up" their diet plan and then "give up" end up gaining, while people who forgive themselves and move on continue to lose. It's called self-acceptance.^{8,9} Look, we're human. Birthdays, office parties, weddings, random movie nights: they happen, and we celebrate by having the amazing chocolate cake, or Betsy's famous buffalo chicken dip, waaaay too much champagne, or buttered popcorn. Expect this, enjoy, and then move on. Exercise and weight loss

Most major weight loss is followed by weight gain, as people revert to their old habits. But, some folks manage to keep it off. How do they do it? Researchers have found that maintaining a healthy diet, ongoing self-monitoring, plenty of self-acceptance, as well as a high level of physical activity are all associated with keeping the pounds off.¹⁰ When I feel like I'm slipping, I start logging again. Nowadays, I use an online fitness app on my phone to more easily keep track of my daily food intake. Red wine and dark chocolate are always in stock in our house, and that's OK. Exercise is important, too, but in my book, any and all physical activity counts. Two or three workouts a week help me maintain muscle tone and cardiovascular fitness. If I can't get to the gym, I run. If I can't run, I do something at home, like five minutes of in-place kickboxing moves, or dancing around the living room like a crazy person with my kids. I take the stairs wherever I am as often as possible. I use a carry basket at the grocery store, and switch from arm to arm while I shop: biceps curls! Hey, it all counts.

Staying at a healthy weight for life

The old adage is "eat less, exercise more," and this is still true, to some extent. But human beings are psychologically and sociologically complex creatures, and that adage is a lot harder to follow than it sounds. For average adults who do not have contributing medical or psychological issues, a nutritious plant-based diet low in processed foods and carbohydrates, consistent self-monitoring of intake and progress, forgiving oneself when expected lapses occur, all combined with regular physical activity, can result in weight loss for life.

Thank God some things in life don't change

-Nusrat Yar Khan

Thank God some things in life don't change, I was happy to discover when we went to Hyderabad end December for a niece's wedding, which turned out to be great fun what with so many relatives having flown down from all over the globe to share in the happiness of the family and to rejoice with them.

Take a look at our weddings for instance, where the atmosphere is still the same as in weddings of the past with just minor changes here and there.

We still follow the same rasams, starting from the man-jhay, mehndi, sanchak and leading on to the nikha and jalwa and walima. The one ceremony we have cut off for years is chowthi, which we as children used to enjoy as it was a fight between dulhay walas vs. dulhanwalays with bunches of maat ki bhaji. Never knew what the significance of that ceremony was. There is still zanana, mardana but not so stringent any more.

Dholak kay geet still abound and the mirasans still sing in their tuneless voices! The bands still blare; lilting tunes of the shehnai still give the feeling of a shadi ka ghar. If the band is not blaring at the vidaey of the bride then it is the dhapda, sorry, the marfah with the siddis beating away at their drums, at their ear drum busting best, in front of the baraath with youngsters dancing to the beat of their drums.

There was a lot of naach every evening with, believe it or not, the jhatka matkas of only Hindi music. No place for English music even though a number of relatives had come from abroad; just goes to show that no matter which part of the world they are living in the youngsters keep in touch with their Indian music and by extension, their Indian roots. By speaking in Urdu and by their Hyderabad Adaabs they showed their Hyderabad connection, a connection nourished by

parents who love the city of their forefathers.

Weddings, still a popular place for mothers on the lookout for a good looking bride for their sons; the young men loitering around the zanana area to get a glimpse of the girl being discreetly pointed out to him for his approval; or it could be the other way around, with the boy being pointed out to the girl by family or friends.

The brides still wear kurtani choli, the grooms sherwani and shamla. Thelacchas, saatlada, jugni, chandan har, still adorn the necks of both the married and unmarried ladies. Karan phool, chand bali, still swing on the ears of the fair maidens. Eye-catching sarees flit their way around in myriad colours and beautiful zari work. Some Sarees have the pure silver zari work which Hyderabad was/is famous for.

The sali is still prominent in her khada dupatta teasing and trying to make the dulha confess to being her ghulam on the day of the mehndi. They are also conniving to steal the chadvies of the groom and return them for a reasonable salami. Have not seen the sala doing dhing-gana. Remember what that is? When the sala closed the gate and would refuse to let the groom in till he was given baksheesh.

All the rasam ki kishties with the clothes and accessories of the bride as well as the kishties brought for the groom are still displayed for all to admire on the mehndi and sanchak days

One gets to see more shamlas and fewer rumi topis, in fact one can count the rumi topis on ones finger tips Kurta pyjama and sherwani for the men has really taken off in a big way with such eye catching embroidery work on them and not just black and white any more.

The food that used to be spread out on dastarkhans in our childhood days progressed to the chowkhies and now to buffets and tables and chairs. I much prefer the food being laid on the tables rather than pushing our way or being pushed to get to the tables where the sumptuous food is spread out. Why do we have this habit of crowding at the food tables instead of forming a decent line and waiting our turn to fill our plates?

The food is no more just the traditional cuisine; the caterers have added a whole variety of new dishes to the list. At one dinner we had all Arab food, at another Chinese and at yet another Continental. One day it was pure vegetarian which I thought was great. Of course the main courses consisted of Hyderabad food.

The five jumagies that follow at the end of a wedding do not follow the same pattern as in days gone by. Parties for the bride and groom are given by close family members but they need not be on Fridays; the family members who come from abroad being in a hurry to get back home and more importantly the couple have their honey mooning plans!

All in all, if you are visiting Hyderabad it is good to go to a wedding where one meets the relatives at one shot instead of running around in this traffic spending more time commuting than actually being with your near and dear ones.

It was one of my best trips to Hyderabad . Short and Sweet. And the good weather helped.



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American Telangana Association plans to set up dedicated help-line for students in US

Hyderabad: American Telangana Association, which held its first annual board meeting in Microsoft Office Seattle last week has discussed the possibility of setting up a dedicated helpline for students pursuing their higher education in the United States.

The ATA meeting, which is the first national organization to conduct a board meeting in Seattle, has discussed goals of organization including by-laws, creating community service team in each city to help the community with emergency issues, immigration issues, student related issues by creating dedicated help line. The board has also discussed the agriculture awareness programs in mandal and village level for farmers in Telangana, and also promoting Perini dance in US.

The meeting discussed the possibility of organizing Yadadri Lakshmi Narasimha Swamy Kalyanam by the temple priests in different cities of US to promote Yadadri temple.

American Telangana Association Board unanimously elected Satyanarayana Reddy Kandimallla as "President Elect" for the Convention to be held in 2018. Treasurer Chada Srinivas presented the organization finance report. The Board Meeting was presided over by president Ram Mohan Konda and Secretary Ravi Upad.

The meeting was well attended by all the board members, Executive Committee, Regional Directors, Committee chairs, Advisory Committee, Overseas Coordinators members from different parts of the United States including Raghuvveer Reddy,

Narender Chimarla, Sridhar KanchanaKuntla, Shanker Reddy, Chandra Sekar Bojja, Sridhar Banala, Vishnu Madhavaram, Chada Srinivas, Ravi Upad, Pratap Chintalapani, Aravind Thakalalappally, Vengal Jalagam, Dayanand Burrumsetty, Satyanaryana Kandimallla, Mahider Reddy, Vinod Kuknoor, Nagender Ayetha, Venkat Manthena, Karunaker Madhavaram, Ramchandra Reddy, Raghu Varma, Raj Reddy, Krishna Rangaraju, Vijay Alisetty, Venkat Gaggenapalli, Krishna Bommidi, Vijay Thupally, Eshwer Banda, Ramchandra Reddy Banapuram and Amrith.

The president Ram Mohan Konda and the Board Members thanked the Local Seattle



ATA Team Mahidhar Reddy, Naveen, Srinivas Reddy, Gopi, Srinivas Bandarapu, Raju, Sudheer and other members for Organizing the most successful meet

Mother Locked In Family Detention Attempts Suicide To Free Her Kids

AUSTIN, Texas A woman locked at a family immigrant detention center tried to take her own life this month in what legal advocates described as a desperate effort to free her two kids.

Samira Hakimi, an Afghan national, has spent the last six months detained with her two young children despite a federal ruling that dictates they should have been released within three weeks. The case reinforces the longstanding concerns of immigrant rights groups that say asylum-seeking families should not be forced into prolonged detention.

"They told us you will only be a couple of days in there," Hakimi told HuffPost. "I never thought that I would be detained here for such a long time. That I'm detained here because I'm from Afghanistan and that's all. But I'm human."

In Afghanistan, the Hakimi family had established a high school and multi-branch private university that used Western curricula, taught in both English and Dari and offered more than half its scholarships to women, according to lawyers representing Hakimi and her husband.

Since 2013, the Taliban repeatedly threatened the family for its work. To avoid the danger of commuting, the family moved onto the university campus and contracted private security guards that year.

It wasn't enough for them to feel safe. "We could not go outside," Hakimi said. "My children could not go to school. We thought they might be kidnapped. This was always in our minds.... They have their lives to live. They should live happy and free from every small thing, going to school and enjoying their lives."

Last year, they fled Afghanistan with Hakimi's brother-in-law and his pregnant wife, who were facing similar threats.

In December, the two families crossed into the United States from Mexico through a

legal port of entry, where they all asked for asylum. The men were separated and sent to all-male immigrant detention centers, where they remain. Hakimi and her kids, as well as her sister-in-law and her newborn baby, were sent to the South Texas Family Detention Center in the town of Dilley and later transferred to the Karnes County Residential Center outside San Antonio.

Hakimi passed her "credible fear" interview the first step toward applying for asylum. It's common practice for Immigration and Customs Enforcement to free people who pass these interviews so they can pursue their cases in immigration court, but ICE declined to release her and her children. The agency did not respond to a request for comment explaining why it refuses to release them. Hakimi's sister-in-law is also still at Karnes with her 10-month-old baby. Hakimi told HuffPost she had suffered from bouts of clinical depression before being detained. Advocates with RAICES, a nonprofit that provides legal services to detained families, say she had attempted suicide in the past and told medical workers at Karnes that her condition had worsened as her case appeared to stall. Neither medicine nor therapy would alleviate the problem, she argued. Her depression stemmed from remaining locked up in the detention center with her children.

As the months dragged on, she lost hope. "Here, no one talks to us," Hakimi said. "They don't give us the reason why I'm detained in here. I never thought that I would be detained here for such a long time."

Her son came to her one day asking her why other families were allowed to leave but not them. "That was really triggering her," Amy Fisher, RAICES's policy director, told HuffPost. "She was crying and really depressed. And she went into this thought process, when she was really low, thinking, 'Well, if I'm no longer here, maybe my children can be free.'" Kids cannot

be held without their parents or guardians in family detention.

After she made an effort to take her own life, she woke up in the medical unit of the detention center and was taken to a nearby hospital, where two members of the detention center staff sat with her continuously.

"I told them, 'I'm just crying for my children, please,'" she said in a recording with one of her legal providers. "I'm not sick. But they gave me medicine. And they told me take this every four hours, but I didn't take it anymore."

Hakimi told her lawyer she did not know what the medicine was. RAICES is requesting her medical records.

The suicide attempt at Karnes occurred the same month as an immigrant detainee's suicide at the Stewart Detention Center in Lumpkin, Georgia. Jean Jiménez-Joseph, 27, killed himself after spending nearly three weeks in solitary confinement.

Human rights groups have long criticized mental health services at immigrant detention centers. But Fisher said even adequate therapy wouldn't resolve the problem Hakimi faces.

"There's no surprise or coincidence that she attempted suicide within days of a young man committing suicide in another detention center," Fisher said. "There's no mental health care that can effectively treat someone who is traumatized in a detained setting."

The Obama administration had all but abandoned the family detention policy by 2009, but hastily resurrected it in 2014 to dissuade a sudden influx of Central American mothers and children from crossing into the United States. Most of them were seeking refuge from violence in El Salvador, Guatemala and Honduras.

U.S. District Judge Dolly Geeruled in 2015 that the policy violates a longstanding federal settlement called the Flores Agreement, which requires children to be held in the least restrictive setting possible and to generally be released from detention. To comply with the ruling, most families are released from detention within three weeks.

But Hakimi and her children still have no idea when they'll be freed. The uncertainty of her case likely played a key role in her deteriorating mental health, according to Luis Zayas, the dean of social work for the University of Texas at Austin. Zayas has interviewed dozens of detainees at Karnes and says clinical depression and high levels of anxiety are common there.

"We see it constantly," Zayas said. "It's not necessarily an intrinsic form of depression, based on brain chemicals or a longstanding depression it's what we call 'reactive.' It's related to the environment the person is in, especially over a long period of time."

Zayas had not interviewed the Afghan woman, but evaluated another woman who attempted suicide at Karnes in 2015. He said he saw parallels in their cases. Both of them had histories of depression and suicidal thoughts prior to entering detention.

Suffering through a period of prolonged confinement can push people back to their worst states of mind, particularly if they have a history of mental illness, according to Zayas. The problem is particularly acute with people in family detention, where the vast majority file claims for asylum or other humanitarian exemptions from deportation. "These families aren't prepared to be there because they're not criminals," Zayas said.

"This is what happens when people get desperate," Zayas added. "This woman is suffering a mental health crisis. But we know where it's coming from. We know what we can do to stop it."

How Tatas can promote inclusive growth

Syed Saifullah Quadri and Javid Hassan

Though India has natural resources, lack of adequate working capital prevents their exploitation to the optimum level. This is where the Indian Diaspora could pitch in with their valuable resources to prop up the Indian economy. Despite a significant 8.9% drop in remittances last year, the country still retained the top spot in inflows amounting to \$ 62.7 billion last year as against over \$ 68.9 billion in 2015.

Reports also reveal that NRIs are a major source of Foreign Direct Investment (FDI), market development (outsourcing), technology transfer, charity, tourism and donations to political parties, besides contributing their technical knowhow to India.

The NRIs/PIOs have set up various NGOs back home for promoting education, healthcare, water management, environmental preservation and other socio-economic projects. They could mobilise their resources for tackling them one at a time based on a specific theme selected at the annual PBD function. It could be on the model of UN-sponsored events like the World Health Day or World Literacy Day with a new focus each time.

The Bill & Melinda Gates Foundation showed the way when it launched, together with the Department of Biotechnology (DBT), Ministry of Science and Technology (Govt. of India), the 'Reinvent the Toilet Challenge – India'. The initiative was jointly funded by the Biotechnology Industry Research Assistance Council (BIRAC), New Delhi, and the Gates Foundation. As a result, India's first water-less, eco-friendly toilet made headlines in 2014—a great tribute to Mahatma Gandhi and the importance that he attached to a Clean India.

The Tata Group, a major player in the automobile industry, could usher in the dawn of a new revolution on wheels in honor of its founder, Jamsetji N. Tata, next year to mark his 179th birth anniversary. Such an initiative will click with Ratan Tata, chairman emeritus of Tata Sons, and N. Chandrasekaran, Executive Chairman of the Tata Group, besides the Indian Diaspora. They could come on board the Tata bandwagon, besides reinventing the wheel for growth and development.

Swasth India, a Mumbai-based healthcare service provider, which has picked up Rs 20 million (US\$=IRs.64.26) in investment from Ratan Tata, is looking to raise \$2 million to expand its footprint across the country.

Reinventing the wheel for inclusive growth is an idea whose time has come. India's literacy rate at 74.04%, its 143rd ranking out of 188 countries on the new health index, and the fact that 60.4% of Indians have no toilet facilities underline the need for rolling out van-based community services in education, healthcare, sanitation, etc. Lab-to-land linkage on wheels helps where facilities on the ground do not exist.

After the Green Revolution, let there be a wheel revolution for liberating India from socioeconomic backwardness. It will be a logical follow-up to Gandhiji's freedom movement through his spinning wheel and a relevant theme for the 2018 PBD Convention.

The way forward is to have a new KNOWHOW division in the auto industry for promoting Knowledge on Wheels and Healthcare on Wheels. Together, they provide the knowhow for bridging the gap through investment in van-based services in those and other sectors.

Innovative mobile services in this category include franchising (with over 700 business options), retail marketing, small-scale industries (via mobile factories for making nuts, bolts and other accessories as in Singapore), Right to Education for the children of low-income groups, mobile courts, mobile canteens and banks in under-served areas.

As for technical training, Bosch Power Tools, India's leading power tools manufacturer, has launched its Bosch Vahan project (a mobile training van with all the power tools and accessories). It reaches out to carpenters, plumbers and electricians in rural areas to give them hands-on training onboard.

In a related development, Nita Ambani's Reliance Foundation has launched in Mumbai an innovative digital learning van for promoting digital literacy among 100,000 school children belonging to the under-privileged class.

It is part of the Foundation's Education for All (EFA) initiative launched in 2010. The van is equipped with computers, internet and other facilities for transforming it into a School on Wheels (SoW). It has thus redefined the proverb, 'As we sow, so shall we reap'!

Another lucrative proposition for PIOs/NRIs is producing an educational documentary that could be screened for students travelling by school vans. It should expose them to how schools in other countries teach the importance of work ethics, time management, creative thinking, accountability, self-discipline and other core values.

There is a potential market for such a product since, according to the Legatum Prosperity Index 2016, India stood at 104 among 142 countries that were evaluated in these sectors. It is way behind other developing countries like the Philippines (76), Malaysia (51) and Sri Lanka (59), to name just three.

The parameters for evaluating a country's prosperity include, among other factors, healthcare (where it is ranked 113th), education (102nd), business environment (86th) and governance (47th). At another level, India stood 60th among the 79 developing countries in 2017 Inclusive Development Index (IDI), says the World Economic Forum's (WEF) 'Inclusive Growth and Development Report'.

In the light of these findings, untapped business opportunities exist for the Indian Diaspora either through FDI or the 'Make in India' route. Karnataka is offering full support to investors in Bangalore's Hebbal Tech Park, a commercial complex built on three acres, with three floors allocated for shopping malls and a food court along with dedicated parking for easy access. Investors can look forward to assured rental of 10% from Day 1, the promoters claim.

The upper 10 floors are meant for corporate office space, including IT and Non-IT software development companies or R&D centers with individual offices. Opportunities are knocking on the doors of PIOs, NRIs and other stakeholders during the run-up to the next PBD Convention. (Concluded)

“A Diamond is Forever”- So is a Human

by Dr. M. Safiuddin (Ezzi)

Amherst, NY 14221

Among the natural stones and minerals, God has granted the Diamonds a unique status. Similarly, among the living creatures, God has granted the Humans too a unique status by blessing them with the faculties of Mind and Soul. According to well-accepted beliefs of billions of us, He even asked the angels to prostrate down in respect to Adam, the first human being He created.

A diamond is valued by its brilliance, which depends upon its four basic properties referred to by the four “Cs”: Color, Clarity, Carat Weight and Cut. Considering the greed of some of our corporate America's now disgraced top executives, and some corrupt politicians, a question arises. Do we value a person by how much financial wealth and/or political power he/she has amassed? Or, is it possible to express the value of a person by his/her brilliance using measures similar to those used for diamonds? Starting with a brief explanation of the four Cs of diamonds, an attempt has been made to answer these questions in this short essay.

Four 'C's of Diamonds:

As the saying goes: “A Diamond is Forever”. For centuries diamonds have been the most admired and valued possession of individuals from kings and queens to peasants. They are displayed in museums, and have adorned crowns, scepters, tiaras and jewelry. They are

used in wedding and engagement rings to symbolize love between couples. They have even been used for obscene display of wealth through multi-million dollar evening gowns worn at Hollywood award ceremonies.

From its basic chemical composition standpoint, a diamond is nothing more than just pure carbon crystallized under very high pressure. However, its brilliance comes from the total amount of light, which is reflected out of it. The first three of the four Cs of a diamond are inherent and due to nature, while the fourth—the Cut—is acquired through skills of the diamond cutter and polisher.

The Color: This property of diamonds ranges from icy winter white to warm summer whites and is graded on a scale from D [colorless] to Z established by the Gemological Institute of America (GIA). Color differences among diamonds are subtle and, therefore, are graded in comparison to a master set under controlled lighting conditions. A truly colorless stone at the “D” level allows the entire spectrum of visible light to reflect out of it, maximizing its brilliance. Such diamonds are a rarity and hence considered the most valuable.

The Clarity: This property refers to inclusions in a diamond. Inclusions are a natural property in the form of mineral traces or fractures occurring during the crystallization process under the earth's pressure. They may appear as tiny crystals, clouds and/or feathers. These

inclusions are so small that they can only be detected through a jeweler's magnifying loupe with 10x or higher magnification. This property is ranked on a scale of perfection ranging from F (Flawless) to I (Included) by GIA. Typical rankings in between these two extremes are VVSI (Very Very Slight Inclusions), VSI (Very Slight Inclusions), and SI (Slight Inclusions). Again, flawless diamonds are extremely rare and hence are considered highly valuable. Greater a diamond's clarity, lower the loss of light within it. Hence more brilliance it displays and higher it is on the value pyramid.

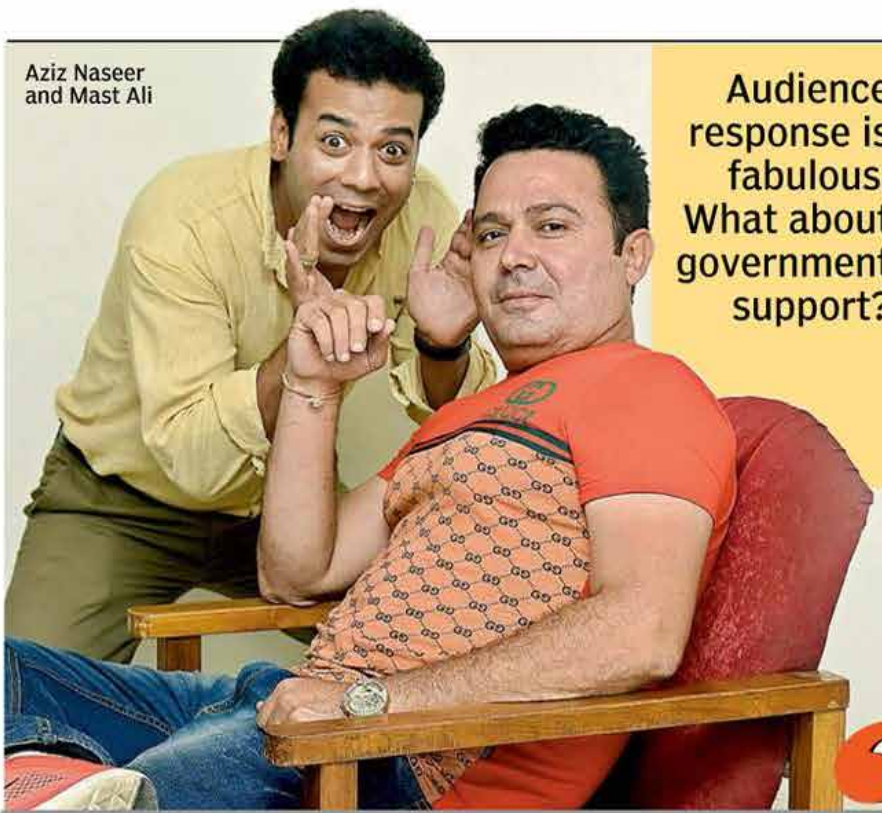
The Carat: With density consistent among all diamonds, the physical size of a diamond is expressed by its weight in carats. A carat is a unit of measurement of weight equivalent to 200 milligrams. For very small diamonds, a unit of carat is divided into 100 points. Larger the physical size of the natural rock, larger the finished diamond, greater its brilliance since more light is reflected from it. Hence higher it is valued.

Page Compilation
by Syed Saifullah
Quadri



HINDI MOVIE RELEASE DATES

Opening	Name NA	Genre NA	Director	Cast
July 7	<i>Guest in London</i>	Comedy	Ashwini Dhir	Kartik Aaryan, Kriti Kharbanda, Paresh Rawal, Tanvi Azmi, Ajay Devgn(Cameo appearance), Sanjay Mishra (actor)
	<i>Babu Ji Ek Ticket Bambal</i>	Social Drama	Arvind Tripathi	Rajpal Yadav, Sudha Chandran, Bharati sharma, Milind Gunaji
	<i>Mom</i>	Thriller/Drama	Ravi Udyawar	Sridevi, Akshaye Khanna, Adnan Siddiqui, Sajal Ali
14 July	<i>Jagga Jasoos</i>	Comedy/Romance	Anurag Basu	Ranbir Kapoor, Katrina Kaif
July 21	<i>Munna Michael</i>	Action/Romance	Sabbir Khan	Tiger Shroff, Nawazuddin Siddiqui, Nidhi Agerwal
	<i>Daddy</i>	Crime/Drama	Ashim Ahluwalia	Arjun Rampal, Aishwarya Rajesh, Nishikant Kamat
	<i>Lipstick Under My Burkha</i>	Drama	Alankrita Shrivastava	Konkona Sen Sharma, Ratna Pathak Shah, Aahana Kumra, Plabita Borthakur, Sushant Singh,Vikrant Massey, Shashank Arora, Vaibhav Tatwawadi, Jagat Singh Solanki
July 28	<i>Mubarakan</i>	Comedy/Romance	Anees Bazmee	Anil Kapoor, Arjun Kapoor, Ileana D'Cruz, Athiya Shetty
	<i>Indu Sarkar</i>	Drama	Madhur Bhandarkar	Anupam Kher, Neil Nitin Mukesh, Kirti Kulhari, Tota Roy Chowdhury
August 4	<i>Jab Harry Met Sejal</i>	Romance	Imtiaz Ali	Shah Rukh Khan, Anushka Sharma
	<i>Yeh Hai India</i>	Patriotic/Drama	Lom Harsh	Gavie Chahal, Deana Uppal, Mohan Agashe, Mohan Joshi
	<i>JD</i>	Drama/Thriller	Shailendra Pandey	Govind Namdev, Aman Verma, Vedita Pratap Singh, Arvind Gaur
August 11	<i>Toilet: Ek Prem Katha</i>	Romance/Satire	Shree Narayan Singh	Akshay Kumar, Bhumi Pednekar, Divyendu Sharma, Anupam Kher
August 18	<i>Haseena: The Queen of Mumbai</i>	Biographic	Apoorva Lakhia	Shraddha Kapoor, Sharman Joshi, Siddhanth Kapoor, Ankur Bhatia
	<i>Bareilly Ki Barfi</i>	Comedy/Romance	Ashwini Iyer Tiwari	Ayushmann Khurrana , Rajkummar Rao ,Kriti Sanon
August 25	<i>A Gentleman</i>	Action/Romance	Raj and D.K.	Sidharth Malhotra, Jacqueline Fernandez, Darshan Kumar, Suniel Shetty
September 1	<i>Baadshaho</i>	Action	Milan Lutharia	Ajay Devgn, Emraan Hashmi, Vidyut Jammwal, Ileana D'Cruz, Esha Gupta
September 8	<i>Poster Boys</i>	Comedy	Shreyas Talpade	Sunny Deol, Shreyas Talpade, Bobby Deol
September 8	<i>Love Per Square Foot</i>	Romance/Comedy	Anand Tiwari	Vicky Kaushal, Angira Dhar
September 15	<i>Simran</i>	Drama	Hansal Mehta	Kangana Ranaut, Sohum Shah
September 22	<i>Bhoomi</i>	Action/Drama	Omung Kumar	Sanjay Dutt, Aditi Rao Hydari
September 29	<i>Mangal Ho</i>	Sci-Fi/Comedy	Pritish Chakraborty	Pritish Chakraborty, Aanushka Ramesh, Sanjay Mishra, Annu Kapoor
September 29	<i>Judwaa 2</i>	Action/Comedy	David Dhawan	Varun Dhawan, Tapsee Pannu, Jacqueline Fernandez
October 6	<i>Mein Terrorist Nahi Hoon</i>	Action	Arjin Uppal	Gulshan Grover, Rahul Dev, Afiq Muiz, Chacha Maembong,Farida Jalal
6 October	<i>Chef</i>	Drama	Raja Krishna Menon	Saif Ali Khan,Sobhita Dhulipala
October 18	<i>Golmaal Again</i>	Comedy	Rohit Shetty	Rohit Verma, Ajay Devgan, Parineeti Chopra, Neil Nitin Mukesh, Tabu, Shreyas Talpade, Tusshar Kapoor
	<i>Secret Superstar</i>	Musical Drama	Advait Chandan	Zaira Wasim, Abin Muhammed, Aamir Khan, Meher Vij
November 9	<i>Drive</i>	Action/Romance	Tarun Mansukhani	Sushant Singh Rajput, Jacqueline Fernandez
	<i>Omerta (2017 film)</i>	Drama	Hansal Mehta	Rajkummar Rao
November 17	<i>Padmavati</i>	Period Drama	Sanjay Leela Bhansali	Deepika Padukone, Shahid Kapoor, Ranveer Singh, Aditi Rao Hydari
December 1	<i>Tumhari Sulu</i>	Comedy Drama	Suresh Triveni	Vidya Balan, Manav Kaul, Neha Dhupia
	<i>102 Not Out</i>	Drama	Umesh Shukla	Amitabh Bachchan, Rishi Kapoor
December 8	<i>Fukrey Returns</i>	Comedy	Mrighdeep Singh Lamba	Pulkit Samrat, Varun Sharma, Ali Fazal, Manjot Singh, Richa Chadda
	<i>Parmanu: The Story Of Pokhran</i>	Action/Drama	Abhishek Sharma	John Abraham, Diana Penty, Boman Irani
December 22	<i>Tiger Zinda Hai</i>	Action/Drama	Ali Abbas Zafar	Salman Khan, Katrina Kaif, Paresh Rawal, Sudeep, Angad Bedi, Girish Karnad, Kumud Mishra



Aziz Naseer and Mast Ali

Audience response is fabulous. What about government support?

THE FUN TRIO IS BACK

RESHMI CHAKRAVORTY
DECCAN CHRONICLE

Ismail Bhai, Saleem Pheku and Jahangir — do these names ring a bell? Yes, the core team of the movie, *Angrez*, is back now with a bang, after a decade. Their latest film, *Salaam Zindagi*, has just released. Raring to share his thoughts about it, Saleem Pheku aka Mast Ali, says, "It took 10 years for the three of us to get together yet again, but the wait was not intentional. The story ideas that were coming our way didn't require all of us to be together."

Adding more about the

storyline, Naseer says, "We play two brothers, Imran and Irfan, who have seen mostly failures in life, live a boring and monotonous life, doing odd jobs for survival. Things change when the two set off to US with their old friend Usman Bhai, played by Dheer Charan Srivastav aka Ismail Bhai."

The shooting for the entire movie took 28 days, including the offshore segment. Sharing some info about the Deccani movie industry, Naseer says, "The only challenge that we have is to get our industry at par with any other regional movie industry. Every

region gets the support for their movies from the respective state government, but as of now we haven't got any for Deccani. It's high time that the government comes forward to support us too."

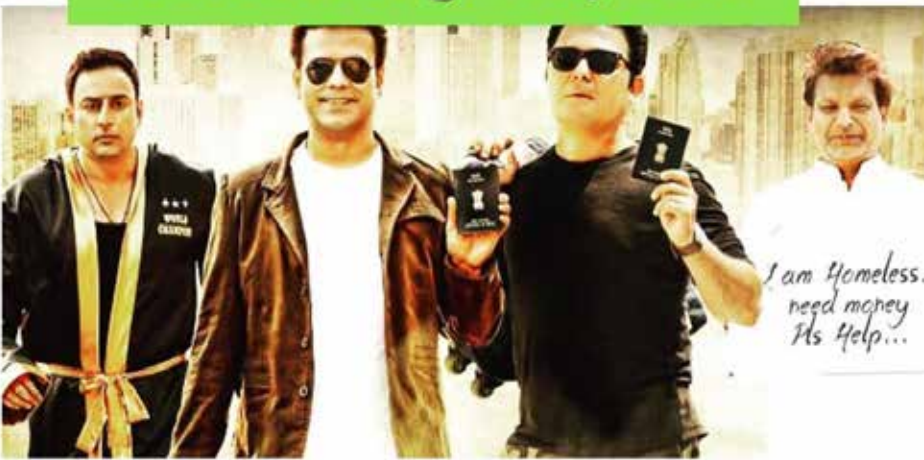
Support or not, the Deccani movie industry has a rustic flavour of its own and can't be ignored. It is not only well received in Hyderabad but in different parts of India and abroad. "Last week we held a special screening of *Salaam Zindagi* at Mumbai and the response was fantastic. It was a great moral booster," says Syed Hussain, director of the *Salaam Zindagi*.



The only challenge that we have is to get Deccani movie industry at par with any other regional movie industry — AZIZ NASEER



Releasing 30june



Shafi Khan



Boxer Mohd. Mohsin





RAABTA STORY: Shiv and Saira are drawn to each other like long lost lovers, mostly because they are. Their love dates back centuries, and the reason why they drifted apart, has drifted back into their

lives. The most common advice writers get is: "Show, don't tell." It means that a storyteller is expected to paint a picture as opposed to describing things mechanically. Raabta

spends a lot of time telling you things, and not nearly enough in making them seem believable.

So we're told that Shiv (Singh Rajput) is a ladykiller. But the next girl he lays eyes on, Saira (Sanon), will kill his long streak. She talks to herself in the mirror and tells us, by its way, that she's been experiencing weird tribal nightmares. As they get infatuated and verbalize to each other that it's all happening too soon, Saira starts feeling the same connection with Zakir (Sarbh) - another blast-from-way-past. We're then told that in a previous lifetime, Zakir and Saira were in love, until a savage warrior seduced her away.

Writers Siddharth-Garima and debut director Dinesh Vijan's conviction isn't questionable, but it doesn't quite translate to the screen. Even though the movie is technically sound and looks great, it is missing the raw passion required to sell a love story. Especially one that's been brewing for 800 years!

There are too many obvious influences: the saccharine first half is full of walk-and-talks in a beautifully shot European city (Before Sunset); the tribal past is right out of Game Of Thrones — Dothrakis are replaced by Murakis and astronomy is given similar importance; a scene towards the end is a forced throwback to Titanic.

As much as you can force influences into a love story, you can't force love itself. Neither with good-looking actors flirting with chocolates and flowers. Nor with an ambitious flashback that adds years as opposed to maturity to the plot. But Raabta relies on this kind of forced love rather than the force of love.

Sushant Singh Rajput is a fine actor but lacks the casual charm required to make the self-important Shiv lovable. Jim Sarbh's dialogue delivery is painfully awkward; he doesn't have the gravitas required for spouting those evil-genius kind of lines in Hindi. Kriti Sanon surprises. She looks good and seems to have honed her acting skills.

Bairavaa movie Typical Vijay

Bairavaa movie cast: Vijay, Keerthi Suresh, Jagapathi Babu, Daneal Balaji and Sathish
 Bairavaa movie director: Bharathan
 Bairavaa movie rating: 2

A lot is riding on the success of Vijay's latest film Bairavaa. It is the actor's 60th film, which is directed by Bharathan. The actor-director duo's previous outing in 2007 titled Azhagiya Tamil Magan was a box office flop. Vijay surprised everyone when he agreed to team up with Bharathan once again at a crucial stage of his career. After his 50th film Sura tanked at the box office, the actor showed a great improvement with the choice of his films that helped him to regain his star value at the box office. And his last film Theri was a blockbuster hit. All Vijay's achievements

in the film industry in the past decade sort of hinge on the commercial success of Bairavaa as it is his milestone film.

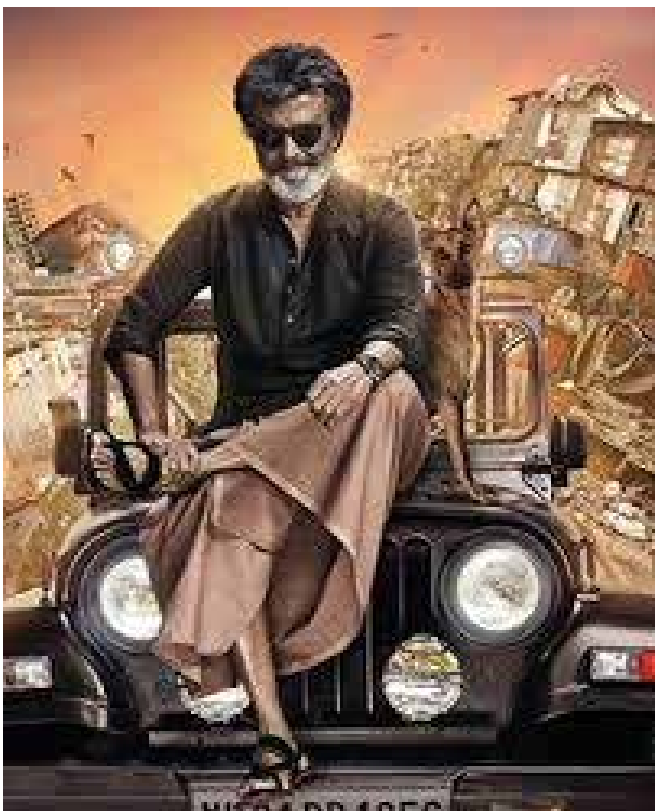
The film is very unlikely to receive positive reviews from the critics, given that it is a typical Vijay film. What matters the most for the filmmakers is how the audience responds to it.

With so much at stake, unlike ATM, Vijay and Bharathan have not tried anything new in this film. They have remained honest to the tried and tested formula, which has worked for Vijay all along. The filmmakers have played very safely to ensure the core fan base, which could make or break this film, of the actor is satisfied.



Rajinikanth's next film titled 'Kaala Karikalan'

It recently came to light that Rajinikanth would soon be starting work on his project with director Pa Ranjith. The movie that is supposed to be based in Mumbai will officially kick off on May 28. Now, the makers have finally narrowed down on a title. The Superstar's son-in-law Dhanush, who is bankrolling this venture, released the first poster for the film titled 'Kaala Karikalan'. He tweeted the posters saying, "More Wunderbar films presents... superstar Rajinikanth in and as #thalaivar164." Interestingly, the title posters were released in Tamil, Telugu, Hindi and English, thus implying that the makers are looking for a nationwide release of the film.



Toilet: Ek Prem Katha

Actor Akshay Kumar's happiness level is '100%' because the trailer of his new film, Toilet: Ek Prem Katha, is a super hit. Toilet: Ek Prem Katha, which spreads awareness about sanitation and the importance of building toilets, The Shree Narayan Singh-directed film also stars Dum Laga Ke Haisha actress Bhumi Pednekar.

'lota party' soon after she gets married to Keshav (Akshay Kumar). Jaya challenged the old societal norms but eventually leaves her husband's home. Thereafter, Keshav starts a battle against open defecation by building toilets. He struggles to change the mindset of his father, who believes that the 'Tulsi' (a sacred plant) and a toilet cannot exist in the same premises.

Jaya (Bhumi Pednekar) is asked to join the





Muzammil Khan selected for IAS

A.K. Khan, IPS, former Director General, Anti Corruption, and presently Advisor to the Government of Telangana, and his son Muzzamil who ranked a record 22nd in whole of India in I.A.S. meeting the Chief Minister KCR. Muzzamil is only 27 years. Mr A.K. Khan said: "It's a great feeling for any feeling for any father, but it was a big struggle and I am really proud of my son who secured a top rank. I am happy that the legacy of IAS officers will continue in our family." Mr Muzammil Khan, 27, who finished his electrical engineering from BITS Pilani, said: "It's a great relief after four long years of hard work and preparation. It was an expected result but it's a big relief now and I am very happy now," He said he was inspired by his parents and the family. "I will just take a short break and after that, I will start figuring out what I want."



"Dawat-E-sheer khorma" hosted by Mohib Baig sahab.

Sarib Rasool Khan at Eid Celebrations

-SRB

Adil and Suhail hosted a Jashn-e-Eid party at The ITC Grand Kakatiya this Sunday evening of the 1st of July 2017. It was a pleasant gathering of a few of my good friends and well wishers and proved to be a great opportunity to meet the ones I couldn't greet in person this Eid.

For me Eid has always been a time for celebration and delight, showing my gratitude to Allah (swt), for meeting relatives and this party proved to be a perfect evening to extend the Eid festivities and meet as many friends as possible. The sumptuous spread of delicacies and the live soulful music made it a wonderful evening to spend with my friends. Amongst those present were Mr. Krishna Prasad - IPS and Director General of Police, Mr. Farooq Hussain - MLC Telangana, Mr. Abdur rehman, Sohail , waliullah, Rashed. Ateeq siddiqui , feroz khan , basharath khan, Hasnain mehdi khan, Khaleeq Ur Rahman, Mr. Hamed Saberi - Managing Director of Saberis, Mr. Hasnain Saberi, Mr. Ali Akbar Saberi, Mr. Farooq Hussain - MLC , Mr. Mohammed Azam son of the Deputy Chief Minister of Telangana, Mr. Aamer Javed - youth leader of NSIU, Mr. Jaber Patel - Chairperson of Indo-Arab Mohib baig, Friendship Foundation, Mr. Ibrahim Patel, Ms. Anika Khara - Fashion Consultant, Mr. Mohsin Khan son of Mr. A.K Khan sahab - Special Advisor to the Chief Minister of Telangana, Mr. Abbas - Restaurateur of Fanoos, Mr. Arshad Ali Khan and my team members Dr. Nasihuddin and Dr. Nooruddin Afzal.

I am thankful to my Adil and Suhail for their personal invitation and warm hospitality. And for being such gracious hosts and making it a cherishable evening.

Sarib Rasool Khan
 Managing Director
 Shadan Institute of Medical Sciences
 Dr. VRK Women's Medical College
 Nimra Institute of Medical Sciences
 Ayaan Institute of Medical Sciences



Why Trump's Pressures On Iran Won't Benefit America

Alireza Nader

Earlier this week, the re-election of Hassan Rouhani as Iran's president does not come as a great surprise. And it does not herald a new beginning in Iranian politics and foreign policy. But it does indicate a continuing evolution in Iran's society and perhaps one day its political culture.

Iran may have an authoritarian and at times rigid political system, but its people have consistently demonstrated a desire for change and progress. They have done so through the best means available to them: voting in tightly controlled and largely undemocratic local and national elections. But it would be unfair to describe those elections as completely fake or for show. The majority of Iranians take them seriously because the president does matter in Iran, no matter how curtailed his powers may be. And the person occupying the position can make a lot of difference in people's daily lives, for better or worse.

The Trump administration has demonstrated a renewed policy of pressure against Iran. But in doing so, it risks losing the ability to leverage the greatest potential source of change in Iran: millions of Iranians who have shown a desire for a better country at peace with the world. A U.S. policy of mere pressure and threats will not change Iran or its policies. Only Iranians can achieve change that can benefit America, but they will not do so under duress or intimidation.

Rouhani faced an uphill battle for re-election. He rescued Iran from its state of crisis by negotiating the nuclear agreement, but the economy has not improved greatly and most Iranians still struggle in their daily lives. Rouhani's supporters feared that public apathy could result in lower voter turnout, thus boosting Rouhani's chief rival, the arch-conservative Ebrahim Raisi. Relatively unknown among the public, Raisi nevertheless belongs in the top echelon of Iran's elite. He has held senior positions in the judiciary and has been linked to the mass execution of Iranian political prisoners. He is also rumored to be a potential successor to Iran's aging Supreme Leader, Ayatollah Ali Khamenei.

While many Iranians may not love Rouhani, they fear Raisi. The ideological cleric represents a post-revolutionary Iran that has largely dissipated from the popular imagination. Most Iranians do not remember or care about the struggles that animated the Iranian revolution, namely American support for the Shah and resistance against "global arrogance." Rather, Iran's youthful and well-educated population wants greater opportunities to work, socialize, and worship more freely. Raisi reminded them of a dark and troubling time; while Rouhani has not delivered on most of his promises, he at least presents hope for a somewhat better future. This may explain the high election turnout of

70% and Rouhani's overwhelming win with 57% of the vote.

And it appears to be this limited hope that is sustaining Iranians through their numerous trials and tribulations. They have survived revolution, war, and repression, yet they still attempt to make change happen, even if it is at the margins. The 2009 mass protests and the subsequent government crackdown appear to have stifled but not extinguished a desire for progress. Iranians know that their regime cannot be violently overthrown or pressured into submission. So they have pushed the boundaries little by little, hoping for a break. They know that Rouhani's re-election will not bring a dramatic transformation, but they also know that the election of Raisi might have threatened their hopes and ambitions.

Khamenei's passing will present an opportunity for Rouhani to shape the succession and perhaps even become the new supreme leader. He will face great challenges by Iran's forces of reaction and he is unlikely to be a great force for democracy, but for most Iranians it is better to have Rouhani at the helm than a Khamenei or Raisi.

Any U.S. attempt to influence Iran must take the realities within Iran into consideration. Isolating and pressuring Iran will not alone lead to Iranian policies benefit-



ting the U.S. And Washington's total alignment with Saudi Arabia and other Arab states at the expense of Iran is more likely to make the average Iranian support his or her country's efforts against those states. Iranians may resent the Islamic Republic, yet they have even less love for the Saudi monarchy.

A U.S. policy of pressure will isolate Iran's people without compelling their government to change. Iran's regime may appear as radical and reactionary, but its society is vital and resilient.

Washington stands at a crossroads: embrace change in Iran or embolden the forces of reaction.

Alireza Nader is a senior international policy analyst at the nonprofit, nonpartisan RAND Corporation.

THE BEST OF EFFORTS

(A poem to commemorate
WORLD ENVIRONMENT DAY 2017)

For the mammals, birds and animals,
Nature is merely a color and scent;
But for the core human thoughts
Nature is but a thing of joy and beauty.
The dual aspects of necessity and joy
Form a durable bondage with nature.

Not only nature bestows peace on us all
But implants the element of sustaining life;
If this joy plenteous derived from lovely nature,
If this bliss immortal derived from lovely nature,
Weave an everlasting bond with living beings
Dear! Why not we protect and preserve it?

With a strong will to defend planet earth
With a firm action to protect environment
Why not we extend support for shielding nature;
That connects the worldly beings with nature,
That cares for the prosperity of all living-beings,
And promotes harmony among millions of species.

Cannot we decrease the threats to ecosystem?
Cannot we curtail pollution and misuse of nature?
Cannot we plan new strategies for conservation?
The oceans, forests and yes the earth's manure
Offer a healthy environment for a lively future,
Wherever we are; are we not bound to protect it?

Caught in the vortex of materialistic life all around
Yet, everyone needs to make, 'the best of efforts'
To nurture the idea of connecting people to nature
To nurture harmony between nature and humanity,
On this ideal occasion of 'World Environment Day'
Without barriers of caste, creed, religion and region.

Dr. T. Ashok Chakravarthy, D.Lit.,
International Poet – Review Writer
Universal Peace Ambassador,
Vice-Chair, Global Harmony Association,
Hyderabad – 500 059 [TS] INDIA
Email: tacvarthy@gmail.com
www.worldpeacepoetry.com



غزل
کے اشرف

لوگ جو ڈر سے ہونٹ سیتے ہیں
روز مرتے ہیں روز جیتے ہیں

اُن کا جینا بھی کوئی جینا ہے
زہر جو غم کا روز پیتے ہیں

کوئی غم تھا نہ ہی خوشی کوئی
ایسے کچھ دن بھی ہم پہ بیتے ہیں

لوگ جو حق کی بات کرتے تھے
آج کل اشکِ غم وہ پیتے ہیں

خواجہ جی سے ملو خوشی ہو گی
دیکھو ایسے بھی لوگ جیتے ہیں

--00-00-00-00--

حسن رضوی

کبھی کتابوں میں پھول رکھنا، کبھی درختوں پہ نام لکھنا ہمیں بھی ہے یاد آج تک وہ نظر سے حرف سلام لکھنا وہ چاند چہرے وہ بہکی باتیں سلگتے دن تھے مہکتی راتیں وہ چھوٹے چھوٹے سے کاغذوں پر محبتوں کے پیام لکھنا گلاب چہروں سے دل لگانا وہ چپکے چپکے نظر ملانا وہ آرزوؤں کے خواب بنا وہ قصہ ناتمام لکھنا مرے نگر کی حسین فضاؤ! کہیں جو ان کا نشان پاؤ تو پوچھنا یہ، کہاں بسے وہ، کہاں ہے ان کا قیام لکھنا کھلی فضاؤں میں سانس لینا عیس ہے اب تو گھٹن ہے ایسی کہ چاروں جانب شجر کھڑے ہیں صلیب صورت تمام لکھنا گئی رتوں میں حسن ہمارا بس ایک ہی تو یہ مشغلہ تھا کسی کے چہرے کو صبح کہنا کسی کی زلفوں کو شام لکھنا

ولید الدین عید ملن

چوڑی کھنک اٹھی دل زور سے دھڑکا جب ہاتھ اٹھا کے آداب کیا اس نے ایک چنگاری سی بھڑکی ایک شعلہ سا لپکا ہستی کو میری مست شراب کیا اس نے قربت نہ ملی یارو گلے نہ لگایا عید کو میری یوں خراب کیا اس نے پھر اچانک تنہائی میں گلے مل کر زندگی کو میری شاداب کیا اس نے

بس یہی دوڑ ہے اس دور کے انسانوں کی تیری دیوار سے اونچی مری دیوار بنے

حسن پستی غزل

کوئی آنکھ اٹکیار نہیں! کس کا دل ہے جو بیقرار نہیں نالہ دل پہ اختیار نہیں ورنہ شکوہ مرا شعار نہیں حالتِ اضطرابِ دل شاید آپ پر اب بھی آشکار نہیں ان کے وعدوں کا اعتبار تو ہے زندگی تیرا اعتبار نہیں آ بھی جاؤ کہ منظر ہوں میں اور اب تابِ انتظار نہیں مست نظروں کا واسطہ ساقی پی رہا ہوں مگر شمار نہیں جب سے بدلی نگاہ تازہ حسن زندگی کا اعتبار نہیں

نئی کتاب: ”یہ خلش یہ آسودگی“

سے دو غزلیں



اقبال خلش

بھلے ہی کرب و بلا میں قلم کئے جائیں ستم کے آگے کبھی سر نہ خم کئے جائیں حقیر قطرے ہوئے اتحاد کے حامی وہ چاہتے ہیں کہ دریا میں ضم کئے جائیں اسی کو آج کی تاریخ کل کہیں کے لوگ ہم اپنا دور غزل میں رقم کئے جائیں عدو کو اپنا بنانے کا شوق ہے ان کو دماغ و دل بھی نہ جن سے ہم کئے جائیں زمانہ دوستی کرنے کا مگر نہیں، نہ سہی میں چاہتا ہوں کہ دشمن ہی تم کئے جائیں مقام ہے یہ سخنور کے ڈوب مرنے کا ہوا ہے حکم قصیدے رقم کئے جائیں خلش یہ نسخہ مجرب ہے شاعروں کے لئے خود اپنے شعر ہی سینے پہ دم کئے جائیں ☆☆ ☆☆



بر ایک چہرے پہ یہ عکس تھکی گیا ہے کوئی بتائے تمنا میں آگہی کیا ہے ہر اک خیال کی آہٹ پہ دستوں کا گماں اک انتظار مسلسل ہے زندگی کیا ہے ملا جو موقع میں پوچھوگی ساری دنیا سے حیات تم ہی اگر ہے تو پھر خوشی کیا ہے بھنگ رہے ہیں گئی کارواں اندھیرے میں ہے ابتدا یہ سفر کی تو رہبری کیا ہے مرے مکان سے ذرا دور کچھ بلندی پر دکھائی دیتی ہے اکثر جو روشنی کیا ہے نہ انکسار نہ شکوہ نہ رابطہ کوئی خودی ہے ہم اسی کا تو بے خودی کیا ہے یہ طہر تاج نہیں ہے تو اتنا تلامذہ تمہارے بہتوں پہ آنی ہوئی نہیں کیا ہے ہزار رنج سر آنکھوں پہ بات ہی کیا ہے تری خوشی کے تصدق مری خوشی کیا ہے خدا بچائے تری مست مست آنکھوں سے فرشتہ ہو تو بے تک جائے آدمی کیا ہے گزار دوں ترے غم میں جو عمر خضر نے ترے رنار یہ وہ دن کی زندگی کیا ہے بھری بہار کہاں اور نفس کہاں صیاد سمجھ میں آج یہ آیا کہ بے بسی کیا ہے وہ اور ہیں جو غلبہ کار غلبہ ہیں واعظ نگاہ یار سلامت مجھے کی کیا ہے کمرے ہوئے ہیں وہ کب سے نظر جکائے ہوئے شمار ہوش میں آؤ یہ بے خودی کیا ہے تری نگاہ کرم ہے تو پھر کی کیا ہے ترے نثار مجھے فکر زندگی کیا ہے عیب شے ہے محبت کا جذبہ رنگیں پھر اس کے بعد بساطِ غم و خوشی کیا ہے نگاہ اہل زمانہ پہ کاش کھل جائے یہ ایک مرگ مسلسل ہے، زندگی کیا ہے مری نظر ہے بہار و غزاں سے پکانہ میں چاہتا ہوں تامل کھٹکتی کیا ہے بہت بلند مقام حیات ہے ہم نام زمانہ ساز مقام حیات ہے ہم نام زمانہ ساز نگاہوں کو آگہی کیا ہے چمک رہے ہیں تمہاری نگاہ کے ساغر پھر اس کے بعد تمنائے میکاشی کیا ہے جو بے نیاز غم و درد ہیں حسن اب تک انہیں خبر ہی نہیں غم کی زندگی کیا ہے

معروف قوال شجاعت علی کی رمضان المبارک میں شاندار پرفارمنس

مجھے صوفیانہ کلام پیش کر کے روحانی سکون حاصل ہوتا ہے، نانٹنی ٹونیوز سے گفتگو





























لاہور (پکچر رپورٹر) معروف قوال شجاعت علی خان رمضان المبارک میں نجی ٹی وی چینلز اور دیگر شوں میں اپنی شاندار پرفارمنس سے شائقین سے پذیرائی حاصل کرنے میں کامیاب رہے شجاعت علی خان قوال نے رمضان المبارک کے پہلے عشرے سے آخری روزے تک نجی ٹی وی چینلز، لاہور اور پنجاب میں مختلف مزارات پر اپنی شاندار پرفارمنس کا مظاہرہ کیا جبکہ سوشل میڈیا پر بھی ان کے پڑھے کلاموں کو بے حد پذیرائی حاصل ہوئی نانٹنی ٹونیوز سے گفتگو کرتے ہوئے شجاعت علی خان قوال کا کہنا تھا مجھے اولیاء اللہ کے مزارات ان درگاہوں میں صوفیانہ کلام پیش کر کے روحانی سکون حاصل ہوتا ہے جبکہ سارا رمضان مختلف نجی ٹی وی چینلز میں بھی مجھے صوفیانہ کلام پڑھنے کی سعادت نصیب ہوتی رہی ہے ماہ رمضان میں اللہ کی عبادت میں ذوق و شوق بے حد بڑھ جاتا ہے اس کی تسکین الفاظ میں بیان نہیں کر سکتا ہے انہوں نے کہا جلد اپنی قوالی کو ویڈیو کی صورت میں اپنے مداحوں کیلئے تیار کرونگا۔



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FEATURED SPEAKERS

 Yasir Qadhi	 Linda Sarsour	 Dalia Mogahed	 Omar Suleiman	 Ingrid Mattson	 Mehdi Hasan	 Jamillah Karim	 Azhar Azeez	 Ryan Harris	 Dalia Fahmy
 Altaf Husain	 Wajahat Ali	 Tamara Gray	 Yasmin Mogahed	 Hassan Shibly	 Zahra Billoo	 Mujahid Fletcher	 Precious Rasheeda Muhammad	 Sayyid Syeed	 Nihad Awad
 Laila Muhammad	 Muzammil Siddiqi	 Amena Jandali	 Zaid Shakir	 Abdalla Idris Ali	 Rami Nashashibi	 Yasir Fahmy	 Mohamed Hag Magid	<i>and many more...</i>	

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Dr. Amir Ullah Khan
Director,
CSE Academy

On the lighter side....

Interviewer: What drives you?
 Candidate: The bus mostly.
 Interviewer: I mean what motivates you to get out of bed in the morning?
 Candidate: Missing the bus!

I was getting ready for a doctor's appointment and remembered how my mother once told me, "An apple a day, keeps the doctor away."
 Taking her words to heart I decided to bring an apple. Needless to say, it was shot day, I didn't like needles and was thinking, "There must be some way out of this?"
 So without thinking, I threw my apple at the doctor. He hasn't spoken to me since.

People's parents actually give them sage advice, like "Do what you love, and the money will follow" or "The early bird gets the worm."

All I remember is, "Don't fill up on bread."

Two political candidates were having a heated debate.

Finally, one of them jumped up and yelled at the other, "What about the powerful interest that controls you?"

And the other guy screamed back, "You leave my wife out of this!"

It's okay to watch an elephant take a bath...
 Because they always have their trunks on!

I can't tell the difference between a rose and a dandelion.

So when it came time to fix up my garden, I had no clue which plants to keep and which ones to remove.

Until, that is, my mother gave me this handy tip: "Pull



them all up. If it comes back, it's a weed."

Wife: "Whenever I keep money in my purse, our son steals it! I don't know what to do?"

Husband: "Hide it in his books. I know he will never touch them."

Fric: I was going to dance down a spiral staircase for your birthday, but I decided not to.

Frac: Why not?

Fric: Because I am a Fred Astaires.

Johnathan asked his young son, "Greg, do you think I'm a bad father?"

"My name is Andrew," replied his son.

Three dogs met on a street corner. The first was a beautiful black poodle with a big blue ribbon around its neck, and it said, "My name is Fifi, spelled F-I-F-I."

The second was a pretty white poodle with a red satin ribbon around its neck, and it said, "My name is Mimi, spelled M-I-M-I."

The third was a dirty old mutt and said, "My name is Fido, spelled P-H-Y-D-E-A-U-X."

I had a wooden whistle; it wooden whistle.

I bought a lead whistle; they wooden lead me whistle.

I got a steel whistle; it steel wooden whistle.

They gave me a tin whistle; NOW I tin whistle!

It seems that every time John, our piano tuner, comes to our house, he scolds me for waiting too long between tunings. I agree with him that it should be done every six months, but I don't really think about it until the piano sounds off-key. Last time he came over, I was on the defensive.

"If you would send out a postcard reminder like the dentist," I declared, "I would make sure to call you for an appointment in a timely fashion."

Without hesitating, he replied, "From now on, when the dentist sends you a postcard, call me."

My wife and I have very different body clocks. At sundown she is practically ready for bed. I, meanwhile, am a night owl.

Recently, after a long, hard workday, I announced around 8 p.m. that I was exhausted and ready to hit the sack. Suddenly my wife nearly leapt into my arms.

"Oh, honey," she purred into my ear, "I just love it when you talk early to me."

Patient: Doctor I think I've been bitten by a vampire.

Doctor: Drink this water.

Patient: Will this make me feel better?

Doctor: No, but I'll be able to see leaks and know where the vampire bit you.



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