

# 2022 OFBCA REGIONAL & STATE MEET FORM

## **Rosters**

Rosters must be received by **Monday February 28th at 4:00 p.m.** There will be zero exceptions with this. Please make sure you fax or email your rosters before this time and date. **Meet Entry Form must be field out with the lifter's Division, Name, School, Opening Lifts for Squat, Bench & Deadlift and Coach by Monday at 5:00 p.m.**

## **Lifter Information**

**School:** \_\_\_\_\_

**Coach:** \_\_\_\_\_

**Name of Lifter:** \_\_\_\_\_

**Weight:** \_\_\_\_\_

We, the undersigned, agree not to hold the Oklahoma Football Coaches Association and/or the Regional, State Host or Officials liable in the event of an accident. We further agree to abide by all rules and regulations established by the O.F.B.C.A.

**Signature of Lifter:** \_\_\_\_\_

**Signature of Parent:** \_\_\_\_\_

**Signature of Coach:** \_\_\_\_\_

\*Note: Each lifter has to have this form completed and signed before the competition.

\*Note: Each coach will use this form to run off as many copies of the form as you need.