

SCARS AND ACUPUNCTURE OR LASER THERAPY

Scars, primarily on the surface of the skin, from past injuries or surgeries, have consistently been found to cause disturbances to a variety of normal body functions. Using muscle testing, Nutrition Response Testing(SM) practitioners can determine if the scar is causing a problem. Whether a problem scar is located near a problem area in the body or at a distance (for example a knee scar could be connected to a frozen shoulder), it needs to be properly and thoroughly dealt with in order to attain optimal health.

Scientific research has demonstrated that any area of the skin that heals by scar formation has increased sympathetic nerve innervation. These scars can sometimes suddenly "activate" (even years after they were caused) and act as capacitors, accumulating nerve energy. The scar area can then mis-fire at will, affecting local areas (or bundles of nerves called ganglia), which can then affect other areas some distance from the scar site.

There are instances where clients with heart conditions have rapidly improved when a scar on the web of one of their hands was addressed. Nutrition suddenly started working once this interference was reduced. Similarly, patients with kidney problems improved when an old appendix scar was given proper attention by removing the neurological disturbance fields and thus opening the body's ability to utilize correct nutritional assistance to restore normal function. Scar treatments have produced dramatic health improvements in countless cases, including depression, fatigue, thyroid dysfunction, GI, and pelvic organ problems, years (even decades), after a cut or tear caused a scar.

The Therapy

The most effective nutritional approach for reducing or disconnecting the sympathetic nerve interference caused by an "active" scar is wheat germ oil and/or sesame seed oil (from Standard Process). Using one or both of these oils is often combined with Cold Laser light therapy. Here are several suggested treatment protocols:

1. Massage freshly squeezed oil from a Standard Process Wheat Germ Oil and/or Sesame Seed Oil perle onto a scar (both latitudinally and longitudinally) once or twice daily. For best results, continue the treatment for at least 90 days. (Handles 50% of scars.)
2. Using a "cold laser", shine the light beam about 1 inch above the scar, making sure to run the light beam across the entire scar. Do this once a week for approx. 5 minutes per scar. Results are usually achieved in 4 - 8 sessions. (Handles 70% of scars.)
3. Apply Standard Process Wheat Germ Oil and/or Sesame Seed Oil daily as directed in 1. above and then use the cold laser once a week as directed in 2. above. Note: don't apply oil within an hour before lasering. (Handles 90% of scars, or better.)

Acupuncture Scar Therapy: The handling of scars with acupuncture is taught in schools and in continuing education seminars. Acupuncture may expedite nutritional handling.