

WELCOME TO 2021!

Brandeis BNC Phoenix is excited to announce four new study groups that are open for registration today.

HOW TO REGISTER:

Please go to the [Study Group](#) tab on the [BNC Phoenix chapter website](#) and read and follow the directions under the **Important Links** section that says "**How to Register for Study Groups**". This will make your registration process much easier. Any questions please contact the Study Group VPs at 2021phoenixstudygroups@gmail.com or call 480.256.9515.

52. EXPLORING CHILDREN'S BOOKS *NEW*

There are lots of groups out there that explore, read and discuss all types of literature for adults, but what about books that we want to read with our children or grandchildren, or even just to amuse ourselves? Each month we will share some of our favorite children's books and authors, and be introduced to new literature that is out there. We will focus on picture books, but we can also explore the world of young adult literature. Come join us on this journey. **The first meeting will be January 18, 2021 via Zoom.** Maximum 25.
Third Mondays, 1:00-2:00 pm (January – May)



Facilitator:

Patti Grossman

psgrossman717@gmail.com

602-885-0158

53. CASUAL COOKING *NEW*

Eating healthy should still be delicious and displayed beautifully. Eat to live or live to eat? Is your salad wilted? Join us as we examine vegetables and their true offerings.

Session one: Spinach the versatile vegetable!

Session two: Lentils. Lentils can add flavorful excitement to dishes with vibrant colors. Find the one suited best for your palate.

Session three: Eggplant, also known as aubergines, has a unique range of health benefits! The preparation of eggplant is varied, with each one creating its own unique flavor.



Bring your appetite and either cook or observe how these wonderful vegetables can be transformed. A list of ingredients needed will be emailed prior to each session. **The first meeting will be January 21 via Zoom.** Maximum 25.

Third Thursdays 1:00-2:20 pm (January, February and March)

Facilitators:

Lori Roth lori.rothaz@gmail.com 480-440-4429

Joan Davis davis6j@gmail.com 602.499.8357

54. LADIES ASK AWAY! *NEW*

Each session we will invite a speaker to present on a topic of interest to women. These talks will cover a variety of areas and are sure to be of interest to our BNC members. Join us as we learn from the experts and don't be shy - ask away! **The first session will be via Zoom on February 8.** Maximum 25.
Second Mondays, 10:00-12:00 pm (February – May)

Facilitators:

Roni Nassberg ronika1@aol.com 602-790-7603
Lorrie Cohen lorriecohen@aol.com 973-632-4477



55. MONDAY HAPPY HOUR *NEW*

Bring your *end of the day* "Quarantini" drink and join us each month for a fun get together. Catch up, unwind, have a few laughs, and connect with new and existing (not old) friends! **The first meeting will be February 1 via Zoom.** Maximum 20.
First Mondays, 4:00 - 5:00 pm (February – May)

Facilitators:

Linda Ullman linda@lindaullman.com 520-405-7972.
Iris Wigal wiggley@cox.net 602-980-5436

