



AR adaptogen
research®

MaxRelax[†]



Dietary Supplement
Professional Use Only
60 Vegetarian Capsules

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

Serving Size 2 capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Vitamin B-6 (as Pyridoxal-5-Phosphate)	2.5 mg	125%
Vitamin B-12 (as Methylcobalamin)	1000 mcg	16667%
Magnesium (as Di-Magnesium Malate)	75 mg	19%
Inositol	400 mg	*
Taurine	300 mg	*
Chamomile (<i>Matricaria chamomilla</i>)(flower)	200 mg	*
gamma-Aminobutyric acid (as PharmaGABA™)	100 mg	*
L-Theanine	100 mg	*
5-HTP (5-Hydroxytryptophan)	50 mg	*
Phosphatidylserine (from sunflower lecithin)	50 mg	*

*Daily Value not established.

Other Ingredients: Cellulose (capsule), silicon dioxide, vegetable stearate.

Recommended Use: As a dietary supplement, take two capsules per day, or as directed by your health care practitioner.

Supports brain health.[†]

PharmaGABA™ is a trademark of Pharma Foods International Co., Ltd.

Manufactured in a GMP Registered Facility in the USA

Notice: Color, size or shape may appear different between lots.

**STORE AT ROOM TEMPERATURE.
KEEP OUT OF REACH OF CHILDREN.**

NEUCLM-PL-6



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