Community Resources For Macon County Lafayette & Red Boiling Springs Head Start Center 2018-2019



To locate additional information on Community Resources access, www.tennhelp.com or Call 211

Developed and Distributed by L.B.J.& C. Head Start

Table of Contents

Adult Education	Page # 3
Adult Job Training	Page # 4
Bereavement	Page # 6
Child Care	Page # 7
Child Abuse	Page # 9
Dental Providers/TennCare	Page # 10
Dental Providers/	Page # 12
Disabilities	Page # 13
Domestic Violence	Page # 16
Drug/Alcohol Abuse	Page # 17
Emergencies	Page # 19
Food/Clothing& Utilities	Page # 20
Housing/Homeless	Page # 22
Insurance	Page # 23
Legal/Gov. Assistance	Page # 25
Marriage/Strengthening	Page # 27
Marriage (Pre-Counseling)	Page # 27
Medical Providers/TennCare	Page # 28
Medical Providers/	Page # 30
Mental Health Providers/TennCare	Page # 31
Mental Health Providers/	Page # 32
Quit Tobacco Resources	Page # 33
Raising Children	Page # 34
Transportation	Page # 36
Youth Involvement	Page # 37
Language Assistance	Page # 38

Adult Education:

Nashville State Community College

1000 Neal Street Cookeville, TN. 38501 (931) 526-2211 (931) 520-0551

(Assists Adults to further their education and they also sponsor job fairs)

Macon County Adult Basic Education

Lafayette, TN 615-666-2125 615-666-4778

They offer: GED, Adult High School, Basic Computer Training

(Assists Adults to further their education)

Tennessee College of Applied Technology

716 McMurry BLVD Hartsville, TN 37074 (615) 374-2147

(Assists Adults to further their education and job skills training)

Tennessee Technological University

Cookeville, Tennessee 38505 (800) 255-8881 or (931) 372-3888 (Assists Adults to further their education)

Volunteer State Community College

Livingston & Gallatin 931-823-7065/ Livingston 615-230-3688 1-888-335-8722

(Assists adults with furthering their formal education. Assistance with financial aid& scholarship sign-up is available)

Adult Job Training Services:

AMERICAN MANUFACTURING & PACKAGING (AMP)

435 Gould Drive Cookeville, TN. 38506 (931) 432-5981

(Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs)

Macon County Career Center

Tennessee Vocational Training Center 607 Highway 52 By-Pass Lafayette, TN 37083 Telephone: (615) 666-2330 (Assist adults in locating jobs)

Department of Human Services - Macon County

315 HWY 52 Bypass E. Lafayette, TN 37083 615-666-4041

(Services: Food Stamp; Families First; Medicaid; and TennCare)

Goodwill Industries

575 South Jefferson Cookeville, TN. 38501 (931) 520-8969 (Assists Adults with disabilities to further their education)

Middle Tennessee School of Cosmetology

880-A East 10th Street Cookeville, TN. 38501 (931) 526-8735

Fortis Institute

Highway 111 Cookeville, TN. (931) 526-3660 (Assists Adults to further their education)

www.UCReconnect.com

931-526-2211

Youth CAN 580 South Jefferson Ave, Suite A Cookeville, TN 38501 931-520-9538

Nashville State Community College

1000 Neal Street Cookeville, TN. 38501 (931) 520-0551

(Assists Adults to further their education and they also sponsor job fairs)

Prospect, Inc.

315 HWY 52 Bypass E. Lafayette, TN 37083 615-666-2452

betty.pruitt@state.tn.us

(Assists Adults to further their education and they do Families First Training)

Social Security Administration - SSI Program

665 S. Jefferson Avenue Cookeville, TN 38501

931-528-9765 & Hotline: 800-347-4501

(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

Tennessee College of Applied Technology

716 McMurry BLVD Hartsville, TN 37074 (615) 374-2147 (Assists Adults to further their education and job skills training)

Tennessee Technological University

Cookeville, Tennessee 38505 (800) 255-8881 or (931) 372-3888 (Assists Adults to further their education)

Volunteer State Community College

Livingston, & Gallatin 931-823-7065/ Livingston 615-230-3688 1-888-335-8722

(Assists adults with furthering their formal education. Assistance with financial aid& scholarship sign-up is available)

Resources for Bereavement:

Hospice Grief Recovery Group

Sponsored by: Lazarus House Hospice 851 South Willow Ave Ste 102 Cookeville, TN. 931-520-1705 931-528-5133

Heart of the Cumberland

P.O. Box 717, Cookeville, TN 38503 Phone: 931-525-2600

heartofthecumberland@gmail.com

Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

Childcare:

Becky's Daycare

943 Days Rd Lafayette, TN 37083

CHRISTINE'S GROUP DAY CARE

689 DRIVER RD LAFAYETTE, TN 37083 (615) 666-6623 (Call for fees)

COLOR ME CUTE

1002 HIGHWAY 52 BYP E LAFAYETTE, TN 37083 (615) 688-2883 (Call for fees)

FIRST STEPS PRESCHOOL AND CHILD CARE

1398 SCOTTSVILLE ROAD LAFAYETTE, TN 37083 (615) 666-7143 (Call for fees)

Jungle Explorers

518 Church St Lafayette, TN 37083 615-666-2827

KK'S CHILD CARE

2109 SCOTTSVILLE ROAD LAFAYETTE, TN 37083 (615) 666-8137 Contact Name: CAROLYN GREGORY (Call for fees)

LAUGH-N-LEARN

211 EDGEWOOD ST LAFAYETTE, TN 37083 (615) 688-7878 (Call for fees)

MACON COUNTY PRESCHOOL (FAIRLANE) (-E-)

305 FAIRLANE DRIVE LAFAYETTE, TN 37083 (615) 666-2970 (Free Service)

NANCY'S FAMILY DAY CARE

702 BAKER DRIVE LAFAYETTE, TN 37083 (615) 666-4465 (Call for Fees

OVER THE RAINBOW

908 SYCAMORE ST LAFAYETTE, TN 37083 (615) 666-5656 (Call for Fees)

Red Boiling Springs Head Start

RED BOILING SPRGS, TN 37150 (615) 699-2225 (Free Service)

ROARK'S DAY CARE

2491 AKERSVILLE ROAD LAFAYETTE, TN 37083 (615) 666-3332 (Call for Fees)

Lafayette Head Start

2703 Hwy 52 East Lafayette, TN 37083 (615) 666-4392 (Free Service)

Work in Progress

2430 Red Boiling Springs Rd. LAFAYETTE, TN 37083 (615) 688-5371 (Call for Fees)

Resources to help in Child Abuse Situations:

Child Abuse Hotline

900 2nd Avenue North Nashville, TN 37201 877-237-0004

District Attorney General

1519-East Spring Street Cookeville, TN. 38501 (931) 528-5015

LifeCare Family Services

Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

Lafayette City Police Department

615-666-4725 911 for Emergencies (Assist with emergency needs)

Macon County Sheriff's Department

LAFAYETTE, TN 37083 615-666-3325 (Assist with emergency needs)

Red Boiling Springs City Police Department

615-699-2011 911 for Emergencies

The Exchange Club/Stephens Center for the Prevention of Child Abuse (Parenting Support)

616-B North Church Street Livingston, TN 38570 Contact: Macon Co Suzanne Salyer 931-823-6432 & 800-635-5199

Tennessee Commission on Children/Youth

1000 Neal Street Cookeville, TN 38501 (931) 520-4445

Valley Ridge Mental Health Center

907 Sycamore Street Lafayette, TN 37083 615-666-8070

Dental Providers who take TennCare:

Sumner Pediatric Dentistry

200 S. Westland Ave.Suite 2 Gallatin, TN 37066 (615) 461-7491

Cookeville Regional Dental Clinic

327 North Cedar Street Cookeville, TN 38501 (931) 528-5105

Dr. Charles Burdeshaw

Hermitage Dental Clinic 107 Bonnabrook Drive Suite 1 Hermitage, TN. 37076 (615) 889-1654 800-373-3330

Dr. Richard Gentzler

106 Babb Drive Lebanon, TN. 37087 (615) 443-3680

Dr. Eric Wood D.D.S.

300 Francis Street Goodlettsville, TN. 37072 (615) 859-9994

Porter Dentistry

1633 W Main St Lebanon, TN 37087 615-449-3222

Putnam County Health Department

121 South Dixie Ave. Cookeville, TN. 38501 (931) 528-2531

Raum Family Dentistry

1001 Scottsville Rd. Lafayette, TN. 37083 (615) 666-4865

Snodgrass & King

4671 Andrew Jackson Parkway Hermitage, TN. 37076 (615) 885-3525

West Wilson Dental Group

66 E. Hill Drive Suite B Mt. Juliet, TN. 37122 (615) 773-1150/ Bilingual services available

Pediatric Dentistry of Lebanon

Dr. L Suzanne Wallace 103 Physician's Way Suite 150 Lebanon, TN 37090 615-545-1812 www.pediatricdentistryof lebanon.com

<u>Dental Providers, who may not take TennCare,</u> <u>but offer services to low-income families:</u>

Bread of Life Homeless Shelter and Clinic

281 4th Street Crossville, TN 38555 931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Cookeville Rescue Mission

1331 S Jefferson Ave Cookeville, TN 38506 931-528-5819

Dr. Lynn Cothron

1203 Scottsville RD. Lafayette, TN. 37083 (615) 666-5034

Dr. Larry Key

726 Hwy 52 By-Pass Lafayette, TN. 37083 (615) 666-5567

Dr. Sue Van Blaricum

412 College Street Lafayette, TN. 37083 (615) 666-6155

Resources for Persons with Disabilities:

AMERICAN MANUFACTURING & PACKAGING (AMP)

435 Gould Drive Cookeville, TN. 38506 (931) 432-5981

(Assists persons with disabilities to get jobs by providing job coaching/industrial training/school-to-work programs)

Disability Law & Advocacy Center

2416 21st Ave. South Suite 100 Nashville, TN. 37212 (615) 298-1080 & 1**-800-342-1660** (Assists persons with disabilities to in various ways)

Project Affirm

501 Spruce Street
Dale Hollow Mental Health Center
Livingston, TN 38570

931-432-5590 & Hotline: 931-823—5678

(Provides support services for families with children ages 2 - 17 diagnosed with serious emotional disturbance or dual diagnosis of developmental and behavioral disorder. They also provide respite alternatives ranging from indirect to direct care services. Services are not provided to children who are in the custody of the Department of Children's Services)

Children's Special Services

Lafayette, TN 615-666-2142

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Friends of T.I.P.S.

P.O. Box 5095 Tennessee Tech University Cookeville, TN 38505 931-372-6247

(Assist with Children's Issues, Disability Services. This group serves the Upper Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)

Independent Opportunities Inc. (I.O.I.)

25 West Broad Street Suite # 8 Cookeville, TN. 38501 (931) 528-7701

(Non-profit organization providing high quality residential services to persons with developmental disabilities)

KIDS Putnam

Cookeville, TN 38501 931-526-5437 (Assists with Children's Issues, Disability Services)

Macon County School System (Special Education)

501 College Street Lafayette, TN 615-666-2685 (Serves special need children ages 3 to 21 years old)

Pacesetters (Adult Clients)

664 Industrial Drive Lafayette, TN 615-666-8018 or 666-8019

Social Security Administration - SSI Program

Cookeville, TN 38501

931-528-9765 & Hotline: 800-347-4501

(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

TN Early Intervention System (TEIS)

Education/training (931) 528-1623

Assist children/families birth - 3 yrs)

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083

615-666-3377

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

Vocational Rehabilitation

Cookeville, TN. 38501 (931) 526-9783

(Provides assistance with re-education of disabled individuals and job skills training)

Vocational Training Center

1605 Brown Ave. Cookeville, TN. 38501 (931) 526-4721 (615) 666-2179

(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)

Resources to help in Domestic Violence Situations:

Alliance against Domestic Violence

Cookeville TN 38501 (931) 526-4730 (931) 526-5197

Domestic Violence Support Group

Sponsored by Genesis House:

District Attorney General

1519-East Spring Street Cookeville, TN. 38501 (931) 528-5015

Genesis House

Street location is confidential Cookeville, TN N/A (931) 526-4730

Hotline: 800-707-5197

LifeCare Family Services

Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

Lafayette City Police Department

615-666-4725 911 for Emergencies

Macon County Sheriff's Department

LAFAYETTE, TN 37083 615-666-3325 (Assist with emergency needs)

Red Boiling Springs City Police Department

615-699-2011 911 for Emergencies (Assist with emergency needs)

Resources available to help fight the Alcohol and Drug Abuse (Including METH) Problems in your area:

All Local Churches in Area

Bradford Health Center @ Cookeville Outreach Office

320 East Broad Street Suite 1-A Cookeville, TN 38501 931-646-4674

Bradford Health Center @ Cookeville Regional Office

1330 Neal Street, Suite D Cookeville, TN 38501 931-528-6803

Dale Hollow Mental Health Center

501 Spruce Street Livingston, TN. 38570 (931) 823-5678

Drug Abuse Hotline

1-800-888-9383

LifeCare Family Services

Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

Lafayette City Police Department

615-666-4725 911 for Emergencies

Macon County Sheriff's Department

LAFAYETTE, TN 37083 615-666-3325

Meth Hotline

Spring Street Cookeville, TN. 38501 (931) 525-6384

Meth Hotline/Statewide

1-877-866-6384

Mothers against Drunk Driving /Support Group Meetings

18 N. Madison Ave Cookeville, TN. 38501 931-520-6233

Plateau Mental Health Center

Substance Abuse Services 1200 South Willow Avenue Cookeville TN 38502 Phone: (931) 432-4123

Hotline: (877) 567-6051

Red Boiling Springs City Police Department

615-699-2011 911 for Emergencies

Teen & Adult Challenge

200 Freedom Ln Livingston, TN 38570 1-888-688-0470

Thirteenth Judicial Task Force

Cookeville, TN. 38501 (931) 528-5400

Upper Cumberland-Community Services Agency

417 East Broad Street Suite A.200 Cookeville, TN 38501 (931) 520-0200

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083 615-666-3377

Assistance in the event of an Emergency Situation:

American Red Cross

511 Pointe Lane Lafayette, TN 37083 (615) 666-2403

Air Evac Life Team

106 Emergency Services Dive Albany, KY 42602 (606) 387-9099 Emergency = 911

Hope Clinic

46 Howell Rd. Lafayette, TN. 37083 615-644-2000

Family and Children's Clinic

420 HWY 52 W Lafayette, TN 37083 615-688-5071

Lafayette City Police Department

615-666-4725 911 for Emergencies

Livingston Regional Hospital

315 Oak Street Livingston, TN. 931-823-5611

Macon County General Hospital

Lafayette, TN. 37083 615-666-2147 or 615-666-2144

Macon County Sheriff's Department

LAFAYETTE, TN 37083 615-666-3325

Poison Control

1-800-288-9999

Red Boiling Springs City Police Department

615-699-2011 911 for Emergencies

Shriners of Tennessee

1354 Brick Church Pike Nashville, TN. 37207 (615) 226-7676

Thirteenth Judicial Task Force

Cookeville, TN. 38501 (931) 528-5400

Assistance with Food/Clothing/Utilities Needs:

Bethel Church

101 Church Street Lafayette, TN 615-666-5738

Called Out Ministries

East Main Street Red Boiling Springs, TN 615-699-4479

Community Education Office for the Food Stamp Program Legal Aid Society of Middle Tennessee and the Cumberland's

9 South Jefferson Avenue Cookeville, Tennessee 38501

Phone: 931.528.7436 & Toll Free: 800.262.6817

Department of Human Services - Macon County

Lafayette, TN 37083 615-666-4041

Lafayette Church of God

654 Hwy 52 West Lafayette, TN 37083 615-666-3030 & 615-688-5404 (Assistance with various needs)

Lafayette Church of Christ

212 Church Street Lafayette, TN 37083 615-666-2003

Macedonia Baptist Church

1725 Happy Ridge Road Moss, TN 38575 931-258-3371

Macon Helps

Lafayette, TN 37083 615-666-6607

Midway Church of Christ

4301 Moss-Arcot Rd. Moss, TN 38575 931-258-3393 (Assist with various needs)

Moss Church of Christ

3204 Clay County Highway Moss, TN 38575 931-258-3563

Oak Grove Church of Christ on Baptist Ridge

Contact: P.O. Box 407 Celina, TN 38551

Pine Branch Church of Christ

3130 Neeley Creek Road Celina, TN 38551 931-243-2992

Red Boiling Springs Church of Christ

320 Church Street Red Boiling Springs, TN 37150 615-699-2840

Union Hill Wesleyan Church

6495 McCormick Ridge Rd. Whitleyville, TN 38588 258-3380 (Assist with various needs)

Willette Church of Christ Benevolence Program

Red Boiling Springs, TN 615-699-2251 (Assist with various needs)

TennCare Transportation - Cookeville

417 East Broad Street Cookeville, TN 38501

Hotline: 800-483-6743 Macon County= 1-866-416-9209

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083 615-666-3377

Resources to assist with Housing/Homeless Needs:

American Trust Properties LLC

201 Main Street Lafayette, TN 37083 615-688-9600

Bread of Life Homeless Shelter and Clinic

281 4th Street Crossville, TN 38555 931-707-0569

Citizens Mortgage

Lafayette, TN 37083 615-666-3520 & 615-666-2195

Cookeville Rescue Mission

1331 S Jefferson Ave Cookeville, TN 38506 931-528-5819

Lafayette Housing Authority

613 Dycus Circle Lafayette, TN 37083 (615) 666-2140

Portland Housing Authority

451 Valley View Drive Red Boiling Springs, TN (615) 699-2107

Upper Cumberland Homeless Shelter

15 Division Street Crossville, TN. 38555 (931) 456-8172

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083 615-666-3377

United States Department of Agriculture

Rural Development 390 South Lowe Avenue Suite K Cookeville, TN 38501 (931) 528-6539

Assistance with Insurance Needs:

Blue Cross Blue Shield

(865) 588-4612 Group Insurance & 1-800-845-2738

Bernard Health

Rachel Hesson 204 Medical Dr. Lafayette, TN 37083 615-666-2147 ext. 255

Chris A. Johnson Agency

142 Hwy 52 By pass W Lafayette, TN 37083 615-666-4888

Choice One Ins

505 Hwy 52 By-Pass West Lafayette, TN 37083 615-666-4790

Department of Human Service – Macon County

Lafayette, TN 37083 (615) 666-4041 (Medicaid & TennCare Information)

Farm Bureau

Lafayette, TN 37083 (615) 666-4025 (Affordable Insurance for Families & Individuals)

Health Department / Coverkids

601 52 By-Pass Lafayette, TN 37083 (615) 666-2142 (Affordable Insurance for Families & Individuals)

Hope Family Health

Michelle McRae 1124 Hwy 52 E Westmoreland, TN 37186 615-644-2000 ext. 478

State Farm

Lafayette, TN 37083 (615) 688-5200

Smith Insurance

Lafayette, TN 37083 (615) 688-4790

Tennessee Justice Center

Nashville, TN 615-255-0331

Assists with strategies for obtaining TennCare and appeals process, etc.

Tooley Carver Insurance Agent

Lafayette, TN 37083 (615) 666-3300 (Affordable Insurance for Families & Individuals)

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083 615-666-3377

Legal/Governmental Assistance:

Child Support Services of Tennessee - Hartsville

100 Greentop Street Hartsville, TN 37074 615-374-3714

(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)

Lafayette Housing Authority

Wells Ave Lafayette, TN 37083 (615) 666-2140

(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)

Legal Aid Society of Middle Tennessee and the Cumberlands

9 South Jefferson Avenue Cookeville, Tennessee 38501

Phone: 931.528.7436 Toll Free: 800.262.6817

(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)

Portland Housing Authority

451 Valley Drive Red Boiling, TN 37150 (615) 699-2170

(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)

Rape and Sexual Assault Response Center

1519 East Spring, Suite F Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197 Hotline: 800-707-5197

Translation services offered: Yes

(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Tennessee 211

1-800-318-9335

(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)

Upper Cumberland-Community Services Agency

417 East Broad Street Suite A.200 Cookeville, TN 38501 (931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083

615-666-3377

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)

Resources to Strengthen Marriages:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501 (931) 528-9399

First Baptist Church

455 Carthage Road Red Boiling Springs, TN 37150 (615) 699-2210 (615) 699-2818 (803) 840-5802 Contact: Rev. Thomas Compton

The Exchange Club/Stephens Center for the Prevention of Child Abuse

Livingston, TN 38570 Contact: Carolyn Isbell, Executive Director 931-823-6432 & 800-635-5199

Upper Cumberland Development District

1225 South Willow Avenue Cookeville, TN 38501 (931) 432-4111

Pre- Marriage Counselors:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501 (931) 528-9399 (Provide Assistance with Marriage & Mental Health Counseling)

Dale Hollow Mental Health Center

Telephone = 1-877-567-6051 (Counseling for persons with emotional and behavioral problems, also assist in securing needed resources)

Medical Providers who take TennCare:

Alpha Medical Associates

209 College Street Lafayette, TN. 37083 (615) 666-2056

Children's Special Services

Lafayette, TN 615-666-2142

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Cookeville Pediatrics Associates

345 West Broad Street Cookeville, TN. 38501 (931) 528-1485 (Takes TennCare)

Dr. Chunn

200 Hwy 52 By-Pass Lafayette, TN. 37083 (615) 666-5600 (Takes TennCare)

Family and Children's Clinic

420 HWY 52 W Lafayette, TN 37083 615-688-5071

Family Care Center

306 W. Locust Street Lafayette, TN. 37083 (615) 666-6425

(Takes TennCare and has affordable rates for those who do not have TennCare)

Hope Clinic

Westmoreland, TN. (615) 644-2000

Lafayette Children's Clinic

Lafayette, TN. 37083 (615) 688-7012

(Takes TennCare and has affordable rates for those who do not have TennCare)

Macon County Health Department

Lafayette, TN. 37083 (615) 666-2142

(Takes TennCare and has affordable rates for those who do not have TennCare)

Macon County General Hospital

Lafayette, TN. 37083 (615) 666-2147 or 666-2144 (Takes TennCare)

Tennessee Pediatrics

435 North Cedar Street Cookeville, TN. 38501 (931) 526-6100 (*Takes TennCare*)

Woodard Family Health Care

Red Boiling Springs, TN. 37150 (615) 699-3169

(Takes TennCare and has affordable rates for those who do not have TennCare)

<u>Medical Providers, who may not take TennCare, but</u> <u>offer services to low-income families:</u>

Bread of Life Homeless Shelter and Clinic

281 4th Street Crossville, TN 38555 931-707-0569

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Children's Special Services

Lafayette, TN 615-666-2142

(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Partnership for Prescription Assistance

Phone: 1-888-477-2669

www.pparx.org

If you do not have prescription coverage and/or can not afford your medicines, this organization may be able to help

Mental Health Providers who take TennCare:

Cumberland Plateau Recovery

550 North Church Street Livingston, TN. 38570 (931) 403-3577 (931) 265-5382

Dale Hollow Mental Health Center

501 Spruce Street Livingston, TN. 38570 (931) 823-5678

Personal Growth and Learning Center

509 North Cedar Avenue Cookeville, TN 38501 931-520-8435

Rape and Sexual Assault Response Center

1519 East Spring, Suite F Cookeville, TN 38506 Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197 **Hotline**: 800-707-5197

Team Evaluation Center

600 North Holtzclaw Avenue Chattanooga, TN 37404-1220 (423)-622-0500

Valley Ridge Mental Health Center

P.O. Box 297 Lafayette, TN 37083 615-666-8070

Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow PO Box 3165 Cookeville, TN 38502

931-432-4123 **Hotline:** 1-800-281-4943

Youth Villages

615-250-7325 www.youthvillages.org

Mental Health Providers, who do not take TennCare, but offer services to low-income families:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501 (931) 528-9399

LifeCare Family Services

Cookeville, TN. 38501 (931) 528-0051 (615) 781-0688

Plateau Mental Health Center

Substance Abuse Services 1200 South Willow Avenue Cookeville TN 38502

Phone: (931) 432-4123 Hotline: (877) 567-6051

Pacesetters Inc.

2511 HWY 111 North Algood, TN. 38506 (931) 537-9100

Upper Cumberland-Community Services Agency

417 East Broad Street Suite A.200 Cookeville, TN 38501 (931) 520-0200

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083 615-666-3377

Quit Tobacco Resources

Tennessee Tobacco Quitline: 1-800-784-8669

Cumberland County Health Department

Smoking Cessation Ruth Lucas 131 South Webb Crossville, TN 931-484-6196

March of Dimes and Tennessee Department of Health, WIC Program

S.M.A.R.T. – Smart Mothers are Resisting Tobacco 1-800-884-9301

Nicotine Anonymous

www.nicotineanonymos.org

American Lung Association

Freedom From Smoking www.lungusa.org

American Lung Association of Tennessee

1-800-432-5864 www.lungusa.org

Former Smokers

The No Smoke Café http://clever.net/chrisco/nosmoke/stop.html

Macon Co Health Dept.

601 Hwy 52 E Lafayette, TN 37083 615-666-2142 (Baby & Me Program provides free Diaper vouchers if do not smoke while pregnant)

Resources to assist persons raising children possibly other than their own:

Agricultural Extension Service - Overton County

317 East University Street

Suite 131

Livingston, TN 38570

The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.

Department Of Children's Services

1300 Salem Road

Cookeville, TN 38506

(931) 646-3002 or 931-646-3000

(Counties Include: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, and White)

Help Us Grow Up Successful (HUGS)

Upper Cumberland Regional Office 200 West 10th Street Cookeville, TN 38501 931-528-7531

Developed by the Tennessee Department of Health, Help Us Grow Successfully also known as HUGS is a home visiting program that also coordinates additional services for pregnant and postpartum women up to two years and children ages birth through five years. HUGS coordinators can assist clients in getting health care as well as social, educational, and many other necessary services to ensure Tennessee's babies are born healthy and grow up healthy.

Relatives as Caregivers

1225 South Willow Ave. Cookeville, TN. 38501 (931) 432-4111

(Assists in various ways, such as support groups, etc.)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

Livingston, TN 38570

931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Upper Cumberland-Community Services Agency

417 East Broad Street Suite A.200 Cookeville, TN 38501 (931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083 615-666-3377

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access;

Youth Villages

1420 Neal Street Cookeville, TN. 38501 (931) 525-6900 (Assists Foster Parents in the Upper Cumberland)

Resources to assist with Transportation Needs:

TennCare Transportation - Cookeville

417 East Broad Street Cookeville, TN 38501

931-372-8719 & **Hotline:** 800-483-6743 Macon = 1-866-416-9209

(Assists with Health, **Transportation** and Utilities needs. Must have TennCare insurance. Provides transportation to appointments covered by TennCare.

Upper Cumberland-Community Services Agency

417 East Broad Street Suite A.200 Cookeville, TN 38501 (931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Macon County

Lafayette, TN 37083 615-666-3377 (Assists with Children's Issues, UCARTS; Job Access.)

Upper Cumberland Development District

1225 South Willow Avenue Cookeville, TN 38501 (931) 432-4111

(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)

Promoting Youth Involvement:

Lafayette Housing Authority

613 Dycus Circle Lafayette, TN 37083 (615) 666-2140

Lafayette Little League

615-633-2167

Macon County Little League & Babe Ruth

Lafayette, TN. 37083 (615) 633-7369

Macon County Soccer League

Lafayette, TN. 37083 (615) 888-6004

Macon County Youth Softball

Lafayette, TN. 37083 (615) 666-6511

Portland Housing Authority

451 Valley Drive Red Boiling, TN 37150 (615) 699-2170

The Edge Youth Center

C/o Methodist Church Livingston TN 38570 Contact: Kathy Oakley (931) 403-3343

Upper Cumberland-Community Services Agency

417 East Broad Street Suite A.200 Cookeville, TN 38501 931-520-0200

WCTE American Graduate & Ready To Learn

LWray@wcte.org CPutman@wcte.org 931-528-2222

<u>Language Assistance</u> (All Counties)

Brent Simpson

931-212-8097

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

(615) 227-7500 (800) 280-8682

Hispanic Association

732 Lafayette Rd Red Boiling Springs, TN 37150 (615) 699-6279

LifeCare Family Services - Cookeville - Counseling and Therapeutic Services

665 South Jefferson Avenue Cookeville, TN 38501 (931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)