

ALZHEIMER'S DISEASE CAREGIVER RESOURCE GUIDE

This resource guide was created to help the caregivers of people with Alzheimer's disease learn more about the disease and the resources available on the Internet for information and support. It features information about several Web sites for both national and local organizations that focus on Alzheimer's disease, including detailed descriptions of the many useful tools and resources that can help you understand more about the disease, cope with how it affects both you and your loved one, make informed decisions about treatment in consultation with a healthcare professional, live a fuller life, and help your loved one live a fuller life.

Refer to this resource guide and visit the Web sites it profiles to access:

- In-depth yet easy-to-understand information about Alzheimer's disease
- News and information about available treatment options
- Downloadable checklists, publications, and guides that can help you track your loved one's progress and effectively communicate with his or her physician
- Blogs, discussion forums, videos, and other personal accounts from caregivers who have experienced caring for someone with Alzheimer's disease and want to share advice and support
- News and updates about the latest research
- Support groups, events, and treatment options available in your area

Sections:

Skilled Nursing & Visiting Nurse Resources
Nonprofessional Caregiver Resources
National Alzheimer's Organizations
Long-term Care & Assisted Living Resources
Adult Daycare & Palliative Care Services

The information and resources provided by the third-party Web sites featured in this guide are not intended to substitute for medical care or treatment or to replace discussions with a physician or healthcare provider about Alzheimer's disease or any other medical condition. These Web sites are provided for educational purposes and to help facilitate communication between patients, their caregivers, and their providers. Neither MD Net Guide (MDNG) nor Novartis are associated with any of the groups or organizations discussed in this guide and cannot be responsible for the accuracy or currency of the information provided.