Emmanuel Episcopal Church 1st Sunday in Lent



[Old 124th]

Sunday, March 9, 2025, 8:00 AM and 10:30 AM Welcome to Emmanuel. We invite you to join with us in worship. Music is a part of our 10:30 a.m. service. Please maintain prayerful silence in the Nave to prepare for worship

Prelude "I Heard the Voice of Jesus" Kingsfold/arr. Lee Dengler

Opening Hymn 149 Eternal Lord of love, behold your Church

Liturgy of the Word

All standing, the Celebrant says

Bless the Lord who forgives all our sins.

People God's mercy endures for ever

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage. You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

Celebrant

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

Celebrant then says

Let us confess our sins against God and our neighbor.

Silence is kept for persons to bring before God their individual sins. Celebrant then says:

God of all mercy,

we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves,

and in the world you have created.

We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf.

Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The Celebrant says:

Kyrie (spoken at 8:00am, sung at 10:30am): Lord, have mercy Christ, have mercy Lord, have mercy.



Collect of the Day

BCP 357

Celebrant	The Lord be with you.	
People	And also with you.	
<i>Celebran</i> t	Together, let us pray.	

O God, who before the passion of your only begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

First Reading (seated)

Deuteronomy 26:1-11

When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me." You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

Reader The word of the Lord. People **Thanks be to God.**

Psalm 91:1-2, 9-16

- 1 He who dwells in the shelter of the Most High, * abides under the shadow of the Almighty.
- 2 He shall say to the LORD,
 - "You are my refuge and my stronghold, * my God in whom I put my trust."
 - my Gou in whom I put my trust.
- 9 Because you have made the LORD your refuge, * and the Most High your habitation,
- 10 There shall no evil happen to you, *
- neither shall any plague come near your dwelling.
- 11 For he shall give his angels charge over you, * to keep you in all your ways.

BCP 728

- 12 They shall bear you in their hands, *
 - lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder; *
 - you shall trample the young lion and the serpent under your feet.
- 14 Because he is bound to me in love,
 - therefore will I deliver him; *
 - I will protect him, because he knows my Name.

15 He shall call upon me, and I will answer him; *

I am with him in trouble;

I will rescue him and bring him to honor.

16 With long life will I satisfy him, *

and show him my salvation.

Second Reading (seated)

Romans 10:8b-13

[St. Flavian] Luke 4:1-13

"The word is near you,

on your lips and in your heart"

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

ReaderThe word of the Lord.PeopleThanks be to God.

Gradual Hymn 142 Lord, throughout these forty days

Gospel (stand as you are able)

DeaconThe Holy Gospel of our Lord Jesus Christ according to Luke.PeopleGlory to you Lord Christ.

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone."

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

Worship the Lord your God,

and serve only him."

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

'He will command his angels concerning you, to protect you.'

and

'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

Jesus answered him, "It is said, 'Do not put the Lord your God to the test." When the devil had finished every test, he departed from him until an opportune time.

- Deacon The Gospel of the Lord
- People Praise to you, Lord Christ.

Homily

The Rev. Rhonda E. Wheeler

Nicene Creed (Leader and People)

BCP 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God,

begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

- For our sake he was crucified under Pontius Pilate;
 - he suffered death and was buried.
- On the third day he rose again in accordance with the Scriptures;
- he ascended into heaven and is seated at the right hand of the Father.
- He will come again in glory to judge the living and the dead, and his kingdom will have no end.
- We believe in the Holy Spirit, the Lord, the giver of life,
 - who proceeds from the Father and the Son.
 - With the Father and the Son he is worshiped and glorified.
 - He has spoken through the Prophets.
 - We believe in one holy catholic and apostolic Church.
 - We acknowledge one baptism for the forgiveness of sins.
 - We look for the resurrection of the dead,
 - and the life of the world to come. Amen.

Prayers of the People

I ask your prayers for God's people throughout the world; for our Bishop; for this gathering; and for all ministers and people. Pray for the Church.

The People offer their petitions.

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace.

The People offer their petitions

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble.

The People offer their petitions

I ask your prayer for all who seek God, or a deeper knowledge of him. Pray that they may find and be found by the Holy One.

The People offer their petitions

I invite your thanksgivings.

The People offer their petitions.

I ask your prayers for the departed. Pray for those who have died.

The People offer their petitions

Praise God for those in every generation in whom Christ has been honored. Pray that we may have grace to glorify Christ in our own day.

The Celebrant concludes the Prayers by saying:

Lord Jesus Christ, you said to your apostles, "Peace I give to you; my own peace I leave with you:" Regard not our sins, but the faith of your Church, and give to us the peace and unity of that heavenly City, where with the Father and the Holy Spirit you live and reign, now and for ever. Amen.

Peace (All stand.)

Celebrant The peace of the Lord be always with you. People And also with you. Then the Ministers and People may greet one another in the name of the Lord.

The Holy Communion

Offertory Anthem (Emmanuel Choir) "You Are Mine"

David Haas; arr. Mark Hayes

The people stand and sing the Presentation Hymn as gifts of bread, wine, and money are presented at the altar: "One Bread, One Body" (tune One Bread, One Body).

Doxology L-151 One Bread, One Body

[One Bread, One Body]

Great Thanksgiving

People	It is right to give him thanks and praise.
Celebrant	Let us give thanks to the Lord our God.
People	We lift them to the Lord.
Celebrant	Lift up your hearts.
People	And also with you.
Celebrant	The Lord be with you.
The people stand.	

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

(setting Deutsche Messe, Franz Peter Schubert)

Celebrant and People Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The people remain standing. The Celebrant continues

Ever living God, you have created the world out of nothingness. You are present in both the darkness and the light.

You have created humanity from the dust of the earth, and have given us the ability to choose between good and evil. You have called your prophets and champions from among the lowly. You have formed your people through wanderings in the desert and through exile in foreign lands.

In your creative thirst to be known to us, you have entered into our struggles, coming among us in the human person of Jesus, the Christ. He was conceived amid scandal, born in want, raised in obscurity. With us he embraces hunger and thirst, temptation, rejection, doubt, grief, suffering and death.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died, he took bread, and when he had given thanks, he broke it and gave it to his disciples saying, "Take, eat: This is my body which is given for you. Do this in remembrance of me."

After supper he took the cup of wine and, when he had given thanks, he gave it to them and said, "Drink this, all of you: This is my blood of the new covenant, which is shed for you and for all people for the forgiveness of sin. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died. Christ is risen.

Christ will come again.

The Celebrant continues

Now in this sacred rite of thanksgiving and praise we celebrate the saving work of Jesus. In him the instrument of torture and death has been transformed into the sign of reconciliation and abundant life.

Recalling his life and teaching, his death and resurrection, we offer these gifts of bread and wine. Spirit of Compassion, breathe upon them now, making them for us the Body and Blood of your incarnate Love. Unite us to your Son in his sacrifice, that we may be acceptable through him, being ≇ sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with blessed Mary and all your saints, we may enter the everlasting heritage of your sons and daughters. All this we ask through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, all glory and honor is yours, Almighty Father, for ever and ever. **Amen!**

The Celebrant then continues And now, as our Savior Christ has taught us, we are bold to say, People and Celebrant **Our Father, who art in heaven, hallowed be thy Name,**

thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen. We do not presume to come to this your Table, O merciful Lord, trusting in our own righteousness, but in your many and great mercies. We are not worthy so much as to gather up the crumbs under your Table. But you are the same Lord whose nature is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to receive Holy Communion. If you do not wish to receive from the cup, it is acceptable to receive the bread only. Those who do not wish to receive Communion, are invited to come to the altar for a blessing, indicated by placing crossed hands over the chest. Please speak to the Rector if you would like to learn more about baptism.

Judson W. Van de Vanter/Winfield S. Weeden

Hymn L-133 / Surrender All

BCP 365

Post-Communion Prayer After Communion, the Celebrant says Let us pray. Celebrant and People Almighty and everliving God, We thank you for feeding us with this spiritual food Of the most precious Body and Blood Of your Son our Savior Jesus Christ; And for assuring us in these holy mysteries That we are living members of the Body of your Son, And heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, To love and serve you As faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, Be honor and glory, now and for ever. Amen.

The Priest offers a Lenten Prayer.

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. **Amen**

Recessional H	ymn 529	In Christ there is no East or West	[McKee]	
Dismissal			BCP 366	
Deacon or LEM Let us go forth in the Name of Christ People Thanks be to God.				
Postlude	Restore in	Us, O God	Carl Daw, Jr./Hal Hopson	

Emmanuel Episcopal Church Hampton, Virginia

March 9, 2025

Welcome to Emmanuel!

If this is your first visit to Emmanuel Episcopal Church, consider making this your spiritual home. Sunday services are found in the red Book of Common Prayer located in your pew or in the printed bulletin. Hymns are found in the blue Hymnal, the red & black Lift Every Voice and Sing hymnal (L), or the green Wonder, Love, & Praise hymnal (W).

If this is your first time visiting the Episcopal Church, simply relax and enjoy the service. Don't worry about doing things "right," for God has brought you here for a purpose and together, as the people of God, we can enjoy each other's company and the presence of God you bring into our midst.

All people are welcome to receive communion in the Episcopal Church and you can do so by coming to the rail, standing or kneeling, and holding your hands to receive the bread (Body of Christ) and when the cup is offered to you, either drink from the common cup – first cup; or dip the bread in the wine yourself (intinction) – second cup. Communion in one-kind (bread) is a completely full & sufficient communion. If you would prefer to have the clergy and a chalice come to you, please notify an usher.

Filming during the service - Recognizing that not all are able to re-gather, we will broadcast the later service.

Cell Phones - Please remember to mute or turn off your phone before the service starts.

Safety Protocols at Emmanuel - Mask wearing is appropriate anytime but not required. In close quarters, like the Vestry room and library, it may make sense to consider wearing masks depending on the participants. Hand sanitizer is available. In the event of an emergency, please stay calm, stay seated, and listen for instructions.

The sanctuary flowers are given this week by Margaret & Dean Seitz to the glory of God, and in honor of the birthdays of Sarah & Elizabeth Joyce.

The sanctuary candle is given this week by Suzzane Jewett to the glory of God, and in honor of the birthday of her granddaughter Paityn.

Lay Eucharistic Ministers

8:00am R – Vi Cooper; C – Chuck Gwilt, Vi Cooper

10:30am R – Jane Frazer; C – Barb Fisher, Carol Bowers

ANNOUNCEMENTS

<u>Reminder</u> - Emmanuel's sanctuary and chapel are open for prayer and reflection during office. Parish office hours are: Tuesday – Friday, 8:30a – 3p.

<u>Mardi Gras Party Thank yous!!!</u> The Shrove Tuesday dinner party was SOOOO MUCH FUN!!! And would not have been possible without some very dedicated and hard-working folks. *Donnie Wheeler* was our chef – cooking ALL of the pancakes, sausage, bacon, and apples. (He started at 3a and finished about 7:30p.) *The Bill Miles Band* put on a fabulous performance – singing for over an hour covers & original songs. *Margaret Parker* wore many hats – from set-up to buffet line coordinator to clean up. *Suzzane Jewett & Karen Harrington* were the "cashiers." *Cait Hale* baked a delicious & colorful King Cake; we're still trying to figure out who got the Baby Jesus in their slice of cake! Others on the organizing, clean-up, & set-up crew were *Rev. Rhonda, Deacon Darlene, Emily Hawkins, Sabrina Miles*, and *Pat Dwyer*.

Finally, thank you to all of you who came out to celebrate! Rev. Rhonda has posted photos from the evening on the church's facebook page.

<u>Fitness Class</u> – Fitness for All Bodies Every Day meets on *Thursdays at 11:30a*. Please note the new start time for the class. Join us and learn how to make simple adjustments to your daily activities which improve your balance and overall well-being. (You may do these exercises sitting or standing.)

<u>Night's Welcome</u> – Our final night for the season is this *Tuesday, March 11*. Those that have volunteered, please confirm with your breakfast or dinner lead (Beth Pence, Margaret Seitz) what time you are needed. The host church for this month is Bethany United Methodist at 1509 Todds Lane, Hampton.

Joint Lenten Program – Emmanuel will be joining the other three Hampton Episcopal congregations for a Wednesday evening Lenten program beginning on *March 12* at St. Cyprian's (1242 W. Queen St., Hampton). The evenings will start at 5p with a soup & salad dinner provided by the host church and conclude by 7p. This week we will be exploring *"Overcoming Temptation"* with The Rev. Dr. Hector K. Sintim, rector of St. Cyprian's. Emmanuel's turn to host is March 19.

Bag Lunch Packing – We are making bag lunches on Saturday, March 15 at 10a in the parish hall. Volunteers are needed so please call the parish office. Additionally, we need the following supplies – 8 loaves of bread; 50 clementines, 50 small bags of chips, and 50 small packs of cookies. If you can help with any of these items, please contact the parish office. Thank you!

In Need of Prayer — Alex, Bob, Cephise, Carol, Diane, Becky, Clara, Boyd, Patti, Beth, Earl, Claire, Tristan, Maria, Willie, Carole, Nancy, Karen T, Arline, Ron, Bonnie, Sandy H, Kim, EJ, Jerry, Malka, Faye, Mike, Betty, Tom, Sheila, Mary, Elizabeth, Doug, Geoff, , Barbara, Barbara & Harold, Jim & Susie, Richard, Ed, Helen, Gina & Tal, Bill, Mary B, Carl, Pixie, Sharon & Denis, Fran, Velma, Bobby L, Rand family, Jan F, Brenda, , Judy, Laura, Lee Ann, Betty F, Sandy, Tim & Debra, Sally Sue, Donna B., Diane K, Aaron, Mary, Kathleen, Charlene, Rebecca, Beth M., LaMar, Kai, Dakota, Doris, Carol Sue, Hellman family, Gerry, Mary Jane, Betty Anne, Barbara, Gale, Richard, Jane, Diane W, Delores, Carla, Anna, Andrew, Michelle, Bria, Abby, Xaria, Jonel, Mary & Lee, Belinda, Brian, Robin, Dynes family, Shirley, Edith, Mikon, Michelle, Breonna, Morgan, John, Keith A., Bishop Curry, Parker, Jon, Karla, Gary & Sheila, Debra Sue, Alice, Sandy R., Jack, Kyle, Pat, Jackie & Calvin; Lisa & David, Pam, Teddie Jo, Iva, Autumn, Tage, Kent, Brigid & Rick, Diana, Carol Sue Bob B., Ben, Bill B., Nancy, Kellie, Preston, Marlo, Heather, Jimmy M., Bill W., Nolan, A.J., Carrie, Sandy P., Tina, Paul, Evelyn, Steven, Virginia, Helms family, Phillips family, Bill K, Shanda, Karen, Cathy S., Chisman family, Wendy, Judy, Brian, Gary& Chuck, Mona, Garry, Marty, Pat, Robert, Jerry, Carol U, Baby William, Gary, Constance, Latta; Angalee, David & Frank, Kathie, Georgia, Jackie

Stewardship Moment

<u>Stewardship Moment</u> "Walk in Love" -- This second Sunday loose cash collection will be sent to Episcopal Relief and Development (ERD) for relief work in California because of the fires in January. Several members of our church family have relatives or friends who were affected by the fires. So, we're reaching out to support recovery work to help all who were affected.

EVENTS THIS WEEK				
Sunday, March 9 -	1 LENT			
8:00am & 10:30am:	Worship			
9:00am & 11:30am:	Emmanuel Café			
9:15am:	YEAs			
Monday, March 12 - 7:00pm:	AA & Al-Anon			
Tuesday; March 11—11:00am:	Prayer Shawl			
5:30pm:	Night's Welcome			
Wednesday, March 12 – 11:00am:	WoW			
12:00pm:	Healing Worship			
2:00pm:	ARC*C			
5:00pm:	Lenten Program at St. Cyprian's this week			
Thursday, March 13 – 11:30am:	Fitness			
3:30pm:	Staff			
4:30pm:	Visioning			
5:30pm:	Discernment			
5:30pm:	Choir			
Friday, March 14 - 12:30pm: -				
Saturday, March 15 - 8:00am:	AA			
9:00am:	Altar Guild			
10:00am:	Bag Lunch			
Sunday, March 16 -	2 LENT			
8:00am & 10:30am:	Worship			
9:00am & 11:30am:	Emmanuel Café			
9:15am:	YEAs			
12:00pm:	ASD			

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