

# Guide to the Specialty Pharmacy Hydrotherapy/Pain Rx

## **Medication Delivery Method:**

Hydrotherapy foot bath - below the ankle

Rinse - above the ankle/rinse bottle

Rinse and Topical Gel - often used for deeper wounds

"3" is typical for Refills

The last Sub Option is typically the "cash" option and will be \$30 or less out-of-pocket. Most payors, though, will cover the primary or one of the Sub Option formulations. Our pharmacists will almost always offer an option that will be covered. There may be a standard co-pay which is almost always \$15 or less.

On the bottom left it's usually best to sign on the Substitutions Permitted line. The Rx Form comes in a fillable format that I can email to you and/or fill out the bottom and make copies to drop off.

You would just check the one appropriate box and then substitutions would be made if dictated by the payor to do so (if the primary option is not covered).

The Hydrotherapy options come with one of two different basins (depending on the payor).

## **Procedure Kits:**

Often very helpful for toenail procedures (to include pre-operatively). Please be sure to include the Date of Procedure to ensure timely delivery.

## **Hyperkeratosis Formulations:**

These are applied topically.

Sometimes the Transdermal Pain Formulation's effectiveness is enhanced when combined with an Anti-Infective Hydrotherapy Foot Bath or Rinse.

**The Anti-Infective Hydrotherapy Foot Bath is often used for hand patients.**

We also have an online version of the Rx form which can be easily customized and periodically updates (or the standard one is fine).

**Please don't hesitate with any questions or concerns and for ordering instructions.**

Cory Steiner

(800) 366-8051

(215) 791-0674 cell

eortho@aol.com

www.eortho.com