

The OASIS

North Idaho Unitarian Universalist's

VOLUME 18, ISSUE 21

October 2016



Schedule of Upcoming Events

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<p>Oct. 2 10:30</p>	<p>Worship Service with guest speaker Rev. Carolyn Holland – “The Folly of Certainty.” See pg. 3 for more details</p>
<p>Oct. 9 10:30</p>	<p>Live Streaming –UUCS–Rev. Todd Eklof “What I Believe — It’s been more than five years since I became minister at UUCS and all I’ve done is talk about what I don’t believe. Maybe it’s about time I mentioned what I do believe in.”</p>
<p>Oct. 14 7-9 PM</p>	<p>The Dances of Universal Peace are always on the 2nd Thursday of the month, 7-9 pm in room 107 at the Harding Center</p>
<p>Oct. 16 10:30</p> 	<p>Worship Service - “Awe and Wonder and the Creation of Beloved Community: How spiritual and emotional intelligence help save ourselves and our communities. Potluck follows the Service</p>
<p>Oct. 20 5:30–7 PM</p>	<p>NVC (Non-violent Communication) Group meets the 4th Thurs. of every month at Morning Light Yoga Studio, Govt Way and Harrison. Call Elke at 771-1703 © or 765-5409 (H) for more information</p>
<p>Oct. 23 10:30</p>	<p>Worship Service—Emotional Intelligence. “An Emotion does not cause pain. Resistance or suppression of an emotion causes pain.” — Frederick Dodson</p>
<p>Oct. 25</p> 	<p>Book Club meets the last Tues of the month at 5:30, location TBA. The next book is The book is "Digging to America" by Anne Tyler.</p>
<p>Oct. 30 10:30</p>	<p>Worship Service - Day of the Dead. Come honor those whom we have loved as we celebrate those who have passed at the Day of the Dead Celebration</p>

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**We Accept.
We Support.
We Transform.**

SUNDAY SERVICES

All services begin at 10:30 a.m.

- Worship Services
- Touchstone Worship Services
- Intergenerational Services

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NORTH IDAHO UNITARIAN UNIVERSALIST CHURCH

Harding Family Center 15th & Wallace Avenue P.O. Box 221 Coeur d’Alene, ID 83816 (208) 416-1599

Minister's Musings

My life has been frantic lately. Moving and new jobs require completion of hundreds of small and not-so-small tasks. For me, it has seemed the moment I get 10 things done 30 more appear.

Yesterday I had a moment of grace. I woke to lists of errands, work items, and unpacking tasks. After more than four weeks of constant activity and little rest, I was unable to act. My sense of urgency appeared to have gone on vacation, and my will power seemed to have joined it.

The news feeds and my email were thick with the upcoming presidential debate. This should have stirred at least a little urgency to get my Oregon Driver's License so I could register to vote. Instead, I deleted everything about the debate, and then sat on my porch and stared at the trees and Mt. Hood. After that I took a nap. I read part of the 7th Harry Potter book. I went for a walk in the forest. I cooked a little. I had a gin and tonic. I went to bed early. My mind, body, and spirit insisted I take a Sabbath.

The Sabbath is a traditional day of rest. It is a day set aside to simply be. On the Sabbath, we ignore the do lists; the dishes in the sink; and that book we should read. We forget the house project, the yard, and the new outfit we need for that Important event. We stay away from all stores and all events that require being somewhere at a specific time. We don't exhaust ourselves with the incessant urgency of our computers, phones and television.

The spiritual practice of Sabbath has mostly vanished. Consumer culture and its constant demands have transformed Sunday, the traditional day of rest, into a day to do errands, to clean, and go places. Many of us are constantly active. If we are not working, we go to the store and to events. We take in the news and improve our minds. We feel not quite right if we are idle, as if we have sinned. It is, in fact, a consumer culture sin. However, to seek depth and meaning in our lives to just be is essential. This is when we cultivate quietness and peace and a sense of ourselves as worthy beings. It is when we renew.

I was blessed by this Sabbath, that I refused to take on my own, and woke energized, my mind clear, and happy to do all the things that I must do.

May you be blessed by Sabbath as well.

Miscellaneous



Our Guest Speaker for October is Carolyn Holland.

Carolyn is a retired Science of Mind Minister (Centers for Spiritual Living) currently in private practice as a certified hypnotherapist.

The books/people she is currently following/reading: Bruce Lipton, PhD, Biology of Belief and The Honeymoon Effect, Pam Grout —E Squared, and E Cubed, and The Works of Milton Erickson, M.D.

GRANT AWARDED FROM UU PACIFIC NORTHWEST DISTRICT

Rev. Tracy Springberry was awarded a Chalice Lighter "growth grant" from PNWD in the amount of \$1377 in our behalf. Our NIUU board decided to purchase a projector and stand, screen, adapter and cords with the plan of streaming UU Church of Spokane services occasionally throughout the year. Rev. Tracy informed our board members that UUCS was offering help to small congregations and, specifically, streaming to NIUU.

New board member Tracey Sutton has tested the equipment at the Harding Family Center and we are scheduled to view our first live streaming of UUCS Sunday service on October 9. The Spokane service will be projected on the large screen in front of the stage. You may have noticed that we also have a new microphone being used in our Sunday services, so every single important word can be heard by all. NIUU still needs its own laptop computer for use in streaming, so the board is looking into this purchase with remaining grant money.

The NIUU October 9 service will begin at 10:30 as usual, and the live streaming of the UUCS service begins at 11:00. Our thanks and gratitude to Rev. Tracy for holding our needs in her heart.



NIUU Christmas Bazaar has been in the planning since this summer. And we thank those who filled out our NIUU Bazaar Questionnaire to help guide us in the planning. The Harding Family Center gym will be the same site, but this year the event will be held apart from our Sunday service. Our bazaar will be held the Saturday after Thanksgiving, November 26, from 9 to 3, which is also "Small Business Saturday." Multiple goals are in mind as we celebrate the season of giving which include outreach to the community as well as fundraising. Anyone interested is invited to join us to help make this event a success..Please consider helping either in the planning or at the event.



NORTH IDAHO UNITARIAN

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*We're on the Web!
Our website has
archived newsletters
and sermons,
upcoming speakers
and events. Just
"Google" NIUU.org*

Unitarian Universalist Association Principles

We, the member congregations of the Unitarian Universalist

Association, covenant to affirm and promote :

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a

We Believe

Principles in Poetic Language for Children

◆ And search for what is true

- ◆ Every person is important
- ◆ Be kind in all you do
- ◆ We're free to learn together

- ◆ All people need a voice
- ◆ Build a fair and peaceful world

North Idaho
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check this box and return. Thank you.