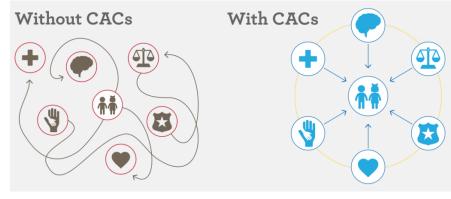
# HAPPY NEW YEAR! NEWSLETTER JANUARY 2020

"All kids need is a little help, a little hope, and someone who believes in them."- Magic Johnson



The IM SAFE CAC would like to take a moment to thank each and every person that has shown support to our CAC's mission. With all of your continued support and generous donations, we were able to help **303** children and their families in Ionia and Montcalm counties in 2019.





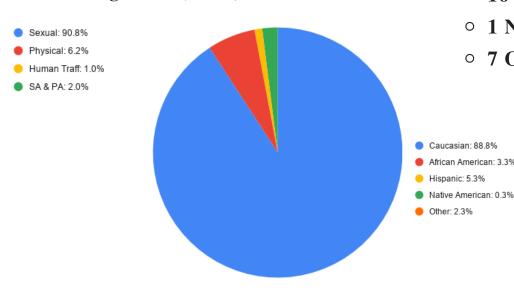
With the community's contributions, we are able to provide multiple services to children, including forensic interviews, victim advocacy, and counseling; as well as other resources. The cost for one child alone is \$1,250 per child, so any amount helps. We are so grateful for all the support we have received. We could not be as beneficial without all of you!

# 2019 Statistics

### WE SERVED 303 CHILDREN & THEIR FAMILIES

### **Types of Abuse:**

- 278 Sexual Abuse Allegations (90.8%)
- 19 Physical Abuse Allegations (6.2%)
- 3 Human Trafficking Allegations (1.0%)
- o 6 Sexual Abuse & Physical Abuse Allegations (2.0%)



### • Offender statistics

- o 25.5% of cases involved an other relative
- 5.5% of cases involved a parent or step-parent
- 7.1% of cases involved a parent's boyfriend of girlfriend
- 6.2% of cases involved an unknown relation
- o 37.2% of cases involved an other known person

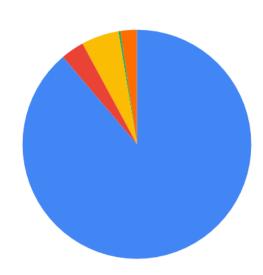


### Race:

Caucasian: 88.8% African American: 3.3% Hispanic: 5.3%

Other: 2.3%

- 269 Caucasian (88.8%)
- 10 African American (3.3%)
- **16 Hispanic** (5.3%)
- 1 Native American (0.3%)
- 7 Other (2.4%)



### We Connected

- 139 children and their families to Mental Health services
- 128 children for medical exams
- 18 children for emergent medical exams

# IM SAFE CAC IS GROWING!

### Program Director Kiley Johnson



I am looking forward to expanding our services in the future. My hope for our new counseling program is to provide a trauma focused, safe environment for children and families to begin the healing process. I believe the children we serve will be able to utilize therapy services to help reduce trauma symptoms, identify triggers, learn healthy coping skills, and process the trauma he/she endured. I believe we will be able to have successful groups for caregivers, teenagers, and other targeted populations. By providing these services free of charge, we're able to help reach those who may not have been able to afford services before. We will continue to work with other community partners, communicating and collaborating effectively to ensure the best outcome for the clients we serve. The ultimate goal is to build upon the client's self-worth and empower each and every one of them. I want the children to find their voice, to feel empowered, and to know what happened to them was not their fault.

### **Family Advocate Hannah Lenz**

As the new Family Advocate at IM SAFE CAC my hopes are to grow the amount of resources we have available. The main resource I want to grow here at the CAC is the counseling program. My goal is to get all of the children and other non-offending members of the family in counseling services if they want them. With now having two counselors onsite at all times they will be able to meet them when they first come in for an interview and start building a good realtionship from the start.



### **Mental Health Therapist Haley Vallie-Laws**

My hopes for the counseling program at IM Safe CAC are that we can provide a safe and welcoming space for children and families to heal through individual counseling and group therapy. I also hope that we are able to grow the program to allow for new types of therapies (i.e. EMDR and SMART therapy) and counseling of problematic sexualized behavior and body safety. A therapy or support dog would also be a wonderful tool to use with children, so I hope we are able to get one soon!

### **Mental Health Therapist Katie Winget**

I am thrilled to be a part of the beginning of counseling services at IM SAFE CAC! I believe counseling is an integral component to the full healing process. Being able to offer services free of charge to all clients of the CAC will make an immense difference in the lives of those who have been affected by trauma. My hope is that the counseling program will provide necessary treatment through evidence based practices that will guide clients to a place of fulfillment and peace in their lives after a traumatic event.



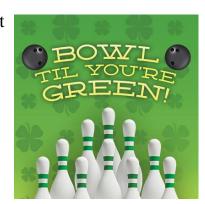
# **Upcoming Events**



To Register please visit: https://www.imsafecac.org/start-by-believing-registration.html, or Call the IM SAFE CAC at 616-225-7267

Come join the IM SAFE CAC team on March 14th, 12:30pm-3pm at The Bowling Alley in Ionia 420 North Dexter St. Ionia MI 48846. This event is for all ages. Three hours for \$10 and includes the shoes! We'll have lanes that have bumpers for children as well. This is a fun way to help support the IM SAFE CAC and relax with a day of bowling!





# As caregivers of children who have been sexually abused, we don't always know what to do or how to handle certain situations. This group is meant to help answer those questions, provide support, connect you with others who have gone through similar issues and move your family from despair to hope. 3 TO 4 PM 3RD TUESDAY OF EACH MONTH IM SAFE CHILD ADVOCACY CENTER 10260 S. SHERIDAN RD. FENWICK, MI 48834 IF YOU'RE INTERESTED IN PARTICIPATING OR HAVE ANY QUESTIONS, PLEASE EMAIL KATIE WINGET, LLMSW AT KWINGET IMSAFECAC.ORG

IM SAFE CAC and Relief After Violent Encounter- Ionia/Montcalm (RAVE-I/M) are teaming up to provide the community a support group for Caregivers of Child Sexual Abuse Survivors. It will be co-facilitated by RAVE's Sexual Assault Therapist and our therapist, Katie Winget. The Survivor's Circle will meet the third Tuesday of every month from 3:00pm- 4:00pm.



Make sure to like our Facebook page for more upcoing event!

# The New Therapist Offices



Come tour the IM SAFE CAC and learn more about what we do for the children in Ionia and Montcalm Counties. Stop in to see the new therapy offices and say hello! We are open to the public for tours the second Wednesday of every month from 12:30 pm to 1:30 pm or by appointment. To schedule an appointment please call 616-225-7267

Katie Winget's office is shown on the upper left hand corner and Haley Vallie-Laws is down in the lower right hand corner. Both therapists have worked hard to make these offices warm and inviting to any child 3 years old- 18 years old.



## Our Community Partners

- Ionia County Office of the Prosecuting Attorney
- Montcalm County Office of the Prosecuting Attorney
- Department of Health and Human Services
- Belding Police Department
- Carson City Police Department
- Helen DeVos Children's Hospital's Center for Child Protection
- Greenville Department of Public Safety
- Home Township Police Department
- The Right Door For Hope, Recovery and Wellness
- Stanton Police Department

- Ionia County Sheriff's Office
- Ionia Department of Public Safety
- Lake Odessa Police Department
- Lakeview Police Department
- Michigan State Police
- Montcalm County Sheriff's Office
- Portland Police Department
- Relief After Violent Encounter-Ionia/Montcalm, Inc.
- Montcalm Court Appointed Special Advocates
- Montcalm Care Network

# Thank You to Our 2019 Sponsors

Jacquelyn Stasiak/ Betty Kellenberger/ Adam Vandeuren/ Chad Aniszko/ Cheryl Pinnow/ Daniel Mitchell/ Dayna Ellis/ Emma Shattuck/ Eva Cairns/ Gregory Osborne/ Jacey Culross/ Jack Shattuck Ionia County Commissioner/ Jessi Osterman/ Judy Emmons/ Julie Stafford/ Karen McFadden/ Kirsten Ardis/ Knights of Columbus Father Fierle Council #944/ Mark Jennings/ Lyons Township/ Mary Reno/ Michele Krick/ Nikki Kwiatkowski/ Parrish & Debbie Smith/ Pat Hinrichs/ Patricia Marston/ Per Gradus Club/ Sarah Gorby/ Satin Franks/ Shelly Springborn/ Shelley Kemp/ Sonya Pinnow/ Judge Suzanne Hoseth-Kreeger/ Dr. Roger Coles/ Theodore Nelson/ Timothy Kiste/ Tracy Zavala

















































