

Player	School	Year	Event	Result	Meet
LaNell Cox	Norton Bluejays	1982	300 Meter Hurdles	44.7	Kansas State T&F Championships
LaNell Cox	Norton Bluejays	1983	300 Meter Hurdles	44.76	
LaNell Cox	Norton Bluejays	1984	300 Meter Hurdles	44.8	
Lorie Flax *	T.M.P. Monarchs	1986	300 Meter Hurdles	45.2	Kansas State T&F Championships
Gina Pruter *	T.M.P. Monarchs	1995	300 Meter Hurdles	45.3	Kansas State T&F Championships
Lorie Flax *	T.M.P. Monarchs	1985	300 Meter Hurdles	45.5	
Jennifer Lawellin	Hill City Ringnecks	2002	300 Meter Hurdles	45.56	Kansas State T&F Championships
Moore *	Oakley Plainsmen	1982	300 Meter Hurdles	46.1	Kansas State T&F Championships
Jill Ryan	Norton Bluejays	1989	300 Meter Hurdles	46.3	
Emily Girard	Osborne Bulldogs	5/28/2010	300 Meter Hurdles	46.32	Kansas State T&F Championships
Beydler	Wakeeney Golden Eagles	2001	300 Meter Hurdles	46.4	
Flax	Wakeeney Golden Eagles	1982	300 Meter Hurdles	46.6	
Wiley *	T.M.P. Monarchs	1997	300 Meter Hurdles	46.6	
Robbie Rorabaugh	Ellis Railroaders	1995	300 Meter Hurdles	46.7	
Conway	Hill City Ringnecks	2016	300 Meter Hurdles	46.77	
Terri Dreiling	Victoria Knights	1992	300 Meter Hurdles	46.9	Kansas State T&F Championships
Beckman	Smith Center Redmen	1995	300 Meter Hurdles	46.9	
Korf *	Oakley Plainsmen	1994	300 Meter Hurdles	46.9	
Beckman	Smith Center Redmen	1992	300 Meter Hurdles	46.96	
Martien *	T.M.P. Monarchs	1990	300 Meter Hurdles	47	
Mandy Linn	Smith Center Redmen	2001	300 Meter Hurdles	47	
Mandy Linn	Smith Center Redmen	2003	300 Meter Hurdles	47.07	
Howard	Norton Bluejays	1990	300 Meter Hurdles	47.1	
Jennifer Lawellin	Hill City Ringnecks	2000	300 Meter Hurdles	47.12	
Gina Pruter *	T.M.P. Monarchs	1994	300 Meter Hurdles	47.17	
Jessica Kuhn	Victoria Knights	2004	300 Meter Hurdles	47.2	
Jennifer Lawellin	Hill City Ringnecks	1999	300 Meter Hurdles	47.29	
Shelly Wickham	Phillipsburg Panthers	1982	300 Meter Hurdles	47.4	
Robbie Rorabaugh	Ellis Railroaders	1993	300 Meter Hurdles	47.4	
Conway	Hill City Ringnecks	2015	300 Meter Hurdles	47.41	Kansas State T&F Championships
Jessica Kuhn *	Victoria Knights	2003	300 Meter Hurdles	47.43	
Korf *	Oakley Plainsmen	1993	300 Meter Hurdles	47.49	
Wahlmeier	Norton Bluejays	1990	300 Meter Hurdles	47.5	
Cox	Norton Bluejays	1998	300 Meter Hurdles	47.5	
Heather Gartrell	Stockton Tigers	2003	300 Meter Hurdles	47.5	
Ross	Plainville Cardinals	1986	300 Meter Hurdles	47.6	
Wiley *	T.M.P. Monarchs	1998	300 Meter Hurdles	47.6	
Jersey Kaiser	Plainville Cardinals	2018	300 Meter Hurdles	47.61	
Madalyn Nelson	Hill City Ringnecks	2017	300 Meter Hurdles	47.67	
Robbie Rorabaugh	Ellis Railroaders	1994	300 Meter Hurdles	47.75	
Sechtem	Osborne Bulldogs	2003	300 Meter Hurdles	47.8	

* Team wasn't in the league at the time of the Result

Jersey Kaiser	Plainville Cardinals	2019	300 Meter Hurdles	47.83	
Nelson	Hill City Ringnecks	2016	300 Meter Hurdles	47.84	
Edie Lively	Phillipsburg Panthers	1985	300 Meter Hurdles	47.87	MCL at Hill City
Henderson	Norton Bluejays	2003	300 Meter Hurdles	47.87	
Mandy Linn	Smith Center Redmen	2002	300 Meter Hurdles	47.88	
Pam Ryan	Norton Bluejays	1985	300 Meter Hurdles	47.9	MCL at Hill City
McDonald	Phillipsburg Panthers	1991	300 Meter Hurdles	48.01	
Kendra Werth	T.M.P. Monarchs	2017	300 Meter Hurdles	48.04	Kansas State T&F Championships
Tucker	Smith Center Redmen	2007	300 Meter Hurdles	48.06	
Heln *	T.M.P. Monarchs	1993	300 Meter Hurdles	48.06	
Beckman	Smith Center Redmen	1994	300 Meter Hurdles	48.2	
Keith	Wakeeney Golden Eagles	1999	300 Meter Hurdles	48.2	
Flax *	T.M.P. Monarchs	2013	300 Meter Hurdles	48.34	
Amy Bullock	Norton Bluejays	1984	300 Meter Hurdles	48.39	MCL at Norton
Emily Girard	Osborne Bulldogs	2008	300 Meter Hurdles	48.43	
Courtney LeClair	Norton Bluejays	2007	300 Meter Hurdles	48.46	
Howard	Norton Bluejays	1991	300 Meter Hurdles	48.48	
Beckman	Smith Center Redmen	1993	300 Meter Hurdles	48.63	MCL at Wakeeney
Jessica Kuhn *	Victoria Knights	2005	300 Meter Hurdles	48.64	
Amanda Conway	Hill City Ringnecks	5/30/2014	300 Meter Hurdles	48.67	Kansas State T&F Championships
Heather Gartrell	Stockton Tigers	5/28/2004	300 Meter Hurdles	48.72	Kansas State T&F Championships
Courtney LeClair	Norton Bluejays	2008	300 Meter Hurdles	48.95	
Tucker	Smith Center Redmen	2008	300 Meter Hurdles	49.06	
Amy Bullock	Norton Bluejays	1985	300 Meter Hurdles	49.08	MCL at Hill City
Howard	Norton Bluejays	1990	300 Meter Hurdles	49.1	
Edie Lively	Phillipsburg Panthers	1984	300 Meter Hurdles	49.14	MCL at Norton
Strayer	Norton Bluejays	1984	300 Meter Hurdles	49.2	MCL at Norton
Courtney LeClair	Norton Bluejays	5/23/2008	300 Meter Hurdles	49.36	Kansas State T&F Championships
Jill Ryan	Norton Bluejays	1988	300 Meter Hurdles	49.4	MCL at Phillipsburg
Wahlmeier	Norton Bluejays	1990	300 Meter Hurdles	49.8	
Miller	Norton Bluejays	1993	300 Meter Hurdles	49.84	MCL at Wakeeney
Windholz	Victoria Knights	1986	300 Meter Hurdles	50.04	MCL at Norton
Lindsay Dusin	Phillipsburg Panthers	5/23/2008	300 Meter Hurdles	50.45	Kansas State T&F Championships
Brooklyn Eilers	Plainville Cardinals	5/17/2013	300 Meter Hurdles	50.46	2A Regional 19 - Washington County
Edie Lively	Phillipsburg Panthers	1986	300 Meter Hurdles	50.8	MCL at Norton
Kiara Urban	T.M.P. Monarchs	2017	300 Meter Hurdles	51.24	
Georgeson	Norton Bluejays	1988	300 Meter Hurdles	51.7	MCL at Phillipsburg
Caci Patton	Phillipsburg Panthers	1988	300 Meter Hurdles	52.3	MCL at Phillipsburg
Gobin	Hill City Ringnecks	1993	300 Meter Hurdles	52.37	MCL at Wakeeney
Stephanie Greenway	Ellis Railroaders	5/9/2014	300 Meter Hurdles	53.25	Victoria Invitational
Peyton Desormiers	Wakeeney Golden Eagles	5/9/2014	300 Meter Hurdles	54.2	Victoria Invitational
Schoenberger	Wakeeney Golden Eagles	1993	300 Meter Hurdles	54.64	MCL at Wakeeney
Hensley	Ellis Railroaders	1993	300 Meter Hurdles	55.32	MCL at Wakeeney