

# New Horizon Karate & More

Call (508) 852-3333

Begins November 16th

## SCHEDULE

### Jr. Kempo Kids 4 – 6 yrs.

- Monday 4:30 – 5:00 pm
- Tuesday 4:30 – 5:00 pm
- Wed 4:30 – 5:00 pm & 5:00 – 5:30 pm
- Thurs. 4:30 – 5:00 pm
- Saturday 11:30 – 12:00 noon

### Child Beginners 7 – 12 yrs.

White – Purple unless otherwise noted!

- Monday 5:45 – 6:30 -- **BEG. ONLY**
- Tuesday 5:00 – 5:45 -- **OPEN GROUP**
- Wednesday 5:00 – 5:45 -- **BEG. ONLY**
- Thursday 5:45 – 6:30 -- **BEG. ONLY**
- Saturday 11:30 – 12:15 am -- **BEG. ONLY**

### Child Advanced 7 – 12 yrs

ADV. = Blue – 1<sup>st</sup> Brown unless otherwise noted!

- Tuesday 5:00 – 5:45 -- **OPEN GROUP**
- Wednesday 5:45 – 6:30 -- **ADVANCED**
- Thursday 5:00 – 5:45 -- **ADVANCED**
- Saturday 10:00 – 10:45 -- **ADVANCED**

### Black Belt Club - Weapons

- Monday 5:00 – 5:45 pm

### Child JuJitsu

- Saturday 10:45 – 11:30 am

### All Ages Autism

- Tuesday 5:45 – 6:30 pm All Ranks
- Saturday 11:30 – 12:15 pm All Ranks

**Required:** All males wear GROIN PROTECTION - Parent's & Student's responsibility!

- 1) Attendance is student's responsibility
- 2) **\$15.00 Late FEE on payment 1 week past due**
- 3) **\$35.00 Bounced Check FEE**
- 4) 30 day written cancellation policy for Billing Service .
- 5) No jewelry – Wedding rings, small ear rings & religious necklaces are OK. We are not responsible for theft, damage, injury or breakage.
- 6) **Students Testing must have Full Uniform**
7. ***In class* uniform pants, belt and (NHK T-Shirts only - any color) instead of uniform top allowed.**
8. Students must be clean and neat for class.
9. Students **cannot** mix FULL uniform colors.
10. Student wishing sparring must have FULL GEAR  
Sparring begins at Orange Belt or before.
11. Bag gloves are needed
12. **PURCHASE EQUIPMENT THRU DOJO for**

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## SCHEDULE

### Adult Karate

- Monday 6:30 – 7:30 pm
- Wednesday 6:30 – 7:30 pm
- Thursday 6:30 – 7:30 pm
- **Thursday 7:15 – 7:45 pm Sparring**
- Saturday 9:00 – 10:00 am Mixed Open

### Adult JuJitsu

- Monday 7:30 – 8:30 pm All Ranks
- Wednesday 7:30 – 8:30 pm All Ranks
- Saturday 9:00 – 10:00 am **Mixed Open**

### Adult Belly Dancing Tuesday 6:30 PM

- 1) Attendance is student's responsibility
- 2) **\$15.00 Late FEE on payment 1 week past due**
- 3) **\$35.00 Bounced Check FEE**
- 4) 30 day written cancellation policy for Billing Service .
- 5) No jewelry – Wedding rings, small ear rings & religious necklaces are OK. We are not responsible for theft, damage, injury or breakage.
- 6) **Students Testing must have Full Uniform**
7. ***In class* uniform pants, belt and (NHK T-Shirts only - any color) instead of uniform top allowed.**
8. Students must be clean and neat for class.
9. Students **cannot** mix FULL uniform colors.
10. Student wishing sparring must have FULL GEAR Sparring begins at Orange Belt or before.
11. Bag gloves are needed
12. **PURCHASE EQUIPMENT THRU DOJO for quality!**

**Strongly Recommended All males wear GROIN PROTECTION - Parent's & Student's responsibility!**

**Yellow Belt students & above need bag gloves for bag work!**

**ALL students must have full set of sparring gear to Spar! We Suggest Orange Belt!**

**We sell approved high quality gear. We guarantee anything we sell. Buy it here support your dojo.**

### NOTE TO STUDENTS & PARENTS:

I suggest you try a few **private lessons** from time to time. **Private lessons** can help student get over a difficult time. Everyone needs special help from time to time. Private lessons can be purchased as a single class or in groups of 2 or 4 classes and can be schedule at mutual convenience.