

BAILAMOS MERENGUE

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MUSIC: CD: Gold Star Ballroom Samba SP 11212 (Barry/Taylor) TIME: 3:22 @ 52 BPM
FOOTWORK: Opposite unless noted (woman's in parenthesis) SPEED: 45 RPM – As on CD
RHYTHM: Merengue RAL PHASE: Unphased – Probably IV + 2 (Snake and Wrap Around)
SEQUENCE: INTRO-A-INT-B-A-INT-B (MOD 1)-C-B (MOD 2)-END RELEASED: July 20, 2013

INTRO

Meas.

- 1-3 ARM SLIDE POSITION WAIT ; ; ;
1-3 Ld ft free for both in CP M fcg WALL with both arms under W's & W's arms on M's shldr wait ; ; ;
- 4-5 ARM SLIDE TO CROSSED HANDS ; ;
4 Sm apt L, R, L, R while W slides her hnds down M's arms to jn both hnds ;
5 Sm fwd L, R, L, R extending jnd hnds out & up in circular motion & down between faces releasing to cross hnds R to R on top and L to L underneath ;
- 6-9 BASIC WITH HEAD LOOPS TO CROSSED HANDS ; GLIDE ; BASIC WITH HEAD LOOPS ; GLIDE ;
6 Sd L taking jnd R hnds up and placing them behind M's head, cl R releasing R hnds brng dwn undr L to R/R , sd L taking jnd L hnds up and placing them behind M's head, cl R releasing L hnds brng down under R end in crossed hands R over L ;
7 Sd L/cl R, sd L/cl R, sd L, cl R maintain crossed hands ;
8 Repeat meas. 6 to BFLY ;
9 Repeat meas 7 end in BFLY WALL ;

PART A

- 1-4 SMALL APART 4 ; WRAP TO THE RIGHT ; WHEEL 4 ; WHEEL & UNWRAP FC WALL CP [2ND time fc COH] ;
1 Moving apt small steps L, R, L, R to bfly ;
2 Brng ld hnds btwn fcs SIP L, R, L, R (trng LF R, L, R, L) end fcg wall wrapped W to M's R sd ;
3 Wheel ½ RF fwd L, R, L, R fc COH (bk R, L, R, L with 7 – 11 footwork) ;
4 Cont RF wheel L, R, L, R brng ld hnds up trng W RF end CP WALL (W trns 1 full RF trn R, L, R, L) ;
- 5-8 BASIC ; PROMENADE ; PROMENADE TURN AWAY ; ;
1 Sd L, cl R, sd L, cl R ;
2 Trn to SCP fwd L, fwd R trng to fc ptr, sd L, cl R ;
3 Trn to SCP fwd L , fwd R, trng to fc ptr lng sd L, rec R to fc RLOD ;
4 Trng away frm ptr lng sd L, rec R fc LOD, fwd L trng to fc ptr & wall in CP, cl R ;

INTERLUDE

- 1-4 ROCK TURN TWICE ; ; BACK TO BACK ; FACE TO FACE ;
1 Rk fwd L comm LF trn, rec bk R comp ¼ LF trn, sd L, cl R [fcg LOD] ;
2 Rk fwd L comm LF trn, rec bk R comp ¼ LF trn, sd L, cl R [fcg COH] ;
3 Holding trlg hnds sd L comm LF trn, cl R cont LF trn, sd L comp ½ LF trn, R knee up ;
4 Holding trlg hnds sd R comm RF trn, cl L cont RF trn, sd R comp ½ RF trn, L knee up ;

PART B

- 1-4 WRAP AROUND ; ; ; **Note: Starts facing COH and ends facing COH
1 Rk apt L, brng ld hnds btwn fcs rec R comm RF trn, fwd L trng RF, fwd R comp ½ RF trn end wrapped WALL (rk apt R, rec L, sm fwd R, bk L) ;
2 Wheel RF fwd L, fwd R, fwd L, fwd R comp 1 full revolution (same as meas 3 part A except 1 full trn)
3 Trng ¼ RF sm sd L, cl R, sd L, cl R raise L hnd ldg lady to unwrap and wrap into a hammerlock fcg RLOD (Trng RF SIP R, SIP L with RF spin, trng RF SIP R, SIP L with RF spin end fcg DLC) ;
4 Rk apt L, rec R comm ¼ RF, brng ld hnds up & over W's head sd L, cl R (W trns LF ¾) [M fcg COH] ;
- 5-8 CONGA WALKS LEFT & RIGHT ; ; CONGA WALKS FORWARD AND BACK ; ;
5 [RLOD] Sd L, XRIF, sd L, swvl RF tap R heel sd & fwd leaning upper body bk ;
6 [LOD] Trng to fc ptr sd R, XLIF, sd R, tap L heel sd & fwd leaning upper body bk ;
7 [COH] Fcg ptr fwd L, fwd R, fwd L, leaning upper body fwd pntg R ft bk ;
8 [WALL] Bk R, bk L, Bk R leaning upper body bk pnt L ft fwd (optional shimmy) ;

- 9-14 ½ FWD TO AIDA & ROCK 2 ; ; ; , FACE CLOSE SIDE CLOSE ; GLIDE ; ROLL 4 TO BFLY ; BASIC ;
 9 Trng LF fwd L [RLOD], thru R comm RF trn, cont RF trn sd L, comp RF trn bk R to aida line fcg LOD ;
 10-10 ½ Rk fwd L, rec bk R,
 11 Fwd L trng to fc ptr, cl R, sd L, cl R [BFLY COH] ;
 12 Sd L/cl R, sd L/cl R, sd L, cl R ;
 13 [To RLOD] Trng LF fwd L, sd & bk R to fc ptr, sd L, cl R ;
 14 Sd L, cl R, sd L, cl R [fcg COH] ;

REPEAT PART A FACING COH MOVING RLOD

REPEAT INTERLUDE END FACING WALL [Rock Turn will trn to fc RLOD and then WALL]

PART B – MOD 1

- 1-4 WRAP AROUND ; ; ; ; **Note: Starts facing Wall and ends facing Wall
 1-4 Repeat meas 1-4 of part B wrap to fc COH ; wheel fc COH ; M fc LOD (W fc DRW) ; end M fcg WALL ;
 5-8 CONGA WALKS LEFT & RIGHT [LOD & RLOD] ; ; CONGA WALKS FORWARD AND BACK [WALL & COH] ; ;
 5-8 Repeat meas 5-8 of part B ; ; ; ;
 9-10 TWIRL 2 SD CL ; BASIC ;
 9 Raising ld hnd sd L, XRIB, sd L, cl R (comm RT trn fwd R, sd & bk to fc ptr comp 1 full trn, sd R, cl L) ;
 10 Sd L, cl R, sd L, cl R ;

PART C

- 1-4 SNAKE ; ; ; ; BASIC ;
 1 M trns LF ¾ under jnd hnds L, R, L, R (SIP R, L, trn 1/8 RF R, trn 1/8 RF L) [End sd-by-sd M fcg RLOD] ;
 2 Raising ld hnds over W's head trn ¼ RF L, R, raising trlg hnds over W's head trn ¼ RF L, R, (trn RF ¼ in pl R, L, trn ¼ RF R, L end fcg RLOD) end sd-by-sd M fcg LOD ;
 3 Raising trlg hnds trn LF ¾ under jnd hnds in pl L, R, L, R (trn 1/4RF R, L, SIP R, L) end BFLY WALL ;
 4 Sd L, cl R, sd L, cl R ;
 5-8 SIDE SEPARATION ; ; ; ;
 5 Sd L, cl R, sd L, tch R (sd R, cl L, sd R, cl L) ;
 6 Releasing hnds sd R, cl L, sd R, tch L (sd R, cl L, Sd R, tch L) end in L hnd star ;
 7 Sd R, cl L, sd R, cl L releasing hnds to pass in frnt of each other ;
 8 Sd L, cl R, sd L, cl R (sd L, cl R, sd L, tch R) end in R hnd star ;
 9-12 WHEEL 8 WITH UNDERARM TURN ; ; ARM SLIDE [BFLY] ; ;
 9 Wheel ½ RF fwd L, R, L, R ;
 10 Cont RF wheel raise R hnds L, R, L, R (trn 1 full RF trn under jnd R/R hnds R, L, R, L) in arm slide pos M fcg WALL ;
 11 Repeat meas 4 of Intro ;
 12 Repeat meas 5 of intro ending in BFLY ;
 13-16 SNAKE ; ; ; ; BASIC ;
 13-16 Repeat meas 1-4 of Part C ; ; ; ;

PART B – MOD 2

- 1-4 WRAP AROUND ; ; ; ; **Note: Starts and ends facing wall
 1-4 Repeat meas 1-4 of Part B ; ; ; ;
 5-8 CONGA WALKS LEFT & RIGHT [LOD & RLOD] ; ; CONGA WALKS FORWARD AND BACK [WALL & COH] ; ;
 5-8 Repeat meas 5-8 of Part B ; ; ; ;
 9-11 FWD TO AIDA ; ROCK 4 ; FACE CLOSE SIDE CLOSE TO CP ;
 9 Repeat meas 9 of Part B moving to LOD ;
 10 [Fcg RLOD in Aida Line] Rk fwd L, rec bk R, rk fwd L, rec bk R ;
 11 Repeat meas 11 of Part B to CP WALL ;

ENDING

- 1 DIP BACK & LEG CRAWL [KISSES PERMITTED] ;
 1 Bk L bending knee slightly, slight LF twist leaving R leg extended fwd, -, - (fwd R bending knee slightly, slight LF twist, draw L leg up along M's outer leg & thigh w/ toe pointed to floor, - [KISS] ;