

Century Village East

Tennis Schedule

November 7th 2016-April 30th 2017

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30 AM	Serving clinic for Intermediate and Advanced Beginners Only				Serving Clinic for Beginners Only	
8:30 AM	<u>Advance Beginners</u> Morning drills forehand backhand one hand vs two hands followed by match play serving games doubles strategy and court positioning will be discussed	<u>Intermediate Level</u> Morning drills followed by match play doubles strategy and court positioning will be discussed	<u>Advance Level</u> Morning drills volley and overhead followed by serving and keys to creating more power and consistency Match play will follow playing both 7 points and regular scoring	<u>Advanced Beginner</u> Go over basic rules of tennis related to doubles also tennis etiquette and continue with games related to doubles	<u>Beginners</u> Morning drills followed by games related to doubles serving 5 and 7 points Go over rules and tennis etiquette	<u>8:00AM-9:00AM</u> Play with the Pro
9:30 AM	<u>Intermediate Level</u> Morning drills forehand and backhand one hand vs two hands followed by match play serving games doubles strategy and court positioning will be discussed	<u>Advanced Beginner</u> Morning drills forehand backhand steps to hitting the tennis ball Grip ready position, back swing point of contact follow through	<u>Intermediate Level</u> Morning drills forehand backhand one hand versus two hands. Grip, stance (ready position) ball contact (point of contact) followed by the follow through match play to follow	<u>Intermediate Level</u> Morning drills going over the volley and overhead followed by games related to doubles	<u>Advanced level only</u> Tournament play round robin mixer	
11:00 AM	<u>Beginners Level</u> Learn the basic grips for the forehand and backhand stroke one hand vs 2 hands followed by basic drills	Class Ends	<u>Beginner Class continuation of Monday class working on forehand and backhand stroke introducing the steps to learning the serve</u>	Class Ends	Continuation with match play playing 7 points and regular scoring	
12:00 PM	Class Ends		Class Ends		Class Ends	

All Players must register for tennis classes with Mark; please bring 2 new cans of tennis balls when registering (Penn, Wilson or Dunlop Regular Duty Felt).

Private lessons are available; please contact Mark at tennisstar106@comcast.net or 561-271-8918