



Revision: 20220507

MENTAL HEALTH RESOURCES LIST FOR CENTRAL OKLAHOMA

CEDAR RIDGE BEHVIORAL HOSPITAL

6501 N.E. 50th St.

Oklahoma City, OK 73141

[Google Map](#)

Main: 405-605-6111

Website Main: <https://cedarridgebhs.com/>

Programs & Services: <https://cedarridgebhs.com/programs-services/>

Serving children and adolescents. Phones answered 24x7x365

From their website: Cedar Ridge Behavioral Hospital provides short-term, inpatient psychiatric and longer-term residential services for children and adolescents.

CEDAR RIDGE BEHAVIORAL HOSPITAL AT BETHANY

7600 N.W. 23rd St.

Bethany, OK 73008

[Google Map](#)

Main: 405-792-5330

Website Main: <https://cedarridgebhs.com/programs-services/adults-overview-bethany/>

Programs & Services: <https://cedarridgebhs.com/programs-services/adults-overview-bethany/>

Serving Adults 18+ and Seniors

From their website: Our team of dedicated professionals provides crisis stabilization and medication management to patients who have disorders such as depression, anxiety, mood disorders, paranoia and schizophrenia. We provide a safe haven for patients who are having suicidal or homicidal thoughts.

CROSS TIMBERS SENIOR MENTAL HEALTH

1400 Buena Vista Ave.
Midwest City, OK 73110

[Google Map](#)

Main: 405-251-9988

Website Main: <https://www.crosstimbersnursing.com/>

Serving seniors.

From their website: Cross Timbers is a long-term care facility designed especially for seniors with mental health needs.

OU HEALTH – AUTUMN LIFE BEHAVIORAL CENTER

1 S. Bryant Ave.
Edmond, OK 73034

[Google Map](#)

Main: 855-625-1680

Serving adults 55+

Website Main: <https://www.ouhealth.com/find-a-location/ou-health-autumn-life-behavioral-center/>

From their website: Autumn Life Behavioral Health Center at OU Health Edmond Medical Center offers a dedicated inpatient behavioral health program developed to meet the unique needs of mature adults, age 55 and older. This geriatric psychiatry program addresses and seeks to relieve the suffering that occurs due to changes in emotional, mental and behavioral wellness.

ROLLING HILLS MENTAL HEALTH PSYCHIATRIC HOSPITAL

1000 Rolling Hills Lane
Ada, OK 74820

[Google Map](#)

Main: 833-726-0270

Website Main: <https://www.rollinghillshospital.com/>

Serving adolescents, adults and seniors, treating all mental health conditions and substance abuse/addiction.

SSM HEALTH BEHAVIORAL HEALTH PROGRAMS FOR SENIORS

<https://www.ssmhealth.com/behavioral-health/programs-for-seniors-in-oklahoma>

SSM HEALTH BEHAVIORAL HEALTH PROGRAMS FOR ADULTS

<https://www.ssmhealth.com/behavioral-health/programs-for-adults-in-oklahoma>

CHILDREN & TEENS

<https://www.ssmhealth.com/behavioral-health/programs-for-children-and-teens-in-oklahoma>

SSM HEALTH ST ANTHONY BEHAVIORAL HEALTH - EDMOND

416 W. 15th St., Bldg #700

Edmond, OK 73013

[Google Map](#)

Main: 405-772-4690 or 405-713-5706

Website Main: <https://www.ssmhealth.com/locations/location-details/st-anthony-outpatient-behavioral-health-edmond>

Serving adults and seniors.

From their website: SSM Health also offers intensive outpatient and partial hospitalization programs for adults and seniors in our Edmond location. These programs are designed to help those dealing with grief, trauma, depression, anxiety, anger control problems, panic attacks, poor overall functions and other mental health issues. The programs offer support and treatment to enable the patient the opportunity to continue to function at home and within the community.

SSM HEALTH ST. ANTHONY BEHAVIORAL HEALTH – OKLAHOMA CITY (MIDTOWN)

1000 N. Lee Ave.

Oklahoma City, OK 73102

[Google Map](#)

Main: 405-272-7000

Website Main: <https://www.ssmhealth.com/locations/st-anthony-hospital>

Serving children, per-adolescents, adolescents

From their website: We offer acute inpatient care to children, pre-adolescents, and adolescents.

SSM HEALTH ST. ANTHONY BEHAVIORAL HEALTH - MIDWEST

2825 Parklawn Dr.

Midwest City, OK 73110

[Google Map](#)

Main: 405-610-4411 or 405-312-1782

Website Main: <https://www.ssmhealth.com/locations/st-anthony-hospital-midwest>

Serving adults 18 – 65.

From their website: Our specialties include cardiology, orthopedics, surgery and behavioral health.

SSM HEALTH ST. ANTHONY BEHAVIORAL HEALTH - SOUTH

2129 SW 59th St.

Oklahoma City, OK 73119

[Google Map](#)

Main: 405-685-6671

Behavioral Medicine Center Referral Service Hotline: 405-713-5706 or 800-851-0888

Website Main: <https://www.ssmhealth.com/locations/st-anthony-south>

Serving all ages.

From their website: SSM Health helps seniors live fuller lives with greater independence. At the SSM Health St. Anthony South campus, we offer 24-hour inpatient care for a full range of mental health issues, as well as medical issues that may develop during a stay. We also offer partial hospitalization, intensive outpatient and outpatient medication management.

ADDITIONAL HELPFUL LINKS:

Oklahoma State Dept. of Health, Protective Health Services Provider Survey/Inspection Search (look here to find administrator names)

<https://surveys.health.ok.gov/>

Medicare Nursing Home Ratings

<https://www.medicare.gov/nursinghomecompare/search.html>

Oklahoma State Dept. of Health, Long Term Care Complaints Enforcement Div.

<https://oklahoma.gov/health/protective-health/medical-facilities-service/complaints-and-enforcement-division.html>

National Long Term Care Ombudsman Program & Locator

<https://ltcombudsman.org/>

Direct to Map

https://theconsumervoice.org/get_help

Oklahoma Department of Veterans Affairs (this is the Oklahoma department, not federal)

<https://oklahoma.gov/veterans.html>

Dale K. Graham Veterans Foundation (excellent help with sorting out your benefits)

<https://dalekgrahamveteransfoundation.org/>

Oklahoma Areawide Aging Agency Senior Resource Directory (aka Senior Toolkit now online and continuously updated!!!)

<https://www.areawideaging.org/survival-kit>

Confused and need to know more about long-term care? See the free, 84-page **Special Report: Long Term Care from the Inside Out** on the **Publications** page here:

<https://www.magnusomnicorps.com/publications.html>

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