

**2023 NICL CONFERENCE MEET**

Dike, IA  
 Fox Ridge Golf Course  
 Weather: Cloudy, E 10-15mph, 73% & 56  
 Host: Dike-New Hartford  
 Wednesday, October 11, 2023

**MEET OFFICIALS**

**Meet Director:**  
 Cody Eichmeier  
**Meet Referee:**  
 Mike Bengen  
**Timing:**  
 Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

OFFICIAL MEET REPORT

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**Race #3**  
**Girls 5K JV**

**Final Results****TEAM SCORING SUMMARY****JV**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Denver	25	2-3-4-7-9(13)(15)	1:49:59	22:00	1:17.2
2 Sumner-Fredericksburg	56	1-6-11-16-22(40)(49)	1:53:55	22:47	2:48.5
3 Hudson	86	8-12-18-21-27(50)(62)	1:58:01	23:37	2:14.4
4 Dike-New Hartford	105	10-17-19-28-31(37)(39)	2:00:12	24:03	2:27.5
5 Grundy Center	136	14-20-24-33-45(55)(58)	2:02:48	24:34	2:37.0
6 Union La Porte City	146	5-23-29-30-59(60)(61)	2:04:22	24:53	5:36.0
7 Jesup	183	25-26-38-43-51(52)(53)	2:07:06	25:26	1:50.2
8 Aplington-Parkersburg	184	32-34-35-41-42(46)(48)	2:07:42	25:33	0:34.3
9 Wapsie Valley Fairbank	237	36-44-47-54-56(57)(63)	2:11:25	26:17	1:45.5
DNP Gladbrook Reinbeck					
DNP Oelwein					

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 ARTHUR, Grace	SO	Sumner-Fredericks	1	21:12.0	6:49.0	4:14.4
2 VALVERDE, Ari	SO	Denver	2	21:24.7	6:53.1	4:16.9
3 DECKER, Adeline	FR	Denver	3	21:38.9	6:57.6	4:19.8
4 MULERT, Emily	FR	Denver	4	21:53.0	7:02.2	4:22.6
5 TUDOR, Addie	SO	Union La Porte City	5	22:08.0	7:07.0	4:25.6
6 SUCKOW, Kendall	FR	Sumner-Fredericks	6	22:20.1	7:10.9	4:28.0
7 MCINTOSH, Avery	SO	Denver	7	22:20.4	7:11.0	4:28.1
8 STRAYER, Kate	FR	Hudson	8	22:30.0	7:14.1	4:30.0
9 CLAYTON, Jillian	SO	Denver	9	22:41.8	7:17.9	4:32.4
10 DEZARN, Natalie	FR	Dike-New Hartford	10	22:45.0	7:18.9	4:33.0
11 SCHULT, Ava	SR	Sumner-Fredericks	11	22:48.4	7:20.0	4:33.7
12 WILLAND, Madison	JR	Hudson	12	23:13.6	7:28.1	4:38.7
13 SWALES, Grace	JR	Denver	(13)	23:17.6	7:29.4	4:39.5
14 DIRKS, Contessa	FR	Grundy Center	14	23:20.0	7:30.1	4:40.0
15 LALK, Haley	JR	Denver	(15)	23:23.4	7:31.2	4:40.7
16 UHLENHOPP, Brylee	FR	Sumner-Fredericks	16	23:34.1	7:34.7	4:42.8
17 PETERSEN, Drew	SR	Dike-New Hartford	17	23:34.4	7:34.8	4:42.9
18 STEELE, Megan	SO	Hudson	18	23:34.6	7:34.9	4:42.9
19 CALLAN, Tinsley	SO	Dike-New Hartford	19	23:46.1	7:38.5	4:45.2
20 WILSON, Kate	SO	Denver	-	23:48.5	7:39.3	4:45.7
21 HEEREN, Ava	FR	Grundy Center	20	23:51.1	7:40.1	4:46.2
22 VIDAL, Rebecca	FR	Hudson	21	23:57.8	7:42.3	4:47.5
23 HARRISON, Jocelyn	SO	Sumner-Fredericks	22	24:00.4	7:43.1	4:48.1
24 JACKSON, Katie	FR	Union La Porte City	23	24:06.3	7:45.0	4:49.3
25 KNUTSEN, Avery	JR	Grundy Center	24	24:15.2	7:47.9	4:51.0
26 NESBIT, Olivia	JR	Jesup	25	24:30.9	7:52.9	4:54.2
27 BERGMAN, Lily	JR	Denver	-	24:42.5	7:56.7	4:56.5
28 DEVORE, Lizzy	FR	Jesup	26	24:43.2	7:56.9	4:56.6
29 LEWIS, Reagan	FR	Hudson	27	24:44.4	7:57.3	4:56.9

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30 TRELOAR, Rowan	FR	Dike-New Hartford	28	24:54.2	8:00.4	4:58.8
31 HUBBARD, Brooklyn	SR	Union La Porte City	29	25:11.5	8:06.0	5:02.3
32 HINEBAUGH, Lorolei	SO	Union La Porte City	30	25:11.8	8:06.1	5:02.4
33 PETERSEN, Katelyn	JR	Dike-New Hartford	31	25:12.4	8:06.3	5:02.5
34 WALKER, Eva	SO	Aplington-Parkersb	32	25:14.1	8:06.8	5:02.8
35 HAWK, Anabeth	SO	Grundy Center	33	25:24.2	8:10.1	5:04.8
36 STAHL, Kaylee	FR	Aplington-Parkersb	34	25:28.6	8:11.5	5:05.7
37 TROYNA, Ciara	SO	Aplington-Parkersb	35	25:28.8	8:11.5	5:05.7
38 SUTHERLAND, Mary	SR	Wapsie Valley Fairb	36	25:32.5	8:12.7	5:06.5
39 POKORNY, Abrielle	SO	Dike-New Hartford	(37)	25:35.5	8:13.7	5:07.1
40 YOUNGBLUT, Peyton	JR	Jesup	38	25:38.0	8:14.5	5:07.6
41 TYLER, Miranda	SR	Dike-New Hartford	(39)	25:39.1	8:14.9	5:07.8
42 EGAN, Anna	SR	Sumner-Fredericks	(40)	25:39.5	8:15.0	5:07.9
43 LUPKES, Jenna	SR	Aplington-Parkersb	41	25:42.1	8:15.8	5:08.4
44 LAURES, Maryn	SO	Denver	-	25:48.2	8:17.8	5:09.6
45 JUNKER, Megan	SO	Aplington-Parkersb	42	25:48.4	8:17.9	5:09.7
46 ZALBA, Amaia	JR	Jesup	43	25:52.3	8:19.1	5:10.5
47 WEDEMEIER, Mae	SO	Wapsie Valley Fairb	44	25:52.4	8:19.2	5:10.5
48 FREED, Jocelyn	SO	Grundy Center	45	25:57.0	8:20.6	5:11.4
49 OLTROGGE, Gretchen	SR	Denver	-	25:57.9	8:20.9	5:11.6
50 STRICKLAND, Elle	SR	Aplington-Parkersb	(46)	25:59.9	8:21.5	5:12.0
51 EAST, Dakota	SR	Wapsie Valley Fairb	47	26:02.0	8:22.2	5:12.4
52 RIHERD, Kendall	SR	Aplington-Parkersb	(48)	26:08.4	8:24.3	5:13.7
53 LEETE, Payton	SR	Sumner-Fredericks	(49)	26:09.5	8:24.6	5:13.9
54 UBBEN, Ella	SO	Hudson	(50)	26:13.9	8:26.0	5:14.8
55 MENSCHING, Cece	SO	Jesup	51	26:21.0	8:28.4	5:16.2
56 SASSMAN, Josephine	SO	Sumner-Fredericks	-	26:25.5	8:29.8	5:17.1
57 KOHAGEN, Laney	FR	Jesup	(52)	26:26.4	8:30.1	5:17.3
58 SCHUTTE, Karlie	JR	Jesup	(53)	26:34.5	8:32.7	5:18.9
59 DESLOOVER, Anna	SO	Sumner-Fredericks	-	26:37.9	8:33.8	5:19.6
60 PARKES, Brielle	SR	Wapsie Valley Fairb	54	26:40.1	8:34.5	5:20.0
61 WEHRSPANN, Marta	FR	Jesup	-	26:49.9	8:37.6	5:22.0
62 EILDERTS, Joy	JR	Dike-New Hartford	-	26:53.1	8:38.7	5:22.6
63 NOBLE, Teresa	SO	Grundy Center	(55)	26:59.2	8:40.6	5:23.8
64 GRAY, Carly	FR	Wapsie Valley Fairb	56	27:17.9	8:46.6	5:27.6
65 STUBER, Lydia	JR	Wapsie Valley Fairb	(57)	27:23.5	8:48.4	5:28.7
66 HUNTINGTON, Mia	JR	Dike-New Hartford	-	27:33.6	8:51.7	5:30.7
67 PATRICK, Olivia	SR	Grundy Center	(58)	27:34.6	8:52.0	5:30.9
68 MRACEK, Aubrey	FR	Dike-New Hartford	-	27:39.5	8:53.6	5:31.9
69 GOODMAN, Katharine	SO	Dike-New Hartford	-	27:41.5	8:54.2	5:32.3
70 STOCKS, Natalie	FR	Union La Porte City	59	27:44.0	8:55.0	5:32.8
71 KEEGAN, Charlie	SR	Union La Porte City	(60)	27:53.8	8:58.2	5:34.7
72 PARSON, Ruby	JR	Union La Porte City	(61)	28:02.5	9:01.0	5:36.5
73 ROGERS, Merissa	JR	Oelwein	-	28:24.6	9:08.1	5:40.9
74 DEPPE, Jaden	JR	Hudson	(62)	28:36.4	9:11.9	5:43.3
75 BEHN, Sage	JR	Jesup	-	28:38.0	9:12.4	5:43.6

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76 SCHUG, Kaitlyn	SR	Jesup	-	28:40.4	9:13.2	5:44.1
77 KEEGAN, Ellie	SR	Union La Porte City	-	28:44.7	9:14.6	5:44.9
78 SORENSEN, Reagan	SR	Union La Porte City	-	28:45.9	9:14.9	5:45.2
79 WOLFF, Willa	FR	Union La Porte City	-	28:45.9	9:15.0	5:45.2
80 MILLS, Ava	SR	Union La Porte City	-	28:48.1	9:15.7	5:45.6
81 SCOTT, Kennedy	JR	Grundy Center	-	29:00.0	9:19.5	5:48.0
82 BERING, Ana	SR	Dike-New Hartford	-	29:06.8	9:21.7	5:49.4
83 RICHTER, Ellie	SO	Hudson	-	29:19.3	9:25.7	5:51.9
84 SYHLMAN, Kennedy	SR	Dike-New Hartford	-	29:36.6	9:31.2	5:55.3
85 REISNER, Kate	SO	Sumner-Fredericks	-	29:49.7	9:35.4	5:57.9
86 VOLDING, June	SR	Dike-New Hartford	-	30:57.0	9:57.1	6:11.4
87 RIORDAN, Liza	SR	Wapsie Valley Fairb	(63)	31:12.7	10:02.1	6:14.5
88 CASHATT, Estelle	SR	Aplington-Parkersb	-	31:34.5	10:09.1	6:18.9
89 BUSHMAN, Brooklyn	JR	Sumner-Fredericks	-	31:58.3	10:16.8	6:23.7
90 GONNERMAN, Malea	SR	Denver	-	32:11.0	10:20.9	6:26.2
91 RAHE, Sydney	SR	Oelwein	-	32:29.2	10:26.7	6:29.8
92 TAGTOW, Adelyn	FR	Dike-New Hartford	-	32:32.9	10:27.9	6:30.6
93 LARSEN, Sandra	FR	Gladbrook Reinbec	-	32:52.1	10:34.1	6:34.4
94 MARTINELLI, Mileigh	FR	Gladbrook Reinbec	-	33:18.4	10:42.6	6:39.7
95 PARKES, Emerie	SO	Wapsie Valley Fairb	-	34:00.0	10:55.9	6:48.0
96 KANE, Kelly	SR	Jesup	-	34:28.1	11:05.0	6:53.6
97 MRACEK, Macy	SR	Dike-New Hartford	-	34:44.7	11:10.3	6:56.9
98 REDING, Skylar	JR	Grundy Center	-	36:00.1	11:34.6	7:12.0
99 ANDERSON, Xandra	SR	Gladbrook Reinbec	-	37:35.6	12:05.3	7:31.1