



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev Fr Patrick Massang, C.Ss.R. (Parish Priest)
Rev Fr Philip Lai, C.Ss.R. (Assistant Parish Priest)

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ATTENDING MASSES IN O.M.P.H. IPOH ONLY OMPH PARISHIONERS

(citizens & non-citizens) and those serving in OMPH ministries are allowed to attend weekday and weekend masses at OMPH church.

- * Must NOT have visited/been to COVID-19 RED ZONE areas within the past 14 days.
- * Do NOT have fever/flu symptoms.
- * Government SOPs of mask wearing, hand sanitizing and physical distancing of minimum 1 meter to be observed.
- * Checking in using MySejahtera App. is a requirement.

WEEKDAY MASSES (Mondays till Fridays) will be in English at 6.30 am. (if falls on public holiday, Mass will be at 8 am)

- No need to pre-register.
- When you come, take your own temperature on forehead using available auto thermal scanner, check in with MySejahtera App. Government SOPs apply.

WEEKEND MASSES

(Saturdays **6 pm**) & Sundays (8am & 11 am)
 > Pre-registration with ministry/BEC heads or parish office. Attendance will be based on rostering exercise on first come first serve basis.
 > Please come 30-45 minutes earlier before Mass starts for attendance marking, temperature taking and checking in with MySejahtera App. Government SOPs apply.

WE WELCOME TO OUR COMMUNITY

- * Thaniall Aaron s/o Joshuan & Maleni.
 - * Rayna Ann a/p Jassen Raj & Anbaras.
 - * Adrien s/o Charles & RamsLenny.
 - * Orlando Nicholas Lourdes s/o Mervin & Judith Kumari.
 - * Nathanael Prashanth Wong Ka-Jun s/o Derrick Wong & Preeyashini Adelyn.
 - * Miraclyn Joyce d/o Dominic Roy & Merina Julit.
- They were baptized on 11 April, 2021. Congratulations to their parents and god-parents.

NEW-INTAKE (2021-2022)
 for "ADULTS ENQUIRY TO THE CATHOLIC FAITH"
 The RCIA (**Rite of Christian Initiation of Adults**)

If you know of friends who are interested in making enquiry into the Catholic Faith, please register now at the parish office (055458220). Sessions will be held in English, Mandarin & Tamil.

Novena Devotees to Our Mother of Perpetual Help.

Log onto our website **omhip.org** every Saturday at 9 am to attend the online Novena devotion. Submit their letters of petition or thanksgiving through *novena E-form* made available at our official website.

(food for thought) (Bulletin 18 April, 2021)
 Gospel: Luke 24: 35-48.

"You are the Witness"

The resurrection appearances of Jesus are filled with surprises and mystifying details. His friends do not recognize Him; He appears through locked doors; He has broken out of a tomb, but carries the wounds of His dying. He speaks of peace and forgiveness. He promises the gift of His Spirit. He sends His disciples to change the world..

Luke is often called the "evangelist of mission." His Gospel points out in vivid detail how people's lives are turned upside-down and inside-out - from being self-focused to living lives for others. He continually reminds us that we are all called to self-transcendence, and that the meaning of discipleship is mission and witness.

Witnessing to our faith in Jesus Christ means allowing the Gospel message to permeate our minds, hearts and lives in such a complete way that people around us will know clearly who we are and what we believe.

Because of Christ's Resurrection, we possess a source of light and power that we cannot keep hidden - no more than the tomb could contain the Risen Christ. At the heart of our Christianity, there is the ever-present mystery of dying to ourselves so that the love of God and neighbor might come to full bloom in us.