

Temple Beth Elohim

A blend of faith and friendship for 120 years

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Visit our website: www.templebethelohim.net

The Rising Star

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TISHA B' AV

9 Av 5784 August 13, 2024



Seeking unity among losses that are incalculable...



President Richard

From the President

On Friday, 21 June 2024, only moments before the Annual Membership Meeting was called to order, a member asked, "When is the temple's birthday?" I knew

that we were chartered in 1904, but I had no idea of a month or day. It took less than 30 seconds for me to step into the office, where the framed charter hangs on the wall, and see that it was signed on 18 June 1904.

Continued on p. 5 [From the President]

JOIN THE DANCE



Vice President Joy

Soon you will notice Temple Beth Elohim will have a new e-mail address. The new address is

info.bethelohim@gmail.com

Don't be concerned if you forget and use the old one, since it will be "live" during the transition.

The only way to make sense out of change is to plunge into it, move with it, and join the dance.

Alan Watts

JB

Wisdom From Afar....

Suzan Cohen



Ritual Scholar
Suzan

We've all, no doubt, heard (and maybe used) the expression, "writing on the wall." The phrase is often used in popular culture, and it's associated with a sense of dire consequences if we don't mend our ways. The expression owes its origins to the Book of Daniel, and, as with most things biblical, taking a closer look can reveal a deeper, more nuanced meaning.

The Book of Daniel resides in the Writings of the *Torah* as it takes place during the Babylonian exile. Daniel was one of a few Judean exiles who (after many trials) managed to rise to some

prominence during the reign of Nebuchadnezzar, and Daniel, because of his ability to interpret dreams and give sage advice, retained his position under the reign of Belshazzar, Nebuchadnezzar's son.

The focus of this story is "Chapter 5," when Belshazzar hosted a great banquet, during the course of which great quantities of wine were consumed. As the evening wore on, and everyone present was quite drunk, Belshazzar ordered the gold and silver vessels that his father, Nebuchadnezzar, had looted from the Jerusalem temple, be brought to the banquet hall so that everyone could drink from them. While drinking from these sacred vessels, the revelers "praised the gods of silver and gold, bronze, iron, wood, and stone." (Daniel 5:5)

Many biblical commentators feel that God had allowed Nebuchadnezzar to conquer Judea to punish the Judeans for their sins. But perhaps Belshazzar's act of profaning the sacred temple vessels was a step too far over the line, because during this "toast," a dismembered hand appeared and wrote on the wall, the Aramaic words *mene, mene, tekel, u-pharsin*. (Daniel 5:26-28) (In English, this roughly translates to "numbered, numbered, weighed, and divided.")

No one in attendance at the banquet could explain to Belshazzar what the writing meant. So, they called upon Daniel, who explained to Belshazzar the meaning of the words: mene, the days of your kingdom are numbered and shall be brought to an

continued on p. 5 [Wisdom]

Let us fervently pray for the comfort and recovery of our dear temple members and friends and for the continued strength of their caregivers.



Susan & Brian Berry
Richard Horowitz

Tony Cavaliere
Dick Rosen



Temple Beth Elohim Board of Directors

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(rdimentstein@gmail.com)

Vice President: Joy Birnbaum
(joyandseymour@gmail.com)

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TEMPLE MEMBERS, please note: You have access to membership information by going to www.chaitrack.com. If you need a user name and password, contact Andy Friedman, andy.friedman@hotmail.com.



Rabbi Scott Weiner

The rabbi is scheduled to lead *Shabbat* services on Friday, 19 July 2024, and a morning class on Saturday, 20 July 2024.

Arrangements for Rabbi Weiner are made possible through THE ALWYN O. GOLDSTEIN MEMORIAL SHABBAT FUND.

T B E 1772 LEGACY GROUP

Brenda & Benedict Rosen
Richard Dimentstein
Ruth & Herb Feinberg



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A check for \$_____ (**\$36 per leaf**) has been enclosed. Checks should be made payable to **Temple Beth Elohim**.

Thanks for your support.

Mail to: TBE, PO Box 571, Georgetown, SC 29442



BIRTHDAYS

JULY

10 Patti Friedman
19 Randy Cavaliere
20 AJ Giegerich

AUGUST

5 Robert Willey
8 Gary Koppel
9 Eileen Kramer
15 Sue Cohen
21 Marty Kleinrock

ANNIVERSARIES



JULY

2 Debbie & Art
Kaufman
7 Eileen Kramer &
Stan Earnhart
28 Noreen Davis &
Alan Gramet

AUGUST

8 Joy & Seymour
Birnbaum
8 Debbie & Louis
Corcoran
22 Michele & Jim
Bennett
23 Rosalind & Lou
Greenzweig
28 Shirley & AJ
Giegerich



Let us pray for the restoration of health of
SHANE FINKEL
grandson of Carrol Sallas

DONATIONS



Michele & Jim Bennett to the Cemetery Wall Fund
Gerry Berkman to the General Fund in memory of Theodore Berkman
Joy & Seymour Birnbaum to the General Fund
Margaret T. Bull to the Cemetery Wall Fund in memory of Ehrich Sampson and Family
Tony Cavaliere to the General Fund in memory of John Cavaliere
Debbie Corcoran to the General Fund in memory of Ruth Dickson
Richard Dimentstein to the General Fund in memory of Mel Brown
AJ & Shirley Giegerich to the General Fund in memory of Patricia Giegerich and Peter Giegerich and Morris Ader
Rosalind & Louis Greenzweig to the Cemetery Wall Fund
Jana Hletko to the General Fund in memory of Alfred Dube
Marty Kleinrock & Adele Franzblau to the Cemetery Wall Fund
Nancy & Gary Koppel to the Cemetery Wall Fund
David Kossove to the General Fund in memory of Harold J. Kossove and Irene L. Kossove
Ariane & Craig Lieberman to the General Fund in memory of Alfred Lefkow, Samuel Kolsky and Esther Zelesnick
Linda & Butch Miceli to the General Fund in memory of Izzy Marks and Margaret Hughes
Tish Richter to the General Fund in memory of Charles Richter and Rick Richter
Carrol Sallas to the General Fund in memory of Alice Salles, Robert Levine and Allen Sallas



Dr. Craig Lieberman

Craig's Corner

The Sweetheart.

Diabetes is an overwhelming problem around the globe with approximately 450 million people affected worldwide. Diabetes increases the risk for heart disease 2 to 5 times. Heart disease in this case includes both coronary disease, congestive heart failure, and peripheral vascular disease. Aggressive treatment of diabetes certainly reduces that risk, but not to

zero and certainly not equal to anyone else in the general population without diabetic disease. This fact emphasizes the complexity of the problem, as well as the intricacies of the physiological causes involved.

The metabolic process or cause of cardiac disease in a diabetic patient is due to a combination of affects, including cellular dysfunction, platelet activation (sticky blood), decreases in the normal coagulation or clotting processes as well as plaque formation. The myopathy or weakening of the heart created by diabetes is likely related to dysregulation of glucose metabolism, as well as increase oxidative stress, activation of the inflammatory pathways that mediate cell injury or remodeling resulting in either a decrease in cardiac strength or diastolic dysfunction better known as a stiff heart.

Let's review the exact biologic mechanisms involved:

- diabetic heart disease, resulting from an alteration of glucose and fatty metabolism which causes cardiac cell dysfunction;
- dysregulation of the signaling pathway between the autonomic nervous system and the pathways of insulin result in progression of heart disease by making the tiny blood vessels fail;
- mitochondrial dysfunction, or the small energy packets in our body, decreases the amount and quality of energy produced;
- the oxidative stress of the diabetic process can cause direct cell damage by interfering with cell repair;
- the inflammation resulting in diabetic heart disease causes an increase in the immune response mediated by cellular macrophages which is the body's way of removing dysfunctional tissue;

Continued on p. 5 [Craig's Corner, "The Sweetheart"]

Craig's Corner

[continued from p. 4]

"The Sweetheart"

--there is actually an increase in cell death resulting from these mechanisms;

--the neural influence or the relationship between the cardiovascular neurologic and renal pathways which is a malfunction in the way the brain and the vasculature communicate.

Well, what can we do? Certainly, diabetic screening is part of any good quality cardiac physical evaluation. If type two diabetes is noted, then aggressive treatment and blood sugar control is certainly mandatory. There's also no doubt that being more aggressive in the diabetic patient with control of blood pressure, blood sugar, diet, exercise, and weight loss is even more important than treatment of these diseases in the non-diabetic patient. There are, however, specific drugs that we now know directly reduce the risk of heart disease in the diabetic patient and these include the GLP1 and SGLT2 inhibitors. These decrease the rate of cardiac death, the

incidence of heart failure, and rate of hospitalization both in terms of patients with known diabetic disease as well as those without any evidence of diabetes. The exact mechanism of GLP1's are improved insulin resistance and decreased glucagon production. The decreased G.I. transit time and decreased appetite result in weight loss. The SGLT2 drugs decrease thrombotic processes or clotting, decrease blood pressure and decrease inflammation. These result in a striking decrease in overall progression of coronary artery disease, heart failure, and peripheral vascular disease.

I think, that overall, in the modern world we live in, diabetes is not the life-ending tragedy that it once was. Certainly, it is a silent killer, but it can be managed, and its relationship and risk for cardiovascular disease can be dramatically reduced, almost to the level of the non-diabetic patient.

WISDOM

[continued from p. 2]

end; *tekel*, you have been weighed and found wanting; and *pharsin*, your kingdom will be divided.

In Chapter 6, Belshazzar quickly met his end, and Darius became king. Daniel found a place of honor in the court of Darius (at least initially). The lessons of

the Book of Daniel are many, even now: a reminder of how precarious the lives of Jews can be even when we're in a place of relative prosperity; how great, unchecked power can lead to vile corruption; and the importance of having the courage to speak the truth to power.

From the President

Only 3 days before our meeting, Temple Beth Elohim had quietly turned 120 years old. I felt sorry that I didn't know. I would have at least mentioned it during *Shabbat* announcements. I came across an appropriate prayer written by British poet, Lilian Helen Montagu, that is fitting for this special occasion.

*Almighty Father,
we pray to Thee with faith in Thy directing power
and in Thy eternal love.
We humbly ask Thee to accept this Synagogue
as an offering unto Thee.
Let Thy blessing be upon it.
Grant that those who come to worship here*

*may come in a spirit of humility
and filled with love for a living Judaism.
May they find here consolation in times of trouble,
courage and hope when in doubt or difficulty,
and when in joy, the consecration of their happiness.*

....

*Quicken the faith of all who worship in this
House of Prayer,
that they may know full well
that Thy presence is in their midst
now and for evermore.
Amen*



Yahrzeits



JULY

- | | |
|--------------------------|--|
| Harry Gershman | grandfather of Michele Bennett |
| 2 Rose Ulrich | grandmother of Myla Specht
and Ariane Lieberman |
| 3 Lewis B. Schwartz | son of Roberta & Steve Schwartz |
| 5 Malva Ulrich | mother of Myla Specht
and Ariane Lieberman |
| 5 Sam Jacoby | grandfather of Marty Kleinrockl |
| 5 Samuel Abrams | member Temple Beth Elohim |
| 6 Robert Todd Berkman | son of Gerry Berkman |
| 10 Seth Rich | cousin of Ruth Farb |
| 11 Myles Barry Derison | Temple Beth Elohim memorial |
| 11 Vita Cahn Danzig | member Temple Beth Elohim |
| 12 Morris David Baker | grandfather of Debbi Jones |
| 13 Arlyne Berkman | mother of Gerry Berkman |
| 15 Mary Levine | mother of Carrol Sallas |
| 16 Benjamin Baker | father of Debbi Jones |
| 17 Lillian Danzig Abrams | member Temple Beth Elohim |
| 18 Henry G. Danzig | member Temple Beth Elohim |
| 23 Elizabeth Moses | Past President |
| 24 Lena C. Crane | member Temple Beth Elohim |
| 24 Louis Farb | father of Ruth Farb |
| 26 Barbara Schwartz | member Temple Beth Elohim |
| 31 Sallie Lewenthal | great grandmother of Dick Rosen
and Susan Berry |
| 31 Dora L. Rosen | grandmother of Dick Rosen |

AUGUST

- | | |
|--------------------------------|--|
| 1 Sara Cornis | cousin of Ruth Farb |
| 2 Phyllis Levine | sister-in-law of Carrol Sallas |
| 2 Max Birnbaum | father of Seymour Birnbaum |
| 4 Lou Nierenberg | Temple Beth Elohim memorial |
| 4 Allen Poaster | father of Tish Richter |
| 5 Sonia Kolsky | great grandmother of Craig Lieberman |
| 6 Paula Blum | mother of Debbie Hart |
| 10 Donna Hershberg | Temple Beth Elohim memorial |
| 12 Fred Gramet | father of Alan Gramet |
| 12 Anne Kleinrock | grandmother of Marty Kleinrock |
| 16 Louis Davidson | father of Michael Davidson |
| 17 Albert Ader | brother of Shirley Giegerich |
| 18 Frieda Goldenberg | grandmother of Steven Schwartz |
| 18 Edna Dimentstein | mother of Richard Dimentstein |
| 20 Rose Schneider | great aunt of Susan Berry
great grandmother of Debbie Smith |
| 21 Nancy Cavaliere | mother of Tony Cavaliere |
| 21 Beatrice Fogel Kaufman | member Temple Beth Elohim |
| 22 Ben Kleinrock | grandfather of Marty Kleinrock |
| 23 Tillie Lieberman | grandmother of Craig Lieberman |
| 24 Neal Baker | brother of Debbi Jones |
| 25 Meyer Rosen | uncle of Dick Rosen |
| 26 Elayne Schwartz | mother of Steven Schwartz |
| 27 Alfred Weitzman | cousin of Steven Schwartz |
| 31 Dorothy B. Troutman Mulford | mother of Donna Llewellyn |



Any corrections or additions please contact Richard Dimentstein rdimentstein@gmail.com or at info.bethelohim@gmail.com.
Names are read every Friday night for *yahrzeits* in the upcoming week.

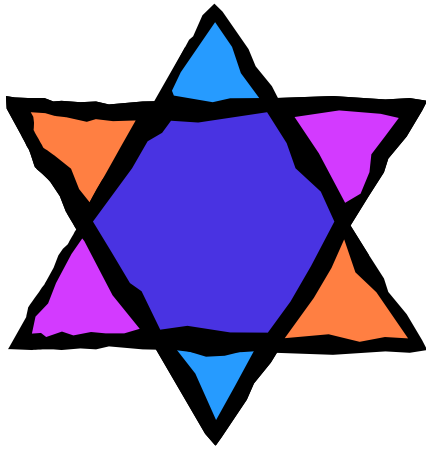
Beth Elohim Cemetery

Cemetery plots are for sale in our unique, historic resting place. The Cemetery Committee, chaired by SEYMOUR BIRNBAUM, has prepared the appropriate documentation for the purchase of gravesites.

Call the temple (843 325-0389) and request copies of Burial Rights, Rules and Regulations, Fee Schedule, and a schematic of burial plot locations. All plots include perpetual care. Plots are only available to current members of Temple Beth Elohim and to their families.

New Memorial Plaques

Plaques are displayed permanently on our *Yahrzeit* Board and are lit on the death anniversary of the honoree. Any member who would like to memorialize a loved one should speak with one of our Board members.



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Membership/Publicity Chair: Joy Birnbaum
Cemetery Chair: Seymour Birnbaum
Communications: Andy Friedman
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Photography: Randy Cavaliere (Joy Birnbaum)