

Race Date
September 14, 2019

Tunnel To Towers 5K 2019
Age Group Results

5K Run/Walk

Male Winners

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Joe Granberg	VB Volunteer Fire Dept	1659	21	1	18:32.57	18:32.57	5:59/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Ian Milner	leduc county	6217	45	5	20:32.72	20:32.72	6:37/M

Tunnel To Towers 5K 2019

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Male 9 and Under

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Shane Duffy	Proctor Construction	6459	9	30	24:34.41	24:35.91	7:56/M
2	* Leon Main	Vero Beach Rowing	1682	9	32	24:58.05	24:59.46	8:04/M
3	* Wade Graul	IRCFR	6387	9	196	33:51.72	33:53.74	10:56/M
4	Xander Heinz		6549	3	210	33:40.77	34:24.07	11:06/M
5	Colin Parker	Indian river Shores	6287	5	281	38:10.16	39:00.82	12:35/M
6	Cooper Parker	Indian river Shores	6288	3	322	40:31.04	41:21.78	13:20/M
7	Kaiden Whittington		6054	7	325	41:00.88	41:30.28	13:23/M
8	Kyle Kofke Jr.		6004	8	352	43:34.50	43:36.69	14:04/M
9	Micah Carpenter		1625	9	374	44:26.05	44:53.86	14:29/M
10	Leon Soare		6060	4	426	49:32.33	50:12.68	16:12/M
11	Easton Testa		6350	5	427	49:07.66	50:29.40	16:17/M
12	Emry Testa		6351	3	438	51:25.07	51:25.07	16:35/M
13	Everett Hillard	First In Nutrition	6226	7	504	55:53.53	56:51.89	18:20/M
14	Brayden Deblieck		6366	6	508	56:29.20	57:28.10	18:32/M

Male 10 to 14

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Luke Damiani	St. Edwards	6079	13	10	22:17.20	22:18.65	7:12/M
2	* Wyatt Graul	IRCFR	6386	11	14	23:07.10	23:08.21	7:28/M
3	* ryan navarro	Vero Beach Rowing	1655	14	33	24:29.08	25:07.37	8:06/M
4	Wells Muraskin		6434	12	50	26:06.63	26:28.31	8:32/M
5	Sean Muraskin		6435	12	51	26:15.86	26:37.80	8:35/M
6	Logan Monaco	VBPD	6536	14	55	26:52.60	26:52.60	8:40/M
7	Wil Blackburn	St. Edwards	1687	14	69	27:39.05	27:41.72	8:56/M
8	Aj Munz	St. Edwards	6317	14	79	28:06.35	28:10.42	9:05/M
9	Hugo Davila		1651	12	94	28:44.28	29:08.41	9:24/M
10	Connor Crawley		6087	12	103	29:32.36	29:32.36	9:32/M
11	Aaron Sapusek		6178	13	127	30:04.21	30:31.70	9:51/M
12	Dominic Witherow		1688	13	147	30:56.21	31:39.54	10:13/M
13	Trace Testa		6347	11	179	31:27.65	32:49.53	10:35/M
14	Jude Lindbaek	Proctor Construction	6458	11	245	35:57.44	36:20.48	11:43/M
15	Aiden Jensen		6464	14	313	40:37.08	40:58.14	13:13/M
16	Nick Timmes	Lift Fitness	6166	10	357	43:25.45	43:50.82	14:08/M
17	Connor Stanford	SLCFD Benevolent	6391	14	360	43:24.90	44:01.91	14:12/M
18	Isaiah Carpenter		1624	10	365	44:05.09	44:32.92	14:22/M
19	Bryan Holtkamp		6042	12	472	51:52.37	53:02.13	17:06/M
20	Cristian Hau Maloney	Lift Fitness	6141	10	545	1:00:47.75	1:01:54.15	19:58/M

Male 15 to 19

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Jimmy Granberg	VB Volunteer Fire Dept	1658	19	2	19:55.87	19:55.87	6:25/M
2	* Mac Carnell	St. Edwards	6553	18	3	20:12.39	20:12.39	6:31/M
3	* Christopher Schulze	St. Edwards	6511	17	4	20:29.40	20:29.63	6:36/M
4	Aidan Taylor	St. Edwards	6524	17	6	20:33.82	20:34.04	6:38/M
5	William Munz	St. Edwards	6316	17	7	20:43.63	20:44.61	6:41/M
6	Danny Richmond		6489	16	13	22:25.91	22:43.07	7:20/M
7	Drew Sternberg	St. Edwards	1702	17	19	23:11.59	23:28.50	7:34/M
8	Jake Damiani	St. Edwards	6530	15	20	23:27.99	23:28.67	7:34/M
9	Alex Richardson	Fighting Indians Swim &	6327	15	21	23:04.65	23:36.64	7:37/M
10	Oscar Lindenthal	St. Edwards	6495	15	22	23:33.51	23:49.92	7:41/M
11	Eli Barin	St. Edwards	6518	15	27	23:48.57	24:06.33	7:46/M
12	Brennan Wolfe	St. Edwards	6554	16	68	27:11.43	27:28.34	8:52/M
13	Casey Richey	St. Edwards	6519	17	76	27:58.84	28:06.81	9:04/M
14	Eddie Pines	Vero Beach Rowing	1621	18	80	28:20.22	28:21.03	9:09/M
15	Christian McCarty		6491	19	107	28:59.59	29:40.41	9:34/M
16	Jacob Fletcher		6496	19	109	29:02.30	29:42.98	9:35/M
17	Alex Charest	Vero Beach Rowing	1707	16	121	29:43.90	30:12.36	9:45/M
18	Ethan Nguyen		1708	16	142	31:13.95	31:30.72	10:10/M
19	Jack Kincus		1703	16	143	31:14.51	31:31.13	10:10/M
20	Jovani Pulido	Vero Beach Rowing	1681	16	146	31:09.82	31:39.10	10:13/M
21	liam miller	Vero Beach Rowing	1680	16	148	31:11.46	31:40.07	10:13/M
22	Evan Losey	Vero Beach Rowing	1667	15	156	31:16.53	31:54.13	10:17/M
23	Rory Ellison	Vero Beach Rowing	1636	16	167	32:09.99	32:20.94	10:26/M
24	Riley Bramlett	VB Volunteer Fire Dept	1652	18	168	31:52.62	32:21.32	10:26/M
25	Devin Sapusek		6177	17	195	33:17.67	33:45.60	10:53/M
26	Wilson Murphy		1678	17	222	34:29.01	35:08.42	11:20/M

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5K Run/Walk

Male 15 to 19

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
27	Tobias Tettamanti	St. Edwards	6409	17	224	34:47.91	35:09.47	11:20/M
28	John Inman	Vero Beach Rowing	1677	17	260	37:10.18	37:39.22	12:09/M
29	Clark Nelson	Vero Beach Rowing	1626	15	266	37:20.11	37:50.39	12:12/M
30	Wyatt Falardeau		6276	16	279	38:28.72	38:31.60	12:25/M
31	Austin Jensen		6463	17	286	38:55.37	39:16.07	12:40/M
32	Logan Hau Maloney	Lift Fitness	6140	16	327	40:44.58	41:50.98	13:30/M
33	Brendan Stanford	SLCFD Benevolent	6390	15	359	43:24.46	44:01.30	14:12/M
34	Josh Bailey		1673	19	405	46:59.83	47:31.68	15:20/M
35	Antoine Jennings Jr		1709	16	492	53:54.52	54:34.21	17:36/M
36	Noah Stephan	Ci Communications	6380	16	495	54:12.65	55:26.69	17:53/M
37	Zachary Westrom	St. Edwards	6483	17	517	57:12.90	57:47.68	18:38/M
38	Jackson Parmenter	IRCFR	6379	17	567	1:05:20.92	1:05:20.92	21:05/M
39	Griffin Parmenter	IRCFR	6378	17	568	1:05:21.71	1:05:21.71	21:05/M

Male 20 to 29

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Daniel Hudzina		6431	25	8	20:57.58	20:58.84	6:46/M
2	* Kevin MacRito		1669	27	9	21:55.69	22:17.77	7:11/M
3	* Ryan Miller		1616	26	15	23:08.69	23:09.81	7:28/M
4	Kevin Kelly	Wildwood City Fire	6158	29	16	23:19.12	23:19.12	7:31/M
5	Julian Figueroa	VB Volunteer Fire Dept	1648	28	18	23:21.60	23:23.18	7:33/M
6	Joshua Housel	Marine Bank and Trust	6187	24	28	24:06.26	24:08.95	7:47/M
7	Kevin Sewell		6261	21	37	25:32.67	25:33.06	8:15/M
8	Joseph Boyer		6210	28	41	25:50.28	25:53.78	8:21/M
9	Justin Caddell		6242	28	44	25:58.58	26:00.61	8:23/M
10	Austin Pinner		1647	26	47	26:13.77	26:13.77	8:27/M
11	Stevie Ray Stark		6487	28	52	26:13.81	26:38.04	8:35/M
12	George Zimmerman III		6264	29	57	26:46.81	27:03.68	8:44/M
13	Mitchell Swaney		6520	25	73	27:44.95	27:53.33	9:00/M
14	Roy Rodriguez		6542	28	77	28:00.96	28:07.30	9:04/M
15	Ricardo Ferrer	IRCSO	6534	27	88	28:46.48	28:53.49	9:19/M
16	Andy Phan	VB Volunteer Fire Dept	1643	23	112	29:19.40	29:48.05	9:37/M
17	Cj Simon		6339	25	126	29:26.49	30:25.79	9:49/M
18	Luke Oliver	IRCFR	1698	24	183	32:01.94	32:59.02	10:38/M
19	Peter Candarini		6223	24	200	32:54.62	34:04.60	10:59/M
20	Brandon Phan	VB Volunteer Fire Dept	1642	24	218	34:17.44	34:49.98	11:14/M
21	Lavigne Jones	VB Volunteer Fire Dept	1650	25	267	37:18.40	37:52.14	12:13/M
22	Philip Dasch		6512	29	290	39:18.87	39:29.12	12:44/M
23	Matthew Silva	Navy	6439	29	315	40:00.84	40:59.88	13:13/M
24	Colin Dunne	VB Volunteer Fire Dept	1645	20	326	41:01.08	41:36.92	13:25/M
25	Luis Pena	Kissimmee Fire Dept	6529	24	368	44:14.67	44:43.59	14:25/M
26	John Granath	VB Volunteer Fire Dept	1710	21	496	55:42.19	56:19.62	18:10/M
27	Branden Newman	VB Volunteer Fire Dept	1704	25	497	55:50.18	56:27.84	18:13/M
28	Justin Sullivan	MCFR	6216	25	526	57:06.83	58:18.36	18:48/M
29	Timmy Palmer	Okeechobee County Fire	6228	27	549	1:01:04.76	1:02:21.47	20:07/M

Male 30 to 39

-----Total-----								
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Richard Demsick	9.23 community	6156	33	17	23:09.11	23:22.46	7:32/M
2	* Drew Sweeney	VB Volunteer Fire Dept	1663	33	39	25:45.51	25:48.58	8:19/M
3	* jesse jewett	VB Volunteer Fire Dept	1662	32	45	25:30.03	26:03.25	8:24/M
4	David Shirey	US Marines	6270	33	60	26:49.04	27:17.33	8:48/M
5	Christopher Tirico		6484	30	67	27:22.93	27:26.88	8:51/M
6	Ryan Firth		6302	35	84	28:30.84	28:30.84	9:12/M
7	Reginald Fennell		6097	37	93	27:53.05	29:07.87	9:24/M
8	Jonathan Woodward	Moorings Yacht and	6265	30	97	29:00.60	29:16.49	9:26/M
9	Brennan Quigley	IRCFR	6198	33	129	30:44.47	30:44.47	9:55/M
10	Chad Heinz		6546	39	134	30:19.79	31:04.32	10:01/M
11	roberto tapia	VB Volunteer Fire Dept	1657	32	154	31:18.37	31:51.72	10:16/M
12	Patrick Sullivan		1622	35	155	31:25.88	31:51.84	10:16/M
13	Jared Smith		6310	34	225	34:47.03	35:09.89	11:20/M
14	James Derry	US Marines	6046	39	241	35:31.79	36:08.30	11:39/M
15	Tamas Boroczky		1675	36	254	35:54.20	36:56.00	11:55/M
16	Joe Semkow		1661	32	261	37:18.86	37:40.26	12:09/M
17	Garrett Shirey	West Palm Beach Police	6082	31	278	37:57.70	38:27.33	12:24/M
18	Stephen Flood		6292	32	296	38:57.05	39:52.77	12:52/M

Tunnel To Towers 5K 2019

Age Group Results

5K Run/Walk

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Male 30 to 39

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
19	Travis Parker	Indian river Shores	6286	33	321	40:29.72	41:21.70	13:20/M	
20	Roger Jones	Navy	6532	32	336	41:33.83	42:28.79	13:42/M	
21	Chris Beaumont	Indian river Shores	1692	38	337	41:35.26	42:29.26	13:42/M	
22	Rich Testa	Proctor Construction	6349	35	439	50:03.38	51:25.33	16:35/M	
23	David Vazquez	VB Volunteer Fire Dept	1660	38	450	51:23.83	52:00.00	16:46/M	
24	Jimmy Jackson	#DYGAR	6236	33	458	52:06.43	52:25.01	16:55/M	
25	Edgar MacWilliam	Seminole Tribe Fire	6108	31	485	53:17.47	53:53.12	17:23/M	
26	Ben Deblieck	SLCFD Benevolent	6364	34	510	56:30.69	57:31.46	18:33/M	
27	Eric Hillard	First In Nutrition	6225	38	547	1:02:12.70	1:02:12.70	20:04/M	
28	Kevin Delashmutt	IRCFR	6245	39	560	1:02:12.20	1:03:36.26	20:31/M	
29	Ryan McGuire		6486	39	561	1:02:34.23	1:03:42.00	20:33/M	
30	Jeff Morse	North Collier Fire	6067	36	572	1:06:42.24	1:07:13.66	21:41/M	

Male 40 to 49

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Giancarlo Cetrulo		1627	46	26	23:57.59	24:05.55	7:46/M	
2	* Jeremy Lawton	Moorings Yacht and	6148	43	35	24:33.14	25:13.69	8:08/M	
3	* Vincent Burke	Vero Strength	6346	45	61	26:54.13	27:19.65	8:49/M	
4	Gus Skarlis		6432	45	62	27:13.32	27:22.89	8:50/M	
5	Jonathan Blackburn	St. Edwards	1686	43	63	27:21.84	27:24.51	8:50/M	
6	Jeff Palleschi		6565	49	64	27:14.01	27:25.54	8:51/M	
7	Kevin Barrett		6174	43	83	28:17.53	28:29.39	9:11/M	
8	Mike Dilks	IRCSO SWAT	6362	43	89	28:40.87	28:53.67	9:19/M	
9	Brad Raynor	Ci Communications	6248	43	90	28:42.05	28:54.63	9:19/M	
10	Daniel Richmond	We Run for Ray	6126	48	108	29:16.65	29:41.45	9:35/M	
11	Greg Zugrave	St. Edwards	6476	40	118	29:51.32	29:55.92	9:39/M	
12	Hugo H Davila		6449	45	120	29:33.43	29:58.65	9:40/M	
13	Lonnie Rich	IRCSO SWAT	6352	49	132	30:41.34	30:54.47	9:58/M	
14	James Gruhala		6399	47	144	31:19.50	31:34.43	10:11/M	
15	Chris Reeve	IRCSO SWAT	6357	49	150	31:40.53	31:40.53	10:13/M	
16	Robert Rivas	IRCFR	6569	43	160	31:58.99	32:03.04	10:20/M	
17	Pat White	IRCSO SWAT	6353	49	162	31:54.35	32:08.68	10:22/M	
18	Christian Mathisen	IRCSO SWAT	6354	49	163	31:53.42	32:08.76	10:22/M	
19	Matt Davis	IRCSO SWAT	6360	49	169	32:08.64	32:21.87	10:26/M	
20	Andrew Kennedy	Proctor Construction	6423	45	172	32:27.65	32:27.65	10:28/M	
21	Brian Aguiar	IRCSO SWAT	6356	49	174	32:19.98	32:34.52	10:30/M	
22	James Betancourt	IRCSO SWAT	6363	49	178	32:29.30	32:47.85	10:35/M	
23	Jim Dixon	IRCSO SWAT	6355	44	189	32:57.52	33:13.25	10:43/M	
24	Anthony Franklin		6545	45	207	33:32.19	34:20.23	11:05/M	
25	Rob Ryan	IRCSO SWAT	6359	44	217	34:36.06	34:45.90	11:13/M	
26	Doug Sapusek		6176	40	234	35:10.74	35:37.74	11:29/M	
27	Steve Graul	IRCFR	6385	41	252	36:42.17	36:50.76	11:53/M	
28	Michael Meckl		1694	47	280	38:13.48	38:37.37	12:27/M	
29	Andrew Stephens	Lift Fitness	6184	44	376	44:17.46	44:58.59	14:30/M	
30	Dan Whittington	Lift Fitness	6053	48	378	44:30.16	45:06.18	14:33/M	
31	Kyle Kofke Sr.	IRCFR	6001	41	380	45:11.96	45:19.50	14:37/M	
32	William Herrington	IRCFR	5994	47	414	48:53.76	49:17.85	15:54/M	
33	Brian Cook	#DYGAR	6279	42	462	52:08.98	52:29.02	16:56/M	
34	Francisco Cruz		6472	40	476	52:54.88	53:10.56	17:09/M	
35	Collin Stanford	SLCFD Benevolent	6389	46	480	52:53.58	53:27.81	17:15/M	
36	Sean Gibbons	IRCFR	1634	47	481	53:33.52	53:41.68	17:19/M	
37	Dylan Reingold		6267	46	487	53:43.54	53:57.10	17:24/M	
38	David Bailey	IRCSO	6343	47	490	53:39.95	54:10.19	17:28/M	
39	Brian Lange	VB Volunteer Fire Dept	1644	47	505	56:34.73	57:16.71	18:28/M	
40	Charley Tucker	MCFR	6215	48	525	57:02.86	58:14.19	18:47/M	
41	Joseph Lobosco	MCFR	6214	44	527	58:20.41	58:20.41	18:49/M	
42	Jason Guarino	Ci Communications	6543	40	528	57:39.27	58:30.60	18:52/M	
43	Jonathan Montgomery	First In Nutrition	6300	41	538	58:33.70	59:35.27	19:13/M	
44	Billy Parchen	Lift Fitness	6139	45	541	58:49.91	59:59.15	19:21/M	
45	Sid Parker		6324	49	554	1:02:10.30	1:03:00.32	20:19/M	

Male 50 to 59

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* William Anderson		6450	54	11	22:18.23	22:20.64	7:12/M	
2	* Mike Smith		6030	54	23	23:53.18	23:53.18	7:42/M	
3	* Gavin Ross		1609	54	40	25:49.12	25:53.52	8:21/M	

Tunnel To Towers 5K 2019

Age Group Results

5K Run/Walk

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Male 50 to 59

									-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
4	Joe Hill	VB Volunteer Fire Dept	1641	56	43	25:55.52	25:56.29	8:22/M		
5	David Currey	VBPD	6159	54	58	27:07.23	27:08.31	8:45/M		
6	Ken Nolen		6567	50	65	27:14.69	27:25.58	8:51/M		
7	Ed Meade		6552	51	72	27:48.76	27:51.20	8:59/M		
8	Richard Kaiser	UDT Navy SEAL	6314	57	74	27:45.69	28:03.19	9:03/M		
9	Stuart James Shafer	UDT Navy SEAL	6313	59	75	27:45.90	28:04.85	9:03/M		
10	Patrick Powers		6556	56	87	28:47.26	28:50.12	9:18/M		
11	Rick Fiore		6417	55	105	28:47.07	29:38.22	9:34/M		
12	William Garrigan	SLCFD Benevolent	5990	55	122	29:36.16	30:14.77	9:45/M		
13	Shawn Hoyt	Indian river Shores	6411	50	125	30:24.51	30:24.51	9:48/M		
14	Raymond Duong	Lift Fitness	6137	55	130	29:57.07	30:44.61	9:55/M		
15	Robert Maddaloni	Army	6195	50	136	30:52.73	31:07.22	10:02/M		
16	Thomas Pappas		6204	53	139	30:23.87	31:20.43	10:06/M		
17	Pete Brown	Proctor Construction	6468	53	149	30:18.62	31:40.13	10:13/M		
18	Alan Darby	US Navy retired	6444	56	186	32:42.20	33:00.82	10:39/M		
19	John Lindenthal	St. Edwards	6570	56	215	34:20.12	34:37.67	11:10/M		
20	Daniel Glotzer		1610	57	248	35:35.28	36:36.65	11:48/M		
21	Srinvas Yerneni		1620	50	250	36:29.86	36:48.47	11:52/M		
22	Todd Young	Vero Beach Rowing	1697	58	272	37:47.80	38:11.91	12:19/M		
23	Geoff Wolf	St. Edwards	6440	51	287	39:11.97	39:17.80	12:40/M		
24	Hoa Tran	Ci Communications	6308	50	305	39:18.87	40:15.65	12:59/M		
25	Richard Carnell	St. Edwards	6498	59	318	40:47.40	41:03.59	13:15/M		
26	Trevor Snow	Ci Communications	6523	51	342	42:44.66	43:11.72	13:56/M		
27	Miguel Encinas		6026	54	354	43:37.95	43:39.65	14:05/M		
28	David Cortez		6333	56	355	43:03.13	43:42.18	14:06/M		
29	John Granath II	Proctor Construction	6506	52	385	45:43.63	46:14.34	14:55/M		
30	Kevin Lovely	Lift Fitness	6492	55	393	46:32.26	46:54.90	15:08/M		
31	John Harris		6039	56	421	49:00.00	49:47.19	16:04/M		
32	Leah Cady		6305	57	422	48:59.68	49:47.29	16:04/M		
33	Bruce Cady		6304	50	423	48:59.57	49:47.45	16:04/M		
34	Raymond Archer		6500	59	434	50:34.70	51:01.42	16:27/M		
35	Dave Johnson	IRCFR	5992	54	482	53:30.81	53:41.95	17:19/M		
36	Karl Holtkamp	MCFR	6040	53	494	53:49.28	55:00.01	17:45/M		
37	Jeff Willingham Willingham	Ci Communications	6251	58	520	57:05.03	57:58.25	18:42/M		
38	Janet B Lugo	Marine Bank and Trust	6206	58	537	59:06.20	59:30.65	19:12/M		
39	Dean Filippi	IRCFR	6101	54	540	58:44.82	59:55.31	19:20/M		
40	Tom Mansfield	Ci Communications	6307	58	562	1:03:30.18	1:04:26.80	20:47/M		
41	Kevin Katsarelas	Charlotte County S.O.	6065	55	570	1:06:28.08	1:06:59.83	21:36/M		

Male 60 to 69

									-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace		
1	* Richard Radcliff		1649	66	31	24:57.80	24:58.26	8:03/M		
2	* Butch Coffey		6456	63	36	25:27.23	25:27.52	8:13/M		
3	* Mike Hanner		6006	66	70	27:20.43	27:42.61	8:56/M		
4	Gary Moore		6231	61	91	28:42.96	29:00.35	9:21/M		
5	Vince Casserly		6058	62	102	29:20.41	29:26.42	9:30/M		
6	Gary Walters		6283	66	165	32:10.79	32:15.14	10:24/M		
7	Charles Sullivan		1623	64	171	31:59.37	32:25.10	10:27/M		
8	Paul Dye		1674	61	285	39:13.44	39:13.44	12:39/M		
9	Tom Jenkins		1633	65	289	38:24.78	39:24.86	12:43/M		
10	Bill Penney	Marine Bank and Trust	6232	63	307	39:55.19	40:22.65	13:01/M		
11	Bill Minard		6029	68	314	40:33.65	40:58.58	13:13/M		
12	Charlie Restaino		6025	63	341	42:49.41	43:06.48	13:54/M		
13	Thomas Sease		6239	67	351	42:40.09	43:34.06	14:03/M		
14	Edward Kindy		6172	66	363	43:46.85	44:22.29	14:19/M		
15	Thomas Klapsa	Vero Strength	6269	65	386	46:03.18	46:42.62	15:04/M		
16	Tom Gleason		6539	69	397	46:11.45	47:06.54	15:12/M		
17	Stephen Greer	IRCFR	6012	60	417	49:10.18	49:18.67	15:54/M		
18	Guy Stevens		6249	61	441	50:43.99	51:27.73	16:36/M		
19	William Funaro Jr		1614	63	443	50:49.48	51:35.51	16:38/M		
20	Ernest Parent Jr.		5976	67	444	50:51.03	51:35.57	16:38/M		
21	John Matthews	#DYGAR	6322	69	461	52:06.78	52:27.92	16:55/M		
22	Anthony Young	Army Vet	6179	64	463	52:05.39	52:29.25	16:56/M		
23	Cory Richter	IRCFR	6037	60	469	52:34.90	52:51.71	17:03/M		
24	Chris Glaser	Moorings Yacht and	6103	63	474	52:09.15	53:08.77	17:08/M		
25	Raymond Coleman		6075	64	514	56:36.81	57:45.08	18:38/M		
26	Bolivar Lugo	Home Depot	6207	69	536	59:02.03	59:26.55	19:10/M		
27	Steven Betancourt		6161	62	564	1:03:59.48	1:05:10.05	21:01/M		
28	Art Economy	Ci Communications	6254	63	566	1:04:10.94	1:05:16.15	21:03/M		
29	Theodore Stone	IRCFR	6083	61	569	1:06:39.65	1:06:58.53	21:36/M		

Male 70 and Over

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Glen Fritz	Sunrunners	6341	70	46	26:03.96	26:05.15	8:25/M
2	* Mark Ashdown		1671	70	106	29:24.02	29:39.40	9:34/M
3	* Keith Salo		6260	72	137	31:11.12	31:11.16	10:04/M
4	Charles Howse		6170	74	247	36:02.94	36:31.77	11:47/M
5	James McSweeney		6394	79	332	41:11.10	41:56.83	13:32/M
6	James Myles		6071	74	483	52:55.48	53:44.00	17:20/M

Race Date
September 14, 2019

Tunnel To Towers 5K 2019
Age Group Results

5K Run/Walk

Female Winners

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Stephanie Zugrave	St. Edwards	6477	39	12	22:32.49	22:33.29	7:16/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Chris Vorce	Lift Fitness	6110	49	25	24:03.36	24:03.77	7:45/M

Tunnel To Towers 5K 2019

Age Group Results

5K Run/Walk

Race Date
September 14, 2019

Female No Age Provided

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Lennon Quigley	IRCFR	6202	0	394	46:41.58	46:56.54	15:08/M
2	Elizabeth Applehof		6421	0	555	1:02:28.93	1:03:29.66	20:29/M

Female 9 and Under

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Alexandra Smith	Vero Fitness	6238	9	24	24:03.25	24:03.34	7:45/M
2	* Hazelle Quigley	IRCFR	6200	8	114	29:51.45	29:51.45	9:38/M
3	* Molly Heinz		6548	5	211	33:40.85	34:24.29	11:06/M
4	Ahnolah Quigley	IRCFR	6201	9	227	35:16.04	35:17.20	11:23/M
5	Selina Marinko	Lift Fitness	6493	3	391	46:31.93	46:53.64	15:07/M
6	Priscilla Gautier	Lift Fitness	6494	2	392	46:32.84	46:53.99	15:07/M
7	Grace Johnson		6134	9	398	46:06.83	47:07.18	15:12/M
8	Jillian Johnson		6135	7	402	46:12.32	47:12.87	15:14/M
9	Kylie Beaumont	Indian river Shores	1693	8	411	47:05.15	48:03.64	15:30/M
10	Piper Haagenson	NEXT GEN	6407	7	420	49:27.39	49:39.24	16:01/M
11	Annabelle Harrelson		1631	4	446	51:31.83	51:36.32	16:39/M
12	Jaelynn MacKowski	Moorings Yacht and	6192	9	500	56:04.73	56:39.21	18:16/M
13	Holland Zugrave	St. Edwards	6479	5	530	58:28.11	58:49.53	18:58/M
14	Cassidy Kozloski	Family of CWO2 Michael	6115	7	533	57:47.49	58:54.09	19:00/M
15	Emma Barsano	#DYGAR	6517	7	543	1:01:27.78	1:01:50.81	19:57/M
16	Cassie Palmer	Okeechobee County Fire	6229	5	550	1:01:03.78	1:02:21.88	20:07/M

Female 10 to 14

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Natalie Magee		6396	10	78	27:39.74	28:09.72	9:05/M
2	* Anna Marie Zugrave	St. Edwards	6478	10	116	29:50.20	29:55.12	9:39/M
3	* Sienna Mallon	St. Edwards	6447	12	159	31:46.33	32:00.95	10:19/M
4	Madison Moran		6374	12	173	32:03.85	32:28.88	10:28/M
5	Kalli Sellers		6312	11	175	32:07.25	32:40.63	10:32/M
6	Jacqueline Anding	Moorings Yacht and	6281	10	181	32:15.46	32:56.61	10:37/M
7	Emma Wolf	St. Edwards	6482	13	187	32:56.27	33:01.80	10:39/M
8	Allie Hogan		1701	13	235	35:39.52	35:39.83	11:30/M
9	Zadie Diniz	Vero Beach Rowing	1685	13	259	37:00.38	37:39.02	12:09/M
10	Paige Milner	leduc county	6219	14	304	39:40.50	40:11.69	12:58/M
11	Madaline Oden		1700	11	308	40:28.03	40:28.87	13:03/M
12	Angelina Rhoades	Vero Beach Rowing	1705	14	323	40:47.56	41:23.74	13:21/M
13	Rylee Haagenson	NEXT GEN	6405	14	339	42:17.24	42:30.23	13:43/M
14	Katie Chisholm		6527	10	345	43:17.24	43:26.67	14:01/M
15	Isabella Barsano	#DYGAR	6516	11	348	43:14.56	43:27.90	14:01/M
16	Ciara Cortez		6334	13	353	43:12.77	43:39.15	14:05/M
17	Abby Smith		6382	13	361	44:06.37	44:14.09	14:16/M
18	Jolene Malarney		1676	11	367	43:53.95	44:34.65	14:23/M
19	Payton Monaco	VBPD	6537	11	369	44:12.42	44:44.92	14:26/M
20	Kinsey Crawley		6086	14	399	46:57.91	47:07.75	15:12/M
21	Allie Smith		6383	11	408	47:41.11	47:41.74	15:23/M
22	Lilly Kofke		6003	11	447	51:36.39	51:45.66	16:42/M
23	Madison Ryan		6525	10	449	51:43.53	51:52.53	16:44/M
24	Emily Chisholm		6526	11	451	51:56.66	52:06.33	16:48/M
25	Nicolette Kennedy	Proctor Construction	6426	11	455	52:24.24	52:24.24	16:54/M
26	Madeline Kozloski	Family of CWO2 Michael	6113	14	516	56:38.75	57:45.62	18:38/M
27	Bayleigh Kozloski	Family of CWO2 Michael	6114	12	531	57:47.64	58:53.56	19:00/M

Female 15 to 19

		-----Total-----						
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	* Sarah Wolf	St. Edwards	6441	16	34	25:07.99	25:08.63	8:06/M
2	* Madison Allerman	Vero Beach Rowing	1696	17	38	24:58.50	25:33.41	8:15/M
3	* Kristen Sellers		6311	15	56	26:25.12	26:56.52	8:41/M
4	Riley Mullins		1638	15	59	26:58.23	27:10.08	8:46/M
5	Lottie Higgins		6561	17	176	32:06.30	32:41.41	10:33/M
6	Monica Milesic	Vero Beach Rowing	1695	17	182	32:21.89	32:57.65	10:38/M
7	Chloe Secunda	St. Edwards	1691	16	202	33:43.42	34:08.12	11:01/M

Tunnel To Towers 5K 2019

Race Date
September 14, 2019

Age Group Results

5K Run/Walk

Female 15 to 19

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
8	Naeimi Thimmer		6402	16	228	34:47.32	35:18.61	11:23/M	
9	Gabrielle Coppola		6063	17	284	38:46.96	39:10.92	12:38/M	
10	Gianna Ward		6563	15	324	40:08.82	41:23.93	13:21/M	
11	Tegan Byford		5996	16	362	43:43.94	44:16.89	14:17/M	
12	Kelsie Barker		6475	17	404	46:59.15	47:31.44	15:20/M	
13	Cassie Hughes	Vero Beach Rowing	1689	15	432	50:18.19	50:56.70	16:26/M	
14	Kendyl Leonard		6420	18	557	1:02:30.17	1:03:32.22	20:30/M	

Female 20 to 29

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Karis Watts		6408	26	29	24:20.00	24:23.31	7:52/M	
2	* Nikki (nicole) Wilson	Moorings Yacht and	6221	23	124	29:31.20	30:17.86	9:46/M	
3	* Monse Reyes		6401	24	128	30:32.61	30:37.98	9:53/M	
4	Debbie Henry		6212	28	133	30:38.87	30:55.65	9:58/M	
5	Ashley Boyle	Lift Fitness	6117	26	151	30:53.32	31:41.37	10:13/M	
6	Kasey Campbell	Vero Fitness	6319	28	157	31:51.36	31:54.83	10:17/M	
7	Abby Oliver	Vero Fitness	1699	23	184	32:02.37	32:59.31	10:38/M	
8	Keirsha Elliot		1628	25	188	32:57.33	33:13.23	10:43/M	
9	Kristen Fiore		6416	22	190	32:24.96	33:16.57	10:44/M	
10	allison baird		1670	26	198	34:01.00	34:01.00	10:58/M	
11	Gabriela Saavedra		6342	23	219	34:39.67	34:51.89	11:15/M	
12	Gianna Arlotta	VB Volunteer Fire Dept	1640	20	221	34:18.47	34:54.57	11:15/M	
13	Samantha Obrien		6413	21	230	34:55.58	35:26.32	11:26/M	
14	Cara Fiore		6415	24	268	37:16.85	38:08.09	12:18/M	
15	Christina Sims	VB Volunteer Fire Dept	1639	21	294	39:06.42	39:41.85	12:48/M	
16	Kathryn Carnell	St. Edwards	6499	25	317	40:47.34	41:03.35	13:15/M	
17	Joy Lees		6330	24	331	41:21.92	41:56.12	13:32/M	
18	Chelsea Candarini		6224	25	377	43:50.09	44:58.95	14:30/M	
19	Melissa Forte	MCFR	6213	28	382	44:35.46	45:46.00	14:46/M	
20	Gabriella McKay	Vero Fitness	1712	23	384	44:39.59	45:58.26	14:50/M	
21	Heidi Dilks		1603	29	388	46:34.96	46:47.23	15:05/M	
22	Karen Sewell		1612	24	415	48:18.74	49:18.10	15:54/M	
23	Jessica Gerard		6337	28	430	50:36.43	50:50.33	16:24/M	
24	Julia Simon		6338	25	435	50:05.89	51:10.20	16:30/M	
25	Danielle Harrelson		1630	22	445	51:31.50	51:36.17	16:39/M	
26	Ashley Ferguson	#DYGAR	6290	22	454	52:00.01	52:23.81	16:54/M	
27	Leighanne Thompson		6331	25	464	51:57.29	52:32.45	16:57/M	
28	Chelsea Lore		6461	25	465	51:57.49	52:33.16	16:57/M	
29	Brianna Williams		6419	20	556	1:02:28.42	1:03:30.18	20:29/M	

Female 30 to 39

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Whitney Catandella	Vero Fitness	6336	31	49	26:05.71	26:25.06	8:31/M	
2	* Charity Tull	Lift Fitness	6145	37	54	25:54.20	26:44.65	8:37/M	
3	* Kelly Langs	Lift Fitness	6127	37	85	27:44.41	28:35.98	9:13/M	
4	Whitney Witherow	Lift Fitness	6162	32	95	28:26.07	29:09.01	9:24/M	
5	Jessica Ferrer		6533	30	110	29:38.64	29:46.83	9:36/M	
6	Brandi Brolmann		6244	36	113	29:47.50	29:49.49	9:37/M	
7	Sheri Altic		6373	36	117	29:27.97	29:55.57	9:39/M	
8	Gabriela Hemmer		6504	30	164	32:01.72	32:13.38	10:24/M	
9	Jamie Dunson		1602	37	191	33:07.87	33:18.80	10:45/M	
10	Elizabeth Kelley	Army	6296	30	197	33:47.77	33:57.59	10:57/M	
11	Anna Kalinina		6455	30	201	34:00.88	34:06.67	11:00/M	
12	Nicki Maslin	Lift Fitness	6129	38	203	33:26.11	34:13.50	11:02/M	
13	Kim Krebs	Lift Fitness	6154	36	204	33:26.22	34:13.72	11:02/M	
14	Anna Kirkland	Lift Fitness	6051	37	209	33:30.54	34:22.49	11:05/M	
15	Alison Heinz		6547	36	212	33:40.30	34:24.53	11:06/M	
16	Elaine McGinty		1668	39	214	33:48.78	34:31.01	11:08/M	
17	Rebecca Myles		6072	34	220	34:09.53	34:53.18	11:15/M	
18	Nicole Miller	Lift Fitness	6143	34	231	35:14.27	35:32.10	11:28/M	
19	Danielle Collius		6371	30	236	34:22.21	35:40.06	11:30/M	
20	Julia Thomas	Navy	6369	32	237	34:51.13	35:48.95	11:33/M	
21	Angelina Wilson	SLCFD Benevolent	6541	37	246	35:56.39	36:29.53	11:46/M	
22	Mary Stanford	SLCFD Benevolent	6388	38	249	36:08.92	36:41.89	11:50/M	
23	Dayna Anding	Moorings Yacht and	6280	37	251	35:47.87	36:49.60	11:53/M	
24	Brittany Kirby		6328	34	253	35:42.10	36:55.38	11:55/M	

Tunnel To Towers 5K 2019

Age Group Results

5K Run/Walk

Race Date
September 14, 2019

Female 30 to 39

Place	Name	Team	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
25	Cynthia Boroczky	Lift Fitness	6437	38	255	35:57.36	36:59.84	11:56/M
26	Mary Rivas	Lift Fitness	6243	35	257	37:12.28	37:14.28	12:01/M
27	Andrea Jimenez	Team JI Club	6454	30	263	37:04.03	37:42.26	12:10/M
28	Wendy Castro		6559	36	270	37:07.62	38:10.23	12:19/M
29	Bradleigh Rodriguez		6436	32	291	39:17.30	39:29.75	12:44/M
30	Candi Fabiano		6470	37	292	39:03.83	39:36.73	12:46/M
31	Chelsea Garrison	IRCSO	6535	31	297	39:42.15	39:53.55	12:52/M
32	Melissa Marinko	Lift Fitness	6150	33	298	39:11.20	39:54.69	12:52/M
33	Kelly Flood		6291	32	300	39:04.73	39:59.42	12:54/M
34	Amy Dubois	Ci Communications	6257	31	309	39:12.94	40:34.26	13:05/M
35	Amanda Parker	Indian river Shores	6285	32	312	40:02.54	40:54.58	13:12/M
36	Kathy Jones	Navy	6438	32	316	40:01.55	41:00.20	13:14/M
37	Karen Whittington	Lift Fitness	6052	32	330	41:26.77	41:56.00	13:32/M
38	Katie Profeta	Lift Fitness	6429	31	333	41:32.01	42:00.95	13:33/M
39	Tabitha Murphy	Lift Fitness	6367	34	338	41:44.73	42:29.57	13:42/M
40	Dianne Hughes		6020	31	340	42:25.91	42:54.64	13:50/M
41	Erin Graul	IRCFR	6384	38	346	43:18.75	43:27.50	14:01/M
42	Cynthia Ryan		6048	39	347	43:17.34	43:27.59	14:01/M
43	Erica Shirey		6081	30	356	43:16.15	43:44.15	14:06/M
44	Lindsey Brinkmann		6295	33	372	44:42.16	44:50.80	14:28/M
45	Sabrina Johnson	Lift Fitness	6146	39	373	44:23.40	44:50.80	14:28/M
46	Kimberly Kofke	IRCFR	6005	39	379	45:11.42	45:19.41	14:37/M
47	April Ebanks		6266	34	390	45:38.86	46:47.48	15:05/M
48	Jennifer Quigley	IRCFR	6199	34	395	46:41.51	46:56.86	15:08/M
49	Kerrie Johnson		6133	37	401	46:12.50	47:12.67	15:14/M
50	Liz Smith		6381	36	407	47:32.39	47:41.73	15:23/M
51	Nicole Haagenson	NEXT GEN	6404	38	419	49:26.81	49:38.57	16:01/M
52	Brittney Soare		6059	31	425	49:31.47	50:12.00	16:12/M
53	Sarah Testa	Proctor Construction	6348	31	428	50:29.44	50:29.44	16:17/M
54	Susana Ponce		6473	31	429	50:38.01	50:50.27	16:24/M
55	Anaise Uset		6471	31	431	50:40.31	50:54.88	16:25/M
56	Amanda Barsano	#DYGAR	6515	35	456	52:06.19	52:24.87	16:54/M
57	Allison Zukowski	#DYGAR	6297	33	459	52:06.23	52:26.02	16:55/M
58	Brittany Ziegler		6106	30	486	53:18.09	53:53.64	17:23/M
59	Christin Cole	Moorings Yacht and	6190	36	503	55:46.01	56:49.29	18:20/M
60	Jessica Jaynes		6365	33	509	56:27.67	57:28.31	18:32/M
61	Keri Dye	Cape Coral Fire	6100	36	511	56:23.73	57:36.79	18:35/M
62	Adrian Secrest		6096	37	513	56:27.49	57:41.35	18:36/M
63	Erin Rains	First In Nutrition	6205	38	524	57:10.44	58:10.90	18:46/M
64	Brienne Kozloski	Family of CWO2 Michael	6112	36	532	57:47.60	58:54.02	19:00/M
65	Racheal Yates	Indian River County	6497	30	535	58:22.45	59:06.37	19:04/M
66	Anne Montgomery	First In Nutrition	6299	35	539	58:39.60	59:38.29	19:14/M
67	Brianne McGuire		6485	33	558	1:02:25.47	1:03:34.69	20:30/M
68	Rachel Delashmutt	IRCFR	6246	33	559	1:02:10.96	1:03:34.94	20:30/M
69	Gina Rae Taitt	Lift Fitness	6132	30	574	1:06:43.03	1:07:47.18	21:52/M
70	Shari Mernick	Lift Fitness	6241	35	576	1:06:49.51	1:07:53.89	21:54/M

Female 40 to 49

Place	Name	Team	Bib No	Age	Overall	-----Total-----		Pace
						Chip Time	Gun Time	
1	* Ruth Reed		5978	49	48	25:55.41	26:18.03	8:29/M
2	* Shannon Capezza	Lift Fitness	6077	48	53	25:53.71	26:43.39	8:37/M
3	* Julie Damiani	St. Edwards	6078	46	66	27:24.84	27:26.82	8:51/M
4	Katie Smith	Vero Fitness	6237	42	81	28:19.06	28:23.48	9:09/M
5	Maria Casserly		6057	47	98	29:13.50	29:19.00	9:27/M
6	Mindi Powers		6555	49	100	29:21.11	29:24.51	9:29/M
7	Amber Jenks	Orange theory	6397	41	101	28:59.66	29:25.60	9:29/M
8	Maria Gatch		6277	45	104	29:01.70	29:37.75	9:33/M
9	Jennifer Richmond	We Run for Ray	6125	47	111	29:23.09	29:47.77	9:36/M
10	Meg Sweetland		6014	46	115	29:32.67	29:54.88	9:39/M
11	Charity Plum		1629	44	123	30:13.40	30:17.56	9:46/M
12	Susy Meade		6551	49	131	30:43.07	30:46.44	9:55/M
13	Vinnie Alvarez		6568	43	135	30:52.79	31:07.20	10:02/M
14	Christine Nielson		6433	43	141	31:01.51	31:23.01	10:07/M
15	Christina Barber	Lift Fitness	6105	46	145	30:58.91	31:38.70	10:12/M
16	Jennifer Bakos		6326	42	153	31:40.20	31:43.50	10:14/M
17	Victoria Firth		6303	40	158	31:59.56	31:59.56	10:19/M
18	Tammy Richardson	Lift Fitness	6149	48	177	32:10.47	32:44.93	10:34/M
19	Donna MacDoanld		1617	47	180	32:41.11	32:53.60	10:36/M
20	Ursula Gunter	Moorings Yacht and	1690	42	194	32:44.28	33:45.32	10:53/M
21	Rhonda Smith		6309	48	199	33:39.05	34:02.52	10:59/M
22	Belinda Pena		6522	44	208	33:51.72	34:20.87	11:05/M

Tunnel To Towers 5K 2019

Age Group Results

5K Run/Walk

Race Date
September 14, 2019

Female 40 to 49

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
23	Bonnie Pfiester	Lift Fitness	6120	48	213	33:36.23	34:26.08	11:06/M	
24	Lory Milton		6320	41	223	35:09.03	35:09.03	11:20/M	
25	Shawn McKinny	Anytime fitness	6329	43	226	34:57.77	35:10.82	11:21/M	
26	Amber Smith		6076	41	229	34:59.45	35:19.22	11:24/M	
27	Whitney Johnson	Lift Fitness	6128	40	232	35:14.14	35:32.15	11:28/M	
28	Julie Sapusek		6175	40	233	35:10.05	35:37.55	11:29/M	
29	Elisha Culpepper	Lift Fitness	6153	46	240	35:25.06	36:03.01	11:38/M	
30	Nicole Moran	#DYGAR	6289	45	242	35:58.46	36:10.07	11:40/M	
31	April Vetromile	Team JI Club	6451	45	243	35:36.46	36:10.20	11:40/M	
32	Michelle Theison	SLCFD Benevolent	6480	46	244	35:47.54	36:20.11	11:43/M	
33	Erin Haynes		6513	42	258	37:06.61	37:19.33	12:02/M	
34	Jill Diniz	Vero Beach Rowing	1684	47	262	37:02.04	37:40.64	12:09/M	
35	Valerie Brown	Proctor Construction	6467	44	274	36:51.91	38:13.26	12:20/M	
36	Mary Miller	Lift Fitness	6119	45	275	37:36.83	38:15.70	12:20/M	
37	Jennifer Coppola		6062	41	282	38:37.71	39:00.88	12:35/M	
38	Cari Haagenson	IRCFR	6403	40	295	39:40.39	39:51.40	12:51/M	
39	Loren Moran		6372	46	301	39:38.13	40:04.75	12:55/M	
40	Christine Milner	leduc county	6218	40	306	39:48.29	40:19.78	13:00/M	
41	Jael Aldunate	Marine Bank and Trust	6263	47	319	40:28.46	41:15.49	13:18/M	
42	Harmony Rivas	Lift Fitness	6284	40	320	40:53.02	41:18.16	13:19/M	
43	Wendy Gardiner		6222	47	329	41:02.23	41:54.57	13:31/M	
44	Michelle Riba	Lift Fitness	6111	45	334	41:51.37	42:28.44	13:42/M	
45	Gwen Perrotti	Team JI Club	6453	45	344	42:43.30	43:23.31	14:00/M	
46	Amanda Milian		6318	44	349	43:10.91	43:32.20	14:03/M	
47	Melissa Ny		6368	47	350	42:15.82	43:32.49	14:03/M	
48	Deborah Timmes	Lift Fitness	6165	44	358	43:24.79	43:50.90	14:08/M	
49	Kimberly Stephens	Lift Fitness	6183	48	375	44:16.54	44:58.00	14:30/M	
50	Laurie Hoover	Vero Fitness	1711	49	383	44:37.55	45:58.10	14:50/M	
51	Tish Miller	Anytime fitness	6558	45	389	46:34.10	46:47.23	15:05/M	
52	Stephanie Crawley	IRCFR	6085	42	400	47:01.48	47:10.91	15:13/M	
53	Liz Curtis		1646	49	406	47:38.27	47:38.27	15:22/M	
54	Victoria Stalls	Lift Fitness	6164	49	437	50:25.65	51:13.59	16:31/M	
55	Elaine Mercado	Lift Fitness	6109	47	453	51:18.34	52:10.34	16:50/M	
56	Brandy Giardina	#DYGAR	6273	41	457	52:05.07	52:24.95	16:54/M	
57	Kristin Kennedy	Proctor Construction	6424	46	466	52:43.37	52:43.37	17:00/M	
58	Sarah Nixon	Lift Fitness	6157	48	467	51:38.51	52:43.75	17:00/M	
59	Leannette Tillis	IRCSO	5995	47	468	52:17.60	52:45.81	17:01/M	
60	Jen Dehaven	Vero Beach Rowing	1706	41	471	52:20.50	52:56.48	17:05/M	
61	Lisa Holtkamp		6041	46	473	51:51.61	53:02.19	17:06/M	
62	Edlyn Recio		6562	40	478	53:24.76	53:24.76	17:14/M	
63	Tracy Losey	Vero Beach Rowing	1665	49	479	52:29.99	53:24.79	17:14/M	
64	Lisa Bailey		6344	49	489	53:39.35	54:09.34	17:28/M	
65	Susan Wengert	Moorings Yacht and	6412	42	498	55:35.35	56:38.53	18:16/M	
66	Kristy Lawton	Moorings Yacht and	6147	41	501	55:46.50	56:49.20	18:20/M	
67	Noelle Cashman	Moorings Yacht and	6167	49	502	55:47.34	56:49.24	18:20/M	
68	Racheal Akers		5979	47	507	56:34.91	57:17.08	18:29/M	
69	Pricilla Dye	MCFR	6099	43	523	56:51.03	58:03.76	18:44/M	
70	Lena Filippi		6462	42	542	58:51.80	1:00:01.26	19:22/M	
71	Christine Hau	Lift Fitness	6138	45	544	1:00:43.58	1:01:53.30	19:58/M	
72	Sheri Anderson		1604	41	548	1:01:52.09	1:02:14.67	20:05/M	
73	Paula Feil	Lift Fitness	6325	49	553	1:02:08.70	1:02:59.43	20:19/M	
74	Stacy Zedek	IRCFR	5972	43	571	1:06:44.61	1:07:12.91	21:41/M	
75	Nicole Sullivan	Lift Fitness	6540	44	575	1:06:49.50	1:07:53.31	21:54/M	

Female 50 to 59

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Tammy Bursick	Lift Fitness	6131	56	42	25:41.35	25:56.25	8:22/M	
2	* Paula Vance	Lift Fitness	6136	52	82	27:36.80	28:23.77	9:09/M	
3	* Annie Stolze	Lift Fitness	6118	52	92	28:21.38	29:06.58	9:23/M	
4	Wendy Barin	St. Edwards	6442	53	96	29:07.15	29:09.91	9:24/M	
5	Shirley Granims		1611	50	119	29:40.23	29:56.85	9:39/M	
6	Sylvie Pappas		6203	52	140	30:24.63	31:21.18	10:07/M	
7	Suzanne Bryan		6050	52	152	30:42.20	31:42.99	10:14/M	
8	Genevieve Mallon	St. Edwards	6446	52	161	31:49.32	32:04.33	10:21/M	
9	Martha White	Ci Communications	6253	52	166	31:56.70	32:20.07	10:26/M	
10	Jill Amos		1637	50	170	31:43.05	32:24.05	10:27/M	
11	Jen Palleschi		6566	51	206	34:08.05	34:20.08	11:05/M	
12	Norma Cassinari		6395	55	216	34:09.73	34:40.10	11:11/M	
13	Allyson Brown		6370	54	238	35:00.91	35:59.07	11:36/M	
14	Sandy Campbell		6398	56	256	36:34.62	37:04.58	11:57/M	
15	Terri Walters	We Run for Ray	6272	56	264	37:04.77	37:45.59	12:11/M	

Tunnel To Towers 5K 2019

Race Date
September 14, 2019

Age Group Results

5K Run/Walk

Female 50 to 59

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
16	Lucy Lovely	Lift Fitness	6151	56	265	37:02.02	37:46.35	12:11/M	
17	Sandra Ortiz	US Navy retired	6043	55	269	37:42.23	38:09.72	12:18/M	
18	Christie Pecoraro		6235	55	271	37:38.82	38:11.61	12:19/M	
19	Lynn Maddaloni		6194	54	273	37:39.02	38:12.53	12:19/M	
20	Amy Tardif		6502	55	277	38:09.97	38:24.10	12:23/M	
21	Sarah Wolf	St. Edwards	6481	51	288	39:11.87	39:18.04	12:41/M	
22	Andrea Obrien		6414	50	293	39:08.45	39:39.58	12:47/M	
23	Clarissa Yates	Lift Fitness	6144	55	302	39:09.66	40:06.17	12:56/M	
24	Lorrie Dupuis	Team JI Club	6452	59	303	39:32.77	40:11.23	12:58/M	
25	Cheri Futch		6220	52	310	39:46.98	40:35.23	13:05/M	
26	Annie Keyes		6418	50	311	40:31.72	40:53.30	13:11/M	
27	Rebecca Check	Lift Fitness	6443	54	328	41:07.65	41:52.91	13:30/M	
28	Erin Katsarelas	Charlotte County S.O.	6066	55	343	42:44.16	43:21.94	13:59/M	
29	Robin Cortez		6332	54	366	44:07.65	44:34.24	14:23/M	
30	Terri Colligan	Lift Fitness	6163	56	370	43:42.13	44:46.24	14:26/M	
31	Christine Encinas		6027	54	371	44:05.98	44:48.34	14:27/M	
32	Sherry Johnson		5993	54	381	45:28.68	45:39.59	14:44/M	
33	Coleen Intihar	CrossFit	6268	52	387	46:02.73	46:42.72	15:04/M	
34	Kathy Ketcham	Bernard Egan	6345	59	403	46:11.58	47:13.11	15:14/M	
35	Robin Sullivan	Lift Fitness	6528	50	410	46:56.76	47:47.90	15:25/M	
36	Melissa Dean		1632	57	413	48:06.27	49:04.97	15:50/M	
37	Patti Martin	Marine Bank and Trust	6211	56	416	48:48.32	49:18.24	15:54/M	
38	Donna McGrath		1666	57	418	48:38.21	49:20.66	15:55/M	
39	Pamela Sharman		6564	56	424	48:46.63	49:50.86	16:05/M	
40	Victoria Foressie Archer		6501	55	433	50:34.10	51:01.23	16:27/M	
41	Charlotte Higgins		6560	51	442	50:33.61	51:28.85	16:36/M	
42	Stacey Luppino		1613	56	448	51:05.09	51:50.85	16:43/M	
43	Lauri Stevens	Lift Fitness	6185	58	452	51:17.85	52:09.65	16:49/M	
44	Cynthia Falardeau		6275	54	460	52:01.12	52:27.88	16:55/M	
45	Tammy Glaser	Moorings Yacht and	6102	58	475	52:09.09	53:09.06	17:09/M	
46	Cynthia Granath	Proctor Construction	6505	55	477	52:52.40	53:24.20	17:14/M	
47	Julie Ziegler		6107	59	484	53:12.72	53:49.27	17:22/M	
48	Sara Dreilinger		6474	58	488	53:21.92	54:07.67	17:27/M	
49	Viviam Longcore	United States Air Force	6340	52	506	56:34.07	57:16.90	18:28/M	
50	Beth Munz	St. Edwards	6315	54	518	57:18.37	57:53.86	18:40/M	
51	Connie Willingham	Ci Communications	6252	57	521	57:05.09	57:58.57	18:42/M	
52	Stephanie Lindenthal	St. Edwards	1601	50	529	58:19.52	58:41.23	18:56/M	
53	Victoria Huber		6049	50	534	58:21.11	59:05.68	19:04/M	
54	Julie Lang		6209	56	546	1:02:06.74	1:02:06.74	20:02/M	
55	Mary Silva	Lift Fitness	6255	57	552	1:02:04.62	1:02:58.83	20:19/M	
56	Theresa Betancourt		6160	59	565	1:04:05.51	1:05:15.93	21:03/M	
57	Candy Morse		6068	55	573	1:06:43.20	1:07:14.86	21:41/M	

Female 60 to 69

								-----Total-----	
Place	Name	Team	Bib No	Age	Overall	Chip Time	Gun Time	Pace	
1	* Sabrina Maxwell		1654	61	71	27:46.56	27:46.56	8:57/M	
2	* Jenae Collins		6271	61	86	28:26.39	28:43.70	9:16/M	
3	* Linda Semko	Lift Fitness	6152	61	99	29:20.48	29:20.99	9:28/M	
4	Patricia Ashdown		1672	60	138	31:02.20	31:17.88	10:05/M	
5	Debbie Garrett		6514	60	185	32:21.45	33:00.17	10:39/M	
6	Iris Madison		6093	62	192	33:17.28	33:22.37	10:46/M	
7	Pamela Jarnagin		6298	62	193	33:20.21	33:35.11	10:50/M	
8	Susan Hanner		6007	64	205	33:56.98	34:18.02	11:04/M	
9	Jean Lambert		1619	61	239	35:52.54	36:01.40	11:37/M	
10	Margot Dubois	Ci Communications	6256	60	276	36:55.50	38:18.28	12:21/M	
11	Patricia Restaino		6024	67	283	38:48.25	39:02.63	12:35/M	
12	Melissa Ellison	Vero Beach Rowing	1635	65	299	39:46.14	39:56.92	12:53/M	
13	Lisa Bolton	Life Fitness	6155	61	335	41:50.16	42:28.57	13:42/M	
14	Marilyn Kindy		6171	61	364	43:50.35	44:25.49	14:20/M	
15	Patty Gleason	Vero Beach Rowing	6538	65	396	46:02.60	46:58.14	15:09/M	
16	Arleen Alter		6400	60	409	47:19.88	47:47.78	15:25/M	
17	Sue Kranenburg		1664	69	436	50:27.74	51:12.78	16:31/M	
18	Elizabeth Stevens	Ci Communications	6250	60	440	50:42.81	51:27.08	16:36/M	
19	Jane Richter		6038	61	470	52:34.58	52:52.01	17:03/M	
20	Linda Reed		6247	62	491	53:28.77	54:18.93	17:31/M	
21	Laura Moss		6544	66	493	54:17.62	54:45.29	17:40/M	
22	Janet Yandle	Moorings Yacht and	6191	60	499	56:03.79	56:38.76	18:16/M	
23	Darlene Pegg		6095	64	512	56:25.17	57:36.97	18:35/M	
24	Kathleen Coleman		6074	63	515	56:38.61	57:45.62	18:38/M	
25	April Dye		6098	63	522	56:51.46	58:03.36	18:44/M	
26	Donna Sease		6240	65	551	1:01:42.61	1:02:28.44	20:09/M	

Race Date
September 14, 2019

Tunnel To Towers 5K 2019

Age Group Results

5K Run/Walk

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
27	Debra Mansfield	Ci Communications	6306	60	563	1:03:31.16	1:04:28.34	20:48/M

Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1 *	Janet Farmer		6321	73	412	47:34.75	48:25.40	15:37/M
2 *	ann werber		1653	81	519	57:19.08	57:54.52	18:41/M