



**TORONTO TRACK & FIELD CENTRE
THROWERS CLUB MEET #1
May 28, 2022 RESULTS**

THROWS PENTATHLON

MASTERS

Men	HT	SP	DT	JT	WT	PTS
Men 80-84						
Patrick Grouix 80						
Meters	20.76	6.84	14.87	13.87	7.44	
AG Mark	38.72	10.29	24.44	29.06	9.70	
Perf.%	44.65%	44.53%	33.00%	29.51%	37.53%	
Points	491	503	356	286	435	2,071
Men 65-69						
Bill Pearson 69						
Meters	20.60	8.09	25.36	19.78	7.90	
AG Mark	30.19	11.00	29.51	30.89	8.81	
Perf.%	34.81%	47.61%	39.84%	31.37%	34.07%	
Points	354	546	455	312	386	2,053
Men 60-64						
Peter St. Pierre 63						
Meters	23.10	8.41	21.96	26.12	8.18	
AG Mark	30.21	10.49	23.33	36.93	8.52	
Perf.%	34.84%	45.40%	31.51%	37.50%	32.97%	
Points	354	515	335	398	370	1,972
Steve Baldamous 61						
Meters	19.07	6.89	22.65	22.50	7.88	
AG Mark	24.94	8.60	24.07	31.81	8.21	
Perf.%	28.76%	37.20%	32.50%	32.31%	31.76%	
Points	270	402	349	325	353	1,699

THROWS PENTATHLON

MASTERS

Women	HT	SP	DT	JT	WT	PTS
Women 55-59						
Kristen Dajia 59						
Meters	39.23	8.84	26.82	19.10	12.57	
AG Mark	54.85	12.11	38.63	27.66	16.23	
Perf.%	71.25%	53.54%	50.31%	37.89%	68.80%	
Points	1041	668	628	432	878	3,647

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**TRIATHLON
MASTERS
Men**

Men 65-69

Bruce Urch 67

Meters	0.00	8.20	26.62	22.73	0.00	
AG Mark	0.00	11.15	30.97	35.50	0.00	
Perf. %	0.00%	48.26%	41.82%	36.05%	0.00%	
Points	0	555	484	377	0	1,416

W. Jefferey Shervington IV 65

Meters	0.00	8.57	31.17	16.34	0.00	
AG Mark	0.00	11.66	36.27	25.52	0.00	
Perf. %	0.00%	50.44%	48.96%	25.92%	0.00%	
Points	0	586	589	237	0	1,412

Men 60-64

Michael Anderson 62

Meters	0.00	9.45	21.98	24.28	0.00	
AG Mark	0.00	11.79	23.36	34.33	0.00	
Perf. %	0.00%	51.02%	31.53%	34.86%	0.00%	
Points	0	594	336	361	0	1,291

**TRIATHLON
MASTERS
Women**

Women 80-84

Adriana Rowswell 81

Meters	0.00	6.96	17.47	12.72	0.00	
AG Mark	0.00	14.43	44.05	34.50	0.00	
Perf. %	0.00%	63.79%	57.37%	47.27%	0.00%	
Points	0	823	733	562	0	2,118



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SINGLE EVENTS

MASTERS

Men

Hammer

		M	AG Mark	Perf.%	Points
Men 80-84					
Patrick Grouix	80	20.76	38.72	44.65%	491
Men 60-64					
Carl Belle	62	25.35	33.16	38.23%	401
Steve Baldamous	61	21.43	28.03	32.32%	319

Shot Put

		M	AG Mark	Perf.%	Points
Men 80-84					
Patrick Grouix	80	7.44	11.19	48.44%	557
Men 65-69					
W. Jefferey Shervington IV	65	8.60	11.70	50.61%	588
Bruce Urch	67	8.20	11.15	48.26%	555
Men 60-64					
Michael Anderson	62	9.45	11.79	51.02%	594
Steve Baldamous	61	7.27	9.07	39.25%	430

Discus

		M	AG Mark	Perf.%	Points
Men 80-84					
Patrick Grouix	80	17.56	28.87	38.97%	442
Men 65-69					
W. Jefferey Shervington IV	65	31.17	36.27	48.96%	589
Bruce Urch	67	26.65	31.01	41.86%	484
Men 60-64					
Carl Belle	62	28.02	29.77	40.20%	460
Michael Anderson	62	24.75	26.30	35.51%	392
Steve Baldamous	61	22.65	24.07	32.50%	349
Peter St. Pierre	63	22.00	23.38	31.56%	336
Men 50-54					
Mike Ransky	51	53.78	66.03	67.05%	829

Javelin

		M	AG Mark	Perf.%	Points
Men 80-84					
Patrick Grouix	80	15.29	32.03	32.53%	328
Men 70-74					
Doug Smith	70	17.98	30.20	30.67%	302
Men 65-69					
Bruce Urch	67	22.73	35.50	36.05%	377
W. Jefferey Shervington IV	65	22.72	35.48	36.04%	377
Men 60-64					
Donald Ritchie	60	36.40	51.46	52.26%	610
Peter St. Pierre	63	28.18	39.84	40.46%	440
Michael Anderson	62	24.46	34.58	35.12%	364
Steve Baldamous	61	22.54	31.87	32.36%	326

Weight

		M	AG Mark	Perf.%	Points
Men 80-84					
Patrick Grouix	80	7.44	9.70	37.53%	435
Men 60-64					
Carl Belle	62	10.89	11.35	43.90%	528
Steve Baldamous	61	7.94	8.27	32.01%	356



TORONTO TRACK FIELD CENTRE
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MASTERS

Women

Hammer

	M	AG Mark	Perf.%	Points	
Women 70-74					
Lucille Green	73	15.72	30.11	39.12%	495

Shot Put

	M	AG Mark	Perf.%	Points	
Women 80-84					
Adriana Rowswell	81	6.96	14.43	63.79%	823
Women 65-69					
Doreen Garner	68	9.06	15.03	66.46%	863

Discus

	M	AG Mark	Perf.%	Points	
Women 80-84					
Adriana Rowswell	81	18.62	46.95	61.15%	791
Women 65-69					
Doreen Garner	68	22.47	40.28	52.45%	660

Javelin

	M	AG Mark	Perf.%	Points	
Women 80-84					
Adriana Rowswell	81	12.72	34.50	47.27%	562
Women 40-44					
Michelle Crispe	43	36.61	42.00	57.55%	706

Weight

	M	AG Mark	Perf.%	Points	
Women 70-74					
Lucille Green	73	7.38	10.82	45.87%	543
Women 65-69					
Doreen Garner	68	10.28	13.63	57.76%	716



TORONTO TRACK FIELD CENTRE
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SINGLE EVENTS

SENIOR/JUNIOR/YOUTH/MIDGET/BANTAM

Male

Hammer

Age M

Midget

4.0kg

Jason Liu

15 27.48

Shot Put

Age M

Midget

4.0kg

Jason Liu

15 10.31

Youth

5.0kg

Hasveen Arulrajan

15 11.93

Discus

Age M

Youth

1.5kg

Hasveen Arulrajan

15 34.80

Javelin

Age M

None



TORONTO TRACK FIELD CENTRE
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SINGLE EVENTS

OPEN/JUNIOR/YOUTH/MIDGET/BANTAM

Female

Hammer

Age M

Midget

3.0kg

Emma Negri	14	47.77
Sierra Anderson	14	39.55
Oscahunen Osezva	14	22.16

4.0kg

Jenae Francis	15	36.38
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Junior

4.0kg

Zayna Fray Samuel	19	48.34
Lauralyn Clifford-Hammer	19	41.11

Shot Put

Age M

Midget

3.0kg

Emma Negri	14	11.06
Jenae Francis	15	9.70

Junior

4.0kg

Martina De Buglio	18	10.32
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Senior

4.0kg

Biniosa Ezukuse	20	12.81
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Discus

Age M

Midget

1.0kg

Emma Negri	14	35.47
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Junior

1.0kg

Martina De Buglio	18	38.66
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Senior

1.0kg

Katerina Dajia	22	DNS
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Javelin

Age M

None

