PFIZER-BioNTech COVID-19 VACCINE

If you are interested in receiving the Covid-19 vaccine, please contact the Greensburg office of Pediatric Associates of Westmoreland at **724-832-7045**.

APPOINTMENT FACTS:

Once the vaccine is administered, there is a required 15-minute wait time. Please plan for this.

While waiting the 15 minutes, you will be asked to schedule the 2nd Covid-19 vaccine. This needs to occur 21 days after receiving the first shot. Due to vaccine restrictions, Pediatric Associates will require a certain number of patients in order to have a vaccine clinic. Because of this, you may be asked to reschedule your appointment.

WHAT TO EXPECT AFTER GETTING A COVID-19 VACCINE:

You may have some side effects, which are normal signs that your body is building protection. These side effects may affect your ability to do daily activities, but they should go away in a few days. Some people have no side effects.

Common Side effects may include:

Throughout the rest of your body:
Tiredness
Chills
• Fever
Nausea
Headache
Muscle pain

HELPFUL TIPS:

- For pain or discomfort, take an over- the- counter medicine such as ibuprofen or acetaminophen.
- Apply a clean, cool, wet washcloth over the area
- Use or exercise your arm.
- Drink plenty of fluids
- Dress lightly

WHEN TO CALL THE DOCTOR:

- Redness or tenderness where you got the shot increases after 24 hours.
- If your side effects are worrying you or do not seem to be going away after 48 hours

REMEMBER:

- Side effects may affect your ability to do daily activities, but they should go away in a few days.
- With some COVID-19 vaccines, you will need 2 shots in order to get the most protection. You should get the second shot even if you have side effects after the first shot, unless a vaccination provider or your doctor tells you not to get it.
- It takes time for your body to build protection after any vaccination. COVID-19 vaccines that require 2 shots may not protect you until about 2 weeks after your second shot.
- After you are fully vaccinated, you may be able to resume things you had stopped doing because of the pandemic.

You can access the above information and the latest recommendations at the CDC's website: <u>www.cdc.gov/coronavirus/vaccines</u>.

To access the COVID-19 Vaccine fact sheet, please visit <u>www.fda.gov/media/144414/download</u>.