

*Community Resources
For Fentress County
Clarkrange & Jamestown
Head Start Centers
2020-2021*



To locate additional information on Community
Resources access,
www.tennhelp.com or Call 211

Developed and Distributed by L.B.J. & C. Head Start

Table of Contents

Resources for:

Adult Education.....	Page # 3
Adult Job Training.....	Page # 3
Bereavement.	Page # 4
Child Care.....	Page # 5
Child Abuse.....	Page # 5
Dental Providers/TennCare.....	Page # 6
Dental Providers/.....	Page # 7
Disabilities.....	Page # 7
Domestic Violence.....	Page # 8
Drug/Alcohol Abuse.....	Page # 9
Emergencies.	Page # 10
Food/Clothing& Utilities.....	Page # 11
Housing/Homeless.....	Page # 12
Insurance.	Page # 13
Legal/Gov. Assistance.....	Page # 13
Marriage/Strengthening.....	Page # 14
Marriage (Pre-Counseling).....	Page # 14
Medical Providers/TennCare.....	Page # 14
Medical Providers/.....	Page # 15
Mental Health Providers/TennCare.....	Page # 16
Mental Health Providers/.....	Page # 17
Quit Tobacco Resources.....	Page # 17
Raising Children.....	Page # 18
Transportation.....	Page # 19
Youth Involvement.....	Page # 19
Language Assistance	Page # 20

Adult Education:

Fentress County Adult Education

1019 Pickett Park Hwy.
Jamestown, TN, 38556
phone: (931) 879-3802

***They offer: GED, Adult High School,
Basic Computer Training***

*(Assists Adults to further their
education)*

Roane State Community College

Crossville, TN 38555
931-456-9880

*(Assists Adults to further their
education)*

Roane State Community College/Jamestown Campus

632 Main Street
Jamestown, TN 38556
931-752-8320 or 1-866-462-7722
www.roanestate.edu

*(Assists Adults to further their
education)*

Tennessee Technology Center

Livingston, TN. 38570
(931) 823-5525

*(Assists Adults to further their education
and job skills training)*

Tennessee Technological University

Cookeville, Tennessee 38505
(800) 255-8881 or (931) 372-3888

*(Assists Adults to further their
education)*

Volunteer State Community College

Livingston, TN 38570
931-823-7065

*(Assists adults with furthering their
formal education. Assistance with
financial aid & scholarship sign-up is
available)*

Adult Job Training Services:

American Job Center

931-520-9502
Anthony.scionti@tn.gov

American Manufacturing & Packaging (AMP)

435 Gould Drive
Cookeville, TN. 38506
(931) 432-6997

(931) 432-5981
1-800-861-6997

*(Assists persons with disabilities to get
jobs by providing job
coaching/industrial training/school-to-
work programs)*

Fentress County Career Center

60 Ridley St.
Crossville, TN 38555
931-484-7456

(Assist adults in locating jobs)

Social Security Administration - SSI Program

Cookeville, TN 38501

931-528-9765 & **Hotline:** 800-347-4501
*(Assists with Disability Services,
Money/Employment Assistance. The SSA
administer a program called SSI for
persons with disabilities who are age 65
or older, a blind adult or child, or
disabled adult or child - children under
18. If under 18, substantially reduced
ability to function independently,
appropriately and effectively in a
manner expected of children of similar
age due to a physical or mental
impairment, which has lasted or is
expected to last at least 12 months or
end in death.)*

Tennessee Department of Human Services – Fentress County

240 Colonial Circle, Suite B

Jamestown, TN 38556
931-879-9976

(Assists with Children's Issues, Disability Services, Food, Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Tennessee Technology Center at Crossville

P.O. Box 2959

Crossville, TN 38557

931-484-7502

(Assists Adults to further their education and job skills training)

Tennessee Technology Center at Livingston

Livingston, TN. 38570

(931) 823-5525

(Assists Adults to further their education and job skills training)

Upper Cumberland Human Resource Agency - Fentress County

308 Main Street

Jamestown, TN 38556

931-879-8040

(Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse , Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance , Mental Care and Counseling , Money/Employment Assistance , Transportation/Utilities , Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and

Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

Vocational Rehabilitation

Cookeville, TN. 38501

(931) 526-9783

(Provides assistance with re-education of disabled individuals and job skills training)

Vocational Training Center

1605 Brown Ave.

Cookeville, TN. 38501

(931) 526-4721

(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)

Resources for Bereavement:

Heart of the Cumberland

P.O.Box 717,

Cookeville, TN 38503

Phone: 931-525-2600

heartofthecumberland@gmail.com

Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

Hospice Grief Recovery Group

Sponsored by: Lazarus House Hospice

851 South Willow Ave Ste 102

Cookeville, TN.

931-520-1705

931-528-5133

Love Memories Support Group

Meet at Fentress County Library

931-879-7512
(For those who have lost loved ones)

New Beginnings Bereavement Support Group

Meets at the First United Methodist Church
First Wednesday of each month at 11:00 a.m.
Crossville, TN. 38555
(931) 484-4748

Childcare:

CLARKRANGE HEAD START

1399 FRANKLIN LOOP
CLARKRANGE, TN 38553-0000
(931) 863-3255

Faith Christian Academy

627 S. MAIN STREET
JAMESTOWN, TN 38556
(931) 879-9137

JAMESTOWN HEAD START

629 NORTH MAIN STREET
JAMESTOWN, TN 38556
(931) 879-7973

KIDS KORNER

P.O. Box 1538
JAMESTOWN, TN 38556
(931) 879-3675

Kids Land

719 Allred Rd
Clarkrange, TN 38553
931-863-5155

KIDS ZONE

2016 MEADOWVIEW DRIVE
JAMESTOWN, TN 38556
(931) 879-0663

SMALL WORLD DAY CARE

314 STEWART STREET

JAMESTOWN, TN 38556
(931) 879-9695

Wonderful World of Kids

1105 Old Bean Shed Rd.
Clarkrange, TN 38553
(931) 863-5501

Resources to help in Child Abuse Situations:

Avalon Center

Crossville, TN. 38555
1-800-641-3434 24-hour crisis line
(931) 484-4642 24-hour crisis line
(931) 456-0747 Center office
(Crisis line for those being physically or sexually assaulted)

Child Abuse Hotline

900 2nd Avenue North
Nashville, TN 37201
877-237-0004

Children's Center

340 West Central Ave
Jamestown, TN. 38556
(931) 879-7290

Crossroads Counseling

87 Daddy Creek Lane
Crossville, TN 38555
931-707-8921
Contact: Tom Netherton, LPC, LPE
(Child Abuse , Domestic Violence , Drug/Alcohol Abuse , Mental Health and Counseling, Rape & Sexual Abuse Provides individual counseling, sex offender counseling, anger management counseling, A&D/chemical dependency counseling, parenting counseling, psychological assessments, psychosexual, psychosocial and/or psychological evaluations.)

Department Of Children's Services
South Main Street
Jamestown, TN 38556
(931) 879-9976

Fentress County Anti-Drug Coalition
101 S Main St Jamestown, Tennessee
38556 (Court House)
(931) 267-3844

Fentress County Justice Center
140 Justice Center Dr
Jamestown, Tennessee 38556
(931) 879-8142 or 931-752-0911
9-1-1 Emergencies

Jamestown Police Department
222 S Main St
Jamestown, Tennessee 38556
(931) 879-5871
9-1-1 Emergencies
(Assist with emergency needs)

LifeCare Family Services
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688
(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

The Exchange Club/Stephens Center for the Prevention of Child Abuse
616-B North Church Street
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199
(Assist parents with building nurturing home-environments and prevent

abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Tennessee Commission on Children/Youth
1000 Neal Street
Cookeville, TN 38501
(931) 520-4445

Dental Providers who take TennCare:

Cookeville Regional Dental Clinic
327 North Cedar Street
Cookeville, TN 38501
(931) 528-5105

Cloudland Dental Clinic
510 Livingston Ave.
Crossville, TN. 38555
(931) 484-3007

Dr. Steven Ellis
215 Oak St
Livingston, TN. 38570
(931) 823-5517
(Provides dental services)

Dr. Buckie Parsons
215 Oak St
Livingston, TN. 38570
(931) 823-5517
(Provides dental services)

Dr. Joe Upton
415 University Street
Livingston, TN 38570
(931) 823-5653
(Provides dental services)

Hermitage Dental Clinic
Dr. Charles Burdeshaw
107 Bonnahbrook Drive
Hermitage, TN 37076
1-800-373-3330

Putnam County Health Department
701 County Services Drive
Cookeville, TN. 38501
(931) 528-2531

Dental Providers, who may not take TennCare, but offer services to low-income families:

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569
(Primary care medical clinic for uninsured no-income and low-income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Cookeville Rescue Mission

1331 S Jefferson Ave, Cookeville, TN 38506
(931) 528-5819

Resources for Persons with Disabilities:

Access Program

225 N Willow Ave
Cookeville, TN 38501
(931) 520-8465 *(Assists persons with disabilities)*

American Manufacturing & Packaging (AMP)

435 Gould Drive
Cookeville, TN. 38506
(931) 432-6997 & **1-800-861-6997**
(Assists persons with disabilities to get jobs by providing job

coaching/industrial training/school-to-work programs)

Children's Special Services

Jamestown, TN
931-879-9936
(Assists with the medical needs of children and young adults from birth to age 21 with chronic health issues. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Friends of T.I.P.S.

P.O. Box 5095
Tennessee Tech University
Cookeville, TN 38505
931-372-6247
(Assist with Children's Issues, Disability Services. This group serves the Upper Cumberland Region by providing educational, medical, social, respite, and/or support to families of special needs children from birth to 3 years of age. The service will coordinate with the family's schedule and individual needs to provide home-based services. A parent advisor will initially visit with the family to develop a goal-directed program. Monthly visits are then conducted to help the family meet those goals. These services will also coordinate with other local resources such as daycares, medical providers, etc. This program is limited to special needs/developmentally delayed children ages birth to 3 years, and their family members. Referrals must go through Philomena Palmer with the Tennessee Early Intervention Program at 931-372-3561.)

KIDS Putnam

105 Cherry Street
Cookeville, TN 38501
931-526-5437

*(Assists with Children's Issues,
Disability Services)*

Lion's Club

931-752-8878

(Assist with eye exams/free glasses)

Project Affirm

501 Spruce Street
Dale Hollow Mental Health Center
Livingston, TN 38570
931-432-5590 & **Hotline:** 931-823—
5678

*(Provides support services for families
with children ages 2 - 17 diagnosed with
serious emotional disturbance or dual
diagnosis of developmental and
behavioral disorder. They also provide
respite alternatives ranging from
indirect to direct care services. Services
are not provided to children who are in
the custody of the Department of
Children's Services)*

**Social Security Administration - SSI
Program**

Cookeville, TN 38501
931-528-9765 & **Hotline:** 800-347-4501
*(Assists with Disability Services,
Money/Employment Assistance. The SSA
administer a program called SSI for
persons with disabilities who are age 65
or older, a blind adult or child, or
disabled adult or child - children under
18. If under 18, substantially reduced
ability to function independently,
appropriately and effectively in a
manner expected of children of similar
age due to a physical or mental
impairment, which has lasted or is*

*expected to last at least 12 months or
end in death.)*

**TN Early Intervention System (TEIS) -
Jamestown**

Carol Crabtree
Education/training
(931) 510-5857 *(Assist children/families
birth - 3 yrs)*

**Upper Cumberland Human Resource
Agency - Fentress County**

308 Main Street Jamestown, TN 38556
931-879-8040

Vocational Rehabilitation

Cookeville, TN. 38501
(931) 526-9783
*(Provides assistance with re-education
of disabled individuals and job skills
training)*

Vocational Training Center

1605 Brown Ave.
Cookeville, TN. 38501
(931) 526-4721
*(Provides assistance with vocational
education, work adjustments and job
placement for people with disabilities)*

**Resources to help in Domestic
Violence
situations:****Alliance Against Domestic Violence**

Cookeville TN 38501
(931) 526-4730
(931) 526-5197

Avalon Center

P.O.Box 3063
Crossville, TN 38557
931-456-0747
Hotline: 800-641-3434

Fentress County Justice Center
140 Justice Center Dr
Jamestown, Tennessee 38556
(931) 879-8142 or 931-752-0911
9-1-1 Emergencies

Genesis House
Street location is confidential
Cookeville, TN N/A
(931) 526-4730
Hotline: 800-707-5197

Jamestown Police Department
222 S Main St
Jamestown, Tennessee 38556
(931) 879-5871
9-1-1 Emergencies
(Assist with emergency needs)

LifeCare Family Services
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

**Resources available to help fight
the Alcohol and Drug Abuse
(Including METH) Problems in
your area:**

All Local Churches in Area

Adult & Teen Challenge
200 Freedom Ln
Livingston, TN 38570
1-888-688-0470
TeenChallengeUC.org

**Bradford Health Center @ Cookeville
Regional Office**
1330 Neal Street, Suite D
Cookeville, TN 38501
931-528-6803
*(Treatment Facilities for Alcoholism and
drug addiction for adults & children)*

Dale Hollow Mental Health Center
501 Spruce Street
Livingston, TN. 38570
(931) 823-5678
*(Assist with family or individual
counseling for drugs/alcohol/etc...)*

Drug Abuse Hotline
1-800-888-9383
(Call to report illegal drug activity)

Drug Addiction Hotline
1-800-758-5877
(Call to get help for drug abuse)

Drug Hotline
(931) 863-4151
(Call to report illegal drug activity)

Drug Rehab Treatment
1-866-845-8975
(Call to get help for drug abuse)

Fentress County Justice Center
140 Justice Center Dr
Jamestown, Tennessee 38556
(931) 879-8142 or 931-752-0911
9-1-1 Emergencies

Jamestown Police Department
222 S Main St
Jamestown, Tennessee 38556
(931) 879-5871
9-1-1 Emergencies
(Assist with emergency needs)

LifeCare Family Services
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Manna House Ministries
P.O. Box 962
413 E. Central Ave.
Jamestown, TN 38556
931-752-7075

(Outreach Ministry for those suffering from addictions)

Meth Hotline/Statewide

1-877-866-6384

(Call to report suspected Meth activity)

Plateau Mental Health Center

Substance Abuse Services

1200 South Willow Avenue

Cookeville TN 38502

Phone: (931) 432-4123 & Hotline: (877) 567-6051

(Assist persons with disabilities/mental illness & Drug abuse in various ways)

Thirteenth Judicial Task Force

Cookeville, TN. 38501

(931) 528-5400

(Drug Task Force)

Upper Cumberland-Community Services Agency

417 East Broad Street

Suite A 200

Cookeville, TN 38501

(931) 520-0200

Upper Cumberland Human Resource Agency - Fentress County

308 Main Street

Jamestown, TN 38556

931-879-8040

Assistance in the event of an Emergency Situation:

Air Evac Life Team

106 Emergency Services Dive

Albany, KY 42602

(606) 387-9099

Emergency = 9-1-1

(Assist with emergency needs)

American Red Cross

200 White Oak St

Jamestown, TN 38556

931-879-4060

(Assistance with clothing, food & shelter in the event of a disaster, such as house fires)

Clarkrange Volunteer Fire Department

931-863-5777

(Assist with emergency needs)

Disaster Assistance

DisasterAssistance.gov

800-621-3362

Fentress County Fire Department

Jamestown, Tennessee 38556

931-879-8310 or 9-1-1 Emergencies

(Assist with emergency needs)

Fentress County Rescue Squad

222 Duncan St.

Jamestown, TN 38556

931-879-7396

Fentress County Justice Center

140 Justice Center Dr

Jamestown, Tennessee 38556

(931) 879-8142 or 931-752-0911

911 Emergencies

Jamestown Fire Department Unit 1

Jamestown TN 38556

931-879-8130

Jamestown Police Department

222 S Main St

Jamestown, Tennessee 38556

(931) 879-5871

9-1-1 Emergencies

(Assist with emergency needs)

Jamestown Regional Medical Center

436 West Central Ave
Jamestown, TN.
931-879-8171 (*Assist with emergency
medical needs*)

**Muddy Pond Fire Department &
Rescue**

Muddy Pond
Crawford, TN. 38554
(931) 445-3036
9-1-1 Emergencies (*Assist with
emergency needs*)

**Overton County Rural Fire
Department**

332 Civil Defense
Livingston, TN. 38570
(931) 823-1133 (*Assist with emergency
needs*)

Overton County Rescue Squad

125 Johnson Speck Lane
Livingston, TN 38570
(931) 823-5404 (*Assist with emergency
needs*)

**Poison Control
1-800-288-9999**

Shriners of Tennessee
1354 Brick Church Pike
Nashville, TN. 37207
(615) 226-7676
(*Helping children with orthopedic and
burn conditions at no cost to the families
or outside agencies*)

TEMA
www.tn.gpv/tema

Thirteenth Judicial Task Force
Cookeville, TN. 38501
(931) 528-5400 (*Drug Task Force*)

**Volunteer Electric Cooperative
(Electric)**

1023 S. Old Hwy 127
Jamestown, Tennessee 38556
931-879-5853

Fentress County Utilities (Water)

1026 Taylor Place Rd
Jamestown, Tennessee 38556
931-879-7639

**Assistance with
Food/Clothing/Utilities Needs:**

Alive in the Spirit Church

315 Main Street North
Jamestown, TN 38556
(931) 879-4971

American Red Cross

931-879-4060
(*Assistance with clothing, food & shelter
in the event of a disaster, such as house
fires*)

Church of The Harvest

(931) 863-4663
(*Assist with various needs*)

**Community Education Office for the
Food Stamp Program**

***Legal Aid Society of Middle Tennessee
and the Cumberlands***

9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817
(*Provides Pre-screenings and
information for the Food Stamp
program. Serves all counties in the
LBJ&C Head Start Service area.*)

First Baptist Church

Jamestown, TN 38556
(931) 879-8412 or 879-8358
(*Assist with various needs*)

Alive in the Spirit South

1125 Clarkrange/Monterey Hwy

Clarkrange, TN 38553

Muddy Pond Baptist Church

Muddy Pond Community
(931) 445-4120 (*Assist with food and other needs*)

Pine Haven Baptist Church

127 North
Jamestown, TN 38556
(931) 879-5515
(*Assist with food and other needs*)

THE HIDDEN PEARL

6302 S. YORK HWY
CLARKRANGE, TN 38553
ASSISTS WITH FOOD AND OTHER NEEDS

Travisville United Methodist Church

(931) 879-6215
Jamestown, TN. 38556
(*Provide assistance with food/clothing/utilities/pre-marriage counseling*)

Tennessee Department of Human Services – Fentress County

240 Colonial Circle, Suite B
Jamestown, TN 38556
931-879-9976
(*Services: Food Stamp; Families First; Medicaid; and TennCare*)

Upper Cumberland Human Resource Agency - Fentress County

308 Main Street
Jamestown, TN 38556
931-879-8040
(*Assists with Children's Issues , Clothing , Disability Services , Drug/Alcohol Abuse, Food , Health , Housing , Unruly and Delinquent Youth , Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities , Youth*)

Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

York Chapel

(931) 879-5797
Jamestown, TN. 38556
(*Provide assistance with food/clothing/utilities/pre-marriage counseling*)

Resources to assist with Housing/Homeless Needs:

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0569

Cookeville Rescue Mission

1331 S Jefferson Ave, Cookeville, TN 38506
(931) 528-5819

Habitat for Humanity

329 McLarty Lane
Crossville, TN 38555
931-484-4565
(*Builds homes for low-income families. There is an application and selection process*)

HART

Homeless Advocacy for Rural Tennessee

Grant based program, which allocates homeless assistance
P.O. Box 3311
Crossville, TN 38557
931-484-3207

Self-Help Housing Program
Crossville, TN. 38555
931-484-2990

Upper Cumberland Homeless Shelter
15 Division Street
Crossville, TN. 38555
(931) 456-8172

Upper Cumberland Human Resource Agency - Fentress County
Jamestown, TN 38556
931-879-8040

United States Department of Agriculture
Rural Development
390 South Lowe Avenue Suite K
Cookeville, TN 38501
(931) 528-6539

Assistance with Insurance Needs:

Blue Cross Blue Shield
(865) 588-4612 Group Insurance
1-800-845-2738
(Affordable Insurance for Families & Individuals)

Tennessee Department of Human Services – Fentress County
Coverkids
240 Colonial Circle, Suite B
Jamestown, TN 38556
931-879-9976
(Insurance for children)

Tennessee Justice Center
Nashville, TN

615-255-0331
Assists with strategies for obtaining TennCare and appeals process, etc.

Upper Cumberland Human Resource Agency - Fentress County
308 Main Street
Jamestown, TN 38556
931-879-8040
(Assists with Children's Issues , Disability Services , Food , Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Legal/Governmental Assistance:

Child Support Services of Tennessee - Cookeville
1525 East Spring Street
Suite G
Cookeville, TN 38506
931-528-8598
(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)

Legal Aid Society of Middle Tennessee and the Cumberlands
9 South Jefferson Avenue
Cookeville, Tennessee 38501
Phone: 931.528.7436
Toll Free: 800.262.6817
(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems,

Special Education Issues, and Consumer Issues.)

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: = 931-526-5197
Hotline: 800-707-5197
Translation services offered: Yes

Tennessee 211
1-800-318-9335

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Fentress County

308 Main Street
Jamestown, TN 38556
931-879-8040

Resources to Strengthen Marriages:

Allardt Baptist Church

1478 Pennsylvania Ave
Allardt, TN
(931) 879-6232
(931) 879-5433

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

Joyce Crouch, Counselor

205 South Main Street
Jamestown, TN 38556
(931) 879-4725

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

Travisville United Methodist Church

(931) 879-6215
Jamestown, TN. 38556

Upper Cumberland Development District

1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111

Pre- Marriage Counselors:

Allardt Baptist Church

1478 Pennsylvania Ave
Allardt, TN
(931) 879-6232
(931) 879-5433

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

Dale Hollow Mental Health Center

Telephone = 1-877-567-6051

Travisville United Methodist Church

(931) 879-6215
Jamestown, TN. 38556

Medical Providers who take TennCare:

Dr. Jonathon Allred

234 West Central Ave
Jamestown, TN 38556
(931) 879-8139

Children's Special Services
Cookeville Regional Health Office
200 W. 10th Street Cookeville, TN
38501
931-528-7531

Dr. Clough & Colburn
521 Medical Drive Livingston, TN 38570
(931) 823-5603

Fentress County Health Department
Jamestown, TN 38556
(931) 879-9936

Jamestown Regional Medical Center
436 West Central Ave Jamestown, TN.
931-879-8171

Dr. Dilip Joshi
117 Duncan Street North
Jamestown, TN 38556
(931) 879-5884

Dr. Larry Mason
8401 Highway 111
Byrdstown, TN 38549
(931) 864-3187

Dr. Chris Sewell
West Central Ave Jamestown, TN 38556
(931) 879-9892

Dr. Richard Smith
Jamestown, TN 38556
(931) 879-5864 or 931-863-5095

Tennessee Pediatrics
435 North Cedar Street
Cookeville, TN. 38501
(931) 526-6100

Dr. MH Kouchecki
40 Elmo Dr.
Crossville, TN 38555
931-484-5525

Dr. Berman
3234 Miller Ave
Crossville, TN 38555
931-707-8700

Plateau Pediatrics
49 Cleveland St
Crossville, TN 38555
931-484-9511

Clarkrange Medical Clinic
6845 S. York Hwy
Clarkrange, TN 38553
931-863-5095

**Medical Providers, who may not
take TennCare, but offer
services to low-income families:**

**Bread of Life Homeless Shelter and
Clinic**
281 4th Street
Crossville, TN 38555
931-707-0569
*(Primary care medical clinic for
uninsured no-income and low -income
persons. Medication, clinic, dental
services for extractions only. Long-term
day shelter program for families, single
men and women or single parents with
children. Employment and emergency
food assistance is available)*

Children's Special Services
Jamestown, TN
931-879-9936
*(Assists with the medical needs of
children and young adults from birth to
age 21. They offer assistance with
medical bills, hearing aids,
speech/language pathology for children
under age 3, transportation, and
TennCare appeals. Referrals are made
through the local county Health
Department. Eligibility is determined at*

time of referral and is based on income and access to other medical resources.)

Fentress County Health Department

Jamestown, TN 38556

(931) 879-9936

(Takes TennCare and has affordable rates for those who do not have TennCare)

Jamestown Regional Medical Center

436 West Central Ave

Jamestown, TN.

931-879-8171

(Assist with emergency medical needs)

Lion's Club

Jamestown, TN. 38556

752-8878

(Vision screenings & eye glasses for those who cannot afford them)

Partnership for Prescription Assistance

Phone: 1-888-477-2669

www.pparx.org

If you do not have prescription coverage and/or cannot afford your medicines, this organization may be able to help

Mental Health Providers who take TennCare:

Cumberland Plateau Recovery

550 North Church Street

Livingston, TN. 38570

(931) 403-3577

(931) 265-5382

(Assists those recovering from substance abuse with counseling and support services)

Cumberland Counseling Center

34 North Jefferson Ave

Cookeville, TN. 38501

(931) 528-2371

(Assists those recovering from substance abuse with counseling and support services)

Dale Hollow Mental Health Center

501 Spruce Street

Livingston, TN. 38570

(931) 823-5678

(Assist with family or individual counseling for drugs/alcohol/etc.,)

LifeCare Family Services

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

*(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling**: intensive and therapeutic case management: and family preservation.)*

Personal Growth and Learning Center

509 North Cedar Avenue

Cookeville, TN 38501

931-520-8435

(Provides out-patient psychiatric and psychotherapy services (individual - adult and child, family, couples, groups) with specialties in trauma and abuse recovery, eating disorders, child/play therapy, EMDR, employee assistance programs, expert witness, and other generalized mental health services)

Rape and Sexual Assault Response Center

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance,, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

Team Evaluation Center

600 North Holtzclaw Avenue
Chattanooga, TN 37404-1220
(423)-622-0500

(Team Evaluation Center provides diagnoses for social, emotional, educational, or physical problems. After a diagnosis is made, Team will then help develop an intervention plan that includes referrals for treatment. Provides services to pre-school children)

Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow
PO Box 3165
Cookeville, TN 38502
931-432-4123 **Hotline:** 1-800-281-4943

(Volunteer Behavioral Health Care provide a broad array of services and treatment strategies which include: psychiatric evaluations; individual, family, and group counseling; psychological assessments; chemotherapy; case management; residential facilities; crisis response; rehabilitative and supportive services – thus providing opportunity for people to help themselves)

Mental Health Providers, who do not take TennCare, but offer services to low-income families:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123
Hotline: (877) 567-6051

Pacesetters Inc.

2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

Upper Cumberland-Community Services Agency

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Fentress County

308 Main Street
Jamestown, TN 38556
931-879-8040

Quit Tobacco Resources

Tennessee Tobacco Quitline: 1-800-784-8669

Cumberland County Health Department

Smoking Cessation
Ruth Lucas
131 South Webb
Crossville, TN 931-484-6196

White County Hospital

401 Sewell Dr.
Sparta, TN 38583
Quit 4 Life Smoking Cessation
Greg Williams
931-738-9211

**Cookeville Regional Medical Center-
Algood Room**

Quit 4 Life Smoking Cessation
Tandy Todd
142 W. 5th St.
Cookeville, TN 38501
931-646-2693

**Tennessee Department of Health,
WIC Program**

S.M.A.R.T. – Smart Mothers are
Resisting Tobacco
1-800-342-5942

Nicotine Anonymous
800-642-0666

American Lung Association

Freedom from Smoking
800-586-4872
info@lung.org

**American Lung Association of
Tennessee**

212 S. Peters Rd Suite 106
Knoxville, TN 37923
865-691-7228
www.lungusa.org

Former Smokers

The No Smoke Café
<http://clever.net/chrisco/nosmoke/stop.html>

**Resources to assist persons
raising children possibly other
than their own:**

**Agricultural Extension Service,
Fentress County**

P.O. Box 1127
Jamestown, TN 38556
931-879-9117

Department Of Children's Services

South Main Street
Jamestown, TN 38556
(931) 879-9976

Help Us Grow Up Successful (HUGS)

Upper Cumberland
Regional Office
200 West 10th Street
Cookeville, TN 38501
931-528-7531

Relatives as Caregivers

1225 South Willow Ave.
Cookeville, TN. 38501
(931) 432-4111
1-877-275-8233

**The Exchange Club/Stephens Center
for the Prevention of Child Abuse**

Livingston, TN 38570
Contact: Carolyn Isbell, Executive
Director
931-823-6432 & 800-635-5199

**Upper Cumberland-Community
Services Agency**

417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

**Upper Cumberland Human Resource
Agency - Fentress County**

308 Main Street
Jamestown, TN 38556
931-879-8040

Youth Villages

1420 Neal Street
Cookeville, TN. 38501

(931) 525-6905

**Resources to assist with
Transportation Needs:**

Beaty's Auto Repair
Frank Campbell Road
Jamestown, TN. 38556
(931) 879-7218
(Repairs vehicles)

Gary's Auto Salvage
299 Spring Street
Jamestown, TN. 38556
(931) 879-4457
(Repairs vehicles)

Med Ride Inc
101 S. Smith Street
Jamestown, TN
931-752-7433

Moody's Transportation
Jamestown, TN. 38556
(931) 879-7419

**Upper Cumberland-Community
Services Agency**
417 East Broad Street
Suite A.200
Cookeville, TN 38501
(931) 520-0200

**Upper Cumberland Human Resource
Agency - Fentress County**
308 Main Street
Jamestown, TN 38556
931-879-8040 & 931-823-7323
931-879-8041

**Upper Cumberland Development
District**
1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111

Promoting Youth Involvement:

ASSE
International Student Exchange
Programs
404-754-1667
1-800-473-0696

Art Circle Public Library
154 E. First Street
Crossville, TN. 38555
(931) 484-6790

Boy Scouts
1-800-588-6514

4-H Youth Development Programs
Agricultural Extension Service, Fentress
County
P.O. Box 1127 Jamestown, TN 38556
931-879-9117

Central Union Church
Jamestown TN 38556
(931) 879-7454

Girl Scouts
1-800-474-1912

Methodist Youth Group
Jamestown TN 38556
(931) 879-5410

Teens Against Drugs (TAD Center)
Crossville, TN.

**Upper Cumberland-Community
Services Agency**
417 East Broad Street Suite A.200
Cookeville, TN 38501
931-520-0200

Youth Center of Cumberland County
Hayes Street Crossville, TN. 38555
(931) 484-9736

**WCTE American Graduate & Ready
To Learn**

IWray@wcte.org
CPutnam@wcte.org
931-528-2222

Hispanic Family Resource Center
(615) 227-7500
(800) 280-8682

Language Assistance
(All Counties)

**County Health Depts. - Primary
Health Care Services**

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Hispanic Association

732 Lafayette Rd Red Boiling Spgs, TN
37150
(615) 699-6279

**LifeCare Family Services - Cookeville
- Counseling and Therapeutic Services**

665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)

**Department of Human Services,
Counties**

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request