

Race Date
June 22, 2019

Rocky Point Longest Day 5K Run/Walk 2019

Overall Finish List

5 k Run			Female		
Overall	Name	Bib No	AG Place	Time	Pace
1	Brianna Cairns	47	1: 20-29	20:21	4:04/K
2	Danielle Bradley	43	1: 40-49	25:38	5:08/K
3	Cathy Morton	71	1: 60-98	27:37	5:31/K
4	Leah Tinaburri	80	2: 20-29	28:41	5:44/K
5	Kelsey Merritt	69	3: 20-29	28:41	5:44/K
6	Mengwei Li	58	4: 20-29	28:51	5:46/K
7	Carol Marchand	63	1: 50-59	28:59	5:48/K
8	Treena McDonald	65	2: 40-49	29:28	5:54/K
9	Richards Madison	60	5: 20-29	29:40	5:56/K
10	Caitlin Rhodes	77	1: 30-39	30:22	6:04/K
11	Kirby Marchand	61	6: 20-29	30:40	6:08/K
12	Andrea Fouchard	49	2: 30-39	30:53	6:11/K
13	Marianne Fouchard	86	3: 40-49	30:54	6:11/K
14	Sharon Yong	82	2: 50-59	31:18	6:16/K
15	Janice Fouchard	50	2: 60-98	33:24	6:41/K
16	Shara Marchand	62	7: 20-29	35:58	7:12/K
17	Stephanie David	48	3: 30-39	36:38	7:20/K
18	Gresiuk Brenda	45	3: 50-59	36:59	7:24/K
19	Elaine Tao	79	3: 60-98	46:12	9:14/K
20	Dawn North	84	4: 50-59	48:50	9:46/K
21	Carmen Sjodin	85	5: 50-59	48:50	9:46/K
22	Michelle Newbiggin	73	6: 50-59	50:34	10:07/K
23	Grace Wang	81	8: 20-29	51:32	10:18/K
24	Law Yuetyee	83	4: 60-98	51:39	10:20/K

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Overall Finish List

5 k Run			Male		
Overall	Name	Bib No	AG Place	Time	Pace
1	Brent Poquette	87	1: 30-39	20:10	4:02/K
2	Bradley Hallett	53	2: 30-39	21:00	4:12/K
3	Justin McDonald	67	1: 0-19	21:15	4:15/K
4	Stephen Wynnyk	89	1: 20-29	21:18	4:16/K
5	John Hightower	54	1: 50-59	21:56	4:23/K
6	Hayden Ord	74	2: 20-29	23:03	4:37/K
7	Matthew Sessions	78	2: 50-59	23:49	4:46/K
8	Nathan Winter	88	3: 20-29	24:35	4:55/K
9	Keegan Lloyd	59	3: 30-39	24:43	4:57/K
10	Matthew McDonald	68	2: 0-19	27:36	5:31/K
11	Kevin Bryan	46	4: 20-29	28:06	5:37/K
12	Paul McDonald	66	1: 40-49	29:28	5:54/K
13	Smith Isaiah	55	3: 0-19	29:47	5:57/K
14	Smith Michael	70	3: 50-59	29:47	5:57/K
15	Peter Fryatt	51	4: 50-59	33:24	6:41/K
16	Bob Lawrence	57	5: 50-59	36:50	7:22/K
17	Julian Brambleby	44	6: 50-59	46:15	9:15/K
18	Ralph Newbiggin	72	1: 60-98	50:33	10:07/K
19	Jim Marchand	64	2: 60-98	51:03	10:13/K