



Silver Lining
Riding

Silver Lining Riding has a Special Olympics Team!



Special Olympics
Arizona

We are very excited to be able to offer this wonderful opportunity to our riders.

Who:

Special Olympics is an organization that offers several sports to individuals that have intellectual disabilities. For Equestrian sports, riders must be at least 8 years of age

What:

Special Olympics Sponsored Horse Shows (can be 1 or more a year)

How does this work?

In order to participate in horse shows, riders must practice in at least 8 practices. Silver Lining Riding offers Special Olympics Team training year round to better prepare riders for the competitions.

Cost:

Special Olympic Team Practices are 1 hour long: \$380 for 8-week practices

All Horse Show classes are **free** to the riders

(If the facility for the horse show requires a fee, you may be required to pay that)

What do I need to bring to practices?

Riders need to wear boots and long pants. Silver Lining provides horses, helmets, and all horse equipment.

What do I need to bring to the Horse Show(s)?

Riders need to wear long pants, boots, and a show shirt. Show days are long, exhausting days, so bring some chairs and maybe a canopy to sit under when you are not showing. Silver Lining Riding provides all horses, helmets, and all horse equipment.

Benefits to riders:

- Opportunity to compete with peers
- It's Fun
- Increase attention span
- Increase ability to follow multiple-step directions
- It's Fun
- Opportunity for social skills and working with a group
- Ribbons won for all classes and pride in accomplishments
- Increase of core strength
- Most of all: IT'S FUN!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!



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How Do I Get Signed Up?

Please fill out the following forms and return them to Silver Lining Riding office.

[Athlete Medical Form](#)

For Riders with Down Syndrome: [Atlanto-Axial](#)

[Release Form](#)

[Athlete Consent Form](#)