



REGULARLY SCHEDULED:
DAILY: Congregate Lunch 11:30am
 Please RSVP 24 hours prior.

MONDAY:
 Exercise Class 9am
 Euchre & Games Tables 1pm

TUESDAY:
 Bingo 10am
 Learn to play Bridge w/Al 12:30pm
 Clogging Group 3pm

WEDNESDAY:
 Exercise Class 9am

THURSDAY:
 Chair Yoga 12:30pm

FRIDAY:
 Exercise Class 9am
 Bingo 10am
 Bible Study 10:30am
 Euchre Tables 12pm
 Line Dancing 1pm

DATES OF NOTE:
 Monday, April 1st & 15th by Appt.
 SOLE SOLUTIONS Footcare Clinic

Tuesday, April 2nd 9am
 THERAPEUTIC STRETCHING

Wednesday, April 3rd 1pm
 CRAFTING w/SONYA

Friday, April 5th 9am-1pm
 CAR FIT

Monday, April 8th Center Closed

Thursday, April 11th & 25th 8am
 PRODUCE DELIVERY

Tuesday, April 16th 8am
 COMMODITY DELIVERY

Wednesday, April 17th 8:30am
 OSHIIP

Wednesday, April 24th 11:30am
 BIRTHDAY CELEBRATION-Please RSVP
 the Friday before

Friday, April 26th 5:00pm
ANNUAL FUNDRAISER

Monday, April 29th 1:30pm
 SmartBanking

From the Desk of the Director

The Annual Fundraiser is Friday, April 26 at 5pm. We are excited for the big event and hope to see you all there. The menu includes chicken cordon bleu, baby bakers, green beans, salad, a variety of rolls, and cheesecake. There will be a silent auction, raffles, and a fun live auction with the Pritchard's. The theme of the evening is Kentucky Derby so wear your favorite hat and come to enjoy the fun!

This is by far our biggest fundraiser of the year, which helps us to continue to expand and improve our senior services. Raising funds is more important now as we serve more people throughout the community.

Tickets are \$25 per person. If you are interested in donating a new item for the silent auction, we ask that you bring it in by Thursday, April 6, and supply a description and estimated value. Contact Bonnie or Dayna for more information at 740.474.8831.

If you would like to volunteer to serve that evening, please let us know!

Join us Friday, April 5, 9am—1pm, for CarFit a new program that can help drivers improve the "fit" of their vehicle for comfort and safety.

The Saving's Bank SmartBankingTalk program is on April 29, beginning at 1:30pm. The program is offered every other month, with a new program, *Know Us Before You Need Us*, kicking off on May 20, featuring representatives of Pickaway County Engineer, Auditor, Recorder, Court System, and Legal Aid of Southeast and Central Ohio.

Produce pick up is slated for April 11 and 25, with commodity pick up on April 16.

Remember, the Center is closed Monday, April 8 for all services and on Friday, April 26.

Bonnie
 Bonnie Lowry Vallette,
 Executive Director



Services provided Monday - Friday

Adult Day Care:

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

Services are available

Tuesday—Thursday 9am—1pm.

Transportation and lunch provided.



Congregate (Shared) Meals

Hot lunch is served at the Pickaway Senior Center 11:30 am, Monday — Friday. Suggested Congregate lunch donation is \$4. **PLEASE RSVP THE DAY PRIOR**

Meals on Wheels:

A hot, nutritious lunch delivered to your home five days a week.



Transportation



Transportation, for those over 60, residing and traveling within the County, is available by request for medical appointments, with grocery and other types of trips, as time allows.

National Family Caregiver Support Program

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The recipient of care must be over 60 years of age.

Supportive Services

Paperwork assistance related to Medicare & Medicaid, HEAP and Commodities.

(CSFP) Commodity Supplemental Food Program

A federal program that provides eligible seniors with a monthly box of shelf-stable items. The box may include juice, cheese, cereal, pasta, peanut butter, canned goods, and more. Pick up on second Tuesdays.



Produce Market

Mid-Ohio Foodbank delivers 2500 pounds, or more, of fresh produce on the second and fourth Thursday of each month.

Pickaway Senior Center BOARD OF DIRECTORS:

Sally Galecki President
 Ellery Elick Vice President
 Joy Ewing Treasurer
 Al Canarsky Secretary & Membership President
 Bonnie Vallette Director
 Dennis Bothel Fiscal Officer
 Bob Mabe Andy Bull
 Krista Bower Jackie Rish
 Jenna Logan Grant Davis
 Sheriff Matthew Hafey

Pickaway County Commissioners:
 Jay Wippel
 Gary Scherer
 Harold Henson



The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from:

- Title III, as administered by Ohio Department of Aging
- Senior Levy monies, as approved by Pickaway voters

Equal



Provider

PICKAWAY SENIOR CENTER

2105 Chickasaw Drive
 PO Box 565
 Circleville OH 43113
pickawayseniors.org

Office 740-474-8831
Toll Free 888-397-7246
Nutrition 740-474-8617
Fax 740-477-8114

Office Hours:
Monday-Friday
8am — 4pm

*** Due to COVID-19: some services, hours and days have changed.**

APRIL BIRTHDAYS-HAPPY BIRTHDAY!



April 1

Paul Coleman
Sue Dodds
Kay Kimbler
Martha Lester

April 2

Debbie Greene
Mona Greenlee
Patricia Meyer
Connie Moore
Vickie Tilton
Sharon Vance

April 3

Cheryl Brooks
Thomas Huffman
Cathy Leatherwood
Sharon Peters
Peggy Stump

April 4

Helen Perry
Eleanor Robinson
Shirley Stant

April 5

Ron Derexson
Carol Farmer
George Wolfe

April 6

William Brotherton
Eda Byrd

Carolyn McKeivier
Mary Sheets

April 7

Frances Greenlee
Creta Kuhlwein
Sandra Leasure

April 8

Norma Davis
Sue Dennis
Les Marburger
Cathy Sapp
Angela Stauffer
Carol Walls
Larry Walls

April 9

Sharon Cole
Bev Krueger
Phyllis Marriott
Betty Peters
Ruth Preston
Hannelore Snyder
Bob Swaim

April 10

Barbara Carder
Kathy Cooper
Sam Kline
Thomas Rickey

April 11

Ike Briner
Norma Gochenour

Sharon Hart
Linda Leasure
Linda Reeser
Gayla Keaton

April 12

Shelia Braid
Bonnie Huston
Paula Johnston
Pam Jones
Diana List
Joyce Miller

April 13

Barbara Crites
Louise Heartstedt
Brenda Knece
Julie Smith

April 14

Ofelia Acosta
Sue Baemel
Patricia McAllester-
Wolford

April 15

Sharon Clary
Max Cordrey
Ellery Elick
Hazel Harness
Robert Harris
Priscilla Lahrmer
Susan Radcliff
Barbara Woodruff

April 16

David Greeno
John Joyce
Helen Weaver

April 17

Frances Bidwell
Rodney Gohring
Charles Hinton
Jo Leatherwood
Janet Madru
Mary O'Day
Constance Smith
Jim West

April 18

Carolyn Brooks
Bob Comford
Jackie Kerns
Shelby Shaeffer
Carol Wyatt

April 19

Lewis Giffin
Shirley McClain
Pat Rippetoe
Mary Thompson

April 20

Rhonda Ebert

April 21

Shirley Anderson
Betty Billups
Sue BOWENS

Janet Carter
Tom Cline
Barbara Frazier

April 22

William Cupp
James Houseman
Kathy Ritchie
Jeff Streitenberger
Beverly Styers

April 23

Eula Belcher
Donald Brown
Donna Gloyd
Connie Hardesty
Sue Rhoades
Maurice White

April 24

Mary Clifton
Judy Garvey
Marcella Johnson
John Maloney
Carol Shepler
Kay Yingling
Rebecca Zielinski

April 25

Betty Miner
Gina Stiles

April 26

Steve Jones

Patricia Knisley
Nancy Morrison
Gary Wilson

April 27

Curtis Conrad
Roger Dresbach
Judy Givens
Virginia Pfeiffer
Susan Schlitt
Amelia Stevens
Peggy Wood

April 28

Kathy McGuire
Geraldine Robbins
Cecelia Seckman
Bonnie Watson

April 29

Donald Funk
Sara Jackson
Alice Payne

April 30

Terri Davis
Sharon Harper
Kathy Henn
Wanda Lind
Larry Stuller
Sharon Whaley

KENTUCKY DERBY Word Search

X N T Q I G G I I U K O A F Z U I N
K R T H C G G R K X L L O I U C W F O
U J U O O H S T A L L I O N O F F M
M S S P M R J O G N F P E B X G U I
W R G T U F O H V C D R M X N K R N
I T L T E R A U L Q O S E W G T L A
D H Y F H W S R G Z R L T I B E O T
T U R F O T A E R H E O T A N A N I
O K E V D L O R Z I B R Z U N S G O
R V H A L T E R D V E R Z B K D W N
U U F I L L Y S D S G R E C V P H X
W D J O C K E Y Q N J A H D D E O K

COLT	HALTER	STALLION
FARRIER	JOCKEY	STEWARD
FILLY	NOMINATION	THOROUGHBRED
FURLONG	PURSE	TURF
GRANDSTAND	REINS	

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KENTUCKY DERBY Word Scramble

1. REHSO _____
2. RWNINE _____
3. YJKOCE _____
4. RYDBE _____
5. CKENTYKU _____
6. ILNFIED _____
7. CHRULLHCI _____
8. RAECKKRTA _____
9. LUOLEVILIS _____
10. YMA _____
11. TBE _____
12. DDSO _____
13. YTPROH _____
14. SSREO _____
15. WSDNO _____

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PICKAWAY SENIOR CENTER
2105 Chickasaw Drive • Circleville OH 43113
pickawayseniors.org • 740.474.8831



...AND THEY'RE OFF!

Greetings from the Center,

Each week, since 1972, the Pickaway Senior Center has served seniors by providing Home Delivered and Congregate Meals, Transportation, Homemaking, and Adult Day Services, as well as programs that support physical and mental health, and increase socialization and general wellbeing. Our mission is to be the place seniors learn, grow, get energized, and access resources to live independently with the best possible quality of life.

We certainly do our best to live into our mission! Daily, 25 folks come together to provide these services and to be in touch with more than 450 seniors. Preparing and packaging food for transport or in-house service, checking out each of the 15 vehicles in our fleet, loading ovens and coolers, verifying transportation routes, and setting up the day to welcome our guests, and completing and submitting all the necessary paperwork to ensure each step is fully and efficiently completed. Then we're off to the races!

We are a 501(c)(3) non-profit organization and depend on the support of people, businesses, and organizations, just like you and yours, to ensure we can continue this legacy of service.

We invite your participation at our signature Annual Fundraising Event on Friday, April 26, 2024, 5-8pm. The evening will include a delicious dinner, exciting live and silent auctions, raffles, music, and fun.

Our fundraising goal for 2024 is \$24,000! If you'd like to serve as a sponsor, offer an in-kind donation item for our live or silent auctions, or make a financial contribution, please let us know.

Event tickets are \$25 each and can be purchased at the Senior Center or by return mail using the form below with your check made payable to Pickaway Senior Center. The Center accepts cash, checks, and credit cards.

We look forward to this evening of celebration and hope you will be a part of its success.

Sincerely,

Bonnie Lowry Vallette
Executive Director

-
- YES! I will attend the Fundraiser Friday, April 26, 2024. I'd like _____ tickets x \$25 = \$ _____
 - Please mail my ticket(s) to address: _____
 - No, I am unable to attend, but please accept my donation of \$ _____

February \$10 Fund Donations

John & Nancy Looney
 Ellen Hilsheimer
 Marcella Johnson
 Pat Rowlands
 James & Diane Rhymer
 Anonymous
 JoEllen Jacobs
 Lowell & Rita Rader
 Shirley S. Oberley
 Judy Hatfield
 Laura Groves
 Jane Winfough
 Vera Woodard
 Jeanette Hare
 Carolyn Brooks
 Betty Drake
 Susan Patrick
 Theresa Kerns
 Jim & Patricia Meyer
 Doug & Wendy Blair
 Linda Morrow
 Gerald & Betty Wolford
 Barb Harwood

Penny Fick
 Linda Harden
 Connie Swoyer
 James & Patty Hastings
 Rosemary Barker
 Dennis & Carol Blaney
 Patrick & Julie Smith
 Joe Goeller
 Mary Sheets
 Darlene Jackson
 Nanisa Osborn
 Wanda Luckhart
 Ed & Debby Boyer
 James & Naomi Adkins
 Ruthanne Roush
 Judy Tolley
 Alma Simons

Community Donation
Elks Lodge



Karl Finley Angie Finley
Skip Morrow Dorcus Morrow
Barbara Hart Donna Reed

Your donations are VITAL to daily Center operations! Donations received *by* March. 1st are included in this newsletter. Submissions must be made **2 months** prior to ensure publication for requested month. I.e.: June publications must be received by April 30th
Thank You for your generosity!!

Sincere condolences to Family & Friends of our dear Members who passed in February

Charles (Red) Smith George McGill
 Mary Hulse Joanne Greeno
 Betty Peters Dorothy Bowers
 Sharon Cole

Please notify the center if you are aware of a Members passing. We will respectfully publish the following month.

In Memory of
Earl Roes

Given by,
 Rosie Rose



In Memory of
Erma Schooley
Anna Schooley
Lydia Delong

Given by,
 Terry & Judy Schooley

In Loving Memory of
Andrea McGill

Given by,
 Jack McGill

In Loving Memory of
Ralph Hart

On his Beloved Birthday
 April 17th
 Given by,
 Barbara Hart



In Memory of
Max Cormany
 On his beloved Birthday
 April 20th
 Given by,
 Dorothy Cormany

In Memory of
Charles "Bud" Nance

Given by,
 Sandra Tosca Carnes



In Memory of
Charles "Bud" Nance

Given by,
 Tim & Patricia Tosca



In Memory of
Charles "Bud" Nance

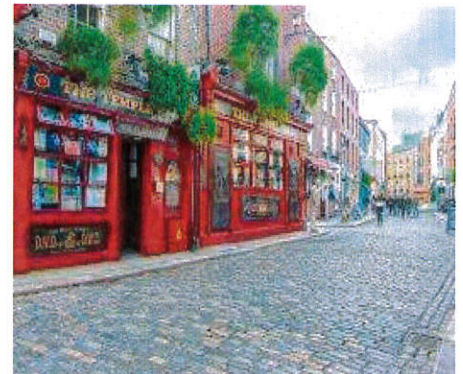
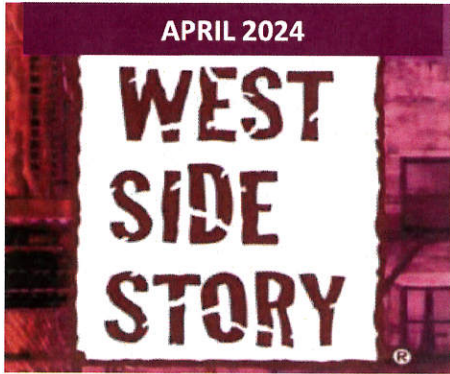
Given by,
 Debbie Willis



In Memory of
Charles "Bud" Nance

Given by,
 Carolyn Duvall

2024 TRIPS & TRAVEL



Majestic Alaska

Irish Wonder

Last chance to book!!

Join us for a bus trip to LaComedia on Thursday, **April 25, 2024**

Tickets are \$86 with \$26 due at reservation; remaining \$60 due on Tuesday, March 19th. Includes lunch, show, and transportation

Start date: Aug. 09, 2024
10 days—9 nights |

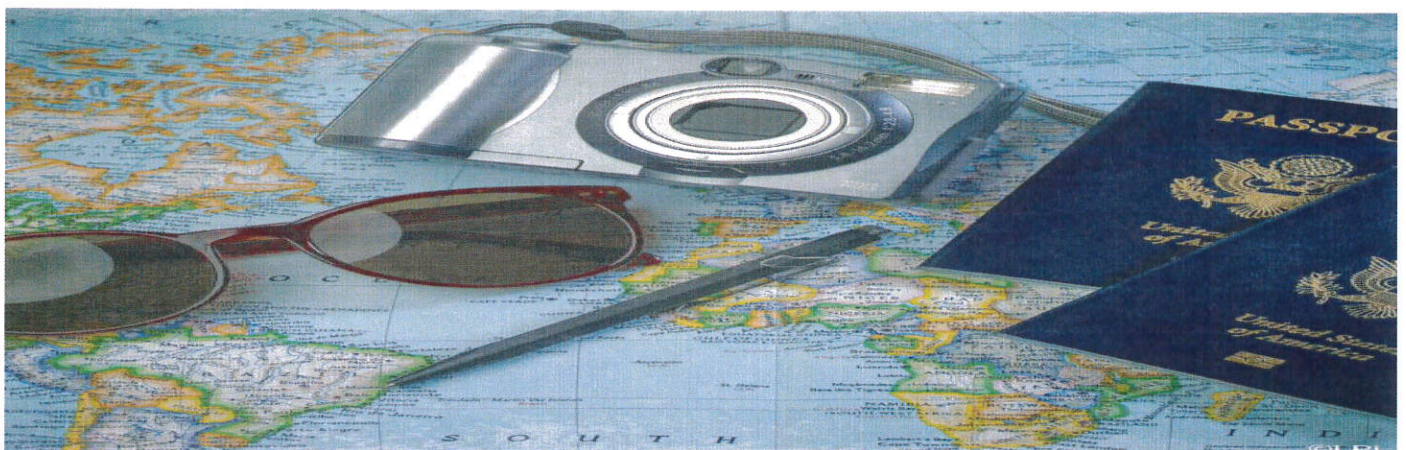
\$6,760 Twin Room Rate
Including Airfare from CMH

\$7,260 Single Room Rate
Including Airfare from CMH

Depart Date: Sept. 21, 2024
8 days—7 nights |

\$3,630 Twin Room Rate
Including Airfare from CMH

\$4,170 Single Room Rate
Including Airfare from CMH



PICKAWAY COUNTY S.A.L.T. COUNCIL
2024 PANCAKE BREAKFAST



WHEN: SATURDAY, APRIL 27, 2024 8:00 A.M -12:00 P.M.

WHERE: RHOADS GARDEN CENTER 1051 St. Rt. 56 E
Circleville

MENU: Pancakes(ALL YOU CAN EAT only), Sausage,
Fruit, Yogurt, Orange Juice, Milk, Coffee, Tea

Catered by: [Chris Cakes](#)

Come Join us for fellowship and a scrumptious pancake breakfast.
Special drawings every half hour for gift cards for breakfast at res-
taurants in the Columbus, area, fruit baskets&50/50 drawing too.

COST: \$4.50 Adults&Children. (4&under eat free) and All Uniformed
First Responders eat FREE. Get your tickets from [Gail Howard](#),
S.A.L.T. President (Mon. Wed. Fri.) at Senior Center Exercise Class
from 9-10 a.m. LIMITED SEATING. Any questions, call 740-248-
9585.

Deadline April 10, 2024



CarFit is a free, educational program designed to help drivers improve the “fit” of their vehicles for comfort and safety.

A FREE 30-minute, 1-on-1 check-up with a Trained CarFit Technician

When: Friday, April 5, 2024 9:00 a.m.– 1:00 p.m.

Where: Pickaway Senior Center 2105 Chickasaw Dr Circleville OH 43113

Register: Call the Center 740-474-8831



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Circleville, OH

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The Savings Bank, SmartBanking

Talk seeks to educate consumers about the various kinds of scams and fraud that have become unfortunately prevalent in our society. These classes will cover the basics of a variety of topics—from phishing to sweetheart scams—before taking a deep dive into examples and how consumers can protect themselves.

Informational sessions will be held at the Pickaway Senior Center every other Month beginning in April!

- April 29th @ 1:30pm
- June 24th @ 1:30pm
- August 26th @ 1:30pm
- October 28th @ 1:30pm
- December 30th @ 1:30pm



Thousands of caring, local experts are available to help, 24/7. Calls to 211 are confidential and can be anonymous.

The 211 in the United States responds to more than 21 million requests for help every year from people looking for help meeting basic needs like housing, food, transportation, and health care.



The program runs from Nov. 1, 2023 until May 1, 2024.

The Home Energy Assistance Winter Crisis Program (HEAP) helps income eligible Ohioans that are threatened with disconnection, have been disconnected or have less than a 25% supply of bulk fuel in their tank.



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Pickaway Terrace, Eden Place & Louise Terrace
• Providing affordable housing for elderly/62 years or older and/or disabled

176 Rustic Drive • Circleville, Ohio 43113
740-477-2514 • Fax: 740-477-7456
email: pmha@pickawaymha.com
TTY/TDD Customers:
Contact Ohio Relay Services at 711 or 1-800-750-0750
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740-420-0605



OSHIP
Wednesday
April 17, 2024

Review and compare:
 2024 Part D Plans

- Medicare Advantage
- Learn ways to save on Rx & Medicare costs


STOP ON IN
NO APPT. NECESSARY
740.474.8831



CRAFTING WITH
Sonya
of Pickaway Manor


WEDNESDAY-APRIL 3 @ 1PM
RSVP • 740.474.8831

PROMEDICA PRESENTS:



EACH THURSDAY AT 12:30PM

NEW in 2024
Therapeutic Stretching
 From beginner to advanced.
 Therapeutic stretching benefits everyone. It aids in postural correction, pain management & promotes increased flexibility of muscles. Join us the first Tuesday of every Month!!
Next session: April 2nd @ 9am



SOLE SOLUTIONS
Nurse Delivered Footcare



BY APPOINTMENT ONLY
 April 1st 8:30am—3:00pm
 April 15th 8:30am-3:00pm

Call the center
740.474.8831
 to schedule your appointment

\$35 FOR ½ HOUR

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RETURN SERVICE REQUESTED

Current Resident



Save the Date

2024 ANNUAL FUNDRAISER
★ **DERBY STYLE** ★

Ladies and Gentleman
Grab your Hats & Bow-Ties and join us
for an evening of Entertainment,
Dining & Competitive bidding

April 26th | 5pm Doors Open & Silent Auction
6pm Dinner & Live Auction to follow

Pickaway Senior Center
2105 Chickasaw Dr. • Circleville, Ohio • 43113

FEBRUARY STATISTICS

Transportation

32 people
225 transports
3,604 miles

Adult Day Care

8 people
533 miles

Hot Meals Delivered

7,604 meals
7,860 miles

Meals Served In Person

485 congregate meals

Fresh Produce Disbursed

4,905 pounds of produce

Commodities Disbursed

135 families served

The Senior Center will welcome county and regional representatives well versed in the following:

- Real Estate Fraud
- Homestead & Property Taxes
- Transfers on Death/ Survivorship deeds
- Life Estate
- Veteran Benefits
- Processes related to offices of the Engineer, Auditor, and Recorder.

Join us

May 20th @ 1:30pm

