

Waiver/Release of all claims and hold harmless agreement for the Saints Track Club.

Please read this form carefully and be aware that, in signing up and participating in the Saints Track Club, you will be waving and releasing all claims of injuries arising out of this program that you or the registered participant might sustain. The terms “I”, “me”, and “my” also refer to parents or guardians as well as the participants in the program. In registering for the program, you are agreeing as follows:

As a participant in the program, I recognized and acknowledge that there are certain risks of physical injury, and I agree to assume the full risks of any injuries, including death, damages or loss which I may sustain as a result of participating in any manner, in any and all activities connected with or associated with such a program. I further recognize and acknowledge that all athletic activities involving strenuous exertion or potential body contact are hazardous recreational activities and involve substantial risks of injury.

I agree to waive and relinquish any and all claims I may have as a result of participating in the program against Saints Track Club any and all other participating or cooperating governmental units, any and all independent contractors, officers, agents, servants and employee of the governmental bodies and independent contractors, and any and all other persons and entities of whatever nature, that might be directly or indirectly liable for any injuries that I might sustain while participating in the program. (The parties described in the preceding sentence are referred to as “released parties” in the remainder of the agreement).

I do hereby fully release and discharge Saints Track Club, and any and all other release parties, from any and all claims resulting from injuries, including death; damages and losses sustained by anyone, and arising out of, connected with or in any way associated with my conduct and the activities of the program.

I further understand and agree that the terms such as “participation”, “program”, and “activities”, referred to in this Agreement, included all exercise and physical movements of any nature while I am participating in the program, and further include the provision of or failure to provide proper instructions or supervision, the use and adjustment of any and all machinery, equipment and apparatus, and anything related to my use of the services, facilities or premises involved in the program.

I understand the nature of the program for which I am registering and have read and fully understand the Waiver, Release and Hold Harmless Agreement. I further understand that any advisement or warnings or the particular risks of this program that I subsequently receive will be incorporated by reference into and become a part of this Agreement.

If under 18 _____ Date _____
(Parent Signature)

Runner Signature _____ Date _____