



Meals On Wheels of Rowan, Inc. March 2016

... Making Mealtimes Better

Meals on Wheels

... More than just a meal

Since 1976
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Rowan County
Member Agency



We are in need of a volunteer for our Mt. Ulla Route, 1st and 3rd Monday in West Rowan. Pick-up for this route is at C.J's Restaurant in Cleveland. Please spread the word of this need and give us a call.



Join us in Celebrating Meals on Wheels this March!

March 1st: : at 10:30 am March for Meals Kick-off Reception. In attendance will be Mayors from our Rowan County Townships bearing Mayoral Proclamations designating the Month of March as March for Meals Awareness Month.

March 8th: from 11:00am-6:30 pm at First Presbyterian Church is our Annual BBQ Fundraiser. Tickets are \$8/Meal and may be purchased at the door, drive-thru or delivered for 5 or more plates.

March: Area Restaurants Partner with us on Thursdays in March to help "Feed the Need" by donating a % of their sales to Meals on Wheels! **Bangkok Downtown** will participate all 5 Thursdays, **Sidewalk Deli** 4 Thursdays, and D.J.'s Restaurant will participate on March 31st! Please patronize these 3 restaurants on Thursdays to help us "Feed the Need"!

March: Community Champions and Area Pastors deliver meals throughout the month to help spread awareness of our mission and to draw new volunteers !

March 24th: South Rowan Y Service Club delivers 7 Routes in South Rowan.

March 31st: 2015 Little League Softball World Series Champion Team from Rowan County to deliver meals.



A Special Thanks to Our MOW Angels

- ◆ Keith Vaughn, Phyllis Milem, Donna Wilson, Louise Towell, Linda Kanipe, and all the other substitutes who jumped in to help when we needed it.
- ◆ Ed & Eileen Hanson-Kelly, Lousie Towell, Steve & Tish Hatley, Phyllis Milem, Louise Towell, Lynn Mills, and Oakdale Baptist Church for Office Supplies and Birthday Bag goodies.
- ◆ Overton Elementary School and Rufty Holmes Lunch Club for "homemade" cards for our clients.

... MAKING MEALTIMES BETTER



March Birthdays

- 1st Vera Goodman
- 1st Peggy Cruse
- 2nd Ginny Pickler
- 2nd Henry Still
- 3rd Floyd Keller
- 6th Dennis Board
- 10th Juanita Smith
- 12th Karra Goodman
- 12th Robert Woodie
- 13th Paul Brink
- 15th Barbara Hensley
- 16th Louise Richardson
- 17th Patricia Malina
- 17th Mary Wagner
- 19th Lucille Burleson
- 20th Dortha Fraley
- 21st Jimmy Varner
- 23rd Steve Williams
- 27th Kenneth Carlton
- 27th Annie Sherrill
- 29th Russell Johnston



First Presbyterian Church



Sharon Whittington

This month we'd like to recognize First Presbyterian Church in Salisbury for their dedicated service to Meals on Wheels. It seems appropriate given that our annual BBQ is held there and that our first office was in the church. Anne Ramsay, a church member, out of concern for her mother's health and well-being started looking for solutions and heard about Meals on Wheels. Early organizational meetings were held in the Ramsay home where friends and professionals joined together to form what was to become Meals on Wheels of Rowan, Inc. Also, Helen Toomey contacted Jim Hands, former Food Services Director at Catawba College to be one of our first meal providers. First Presbyterian Church was one of our founding churches and continues to be one of our anchor churches today as well as HUGE supporters of our Annual BBQ Fundraiser!

Since 1986, Sharon Whittington has been the lead coordinator of the First Presbyterian volunteers who deliver meals every 2nd and 4th Thursday. She is the consummate coordinator and strives to keep her church informed through articles in the church newsletter. Sharon has 2 other coordinators who make phone calls and deliver as well --Collin Grubb and Eleanor Sandifer.

We are most thankful for these team members who serve:

Mary Ellen & Bob Bailey
 Anne & Frank Saunders
 Mary & Carl Repsher
 Judy Ann & Harold Deal
 Barbara Wilson & Jack Ward
 Lyn Beaver & Tricia Johnson
 Sue Fisher & Judy Craig
 Sarah & Clyde Kizziah

Betty & Jim Carli
 Jim & Barbara Norman
 Collin Grubb
 Wayne Hayworth
 Pat Weber
 Sybil & Bill Baker
 Dellene & Frank Gudger
 John Laughlin

Missy & Henry Brown
 Joyce Ann Spiceland
 Barbara Perry
 Tracy Smith
 Becky Thomas & Eleanor Sandifer
 Jackie Burleson
 Marion Harman
 Ed Lewis

Carol Sayers & Kim Johnson
 Bob Freeman & Jim Huyck
 Martha Lassiter
 Margaret Mentus
 Helen Kichefski & Glenda Askew
 Bob Cook
 Gordon Hurley
 Brenda & Jerry White