



Day One Recovery
Services (DORS) an RCCS
program

Ramsey County
Correctional Facility
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Day One
Recovery
Services
(DORS)



Who we are. Who we target.

DORS is an extension of RCCS Chemical Dependency Treatment Programming. We work exclusively with men and women who have a criminal background and struggle with addiction. Our program addresses criminal thinking and chemical use to help clients live a sober life free of recidivism.

The program was developed using the What Works model, and incorporates cognitive-behavioral change interventions using evidence based practices for correctional clients.

We treat inmates at the Ramsey County Correctional Facility who have struggled to develop ongoing recovery from addiction and criminal lifestyle through traditional community-based treatment programs. Clients who may have experienced multiple treatment attempts and demonstrate an inability to long-term sobriety despite criminal justice sanctions.

Program Components

- **Phase 1: 6-10 weeks**
- **Groups meet 4 days per week for 4 hours**
- **Clients receive weekly individual sessions with a counselor**

- **Phase 2: Community Care - 16 weeks**
- **Groups meet 2-3 times weekly in the evening at an RCCS community location**
- **Client is living in the community during this phase**

- ***Other options:**
- **If the clients' treatment stay is not long enough to complete phase 1 at RCCF, or if the client does not have supportive living environment when releasing, they may be eligible to transition to outpatient programming at one of our community facilities. This can include housing solutions/assistance.**



Re-entry

RCCS is passionate about assisting clients not only with our core program, but also with reintegration back into their communities. Our programming at DORS, and our community locations supports this by addressing individual needs and assisting the client with transitional planning.