



# Plants are Powerful Food for better grades and mood!



## Daily Scoop Nutrition Trivia

1. How many visits from a bee to pollinate one melon?
2. Special nutrient only in plant-foods?
3. Nuts and beans. Plant or animal?

# Cool Beans!

[leanandgreenkids.org](http://leanandgreenkids.org)



Daily Scoop connection, September. Colorful plant-foods, nuts and beans for plant-protein.