



JEFF BROYLES

HEAD FOOTBALL COACH

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PANAMA POWERLIFTING MEET

JR HIGH: 7TH- 9TH GRADES

THURSDAY FEBRUARY 7, 2019

HIGH SCHOOL: 9TH- 12TH GRADES

FRIDAY FEBRUARY 8, 2019

WHERE: PANAMA ELEMENTARY GYM

WEIGH-IN: 7:00 – 8:30 A.M.

COACHES MEETING IMMEDIATELY FOLLOWING WEIGH-IN

MEET WILL BEGIN AT 9:00 A.M.

COST: \$100.00 PER TEAM FOR JR HIGH

COST: \$125.00 PER TEAM FOR HIGH SCHOOL

THERE WILL BE A 7th, 8th, AND 9th DIVISION FOR JR. HIGH.

LARGE SCHOOL AND SMALL SCHOOL DIVISION FOR HIGH SCHOOL.

1ST- 3RD PLACE MEDALS FOR EACH WEIGHT CLASS.

1ST AND 2ND PLACE TEAM PLAQUES.

BRING A WAIVER FORM WITH ALL THREE QUALIFYING SIGNATURES FOR EACH LIFTER.

ENTRY FEE CHECK MUST BE MADE OUT TO PANAMA PUBLIC SCHOOLS.

BUS PARKING WILL BE BEHIND SCHOOL AT THE SOFTBALL/BASEBALL COMPLEX.

FULL CONCESSION WILL BE AVAILABLE.

PLEASE CALL TO CONFIRM YOU ARE COMING, SO WE CAN GET A TOTAL OF LIFTERS/TEAMS.

WE WILL HAVE A 25 SCHOOL LIMIT, SO THE FIRST 25 SCHOOLS TO CALL AND CONFIRM WILL BE ENTERED.

IF YOU HAVE ANY QUESTIONS, PLEASE CALL ME ANYTIME.

JEFF BROYLES

CELL #: 918-839-9726