

RFGC COVID PHASE 1 REOPENING PLAN as of 5.28.2020

Beginning June 1, 2020 TEAM ONLY for 2 weeks. Phase II tentative beginning June 15th with some recreational classes. Jungle Gym classes TBD.

Employee Guidelines	Staff will perform a wellness check, prior to reporting to RFGC and will remain home if they are sick.
	Staff will wash/sanitize hands prior to and at the conclusion of class and between rotations.
	Staff will have no direct physical contact with children at this time, unless in an emergency.
	Staff will maintain 6 feet social distancing. There will be no more than 1 person in coaches' room at a time.
	Staff will be monitored for travel and social distancing guidelines per CDC and/or Pierce County Health Department guidelines.
	Staff will be trained on procedures and prepared to enforce distancing protocols.
	Staff will be provided with cloth face coverings, gloves, and disinfectant. During Phase 1 Staff is required to wear a mask while around others and for the duration of their practice. Staff is required to wear a mask while in lobby area or when taking temperatures.
Facility Preparation	<u>All surface areas will be disinfected/sanitized multiple times per day using businesses best practices per Center for Disease Control (CDC) and the Wisconsin Economic Development Corporation (WEDC).</u>
	Chairs in lobby will be removed and not available.
	Social distance "dots" or marks will be used throughout the lobby and gym.
	Drinking fountains will be out of order and gymnasts are asked to bring their own water bottles.
	Vending machine will not be operable.
	No retail items will be for sale, including leotards.
	Hand sanitizer will be available throughout the lobby and gymnastics area.
	Garage door and window will be open whenever feasible.
Lost and found will no longer be available- items will be disposed of daily.	
Prior to Arrival to RFGC for Parents and Gymnasts	Perform wellness and temperature check before coming to RFGC.
	Do not attend if your child or a member of your household have Covid-19 symptoms, have been exposed to such symptoms, or are not adhering to the current guidelines provided by Pierce County Health Department.
	Gymnast hair must be pulled back tight. No loose hair.
	Use restroom at home.
	Bring your own labeled water bottle.
	Team gymnasts will need to bring a gym specific bag with grips, spray bottle for grips, plastic bag for personal chalk, labeled water bottle. This bag will stay with them in gym and go home with them after practice.
	Educate your child on social distancing and coughing and sneezing into their elbow and avoiding touching face.
	We suggest to avoid carpooling amongst those not residing in the same household.
Arrive only 5 minutes before class, no sooner.	

Upon Arrival to RFGC	Anyone that enters RFGC is required to wear a mask. Gymnasts must wear a mask in the lobby and bathroom and when appropriate in the gymnastics area.
	Drop off/pick up for children over 7 years old. There will always be 1 coach in the facility when gymnasts are present, along with another staff member or an adult volunteer on the premises. Parent viewing is permitted from outside the gym near the garage doors. Parent viewing is limited to 1 person per gymnast, social distancing must be adhered to while viewing and viewers are required to wear masks while in the outdoor viewing area.
	Anyone that enters the building must wash or sanitize hands upon entering the gym (use restroom at home before class to avoid overcrowding in small spaces).
	Temperature check will be administered for all including staff and gymnasts upon arrival following Covid-19 Preparedness Plan for RFGC
	Bring limited items in the gym. Team gymnasts will bring their gym specific bag with them. Please note, gymnasts will be exiting the gym and pick up will occur at Door 202 (South East Door).
	Locker rooms will not be available at this time.
	Practice social distancing in our lobby.
During Class	There will be no more than 8 gymnasts will be in the gym at a time.
	Lesson plans will be modified to omit partner activities and limit use of props.
	There will be no spotting at this time. Verbal feedback will be provided.
	Stations and activities will be modified to allow safe distance between gymnasts of 6 or more feet apart.
	Porous surfaces such as pits will be majority out of use.
	Chalk bins will be removed. Team gymnasts will keep chalk in a personal plastic container.
	Gymnasts will sanitize hands after each event rotation.
	No make-ups will be offered during the Summer Session.
After Class	Gymnasts and coaches must wash/ sanitize hands after practice- remembering to use social distancing.
	Continue to social distance.
	Gymnasts will exit the building through Door 202 (South East Door).
	Staff will begin disinfecting/sanitizing all areas immediately to get ready for next group.
	Please exit the facility quickly to allow us to sanitize the lobby area before the next group begins.
	Class times will be staggered to help accommodate cleaning time as well.
Communication	Employees, customers, and visitors are encouraged to bring their questions and concerns to management. We strongly encourage the use of electronic methods of communication.
	If a staff member, participant, member of their household, or anyone that has visited the gym tests positive for COVID-19, you must contact management immediately. You will not be allowed to come into the gym. All those at risk will be notified. Management will not identify names of the infected participant or staff member. Proper steps will be taken to ensure the safety of participants and staff.