

**Linn-Mar Men's Wrestling
Practice & Competition Calendar
2025-2026**

◀ August	September 2025						October ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 No School	2	3	4	5	6	
7	8	9 Open Room 4 pm	10	11 Open Room 4 pm	12	13	
14	15	16 Open Room 4 pm	17 <i>Homecoming Parade</i>	18 Open Room 4 pm <i>HS Parent Conferences</i>	19	20	
21	22	23 Open Room 4 pm	24	25 Open Room 4 pm	26	27	
28	29 No School	30 Open Room 4 pm					

◀ September	October 2025						November ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1	2 Open Room 4 pm	3	4	
5	6	7 Open Room 4 pm	8	9 Open Room 4 pm	10	11	
12	13	14 Open Room 4pm	15	16 Open Room 4 pm	17	18	
19	20	21 Early Release Open Room 2 pm Body Fat Testing <i>K-8 Conferences</i>	22	23 End Q1 Early Release Open Room 2 pm Body Fat Testing <i>K-8 Conferences</i>	24 No School Poster Picture 12 pm Amy White Studio	25	
26	27	28 Open Room 4 pm	29	30 Open Room 4 pm	31		

◀ October	November 2025					December ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 No School	4 No School Open Room 4 pm (AUX gym)	5 Parent/Wrestler Meeting 6:30pm Parent Social-Fieldhouse 1 st Ave	6 Open Room 4 pm (AUX gym)	7	8
9	10	11 Open Room 4 pm (AUX gym)	12	13 Open Room 4 pm (AUX gym)	14	15
16	17 First Day of Practice!! 6 am - Practice 4:00 pm – Lift	18 4 pm – Practice	19 4 pm- Practice	20 6 am- Practice	21 4 pm- Practice	22 8 am- Practice 10 am- Pictures
23	24 6 am - Practice 4:00 pm – Lift	25 4 pm- Practice	26 No School 8 am- Practice	27 No School No Practice	28 No School 4 pm- Practice Wrestle Offs	29 8 am- Practice Wrestle Offs LM Women’s Dual Tournament
30						

◀ November	December 2025					January ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 7 am- Lift 4 pm- Practice	2 4 pm- Practice	3 7:00 am- Technique 4 pm- Practice	4 JV/V @ CR Kennedy 6:00 pm Bus: 3:45 pm	5 V @ Donnybrook 11:30 am Bus: 7:30 am <i>JV work tables</i>	6 V @ Donnybrook 9:00 am Bus: 5:30 am
7	8 7 am- Lift 4 pm- Practice JV @ CR Kennedy 5 pm Bus: 3:45 pm 9/10 @ CR Prairie 6 pm Bus: 4:30 pm	9 4 pm- Practice	10 7:00 am- Technique 4 pm- Practice	11 JV/V @ Home vs. Dubuque Sr. B/G 6:00 pm <i>-LMWC Night-</i>	12 6 pm- Practice	13 8 am- Practice
14	15 7 am- Lift 4 pm- Practice JV @ Vinton 4:30 pm Bus: 2:30 pm	16 4 pm- Practice	17 7:00 am- Technique 4 pm- Practice	18 JV/V @ IC West 6:00 pm Bus: 3:30 pm	19 V @ Battle of Waterloo TBD Bus: TBD 6 pm Practice (JV)	20 V @ Battle of Waterloo TBD Bus: TBD JV @ North Linn 9 am Bus: 7:00 am
21 LMWC Developmental Tournament (10am – 4pm)	22 No School No Practice	23 No School No Practice	24 No School No Practice	25 No School No Practice	26 No School No Practice	27 8 am- Practice
28	29 No School 8 am- Practice	30 No School 8 am- Practice	31 No School 8 am- Practice			

◀ December	January 2026					February ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 No School 8 am- Practice	2 No School 8 am- Practice	3 8 am- Practice
4	5 6 am- Practice 4 pm- Lift	6 4 pm- Practice	7 Finals 4 pm- Practice	8 ½ DayFinals JV/V @ Western Dub. B/G 5:00 pm Bus: 3:00 pm	9 End Q2 ½ DayFinals 6 pm- Practice	10 (V) Linn-Mar Duals 9am LMWR Social @ Fieldhouse 1st Ave. 7 pm
11 LMWC Tournament 8 am – 12 pm or 12 pm – 4 pm	12 No School 6 am- Practice/Lift 9/10 @ CR Kennedy 6 pm Bus: 4:30 pm	13 4 pm- Practice	14 7:30 am- Technique 4 pm- Practice	15 JV/V @ Home vs. IC Liberty B/G 6:00 pm -Senior Night-	16 4 pm- Practice (V/JV1) Leave for Ankeny TBD	17 JV @ Independence 9 am Bus: 6:30 am V @ Ankeny 9:30 am Bus: TBD
18	19 No School 6 am- Practice/Lift	20 4 pm- Practice	21 7:30 am- Technique 4 pm- Practice	22 6 am- Practice	23 6 pm- Practice	24 JV @ Marshalltown 9 am Bus: 6:15 am V @ Clinton 9 am Bus: 5:00 am
25	26 6 am- Practice 4 pm- Lift 9/10 @ CR Washington 5 pm Bus: 3:30 pm	27 4 pm- Practice	28 7:30 am- Technique 4 pm- Practice	29 JV/V @ Home Vs. CR Xavier 6:00 pm	30 4 pm- Practice	31 (V) MVC Tournament @ IC High 10 am Bus: 6:30 am

◀ January	February 2026					March ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 6 am- Practice 4 pm- Lift	3 Regional Duals TBD Site: TBD Bus: TBD	4 4 pm- Practice	5 4 pm- Practice <i>HS Parent Conferences</i>	6 4 pm- Practice	7 V @ State Duals OR 8:00 am- Practice (V) JV @ MVC Tournament @ IC West 10:00 am Bus: 6:30 am
8	9 7:00 am- Lift 4 pm- Practice	10 4 pm- Practice	11 4 pm- Practice	12 4 pm- Practice	13 4 pm- Practice	14 V @ Districts Site: TBD 10:00 am Bus: TBD
15 Meeting with State Qualifiers TBD	16 7:00 am- Lift 4 pm- Practice	17 3:30pm- Practice Leave for State (Des Moines) TBD	18 State Tournament Weigh in: 2:00 pm Session: 4:00 pm	19 State Tournament Weigh in: 1:00 pm Session: 2:30 pm	20 State Tournament Weigh in: 3:00 pm Session: 5:00 pm	21 State Tournament AM Session: 9 am Finals: 5:15 pm
22	23	24 Early Release <i>K-8 Conferences</i>	25 <i>Turn in Equipment & Vote on Awards 4:00 pm</i>	26 Early Release <i>K-8 Conferences</i>	27	28

◀ February	March 2026					April ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Banquet Lower Commons 6:00 pm	5	6	7
8	9	10	11	12	13	14
15	16 Spring Break	17 Spring Break	18 Spring Break	19 Spring Break	20 Spring Break	21
22	23 Freestyle & Greco Season	24	25	26 End Q3	27 No School	28
29	30	31				