



RecoveryWerks!

Changing the world through recovery one **under**-served community at a time.

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

All donations to RecoveryWerks! are tax deductible and have a huge impact in bringing recovery to teens and families in our community.

Visit our website for online giving or for more info.

www.recoverywerks.org

Thank you!

RecoveryWerks! Core Values: “A belief in a Higher Power that we have chosen to call God.”

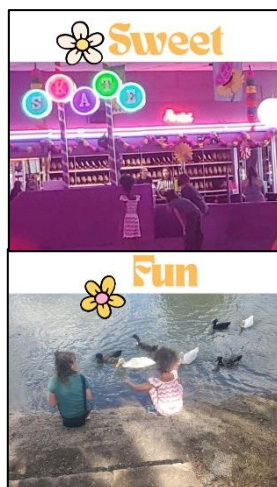
The figure has all of RecoveryWerks! core values. June's newsletter discussed the core value of fun. This month, we will cover the importance of a belief in a Higher Power or a belief in God. As shown in the figure, this belief is central not only to RecoveryWerks! but also to almost all 12-Step-based recovery programs.



A belief in a Higher Power or God is essential to counteract one of the most devastating aspects of substance use disorder (SUD) – a sense of hopelessness. For the person with SUD, getting sober seems to be a bridge too far. The disease is so powerful that it can overcome every attempt to either stop using or control their use. Many have lost everything – job, spouse, family, housing – and inexplicably continue to use. Similarly,

the family member has tried everything they know how to do to get the person they love to stop ruining their lives to no avail. The person with SUD continues to use despite catastrophic consequences to the user and the user's family.

Hope returns to the hopeless when the user can admit their powerlessness over the disease, or the family member admits they are powerless over the user. Hope grows when they begin to believe that there is a power greater than themselves that can return them to sanity. A belief in God or a Higher Power is integral to each of the other core values – unconditional love, unconditional acceptance, peers helping peers, and the 12-step approach. These will be discussed in upcoming newsletters.



New Gens

Summer

Having Fun!

In June we took our New Generations group out for a fun-filled day of skating and hanging out at the lake. We recognize that when addiction is in a family, even the youngest family members are affected. Having a safe support network of friends makes getting through the difficult days so much easier.

Meeting Schedule

Teens (up to 18):

Monday & Wednesday
7-8 pm
790 Landa Street, New Braunfels

Young Adults (18+)

Wednesday
12:30-1:30 pm
790 Landa Street, New Braunfels

Thursday

7-8 pm
790 Landa Street, New Braunfels

Family Members (18+)

Monday & Wednesday
7-8 pm*
790 Landa Street, New Braunfels
*all for Zoom option

Wednesday

12:30-1:30 pm
790 Landa Street, New Braunfels

Thursday Education

7-8 pm in person only
790 Landa Street, New Braunfels

New Generations (Family members between 9-17)*Must have a family member participating in the program

Monday
7-8 pm
790 Landa Street, New Braunfels

Our services are available at no cost to clients because of the generous support from our community.



RECOVERYWERKS! LUNCH & LEARN

TOPIC: SETTING HEALTHY BOUNDARIES

Start the school year on solid ground.

Friday, August 1, 2025

12:00pm – 1:30 pm

790 Landa St.

New Braunfels, TX 78130

Earn 1.5 CEUs at no cost to you



Light lunch provided. RSVP required. Call to RSVP (830) 310-2585



Celebrating Independence Day with Fun for the Whole Family!

Every holiday, and the 4th of July is no exception, RecoveryWerks! staff organize a sober activity for teens, young adults, and families affected by substance use disorder. These holiday activities provide our clients with a safe place and the necessary support to enjoy the holiday without being tempted by alcohol or illicit drugs. This support is critical in helping our clients find joy despite difficult circumstances.

