

Education: BA in Psychology from SUNY Oswego and MSW from NYU.

Previous Experience: Foster Care Social Worker - Kansas Children Service League, School Based Therapist - Pawnee Mental Health Services, Clinical Therapist - Occupations, Inc.

Areas of Focus: Specializing in adults, children and adolescents. Cognitive Behavior Therapy (CBT), Acceptance and Commitment Therapy. Experience treating: anxiety, depression, OCD, Trauma, Bipolar Disorder, grief.