



# Lap Swimming Schedule

Updated 9/26/2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00a – 6:45a	6:00a – 6:45a	6:00a – 6:45a	6:00a – 6:45a	6:00a – 6:45a	NO LAP SWIM
7:00a – 7:45a	7:00a – 7:45a	7:00a – 7:45a	7:00a – 7:45a	7:00a – 7:45a	NO LAP SWIM
8:00a – 8:45a	8:00a – 8:45a	8:00a – 8:45a	8:00a – 8:45a	8:00a – 8:45a	NO LAP SWIM
9:00a – 9:45a	NO LAP SWIM	9:00a – 9:45a	9:00a – 9:45a	9:00a – 9:45a	NO LAP SWIM
10:00a – 10:45a	NO LAP SWIM	NO LAP SWIM	NO LAP SWIM	10:00a – 10:45a	NO LAP SWIM
11:00a – 11:45a	11:15a – 12:00p	NO LAP SWIM	11:15a – 12:00p	11:00a – 11:45a	NO LAP SWIM
12:00p – 12:45p	12:15p – 1:00p	12:15p – 1:00p	NO LAP SWIM	NO LAP SWIM	NO LAP SWIM
1:00p – 1:45p	1:15p – 2:00p	1:00p-1:45p	1:15p – 2:00p	12:45p – 1:30p	NO LAP SWIM
2:00p – 2:45p	2:15p – 2:45p	2:00p – 2:45p	2:15p – 3:00p	1:45p – 2:30p	NO LAP SWIM
3:00p – 3:45p	3:00p-3:30p	3:00p – 3:45p	3:00p-3:30p	2:45p-3:30p	NO LAP SWIM
4:00p-4:45p	NO LAP SWIM	4:00p – 4:45p	NO LAP SWIM	NO LAP SWIM	NO LAP SWIM
NO LAP SWIM	NO LAP SWIM	NO LAP SWIM	5:15p – 6:00p	NO LAP SWIM	NO LAP SWIM
NO LAP SWIM	6:15p – 7:00p	NO LAP SWIM	6:15p – 7:00p	NO LAP SWIM	NO LAP SWIM