

## Harvest Years

1977



2017

## Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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### HOURS

Monday - 8 AM - 3 PM

Tuesday - 8 AM - 3 PM

Wednesday - 8 AM - 3 PM

Thursday - 8 AM - 3 PM

Friday - 8 AM - 3 PM

Closed Saturday & Sunday

### Harvest Years Senior Center, Inc. Board of Directors 2018

Richard Reynolds.....President

Don Blakey.....Vice President

Linda McDonald.....Treasurer

Don Dean.....Secretary

Tom Bones.....Executive Director

Board Members: Vivian McDonald,  
Dick Bewick, Barbara Morton, Joan Schwartz,  
Judie Burke

Next Meeting: JULY 26, 2018

12:30 PM

## Harvest Years Monthly

**JULY 2018**  
**VOLUME 16 - ISSUE 7**

302 698-4285 - Website: <http://harvestyears.org>

*1977 Celebrating 40 Years 2017*

### *New Flag Pole Dedication* *June 14, 2018*



*Harvest Years Senior Center Board Member,  
Dick Bewick, assists Executive Director, Tom Bones  
in raising the American Flag on our new flag pole.*



*Members in attendance listened to American Flag  
related poems, and a new plaque was also dedicated.  
It reads as follows:*

***Members Flag Pole - In memory of those members  
who have passed away that have helped build  
Harvest Years Senior Center to what it is today.***



## Happy "July 2018" Birthdays

2 Gilbert Kocher	11 Daniel Bailey	21 Donald Dittman
2 Joseph Kundler	11 Mary Chinery	21 Betty Schell
2 Russell Perry	13 Karen Bailey	22 Robert McCoy
2 Gregory Scott	13 Geri Clark	23 Doris Moffett
3 Larry Clark	13 Nancy Swift	24 Frankie Vaughn
3 Martha Myers	14 Claudette Conroy	25 Linda Brace
3 Ernestine Sanders	14 James Malloy	25 Francis Butcher
4 Joyce Lulie	14 Claire Murray	25 Ann Ropka
5 Loretta Chowdhury	14 Lorraine Purnell	27 Jack Nuttall
5 Carolann Nevins	15 Virgina LeHuquet	28 William Rowbotham
5 Stan Oleysyck	15 Judith Russ	28 Mildred Williams
9 Donald Kirk	17 Gricel (Grace) Pou	29 Robert Bewick, Jr.
10 David Balcerak	18 Irene Hawpe	30 Elaine Ayres
10 Margie Clendaniel	20 Joy Harrington	30 Marlyn Barr
10 James Corcoran	20 Naomi Henderson	31 Nancy Hartnett
10 Brenda Parisi		

On your birthday, and every day wishing you moments that delight you, special times and laughter, happiness that grows, and wonderful memories to keep - Happy Birthday and Many Happy Returns.

**\*\*\*PLEASE BE SURE TO CALL - (302) 698-4285\*\*\***

**\*\*\*PLEASE MAKE YOUR (RESERVATION ) FOR A FREE BIRTHDAY LUNCH\*\*\***

We invite you to a **BIRTHDAY LUNCH** here at Harvest Years as part of your membership. HOWEVER, you must attend the **BIRTHDAY CELEBRATION** on our "**BIRTHDAY DAY**" which is always the **third** Thursday of each month. You must "eat-in". You may not "take-out" the free meal. If you do not see your name on the list of names for **JULY** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane..... **HAPPY BIRTHDAY and Thank You...**

**LUNCH IS SERVED DAILY MONDAY THRU FRIDAY 11:30 AM - 12:30 PM**

**YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH RESERVATION by 10 AM. LET US KNOW IF YOU WILL BE CELEBRATING YOUR BIRTHDAY WITH US PRIOR TO July 19, 2018 .**

### ***Trips - 2019***

***Yes, we have started our travel plans for next year. Flyers are in this issue of our Newsletter. Sign up early with small deposits.***

### **Golden Dinner Club**

Our Monthly fundraiser is open to **all** our members, their families and friends.

Each month we choose a local Restaurant and we get-together to eat, celebrate events and have fun.

*Best of All* we get a **donation** for our center.

*FROM YOUR EXECUTIVE DIRECTOR  
TOM BONESO*

The summer of 2018 is in full swing! Three cheers for the red, white, and blue! There is an abundance of summertime activities awaiting you here at The Harvest Years. I want to remind all of our members to *stay cool and hydrated* during these hot summer days. Pop in and see us and we can keep cool together. Let us do the cooking for you in the month of July.

Our annual summer tradition of *Root Beer Floats* are back and available for \$2.00 each. If you buy a mug and join our 'mug club' for \$5.00, you will receive 4 free floats and after that, refills are only \$1.00 each. This will be available now through Labor Day from 10 AM - 3 PM. Come on in, cool down and enjoy this Harvest Years' sweet treat.

As a reminder....please try and take advantage of our *Transportation Program* to and from the center. Let us do the driving this summer in our air-conditioned buses. It is as little as .50 cents each way. Come into the center and enjoy some good company, activities, a card game, a day trip we have planned, or maybe just have lunch.

Thank you to all of those members who joined us for the dedication of our new flag pole. We dedicated it to all of those deceased Harvest Years' members who gave of their time and talents to help build the Harvest Years into a growing senior community.

Mark your calendars for *JULY 20th*. It is our *ANNUAL SUB SALE*. The front desk has the order forms!

In August we will celebrate *Volunteer Appreciation Month*. We want to take time, as the new fiscal year approaches, to recognize and thank all of those members who volunteer their time to us here at The Harvest Years. We are so glad that you are here for us!

**ENJOY SAFE SUMMER TRAVELS!**



*Activity Notes  
by Diane Amoroso*



***Let's Celebrate  
Our Nation's  
Birthday!!***

***Our Annual Ice Cream  
Social will be held this year  
on Wednesday, July 18th.***

***We will be serving your  
favorite Ice Cream Sundaes,  
Banana Splits, and Root Beer  
Floats. Your choice of one  
for only \$3.50 each.***

***Join us for lunch at 11:30  
and at 12 Noon enjoy your  
special Ice Cream dessert!!!***

***A fun way to celebrate a  
Happy July!!***





**Kent County Representatives  
District General Assembly  
Contact Information**

Name	Phone Number or E-Mail	District
Jeff N. Spiegelman - 302 744-4171 or Jeff.Spiegelman@state.de.us		RD 11
William J. Carson - 302 744-4113 or William.Carson@state.de.us		RD 28
Trey Charles Paradee - 302 744-4351 or Trey.Paradee@state.de.us		RD 29
William R. Outten - 302 744-4083 or Bobby.Outten@state.de.us		RD 30
Sean M. Lynn - 302 744-4351 or Sean.Lynn@state.de.us		RD 31
Andrea L. Bennett - 302 744-4351 or Andrea.Bennett@state.de.us		RD 32
Charles S. Postles Jr. - 302 744-4081 or Charles.Postles@state.de.us		RD 33
Lyndon D. Yearick - 302 744-4171 or Lyndon.Yearick@state.de.us		RD 34

**Senators Delaware General Assembly  
Contact Information**

Name	Phone Number or E-Mail	District
Bruce C. Ennis - 302 744-4310 or Bruce.Ennis@state.de.us		SD 14
Dave G. Lawson - Dave.Lawson@state.de.us		SD 15
Colin Bonini - 302 744-4169 or Colin.Bonini@state.de.us		SD 16
Brian J. Bushweller - Brian.Bushweller@state.de.us		SD 17
F. Gary Simpson - 302 744-4134-Gary.Simpson@state.de.us		SD 18



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**Teresa Davis - Realtor**

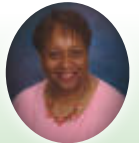
3841 N. Dupont Hwy.,  
Dover, DE

**302-674-4500 Office**

**302-423-6406 Cell**

[teresa@KRprops.com](mailto:teresa@KRprops.com)

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**or (800) 477-4574 x6398**

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**AARP**  
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Take the AARP Smart Driver™ Course and you could save money on your car insurance! \* Refresh your skills and learn safe driving strategies. Sign up today!

**CLASSROOM COURSE**

\$15 for AARP members  
\$20 for non-members

**TO FIND A COURSE NEAR YOU:**

Call Roger at **302-697-1933**  
or visit [www.aarp.org/findacourse](http://www.aarp.org/findacourse)



## **The End of the 150<sup>th</sup> Delaware General Assembly**

The last day of last month, June 30, was also the last regular day the Delaware General Assembly will meet until January, 2019. It is possible the Senate alone might meet in the Fall for one day for the sole purpose of confirming some Governor's appointments to judgeships but, other than that, legislative work for 2018 finished up on June 30.

June 30 was also the last day of the 149<sup>th</sup> General Assembly (GA). When the Legislature reconvenes in January it will be as the 150<sup>th</sup> General Assembly. General Assemblies in Delaware last two years. At the end of each General Assembly, any legislation that has not been finally voted upon dies. If the proponents of such legislation want to keep pursuing it, they have to start over again in the next GA.

During the break period between General Assemblies, elections are held. This year, elections will be Tuesday, November 6. As far as the State Legislature goes, every State Representative seat and half the State Senate seats are up for election. The winners in those elections plus the half of Senate seats that were not up for election will comprise the 150<sup>th</sup> General Assembly.

As I have noted before in this column, I am not running for re-election so I will not be part of the 150<sup>th</sup>. I will share more on that decision in a column before I retire on November 6 but I will say at this point that 2018 turned out to be an interesting last year for me.

There was no shortage of major issues as the GA wound down last month.

Chief among those issues were the budget, including state employee pay raises, several gun control bills, the opioid epidemic, the casino issue, minimum wage, criminal justice reform, bail reform and lots of others.

The deadline for this column is mid-month so many of those issues were left unresolved as of when I am writing this. I guarantee you, though, that debate, discussion and argument on all these filled the last two weeks of June. Interested seniors should pay attention to local newspapers and TV as more and more news about all these comes out through July. They are all important issues.

The gun bills got the most attention as large numbers of Delawareans, on both sides of the issues, expressed their views to legislators. In fact, while I do not have actual numbers, I believe I personally received more contacts on gun bills in 2018 than I received on any other issue in the ten years I have served in the Senate.

Of major concern to many, many Kent Countians was the casino issue. The simple fact is the State of Delaware takes too much money from the casinos and that fact threatens the jobs of nearly 2,500 people right here in Kent County. The Governor negotiated a balanced resolution to this issue which became Senate Bill 144, a bill I sponsored. By the time you read this, we will know what happened to SB 144.



**- JULY 2018 MENU -**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
2. Taco's Soft or Hard Corn Chips Salsa Peaches	3. BBQ Chicken Baked Beans Cole Slaw Bread or Rolls Fresh Fruit	4. <b><u>CLOSED</u></b> 	5. Beef Stew Biscuits Applesauce Cake	6. Tuna & Macaroni Salad Platter Lettuce, Tomato, Crackers Assorted Desserts
9. Pulled Pork Sandwich Baked Fries Tossed Salad Vanilla Pudding	10. Stuffed Peppers Baked Potato Sour Cream Bread or Rolls Jell-O/w Whipped Cream	11. Baked Salmon Brown Rice Vegetable Blend Bread or Rolls Sherbert	12. Oven Roasted Chicken Mashed Potatoes Peas & Carrots Bread or Rolls Ice Cream	13. Meatball Sub House Salad Pickles/Chips Assorted Desserts
16. Spaghetti w/Meatsauce Tossed Salad Italian Bread Brownie	17. Roasted Chicken Roasted Potatoes Broccoli Bread or Rolls Fruit	18. <b>ICE CREAM SOCIAL</b>  <b>Hot Dog or Hamburger On Bun Macaroni Salad Baked Beans Watermelon</b>	19. <b>Happy Birthday Lunch</b>  BBQ Pork Chops Roasted Potatoes Vegetable Blend Bread or Rolls Ice Cream & Cake	20. <b><u>PIZZA PARTY</u></b>  Assorted PIZZA Chips & Soda Assorted Desserts
23. <b>All You Can Eat Buffet</b>  <b>Chicken Pot Pie House Salad Bread or Rolls Fresh Fruit</b>  <b>\$5.00</b>	24. Roasted Pork Loin Mashed Potatoes Gravy/Green Beans Bread or Rolls Cake	25. Baked Meatloaf Mashed Potatoes Buttered Carrots Bread or Rolls Fruit Cocktail	26. Baked Flounder Macaroni & Cheese Stewed Tomatoes Bread or Rolls Jell-O w/Whipped Cream	27. Deli Turkey and Cheese on a Kaiser Roll, Lettuce, Tomato Pickles/Chips Assorted Desserts
30. Penne Pasta w/ Meatsauce Tossed Salad Italian Bread Cantaloupe	31. Sweet & Sour Chicken Rice Vegetable Blend Chocolate Chip Cookie	12 NOON - JULY 18TH   <b>ICE CREAM SOCIAL</b>	SHOREBIRDS GAME JULY 20th  	CLOCK MUSEUM TRIP TUESDAY, JULY 24TH  




**IMPORTANT INFORMATION FOR YOU!**

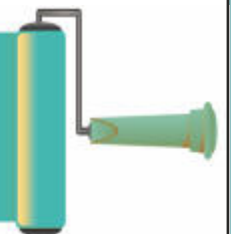
Beginning this year, 2018, anyone taking a trip with Harvest Years Senior Center must carry with them a photo ID. Many of our trips will require security screenings. If you do not bring your ID you will not be permitted on the trip. **THANK YOU**



## - JULY 2018 ACTIVITIES -

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$5 PM - 5:45 PM FEARLESS YOGA</p>	<p>3. \$8:30 AM - Yoga</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$5 PM - 6 PM Total Body Workout</p>	<p><u>CLOSED</u></p>  <p>4<sup>TH</sup> OF JULY</p>	<p>5. \$8:30 AM - Yoga</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$5 PM - 6 PM Total Body Workout</p>	<p>6. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>9. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$5 PM - 5:45 PM FEARLESS YOGA</p>	<p>10. \$8:30 AM - Yoga</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$5 PM - 6 PM Total Body Workout</p>	<p>11. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand &amp; Foot</p> <p>\$5 PM - 5:45 PM FEARLESS YOGA</p>	<p>12. Harrington Slots</p> <p>\$8:30 AM - Yoga</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$5 PM - 6 PM Total Body Workout</p>	<p>13. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>16. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$5 PM - 5:45 PM FEARLESS YOGA</p>	<p>17. \$8:30 AM - Yoga</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$5 PM - 6 PM Total Body Workout</p>	<p>18. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand &amp; Foot</p> <p>\$5 PM - 5:45 PM FEARLESS YOGA</p>	<p>19. \$8:30 AM - Yoga</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$5 PM - 6 PM Total Body Workout</p>	<p>20. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>23. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$5 PM - 5:45 PM FEARLESS YOGA</p>	<p>24. \$8:30 AM - Yoga</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$5 PM - 6 PM Total Body Workout</p>	<p>25. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand &amp; Foot</p> <p>\$5 PM - 5:45 PM FEARLESS YOGA</p>	<p>26. \$8:30 AM - Yoga</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$5 PM - 6 PM Total Body Workout</p>	<p>27. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>
<p>30. 9:45 AM - L.I.F.E. Aerobics Class</p> <p>9:30 AM - 500 Rummy</p> <p>\$5 PM - 5:45 PM FEARLESS YOGA</p>	<p>31. \$8:30 AM - Yoga</p> <p>9:30 AM - Crafts</p> <p>12 NOON - Domino's</p> <p>\$5 PM - 6 PM Total Body Workout</p>	<p>1. 9:30 AM - 10:30 AM Land Aerobics</p> <p>9 AM - 11:30 AM Ceramics</p> <p>12:30 - Hand &amp; Foot</p> <p>\$5 PM - 5:45 PM FEARLESS YOGA</p>	<p>2. \$8:30 AM - Yoga</p> <p>9:45 AM - L.I.F.E. Aerobics Class</p> <p>\$5 PM - 6 PM Total Body Workout</p>	<p>3. 10 AM - 11 AM Line Dancing w/Ben &amp; Charlotte</p> <p>12 NOON - Mah Jong</p> <p>12:30 - Spades</p>

**SUPPORT THE ADVERTISERS  
THAT SUPPORT OUR COMMUNITY**



# HARVEST YEARS SENIOR CENTER

## "HAIRCUTS by PAT"

30 SOUTH STREET, CAMDEN, DE 19934

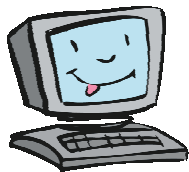
**Pat Reynolds, R.C.**

PROFESSIONAL HAIR STYLIST

Hours: Tuesday, Wednesday, & Thursday  
9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT

(302) 698-4285



Don't know what to do now that  
you've turned on your  
computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

He has now offered to teach a one on one class on how to use your **Smart Phone**. If you know the basics but would like to know more please give your name and telephone number to Diane and she will set up an appointment with the

**"Computer Guy!"**

Call Diane: 302 698-4285

## **GAME DAY FUN!!!**

Everyone attending our 'Game Day' had a really NICE afternoon. Raffles, Prizes, Cakes, Cookies, Coffee, Tea, and more were available for all to enjoy.

OUR SINCEREST "THANK YOU" TO

MARY ANN KESSLER FOR HER EFFORTS TO PUT THIS FUNDRAISER TOGETHER FOR HARVEST YEARS SENIOR CENTER.

We look forward to another GAME DAY in the Fall.



Come Celebrate Summer &  
The Delaware State Fair  
At our Annual Ice Cream Social

*I Scream, You Scream, We All Scream for  
ICE CREAM!!!*

Join Us for our Annual Ice Cream Sundae Party

**Wednesday, July 18th at 12 Noon**

**Ice Cream Sundaes, Banana Splits or Root Beer Floats**

**\$3.50 EACH - Please Pay At The Front Desk**



## **GOLDEN DINNER CLUB**

### **STARGATE DINER**

**RT. 13 - HARRINGTON, DE**

**JULY 23rd 4:30**

JOIN US FOR OUR MONTHLY

FUNDRAISER - We Always Have A Great Time!!

**PLEASE** Call Diane before July 20th

If you are planning on attending.



## **ATTENTION TO ALL HYSC VOLUNTEERS**

To all our volunteers: If you volunteer at Harvest Years you must remember to keep track of your hours in our RSVP Book located at the Front Desk.

Any new volunteer, please ask for the book & track your hours.

## **HARVEST YEARS' CLOTHING DOLLAR STORE FEATURES**

**GENTLY USED WOMEN'S & MEN'S  
- CLOTHING - SHOES - HATS -**

**ALL PRICED AT \$1.00 EACH**

**STORE IS OPEN MONDAY - FRIDAY  
8:30 AM - 3 PM**

**New Items Added Daily**

*You are invited to stop by and  
browse at our really nice selections.*



# PERIPHERAL NEUROPATHY WARNING!



Dover, DE - The most common method your doctor will recommend to treat your neuropathy is with prescription drugs that may temporarily reduce your symptoms. These drugs have names such as Gabapentin, Lyrica, Cymbalta and Neurontin, and are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects.



Figure 1: Notice the very small blood vessels surrounding each nerve.

Peripheral neuropathy is a result of damage to the nerves often causing weakness, pain, numbness, tingling and most debilitating balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow.



Figure 2: When these very small blood vessels become diseased they begin to shrivel up and the nerves begin to degenerate.

***In order to effectively treat your neuropathy three factors must be determined***

- **What is the underlying cause?**
- **How Much Nerve Damage Has Been Sustained.**  
NOTE: Once you have sustained 85% nerve loss, there is likely nothing that we can do for you.
- **How much treatment will your condition require?**

***The treatment that Dr. Steve Goldschlager, D.C. provides has three main goals***

- 1) **Increase blood flow**
- 2) **Stimulate small fiber nerves**
- 3) **Decrease brain-based pain**

Figure 3: The blood vessels will grow back around the nerves much like a plant's roots grow when watered.



Dr. Steve Goldschlager, D.C. will do a neuropathy severity examination to determine the extent of the nerve damage for only \$60.00 for the first 25 callers. This neuropathy severity examination will consist of a detailed sensory evaluation, and a detailed analysis of the findings of your neuropathy.

**Call 302-735-5501**  
**to make an appointment to see if Dr. Goldschlager can help you.**

Note: We are located at 77 Greentree Drive in the Greentree Shopping Center.

## Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach  
[assist.dhss.delaware.gov](http://assist.dhss.delaware.gov)

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2018. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174



## You're Invited

Friends of *Historic Camden* will hold their picnic on Tuesday, July 10th, 6 PM at Brecknock Park. Please bring a covered dish. We hope for a good turnout.



## AARP DRIVER SAFETY COURSE

**Harvest Years Senior Center**  
**30 South Street, Camden, DE**

**NEXT CLASS - MON. JULY 16TH**

**9 AM - 1 PM**

**Member: \$15.00 per person**  
**Non-Member: \$20.00 per person**

**Make Checks Payable To: AARP**

**CALL 302 698-4285 FOR YOUR RESERVATION**



**You Are All Invited To Join Us  
For Lunch At  
Harvest Years Senior Center**

Monday thru Friday - 11:30 AM - 12:30 PM

**COST:**

**Member - \$4.50 - Non-Member - \$7.00**

Delicious Food, Nice People & Good Times.  
Bring A Friend Too!!

As a courtesy to our Kitchen Staff, please call by 10 AM if you are planning to join us for lunch or to order a take-out meal. Our lunch is cooked fresh daily in our kitchen and we want to be sure we can serve everyone.  
\*\*698-4285\*\*

**JOIN HARVEST YEARS AND SAVE \$1.00 !!**

**FOR NEW MEMBERS ONLY IN 2018**

YOU ARE ENTITLED TO A ONE-TIME \$1.00 OFF SAVINGS COUPON TOWARDS YOUR 1st LUNCH AT HARVEST YEARS SENIOR CENTER. SEE FRONT DESK RECEPTIONIST FOR YOUR \$1.00 OFF COUPON.



***Our Soup Kitchen will be  
open in September.***

**EXTRA IN-HOUSE ITEMS**

Desserts \$2.00 each  
Just Entrees \$3.00 each  
Starch/Vegetable \$2.00 each

Homemade Desserts  
\$3.00 Cup / \$4.00 Pint / \$7.00 Quart

Sandwich entree price to be determined that day.  
Any Other Items - See Tom or Marguerite

\*As of October 1, 2016 we added an additional charge of \$1.00 for TO-GO MEALS.

***Bon Appetite!!***

**smile.amazon.com**



**SUPPORT HARVEST YEARS  
SENIOR CENTER, INC.**

**By Shopping at  
AmazonSmile**

*When you shop at AmazonSmile, Amazon will  
donate to Harvest Years Senior Center, Inc.  
Support us every time you shop.*



**We Serve**

**"Unselfish Service to the Community"**

**Camden - Wyoming  
Lions Club**

**The Camden - Wyoming Lions Club meets  
monthly at Harvest Years Senior Center  
30 South Street, Camden, DE.**

**NO MEETINGS UNTIL SEPT.  
HAVE A WONDERFUL &  
SAFE SUMMER**

***Dinner: 6:30 PM - Meeting Follows***

***Lions Club  
Ready to Help, Worldwide***

*Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.*

**TRANSPORTATION SERVICES**

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between 9 AM to 10 AM and the return time will start between 1 PM to 2 PM. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. **You must reserve your slot 24 to 48 hours ahead of time. Cost per trip is:**

\$ .50 per Trip  
\$ 5.00 for 10 Trips  
\$ 10.00 for 20 Trips  
\$ 20.00 for 40 Trips



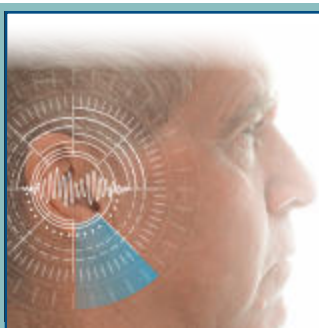
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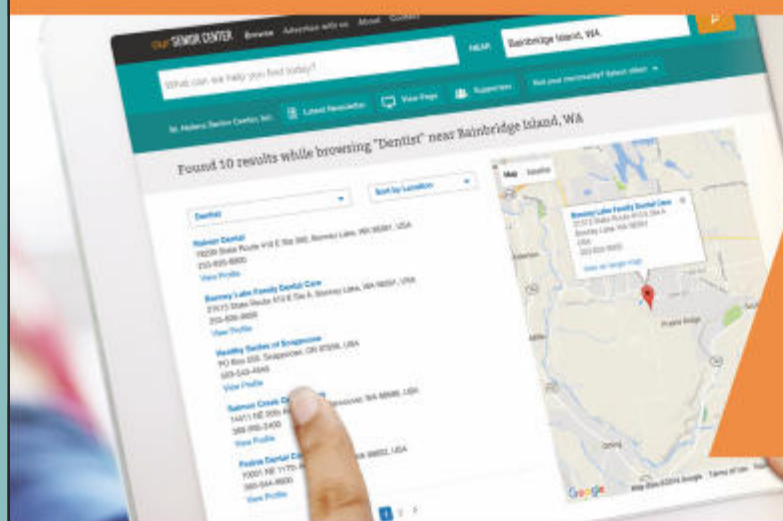
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