



The Compass Clinic Times

1ST EDITION - SUMMER ISSUE 2018

THE COMPASS CLINIC

The Compass Clinic, led by Dr. Ira Goodman and Dr. Sheila Baez-Torres, specializes in evaluating individuals for concerns of memory loss, signs of early dementia or movement disorder. The clinic evaluates individuals through reviewing their medical histories, medications, and lifestyle in order to initiate an appropriate workup to develop a diagnosis and care plan. The care plan is unique to the individual and incorporates FDA approved treatments as well as research options that can supplement those treatments. It is also important to abide by a lifestyle to facilitate healthy aging.



The Compass Clinic Process

Referrals and medical records are required and are reviewed prior to scheduling. The patient will be evaluated and a work-up ordered. Once completed, the patient will return for a follow up appointment to discuss the results, the patient will be considered for a clinical trial with Bioclinica Research, and an individualized treatment plan will be created. Treatment plans will be shared with the PCP for longitudinal care and follow up.

2018 Alzheimer's Disease Facts and Figures

Alzheimer's Disease is the 6th leading cause of death in the US. When accounting for indirect causes, it's the 3rd leading cause of death. Between 2000 and 2015 deaths from heart disease have decreased 11% - while deaths from AD have increased 123%. Currently, 5.7 million Americans are living with Alzheimer's Disease. By 2050, this number is projected to rise to nearly 14 million.

[Estimated 47 million people in the US who have 1 of the 2 signature proteins of Alzheimer's Disease.](#)

The National Institute on Aging (NIA) has identified the benefits of early screening for memory loss. If screening is negative, the individual's concerns may be alleviated, at least at that point in time. If screening is positive take the following steps:

1. Treat the underlying disease or health condition.
2. Manage comorbid conditions more effectively.
3. Avert or address potential safety issues.
4. Allow the patient to create or update advance directives and plan long-term care.
5. Ensure the patient has a caregiver or someone to help with medical, legal, and financial concerns.
6. Ensure the caregiver receives appropriate information and referrals.
7. Encourage participation in clinical research.



COMMUNITY CORNER

Lewy Body Support Group

2nd Monday, Every Month at 4:30pm

Bioclinica Conference Room, 5th Floor

100 W Gore St, 5th Floor, Orlando, FL 32806

Contact for More Info:

Karen Rigsby rigslion@att.net or call Sue Boudier 914-589-2004

Alzheimer's Association Walk to End Alzheimer's

Saturday, October 6, 2018

Lake Eola in Orlando

Visit, www.act.alz.org for more information.



BIOCLINICA RESEARCH

At the AAIC this year, Bioclinica Research was recognized as the world's leading site in Alzheimer's Research. Bioclinica Research participated in developing Nuplazid which is the only FDA approved treatment for Parkinson's Disease Psychosis. Bioclinica Research was a site for two PD rescue medications projected to be FDA approved in the next year. Bioclinica Research was also a site for Biogen and Eisai's compound BAN2401 which reported positive data from its phase II Alzheimer's Trial.

ALZHEIMER'S ASSOCIATION INTERNATIONAL CONFERENCE 2018 UPDATE

Biogen & Eisai release positive data from their Phase II anti-amyloid monoclonal antibody study. Report released on development of new national strategy for recruitment and participation in AD clinical trials.

Findings released that pregnancy and reproductive history may impact dementia risk. This finding suggests the need to re-think the impact of hormone therapy on cognition.

A study revealed that intensive blood pressure control reduces risk of mild cognitive impairment and the combined risk of MCI and Dementia.