



Bismarck



Century



Dickinson



Jamestown



Legacy



Mandan



Minot



St. Mary's



TMCHS



Watford City



Williston

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## 2022-23 All-WDA Girls' Basketball awards announced

BISMARCK, N.D. – The Western Dakota Association released its 2022-23 all-conference selections. Twenty-one players were named and WDA regular season champion Bismarck Century along with Minot High, Bismarck High and Bismarck St. Mary's each had three selections. Bismarck Legacy, Jamestown and TMCHS-Belcourt each had two. Dickinson, Mandan and Watford City had one selection each. Coaches nominate and vote on the all-conference selections. In addition, coaches selected this year's region senior athlete of the year nominees, the winner as well as region coach of the year.

### All-WDA Team

**Bismarck Century** – Logan Nissley, Sr.; Bergan Kinnebrew, Sr.; Eden Fridley, Jr.

**Bismarck High** – Peyton Neumiller, Sr.; Jersey Berg, Jr.; Paige Breuer, Jr.

**Bismarck Legacy** – Alyssa Eckroth, Sr.; Brooklynn Felchle, So.

**Bismarck St. Mary's** – Mykie Messer, Sr.; Lydia Spies, Sr.; Lexi Gerving, Jr.

**Dickinson** – Emily Ash, Sr.

**Jamestown** – Ella Falk, Sr.; Katie Falk, Sr.

**Mandan** – Jayden Wiest, Jr.

**Minot High** – Taury Hight, Sr.; Maggie Fricke, Fr.; Leelee Bell, Fr.

**TMCHS Belcourt** – Amya Gourneau, Sr.; Tiyahna Trottier, Sr.

**Watford City** – Jessica Mogen, Jr.

**Region Senior Athlete of Year Nominees:** Logan Nissley, Bismarck Century; Bergan Kinnebrew, Bismarck Century; Peyton Neumiller, Bismarck High; Alyssa Eckroth, Bismarck Legacy; Mykie Messer, Bismarck St. Mary's; Emily Ash, Dickinson; Ella Falk, Jamestown; Amya Gourneau, TMCHS-Belcourt

**Region Senior Athletes of the Year:** Logan Nissley, Bismarck Century and Bergan Kinnebrew, Bismarck Century

**WDA Coach of the Year:** Nate Welstad, Bismarck Century