

2025

**Scenic Hills
Senior Center**
187 S. Spring St

**Scenic Hills
Educational & Wellness Center**
580 Radio Lane

740.385.6581

May/June

**Thursday,
May 15th**

SCENIC HILLS SENIOR CENTER
SENIOR APPRECIATION DAY
CELEBRATING SENIORS

The celebration will take place at Vita's Venue. Doors will open at 10:30 am. \$20 per person and that includes a catered meal and entertainment by Echo Valley. Must RSVP with payment by May 9th

Thank You to our sponsors!



Catered by:



Scenic Hills Senior Center

Ice Cream Social

June 27th
4:00 - 7:00 pm

Menu

Burgers, Bratwursts & Hot Dogs
Coleslaw, Baked Beans, Chips
Drinks, & a scoop of Ice Cream
A la Carte pricing



thrivent

Home Helpers[®]
Home Care



KING KITCHEN & BATH



Scenic Hills Senior Center
187 S. Spring St.
Logan, OH

May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Technology - 930 Bingo - 12 Chair Volleyball	2 Euchre - 12	3 Gym 8 - 12
4	5 Technology -1	6 SHSC (Spring St) – CLOSED for activities – polling location	7 Fellowship – 10 Choir - 1 Scrabble – 2	8 Technology – 930 Bingo – 12 Chair Volleyball	9 Euchre – 12	10 Gym 8 - 12
11 Mother's Day	12 Hollywood 830 Technology -1	13 Triple Hand/Foot Card Group - 1	14 Technology (Laurelville Library) – 10 Fellowship – 10 Good Grief – 1130 Choir - 1 Scrabble - 2	15 Senior Appreciation Day (Spring St. office - closed until 2:00)	16 Euchre – 12	17 Gym 8 - 12
18	19 Foot Care Technology -1	20 Triple Hand/Foot Card Group - 1	21 Fellowship – 10 Laurelville - 10 Choir - 1 Scrabble - 2	22 Technology – 930 Bingo - 12 Chair Volleyball	23 Euchre – 12	24 Gym 8 - 12
25	26 CLOSED Memorial Day	27 Triple Hand/Foot Card Group – 1 Alzheimer's SG - 1	28 German Village Day Trip Fellowship – 10 Good Grief – 1130 Choir - 1 Scrabble - 2	29 Technology – 930 Bingo – 12 Chair Volleyball	30 Euchre – 12	31 Gym 8 - 12

June 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Technology -1	3 Triple Hand/Foot Card Group – 1	4 Fellowship – 10 Choir - 1 Scrabble – 2	5 Technology – 930 Bingo – 12 Chair Volleyball	6 Euchre – 12	7 Gym 8 - 12
8	9 Technology -1	10 Amish Day Trip Triple Hand/Foot Card Group – 1	11 Technology (Laurelville Library) – 10 Fellowship – 10 Good Grief – 1130 Choir - 1 Scrabble – 2	12 Choir Concert 1015 Technology – 930 Bingo – 12 Chair Volleyball	13 Euchre – 12	14 Gym 8 - 12
15 Father's Day	16 Technology -1	17 Triple Hand/Foot Card Group - 1	18 Fellowship – 10 Scrabble - 2	19 CLOSED Juneteenth	20 Euchre – 12	21 Gym 8 - 12
22	23 Foot Care Technology -1	24 Triple Hand/Foot Card Group – 1 Alzheimer's SG - 1	25 Fellowship – 10 Good Grief – 1130 Choir - 1 Scrabble - 2	26 Eldorado – 830 Technology – 930 Bingo - 12 Chair Volleyball	27 Euchre – 12 Ice Cream Social 4-7 pm	28 Gym 8 - 12
29	30 Technology -1					

IN LOVING MEMORY

The Star

A light went out on Earth for me
The day we said goodbye
And on that day a star was born,
The brightest in the sky
Reaching through the darkness
With its rays of purest white
Lighting up the Heavens
As it once lit up my life
With beams of love to heal
The broken heart you left behind
Where always in my memory
Your lovely star will shine

-Catherine Turner

Judy Fisk
August 17, 1940 - March 7, 2025

Betty Wilson
June 29, 1938 - March 15, 2025

Candace Gastin
July 15, 1945 - March 26, 2025

Eugene Hynus
November 29, 1935 - March 30, 2025

Scenic Hills Senior Center
(Spring St. Office Only)

will be **CLOSED**

May 15th

10 am - 2 pm

Senior Appreciation Day

Scenic Hills Senior Center
(187 S. Spring Street - **ONLY**)

will be **CLOSED to activities**

Tuesday, May 6th

We're a Polling Location!



Alert Hocking:

Alerts powered by Smart911, Alert Hocking is the official emergency notification system used by Hocking County to communicate with community residents during emergencies. Sign up now to receive **free** alerts from the Alert Hocking via text message, email, and/or voice message at:

<https://hocking.oh.gov/ema/Residents>



***If you need assistance signing up, stop by Scenic Hills Senior Center and a member of the staff will be happy to help you!**



Welcome
Summer

Cheers to summer! May it be filled with laughter, sunshine, and unforgettable memories.

Summer Begins June 20th

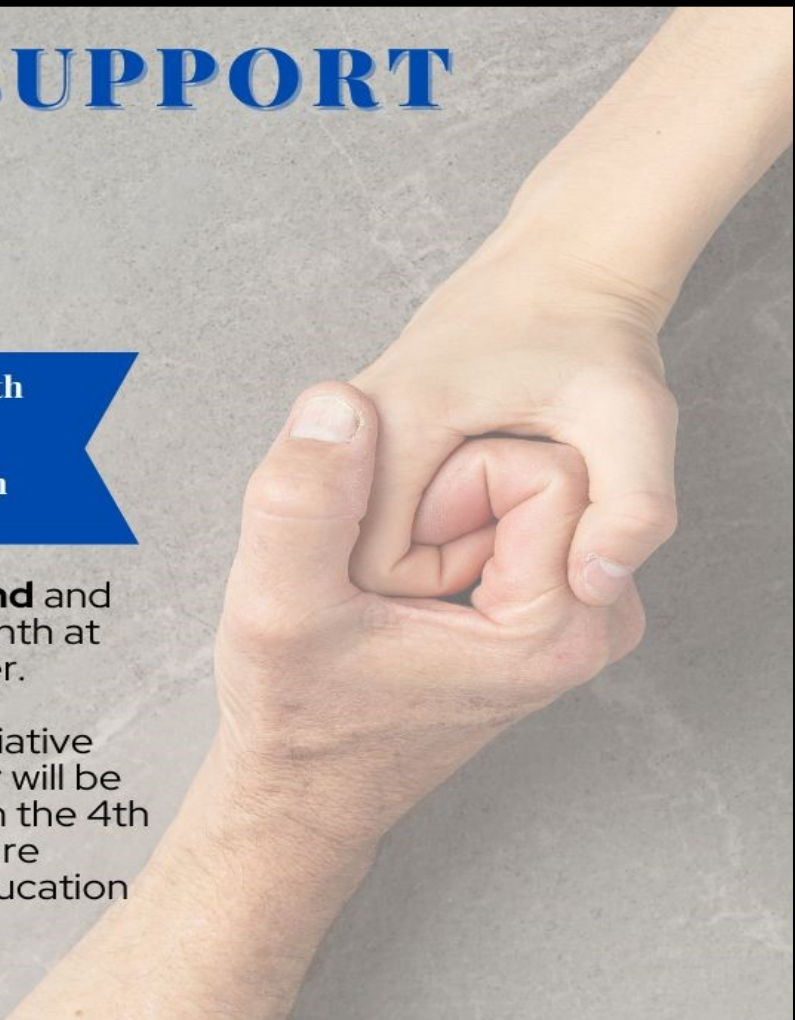
GET THE SUPPORT YOU NEED

GOOD GRIEF SUPPORT GROUP

May 14th & 28th
June 11th & 25th

Support meetings held the **2nd** and **4th Wednesdays** of the month at Scenic Hills Senior Center.

FAIRHOPE Hospice and Palliative Care's Grief Care Coordinator will be joining the Good Grief group on the 4th Wednesday. The Grief Care Coordinator will share grief education and coping strategies.



3 Ways to Make A Gift to Scenic Hills Senior Center



- **Donation** - Donations may be made in any amount and specific to a particular program that has helped you or a loved one. If not specified, SHSC will use the donation in the area of greatest need. Gifts large and small make a big difference.
 - **Bequests** - Leave a legacy by making a gift in your will that will benefit senior citizens in your community for years to come. Making a bequest and other "planned gifts" is one of the simplest ways to remember SHSC and the difference it has made in your life.
 - **Memorial Gift** - In Memory of: A memorial gift is a gift made at the death of an individual and benefits a charitable organization selected by the deceased or the deceased family /friends.
- "In Lieu of Flowers"** is an unique and meaningful alternative to flowers for bereavement and life's milestones. You can make a donation in memory of a friend/ loved one or you can request through an advance directive that at the time of your death you ask that in lieu of flowers a memorial contribution may be made to the Scenic Hills Senior Center.



Senior Services



Transportation - For seniors ages 60+, we offer out of county medical transportation for doctor's appointments. This service is offered on a donation basis. Call (740) 385-6581 for availability and to schedule a trip.

Senior Maintenance Service - We offer age 60+ certain minor home repair help such as: leaky faucet, running toilet, change light bulbs, install hand rails, etc. You will be responsible for the cost of any needed supplies. Call (740) 385-6581 to schedule your appointment.

Senior Nutritional Services - Scenic Hills Senior Center is a Congregate Meal site for the Meals on Wheels program. They serve a well balanced meal for seniors age 60+, Monday thru Friday at 11:00 A.M.
Please call HAPCAP at 740-385-6813 to reserve a lunch 24 hours in advance.

Notary Public Service - Scenic Hills Senior Center (187 S. Spring Street) offers a free Notary Public service. Please call for an appointment and bring I.D. (740) 385-6581

Hocking County EMA Alerts- Visit the following website to sign up: <https://hocking.oh.gov/ema/residents>. If help is needed, come to SHSC at 187 S. Spring Street and a member of the staff will assist you.

BINGO



Thursdays
12:00 pm

For adults 50+ | No Charge | Popcorn | Prizes
Scenic Hills Senior Center 187 S. Spring Street

NO

BINGO

May
15th

Senior
Appreciation
Day



June
19th

Juneteenth

May Bingo
Challenge

May 22nd

Hat Day

June Bingo
CHALLENGE

June 26th
Pajama Day



iPads Available

Scenic Hills Senior Center and Educational & Wellness Center have iPads available for use while you are there. iPads are loaded with games and have Wi-Fi. See a staff member to get started!

NOTICE

There will be
**NO refunds for
day trips/meals/etc.**



Lost & Found



Left a cup at the gym? Forgot your jacket at Bingo?
Check Lost & Found in the office!
Unclaimed items will be donated after 30 days

Enrollment Assistance for Medicare



Thursdays 1:00 - 3:30 pm

For assistance, questions or to schedule
an appointment at Scenic Hills Senior
Center (187 S. Spring Street) by calling
740.385.6581.

FITNESS CLASSES

■ 580 Radio Lane



Class	Day/Time	Instructor	Level
Chair Yoga	T/Th/11:00	Christina Nippert	1
PWR Hour	T/Th/10:00	Christina Nippert	1
One Step at a Time*	T/Th/12:15	Christina Nippert	1
*held at The Chieftain Center			
Beginning Line Dancing	W/Th/3:30	Kathy Thatcher	1
Advanced Line Dancing	W/Th/4:30	Kathy Thatcher	2
Feeling Fit	M/W/12:00	Debbie Smith	2
Fit with Bev	T/Th/9:00	Bev Riggs	2
Cardio Drumming	M/W/11:00	Debbie Smith	2
Slow Flow Yoga	M/9:30 F/10:30	Jacquie Moku	3



Keep In Mind

- Must be age 50+ to participate in fitness classes.
- Slow Flow Yoga is \$5.00 per class and Line Dancing/Fit with Bev are donation based. Remaining classes are **\$2.00 per class**.
- All classes, unless noted otherwise, will be held at The Educational & Wellness Center.
- If it is your first time taking a class, call to confirm the class is still on as scheduled. An instructor may be absent due to vacation/sickness/emergencies.

INTENSITY LEVEL KEY

- (1) **Light Intensity** - Easy to breath and carry on a conversation
- (2) **Moderate Intensity** - Breathing heavier, still comfortable but becomes challenging
- (3) **Vigorous Intensity** - Borderline uncomfortable, breathing labored but can still speak



Worthington of Logan for allowing
the aquatic class to use your pool.
It is very much appreciated.



Fitness Class Updates

One Step at a Time (Walking Class) last class before break will be May 20th. Class will resume Tuesday, August 20th.

Aquatic Class will be back in the Fall '25

Fit w/ Bev is taking a summer break!
Class will resume in August.

Watch the newsletter/Facebook for
class updates!



GYM ETIQUETTE



- Arrive prepared with appropriate attire and shoes (Please, no muddy footwear)
- Wipe down equipment after use
- Return weights and plates to their designated racks
- Inform staff if you experience any injuries or medical issues
- Drink water to stay hydrated (Bottled water is sold in the office for \$1)

Thank you!



HOW MUCH DOES IT COST?



Fitness Classes \$2.00

Slow Flow Yoga (M/F) will be \$5.00
Line Dancing & Fit w/ Bev will be donation

Instructors will have a
collection basket





MEDICAL EQUIPMENT PROVIDER

(800) 423-3615

999 West Hunter St. Logan, OH 43138

Mon-Fri 8am - 5pm (Closed 12-1 for lunch)

Lancaster office by appointment



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Alzheimer's Association

ALZHEIMER'S SUPPORT GROUP

For those diagnosed with
Alzheimer's and their caregivers

Group meets the last Tuesday
of the month at 1:00 pm at
Scenic Hills Senior Center

May 27th

June 24th



Fellowship



Wednesdays @ 10:00 am
Scenic Hills Senior Center

CHAIR VOLLEYBALL

CHAIR VOLLEYBALL WILL BE
SET UP FOR PLAY BEFORE/
AFTER BINGO ON
THURSDAYS!

Fun for all!

Ages 50+



Billiards Room



The billiards room
is available daily
during business
hours at 187 S.
Spring Street.
There is no charge
to play. Must be
50+. Come have
fun!



Scrabble

Wednesdays @ 2:00 pm

Scenic Hills Senior Center
187 S. Spring Street
Ages 50+

Triple Hand & Foot Card Game

Scenic Hills Senior Center

187 S. Spring Street

Tuesdays @ 1:00p

Open to all adults ages 50+

Euchre Fridays @ 12:00

Scenic Hills Senior Center
187 South Spring Street
Must be age 50+ to play



Priceless Foot Care



Monday, May 19th 9:00 - 2:00

Monday, June 23rd 9:00 - 2:00

Scenic Hills Senior Center - 187 S. Spring Street

Call Shontaya to schedule
your appointment

(614) 354-7033

Senior Choir



Join our senior choir. Practices are
Wednesdays at 1:00 pm at Scenic Hills
Senior Center - 187 S. Spring Street.

All seniors (50+) are welcome!

Technology Assistance



COMPUTER...CELL PHONE...INTERNET...FACEBOOK...EMAIL...ETC...

Rob Davis - Technology Trainer
(No Appointment Necessary)

Scenic Hills Senior Center

187 S. Spring Street - Logan

Thursdays 9:30 - 10:30 am

Laurelville Library

16240 Maple Street - Laurelville

2nd Wednesday of the month

Educational and Wellness Center

580 Radio Lane - Logan

Mondays 1:00 - 2:00 pm

This program was made possible by The Institute of Museum and Library Services & The State Library of Ohio

To help Empower, Encourage and Educate in a simple and relaxed atmosphere





Scenic Hills Senior Center
is very appreciative of all
our sponsors!



THANK YOU,
DIAMOND Sponsors!



www.shrivershospice.com

740-487-1241

Contact Us

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Need It, When
You Need It.**



740-385-3784

Contact Us

www.chiomoose.net/about-the-osma/osma-lodges/logan-873

**Caring for Children,
Seniors, and our Communities**



Thank You, Sponsors!

Silver Sponsor (\$1,000)



Bronze Sponsor (\$500)



**HOCKING VALLEY
Community Hospital**



**If interested in becoming a Signature Sponsor
call 740.385.6581**

Levels of Sponsorship

💎 Diamond Sponsor - \$2,500 💎

Platinum Sponsor - \$2,000

Gold Sponsor - \$1,500

Silver Sponsor - \$1,000

Bronze Sponsor- \$500



CHOIR CONCERT

"FOR LOVE OF GOD & COUNTRY"

THURSDAY, JUNE 12TH

 10:15 AM 

There will be a light lunch to follow the concert. You must RSVP for lunch starting Tuesday, May 27th through Monday June 9th.

German
Village

TOURS

May 28th

\$40 per person

Includes guided bus tour and transportation costs

Enjoy a guided tour on our bus of German Village. Trace the footsteps of proud German immigrants who built this neighborhood 175 years ago. Admire more than a thousand brick homes and commercial buildings that have been lovingly restored over the past 60 years. The bus will stop at the German restaurant, Schmidt's, for lunch on your own. Bring money for shopping in the village.

Depart Scenic Hills Senior Center: 8:45 am

Return: Approximately 4:00 pm



AMISH COUNTRY Day Trip



\$25

Per Person
Transportation
Cost

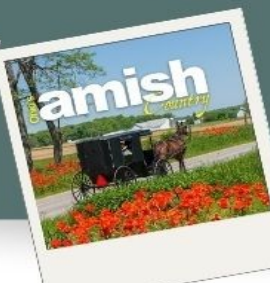
Tuesday, June 10th

Depart Scenic Hills Senior Center: 7:00 am

Return: Approximately 8:00 pm

Lunch is on your own (Driver's Choice)

- Bakeries
- Lehman Hardware Store
- Heini's Cheese
- Restaurants
- Downtown Shopping



Casino Day Trip



FEELING LUCKY?

\$15
pp/each trip

Hollywood

MAY 12TH



Depart Scenic Hills Senior Center:

8:30 am

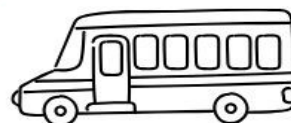
Return by:

3:30 pm

Eldorado

JUNE 26TH

Must be age 50+



LAURELVILLE SENIOR CENTER



Laurelville Senior Center (16184 Maple St, Laurelville, OH) will host their monthly meeting on the **third Wednesday** of the month. There will be a special guest speaker at each meeting. Plan to attend!

May 21st -

Blaine Davidson

Hocking County Treasurer

June 18th -

Teresa Salizzoni

Hocking County Recorder

July 16th -

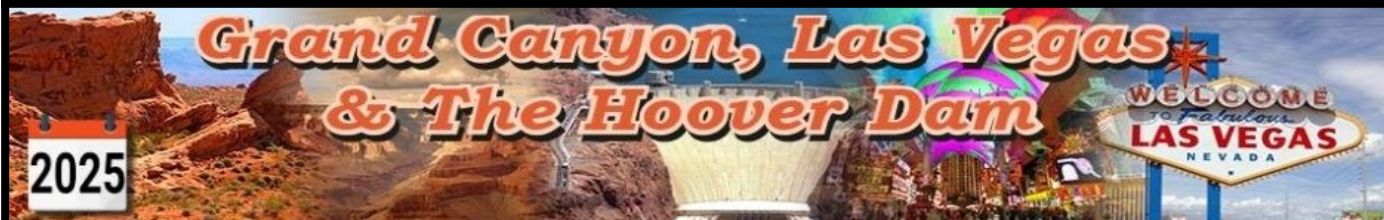
Mark Edgar

Hocking County EMA Director

August 20th -

Vicki Rafferty

Hocking County Veterans Services



October 1 - 13, 2025 \$1,959 pp/double occupancy

For more information and to see a detailed itinerary visit:
www.grouptrips.com/scenichillsseniorecenter/2188332

For Information & Reservations Contact:
Scenic Hills Senior Center 740.385.6581

Departure:
Scenic Hills Senior Center 8:00 AM

Payment Information:
\$75 Due up signing up. Price per person,
based on double occupancy. Add \$618 for
single occupancy. Final payment due: 7/25/25

This tour includes...

- Motorcoach transportation
- 12 nights lodging including 3 consecutive nights in a Las Vegas Casino Hotel
- 17 meals: 9 breakfasts and 8 dinners
- Admission to the Hoover Dam Visitor Center
- Visit Grand Canyon National Park including an Imax Grand Canyon movie
- Visit to magnificent Zion National Park and Petrified Forest National Park
- Free Day to shop, explore and discover Las Vegas
- Gaming and Sight-seeing on the famous Las Vegas Strip
- Guided tour of historic Boulder City and a stop at the Lake Mead Overlook.

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Lancaster Show Trip & Philadelphia

Including Shows at Sight & Sound Theatre and Magic & Wonder Theatre

December 1 - 5, 2025 \$825

5 days/4 nights

For more information and to see a detailed itinerary visit:
www.grouptrips.com/scenichillsseniorcenter/2185597

For Information & Reservations Contact:
 Scenic Hills Senior Center 740.385.6581

This Tour Includes:

- Motorcoach transportation
- 4 nights lodging in the Lancaster area
- 8 meals: 4 breakfasts and 4 dinners
- Admission to the show "NOAH" at the Sight & Sound® Millennium Theatre®
- Admission to a holiday themed show at the MAGIC & WONDER THEATER
- GUIDED TOUR OF PHILADELPHIA
- Visit to charming KITCHEN KETTLE VILLAGE
- GUIDED TOUR OF LANCASTER
- Admission to THE AMISH EXPERIENCE & JACOB'S CHOICE AT THE F/X THEATRE

Departure:

Scenic Hills Senior Center 8:00 AM

Payment Information:

\$75 Due up signing up. Price per person, based on double occupancy. Add \$169 for single occupancy. Final payment due: 9/24/25



Scenic Hills Senior Center Presents

Panama Canal w/ Costa Rica & Caribbean

w/ Princess Cruises on the Caribbean Princess
13 days/12 Nights March 5 - 17, 2026



Day	Port	Arrive/Depart
1	- Ft. Lauderdale, FL	-/3:00 pm
2/3	- At Sea	
4	- Bonaire, Caribbean Netherlands	9:00 am/7:00 pm
5	- Aruba	8:00 am/10:00 pm
6	- At Sea	
7	- Cartagena, Columbia	7:00 am/3:00 pm
8	- Panama Canal Partial Transit New Locks	6:00 am/3:30 pm
8	- Colon, Panama	5:30 pm/8:00 pm
9	- Limon, Costa Rica	7:00 am/6:00 pm
10	- At Sea	
11	- Grand Cayman, Cayman Islands	8:00 am/5:00 pm
12	- At Sea	
13	- Ft. Lauderdale, FL	7:00 am/-

Rates are per person double occupancy and include roundtrip airfare from Columbus, cruise, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE AND WILL BE TICKETED ONCE YOUR GROUP IS PAID IN FULL. FLIGHTS ARE NON-REFUNDABLE ONCE TICKETED.

Passport Required

Deposit Policy - An initial deposit of \$500 per person double occupancy or \$1,000 per person single occupancy is required to secure reservations and assign cabins. **Final payment is due by November 5, 2025**

For reservations or more information call:
 Scenic Hills Senior Center 740.385.6581

Inside Cabin ID \$3,784
 Outside Cabin OE \$4,199
 Balcony Cabin BC \$4,794

More options available



Executive Director: Marjorie Moore
Phone 740 385-6581 Fax: 740 385-3548
187 S. Spring St., Logan OH 43138
www.scenichillsseniorcenter.com
Administrative Assistant/ Fiscal Officer: Loretta Kemper
Activities Manager/Assistant Fiscal Officer: Tina Koska
Office Support/Driver: Carla Smyers
Maintenance Supervisor: Nate Nelson

Executive Director: Marjorie Moore
Phone 740 385-6581 Fax: 740 385-3548
580 Radio Lane., Logan OH 43138
Chief Publications Officer: Jackie Rife
Maintenance/Environmental Services: Charles Koska
Drivers: Dale Brown & Bob Fitzgerald

=SUMMER= Hours



Scenic Hills Senior Center

(187 S. Spring Street)

Monday - Thursday

7:00 a.m. - 4:00 p.m.

Friday 8:00 a.m. - 3:00 p.m.



Educational & Wellness Center

(580 Radio Lane)

Monday - Thursday

8:00 a.m. - 6:00 p.m.

Friday 8:00 a.m. - 3:00 p.m.

Saturday 8:00 a.m. - 12:00 p.m.

Scenic Hills Senior Center and
Educational & Wellness Center will be **CLOSED**...

MEMORIAL DAY

Monday,
May 26th

JUNE TEENTH

Thursday,
June 19th

Independence Day

Friday &
Saturday
July 4th & 5th